

A SUPPLEMENT TO THE JEWISH VOICE

*"Spring is in the Air"
at the
JCC !*

*Spring Program Guide
1990/5750*

Jewish Community Center of Wilmington

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* Deceased

ATTENTION MEMBERS

A portion of your membership dues pays for a subscription to the JEWISH VOICE.

If you are not receiving your copy of the JEWISH VOICE or the Center's Program Brochures, please call the JCC Office at 478-5660.

The Jewish Community Center of Wilmington is proud to be part of the Family of Communal Agencies funded in part by

The Jewish Federation of Delaware and The United Way of Delaware



Their support means quality service to you, your family and our community.

Your generous giving to the annual campaigns of both organizations strengthens our entire community.

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JEWISH COMMUNITY CENTER AND JEWISH FAMILY CAMPUS



101 Garden of Eden Road
 Wilmington, Delaware 19803
 (302) 478-5660

CALENDAR OF EVENTS

APRIL

- 1 Kids Expo
- 3 Jewish Music-Myth or Reality
- 4 Bridge Class Begins
- 5 Senior Teen Council Mtg.
- 7 Teen Beach Party/Dance
- 9 Center Closes at 3:00 p.m.
- 10 Center Closed all day
- 11 Center Closed all day
- 13 Family Pesach Shabbat Dinner
- 16 Center Closed all day
- 17 Center Closed all day
- 18 NY Trip-Phantom of the Opera
Antique Class Collecting Begins
- 23 Junior Teen Council Mtg.

MAY

- 2 NY Trip-Grand Hotel
World of Auctions Begins
- 3 Gratz 25th Anniversary Program
Jewish Nobel Prize Winners
- 6 YOM HA'ATZMAUT CELEBRATION
- 7 Understanding Music Begins
- 10 Senior Teen Council Mtg.
Lecture/Women in Prayer
- 14 Senior Center Choral Performance

JUNE

- 10 JCC ANNUAL MEETING
- 13 NY Trip-Aspects of Love
- 16 Annual Teen Show
- 17 Annual Teen Show
- 18 Specialty Camp Begins
- 20 Teen Cast Party
- 25 JCC DAY CAMP BEGINS

**Register for JCC Day Camp
TODAY !**

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PROGRAM REGISTRATION FORMS

<p style="text-align: center;">Jewish Community Center Program Registration Form</p> <p>Registrant Name _____</p> <p>Telephone Number _____</p> <p>Center Member ___ Non-Member ___</p> <p>Name of Class _____</p> <p>Day _____ Time _____</p> <p>Amount Enclosed _____</p>	<p style="text-align: center;">Jewish Community Center Program Registration Form</p> <p>Registrant Name _____</p> <p>Telephone Number _____</p> <p>Center Member ___ Non-Member ___</p> <p>Name of Class _____</p> <p>Day _____ Time _____</p> <p>Amount Enclosed _____</p>	<p style="text-align: center;">Jewish Community Center Program Registration Form</p> <p>Registrant Name _____</p> <p>Telephone Number _____</p> <p>Center Member ___ Non-Member ___</p> <p>Name of Class _____</p> <p>Day _____ Time _____</p> <p>Amount Enclosed _____</p>
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All class fees are payable at time of registration.
You may register in person or by mail.
Registration is complete when accompanied by payment in full.

Experience the
Flavor of
Israel for
a day at
the JCC!

YOM HA'ATZMAUT

Admission:
Adults-\$ 2.00
Children-\$ 1.00

Community-Wide Israeli Independence Day Celebration

Sunday, May 6, 1990

1:00 p.m. to 5:00 p.m.

GUEST SPEAKERS

Israel Peleg, Israel Consul General
Osnath Lander, News Editor for Kol Israel Radio

ENTERTAINMENT

Israeli Dancers from the University of Penn.
Ritasue Charlestein, Israeli Folksinger & Performer

Shuk - Market Place
Israel Travel Booth
Delicious Foods - Israeli & American
Art - Israel Art Exhibit & Sale



Children's Games & Activities
Stained Glass Window Painting
Mezzuzah & Pita Bread Making
Maccabiah
Kibbutz (Petting Zoo)

JEWISH COMMUNITY CENTER OF WILMINGTON
101 GARDEN OF EDEN ROAD, WILMINGTON, DELAWARE - (302) 478-5660

AQUATIC EXTRAVAGANZA

Children's Programs

Beginner and Advanced Beginner Swim
Intermediate Swim and Swimmer
Parent/Tot Swim Class

Adult Programs

Rehabilitative Water Exercise
Hydrotherapy
Scuba Diving Lessons

RED CROSS LIFEGUARD TRAINING

Learn the skills and knowlegde needed to become an American Red Cross Guard !

NEW

WATER EXERCISE

Increase flexibility, tone muscles !

PARENT/TOT SWIM

Help your children enjoy the water !

NEW

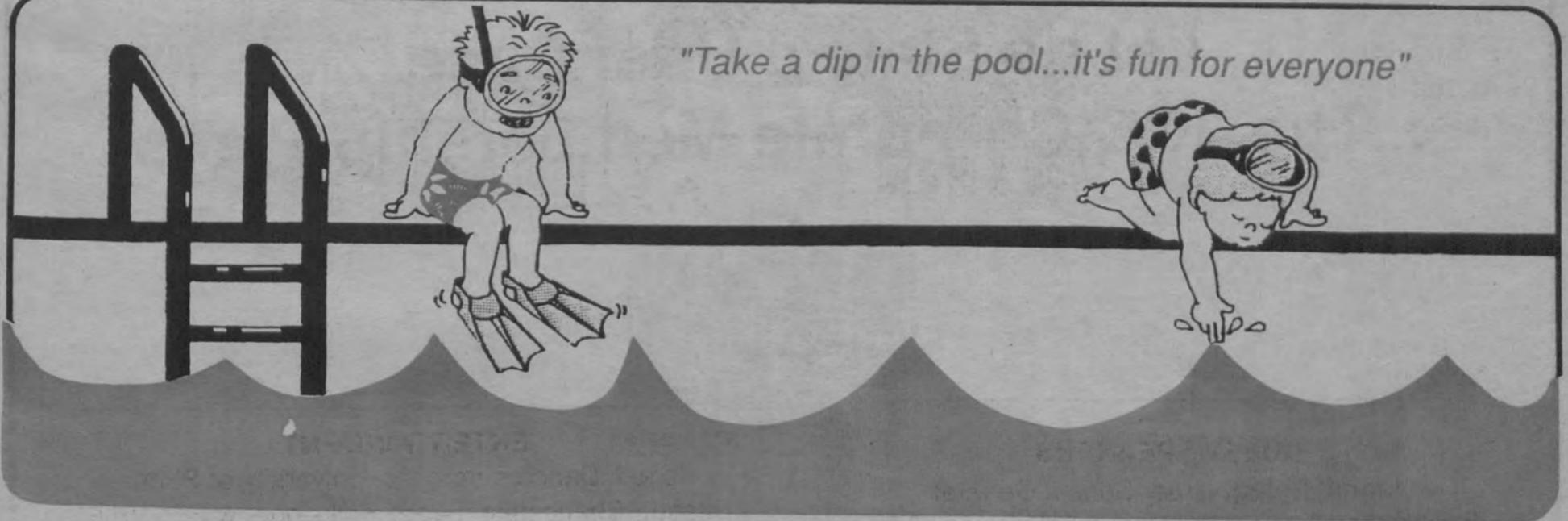
LONG FELLOWS WHALES TALES

Hey kids...try something fun and new !

SCUBA DIVING LESSONS

Discover the underwater world today !

"Take a dip in the pool...it's fun for everyone"



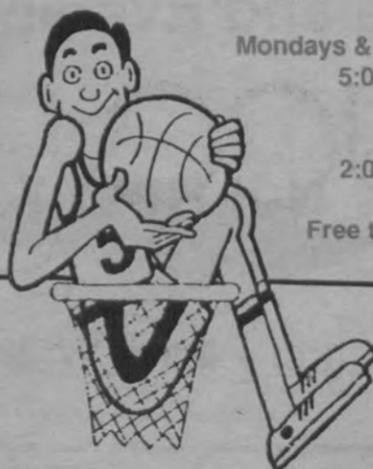
35 & Over Men's Basketball
Sundays, 9:00-10:30 a.m.
Wednesdays, 5:00-7:00 p.m.
Free to Members !

Mens' Pickup Basketball.

Mondays & Thursdays
5:00-7:00 p.m.

Saturdays
2:00-4:00 p.m.

Free to Members



CENTER VOLLEYBALL

Singles - Mondays
8:00-9:45 p.m.

Free to Members, \$ 1.00/Non-Member:

Co-Ed - Wednesdays
8:00-10:00 p.m.

Free to Members !

CO-ED SOFTBALL

Sundays, 10:00-12:00 p.m.
Enjoy games at the Family Campus.

Health, Physical Education and Recreation

בריאות וחינוך גופני

Set aside one day a week for rest !

(It's tradition...)

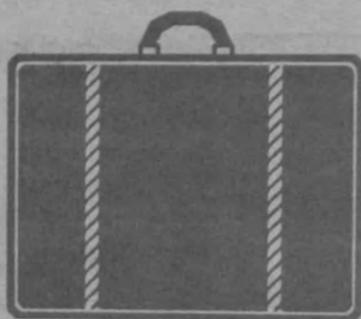


Set aside three days a week for exercise !

(It's healthy...)



Let us State a Brief Case... ...The JCC Corporate Membership Plans



Five Annual Corporate Membership Plans Available
Weekdays and Evenings

We Rest our Case...Why Not Rest Yours at the JCC !

For more information, please contact Eileen Wallach at (302) 478-5660

SPECIAL CENTER ATTRACTIONS

*Save these date on your calendars now...
...something special is coming to the JCC !*

APRIL - 1990

					13	
		24				

MAY - 1990

6						
						26
27	28					

JUNE - 1990

10						16
17						
24	25					

SPECIAL EVENTS CALENDAR

APRIL - 1990

Sunday, April 13 - Family Shabbat Passover Dinner
 Tuesday, April 24 - Family Forum Dinner #2
 Tuesday, April 24 - Yom Ha'Shoah Remembrance

MAY - 1990

Sunday, May 6 - Yom Ha'Atzmaut Celebration
 May 26-28 - Family Campus Opening

JUNE - 1990

Sunday, June 10 - JCC Annual Meeting
 Saturday, June 16 - Annual Teen Show
 Sunday, June 17 - Annual Teen Show
 Sunday, June 24 - Camp Open House
 Monday, June 25 - Camp JCC Begins

TEEN/ADULT CLASSES

Teen/Adult Aquatic Classes

Water Exercise

This class is designed to increase flexibility and range of motion, tone and firm muscles, stimulate circulation and strengthen the heart and lungs. There will be a warm-up, followed by a series of total body exercises and a cool-down session. Come and join us for a great workout in the water
Mondays & Wednesdays, 9:30 - 10:30 a.m.
 Member Fee: \$ 45.00/16 Sessions
 Non-Member Fee: \$ 60.00/16 Sessions
 Instructor: Terri Byers
 Minimum registration - 4 participants
 Begins: April 2

Hydrotherapy

Hydrotherapy also known as swim or aquatic therapy, is a class designed to provide a safe and unique environment for promoting range of motion, muscle strengthening, relaxation and endurance. A patient's body weight is reduced in the water by 90%, therefore, the patient is able to perform the exercises easier than they could on land. This program is extremely beneficial to patients with a variety of diagnoses including neck/back disorders, arthritis, sports orthopedic disorders and neurological impairments. This course is performed by therapists from Physical Therapy Professional Services, Inc. The cost of the program is usually covered by most major insurance companies.
Mondays & Thursdays, 11:00 - 11:45 a.m.
Mondays & Wednesdays, 6:30 - 7:15 p.m.
 For more information on Hydrotherapy classes, please contact Julie Moyer at 994-5564.

Scuba Diving Lessons Tuesdays 7:00 - 10:00 p.m.

This new entry-level open water scuba course is instructed by experienced divers from the "Dudas Diving Duds" of West Chester, Pennsylvania. Students must provide mask, fins, snorkles, booties, weight belt and text of decompression tables.
 The course fee includes use of scuba equipment during the duration of the confined water training and the cost of your open water weekend which will be held at the end of the 10 week class.

Member Fee: \$ 218.00/10 Sessions
 Non-Member Fee: \$ 268.00/10 Sessions
 Instructor: Evelyn Dudas
 Begins: April 3



Reservations for the scuba class can be made by calling (215) 436-0176.

Rehabilitative Water Exercise

This class is specially designed for people with arthritis and/or other bone and joint problems. Included in the class will be stretching and full range of motion exercises, as well as, some low-level aerobic activity.

Tuesdays & Thursdays, 10:05 - 11:00 p.m.
 Member Fee: \$ 30.00/1 Day/8 Sessions
 Member Fee: \$ 45.00/2 Days/16 Sessions
 Non-Member Fee: \$ 40.00/1 Day/8 Sessions
 Non-Member Fee: \$ 55.00/2 Days/16 Sessions
 Instructor: Terri Byers
 Minimum registration - 3 participants
 Begins: April 3

Red Cross Lifeguard Training

The JCC is proud to be one of the first swimming facilities in Delaware offering this unique lifeguard training program. This course is designed for swimmers, ages 15 and older, who want to become American Red Cross certified lifeguards. This course provides participation with knowledge skills and the practice needed to become a well-trained, efficient lifeguard. Some of the skills include are preventative lifeguarding, facility safety rescue approaches and assists, tows and carries, as well as, defenses, escapes and certain first aid procedures.

Applicants must have successfully completed an American Red Cross First Aid Course prior to receiving a Lifeguard Training Card.

Thursdays, 6:30 - 9:45 p.m.
Saturdays, 3:00 - 6:45 p.m.
 Member Fee: \$ 35.00
 Non-Member Fee: \$ 45.00
 Begins: April 5

Teen/Adult Fitness Classes

Aerobic Dancing by Jackie Sorensen

Exercise is fun with this choreographed fitness activity that combines the principles of dance, exercise, music and aerobics. Conditions the heart and lungs, while strengthening muscles. This class is not designed for beginner students.

Sundays, 10:00 - 11:00 a.m.
Tuesdays & Thursdays, 7:00 - 8:00 p.m.
 Registration for Aerobic Dancing is limited. Please contact Marsha Golden (Instructor) at 571-0209 for registration and fee information.

"After-Work" Workout

This "high-powered", "low-impact", aerobics class which is designed to promote cardiovascular endurance, body tone and flexibility is probably just the thing you've been looking for! Trim and tone muscles and loose body fat. Enjoy this class while moving to the beat of good music.

Mondays & Wednesdays, 6:30 - 7:30 p.m.
 Member Fee: \$ 45.00/14 Sessions
 Non-Member Fee: \$ 60.00/14 Sessions
 Please bring a towel or exercise mat to class. All instructors are certified through A.A.A. or I.D.E.A.
 Begins: April 2

Body Sculpturing through Hatha Yoga

Shape up with yoga...Hatha yoga deals with self improvement of the body and the emotional and mental aspects of the individual.

Emphasizing weight control, firming, slimming and relief of tension. Experience a surfacing of hidden beauty, emotional stability and a positive mental outlook.

This is a co-ed class for adults and teens.
Mondays & Wednesdays, 6:30 - 8:30 p.m.
 Member Fee: \$ 30.00/1 Day/8 Sessions
 Member Fee: \$ 50.00/2 Days/16 Sessions
 Non-Member Fee: \$ 40.00/1 Day/8 Sessions
 Non-Member Fee: \$ 60.00/2 Days/16 Sessions
 Join Body Sculpturing now or wait for the new session starting May 14.

American Red Cross Become a "Lifesaver"



Participate in an American Red Cross Class Today !!!

Standard First Aid Course

The fresh new format of Standard First Aid will include emergency action principles: CPR for adults; treatment for shock; internal and external bleeding, injuries to bones, muscles and joints; all types of burns, medical emergencies (poisoning, insulin shock, diabetic seizures and comas); animal and human bites; bandaging and splinting techniques.

April 23, April 25, April 26
7:00 - 10:00 p.m.

Members - \$ 22.00/3 Sessions
 Non-Members - \$ 32.00/3 Sessions
 All costs include a registration fee.

Community CPR

Learn how to perform CPR on infants, children and adults, whose heart has stopped beating. Learn a number of other first aid techniques, how to use your community's emergency medical services system effectively and how to formulate a plan of activity that applies to any type of medical emergency.

April 30, May 2, May 3
7:00 - 10:00 p.m.

You will be practicing on a partner and on a mannequin.

Members - \$ 22.00/3 Sessions
 Non-Members - \$ 32.00/3 Sessions
 All costs includes a registration fee.

For additional information, please call the Health and Fitness Control Desk at 478-566

TEEN/ADULT CLASSES

Teen/Adult Fitness Classes Continued

Ballroom/Contemporary Dancing

Do you have to attend a Bar/Bat Mitzvah, Wedding or any other type of social event and are afraid you will have to dance? Well, now you can learn how !!!

Join our instructor, Mary Ellen Carter, for a fun-filled hour of dancing. This is a great class for beginner and advanced beginner students. Limited to couples only.

Wednesdays, 8:00 - 9:00 p.m.

Member Fee: \$ 45.00/6 Sessions

Non-Member Fee: \$ 60.00/6 Sessions

Begins: April 18



Free Classes for Members

Co-Ed Conditioning

Enjoy one hour of calisthenics, rhythmic exercise and aerobics combined to make a better you! Set to music, this moderate workout is constantly being up-dated to ensure that our members have the most current information on exercise safety!

Certified Instructor: Susan Davis

Mondays - Fridays, 9:00 - 10:00 a.m.

Free to Members !!!

Please bring your personal exercise mat to class. Co-Ed Conditioning is an ongoing program. No registration is required.

Teen Racquetball Hours

(Grades 9-12)

Play racquetball at the JCC with all of your friends. Courts can be reserved by calling the Health and Fitness Control Desk.

Mondays - Fridays, 3:30 - 5:00 p.m.

Free to Members !!!

If you are interested in participating in the JCC's First Teen Racquetball Tournament, please contact Eileen Wallach, Recreational Services Director at 478-5660.

Mom's Connection

Now in our third year, "Mom's Connection" has expanded to meet the growing needs of our mom's and their families. Program consist of parenting lectures, Jewish family experiences, movement and music classes. "Mom's Connection" is a great way to meet new families, share concerns about parenting and activities that will strengthen family life.

Tuesdays, 10:00 - 11:00 a.m.

Thursdays, 8:00 - 9:00 p.m. (Starts April 12)

Free to Members !!!

In order to provide a "Mom's Connection" opportunity for day-time working mothers, a new evening support group has been added. For more information, contact Eileen Wallach at 478-5660.

Special Mom's Connection Program:

Play Learning Development

Date: Tuesday, April 3, 1990

Time: 10:15 a.m.

Guest Speaker: Phyllis Bierstedt, Curative Workshop

Stretch and Flex

This intermediate class will allow you to be challenged with all different types of fitness workouts. We will use resistance training (rubberbands), aerobics and floor work. There will be a warm-up and cool-down session and it will all be set to music!

Tuesdays & Thursdays, 6:00 - 7:00 p.m.

Free to Members !!!

Non-Member Fee: \$ 45.00

Please bring your own workout mat. Registration is required for all participants, please call the Health and Fitness Control Desk.

Senior Adult Walking Club

This walking club, instructed by Mindy Jane Alten, has been carefully designed to keep you in shape without stressing your joints. Join all of your friends for an aerobic session two times per week. We will be taking trips to local shopping malls and as the weather gets warmer, we will be going on some outdoor trips.

Walking regularly and often is like putting money into a new kind of bank account, a lifetime health account, where the time you put in pays off interest in added time to your life. In fact for every hour you walk, you can expect to live that hour over and 1 or 2 more hours as well. Your mileage will be recorded, so that you may chart your progress. Come out and keep pace with us!

Tuesdays & Fridays, 11:30 - 12:00 noon

Free to Members !!!

The walking program is ongoing. Please call Eileen Wallach at 478-5660 for more information.

Teen Basketball (Grades 7-12)

Are you tired of just "hanging out" on Saturday afternoons? Are you bored and have nothing to do? If you answered yes to these questions...we have something for you! Now you can add a little energy to that body with a good game of basketball with your friends.

Saturdays, 4:00 - 6:00 p.m.

Free to Members !!!

Teams are now forming! For more information, please call the Health and Fitness Control Desk.

Spring Adult Tennis Program

Meet the JCC's newest addition...Tennis Pro, Ken Issacs! Ken is a member of the U.S.P.T.A. and the U.S.P.T.R. He served as Head Coach at Brandywine High School and was the Assistant Coach at DuPont and Greenville Country Clubs.

Adult Beginner Clinic

Mondays, 10:30 - 11:30 a.m.

Tuesdays, 6:00 - 7:00 p.m.

Adult Intermediate Clinic

Wednesdays, 10:00 - 11:30 a.m.

Adult Intermediate/Advanced Clinic

Thursdays, 6:00 - 7:00 p.m.

Adult Advanced Clinic

Fridays, 10:30 - 11:30 a.m.



Member Fee: \$ 60.00

Non-Member Fee: \$ 75.00

All clinics will involve stroke analysis, technique, strategy and gameplay. The Recreational Services Division is also offering private and semi-private tennis lessons. Lessons are available seven days per week and the hours vary. The cost for the lessons is \$ 35.00 per hour and as many as four players may participate.

For more information or to register for the clinics, please call Ken Issacs at 478-5660.

Program Begins: April 2

Private Lessons Begins: April 2

ADULT PROGRAMS AND ACTIVITIES

Educational Programs

Antique Glass Collecting

Here's your opportunity to learn more about those glass treasures that you've accumulated over the years. You'll examine various kinds of glass and learn to identify pressed from cut glass. You'll get tips on how to tell old glass from new glass, identify common manufacturer's marks and patterns. Each session will include an I.D. Clinic, where you'll learn what type glass type of object you have and how much it's worth. You'll learn the difference between fake and reproduction glass; stained and slashed glass, pressed and blown glass; as well as any additional glass related topics you wish to discuss.

Dates: April 18, 25, May 2, 9

Time: 7:00 - 9:00 p.m.

Member Fee: \$ 25.00/4 Sessions

Non-Member Fee: \$ 35.00/4 Sessions

Instructor: Judy A. Knauer, Glass Collector and Lecturer

Registration is now being accepted at the JCC Front Desk. For more information, please contact Lynn Greenfield, Adult Program Director at 478-5660.

Genealogy: Tracing Your Roots

By learning more about our ancestors, we have a better understanding of ourselves. Elizabeth C. Lodge, author and lecturer, will provide step-by-step instructions in researching your family tree, erecting a lineage chart and finding your ancestral roots.

The time spent looking through old records and jogging family memories can help build a strong feeling of family satisfaction, unity and pride.

Dates: April 24, May 1, 8, 22

Time: 7:00 p.m.

Member Fee: \$ 25.00/4 Sessions

Non-Member Fee: \$ 35.00/4 Sessions

Join Ms. Lodge and learn how to draw the bits and pieces of family history together. For more information, please call the JCC Front Desk.

Stress Management

Become aware of your stress factors; where they come from and how to cope with them. Learn the physical signs of stress, good stress/bad stress and coping exercises..."getting out of your box".

We will explore and identify stress in family and work relationships and develop "good communication skills". Finally, we will develop a creative planning process for coping with stress. Creativity in action planning will be addressed, along with developing personalized plans for utilizing techniques learning in class in daily living.

Dates: April 30, May 14, 21

Time: 7:00 - 8:30 p.m.

Member Fee: \$ 30.00/3 Sessions

Non-Member Fee: \$ 40.00/3 Sessions

Ruth Rainer, Ph.D., licensed psychologist and lecturer will present this course.

The World of Auctions

Explore the fascinating world of auctions, from country/household/farm sales to fine art extravaganzas, from buying and selling art to buying and selling real estate. Learn how you can participate and how everyone can be successful in the world's second oldest profession.

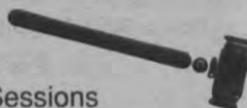
Dates: May 2, 9, 16, 23

Time: 7:00 p.m.

Member Fee: \$ 25.00/4 Sessions

Non-Member Fee: \$ 35.00/4 Sessions

James N. Boswell, CAI, appraiser, auctioneer and broker will be the class instructor. For additional information, please contact Lynn Greenfield at the JCC.



Adult Jewish Education

Three Jewish Nobel Prize Winners: Sy Agnon, Saul Bellow and Issac Bashevis Singer

Is there a special bond between the Jewish experience of these three great authors and the struggle in an estranged world? Do the Quests of their various heroes for an identity, mean a Jewish identity?

Dr. Ada Aharoni, Israeli writer, poet and Professor of Literature, will help us answer these questions and to formulate others while seeking common thematic, cultural and psychological links.

Dates: May 3, 17, 24, June 7

Time: 7:00 p.m.

Member Fee: \$ 45.00/4 Sessions

Non-Member Fee: \$ 55.00/4 Sessions

The course will include the following books: Saul Bellow: "Herzog", Issac Bashevis Singer: "Passions" and Sy Agnon: "Two Talks, Bethrothed, Ed and Enam".

Dr. Aharoni is presently teaching drama and 20th Century American Novel in the English Department at the University of Delaware.

"Up Against the Wall: Women in Prayer"

Thursday, May 10, 1990

7:30 p.m.

Barbara Wachs, Coordinator of Communal Service and a member of the Jewish Studies Department at Akiba Academy will present a program entitled,

"Up Against the Wall: Women in Prayer."

Mrs. Wachs will address women's traditional and emerging role in prayer, women supporting women, women in Israel and women's spirituality.

Barbara Wachs is a Doctoral student at the Jewish Theological Seminary of America.

Fees: \$ 2.50 per person

This program is being presented by the Jewish Community Center and Jewish Family Service of Delaware.

For more information - contact Lynn Greenfield at the JCC

Ethics of Our Fathers

Explore the ethical maxims and brilliant insights and sayings of our Sages. These principals of Torah and ideals of our religion are the ultimate guidelines of Judaism.

Join us for lively discussions with a question and answer sessions. No religious education is needed to participate.

The Ethics of Our Fathers discussion group will be hosted by Rabbi Chuni Vogel, Director of Chabad-Lubavitch of Delaware.

Wednesdays, 7:30 p.m.

No registration is necessary. Sessions are free of charge. Please call the Front Desk at 478-5660 for more information.



Music Programs

Wilmington Music Festival Chamber Players

Chamber players from the Wilmington Music Festival will present a concert for the community in the Zallea Auditorium of the JCC. Leslie Mahr, viola, Paul Mahr, cello, Geraldine Barbara, piano and Alan Greenfield, clarinet, will join together to offer an outstanding program of classical and light classical music.

Date: Wednesday, April 25, 1990

Time: 7:00 p.m.

This program is open to the entire community and is free of charge!

"Understanding Music"

"Hearing the music is all well and good", you say, "but I don't know anything about the music". How often have we heard such comments? If you experienced similar thoughts and want to get more enjoyment out of listening to music, this course is for you!

In five one-hour sessions, we will explore Late Renaissance, Baroque music, the classical music of Mozart, Hayden and Beethoven, Romantic Era and music of the 20th century. We will discuss the influence of jazz and folk music on classical compositions in this century.

Dates: May 7, 14, 21, June 4, 11

Time: 7:00 p.m.

Member Fee: \$ 30.00/5 Sessions

Non-Member Fee: \$ 40.00/5 Sessions

Instructor, Linda Marianiello, flutist, was a member of the New Haven Symphony Orchestra and the Aspen Music Festival. She was a student of Bernard Goldberg and Jean-Pierre Rampol.



CHILDREN'S SERVICES AT THE JCC

Children's Clubs and Groups

"34 Club"

Swim, gym games, outside trips and lots of fun are in store for "34 Club" members. The first four weeks was tons of fun! So join the 10 of us and have a good time on Sunday afternoons.

Sundays, 12:00 - 2:00 p.m.

Dates: April 1 and April 22, 1990

Fees: \$ 15.00/4 Sessions/Members

Meet your friends at the JCC and plan your own activities! Bring a sack lunch, catch up on all the scoop and then go for it!

"Club 56"

Fifth and sixth graders keep you skates sharpened and your bowling balls polished for a few of the upcoming "Club 56" meetings. We are a group of children with a lot of energy and the desire to do new and challenging things with kids our own age. Join us for our meetings at the JCC.

Sundays, 1:00 - 3:00 p.m.

Meetings sometimes last longer due to trips. We always meet at the JCC and depart from there.

Upcoming Club 56 Trips

Bowl-A-Rama

Date: Sunday, April 22, 1990

Time: 1:00 - 3:00 p.m.

Pre-Memorial Day Weekend Beach Party

Date: Sunday, May 20, 1990

Time: 1:00 - 3:00 p.m.

Club 56 Fees: \$ 5.00 per session

Bring a friend and be part of the action! For further information, please contact Mindy Jane Alten, "Club 56" leader at 478-5660.

Cub Scouts

Is your son looking for adventure, challenging experiences, development of skills, field trips, campouts, Jewish activities and ways to make new friends? If so, Cub Scouts is for him!

During den meetings, Scouts work on achievements, crafts, games and sports! Jewish culture is integrated through holiday celebrations, discussions and special activities.

For more information, please contact J.J. Alter at 478-5660.



**BE
A
CUB
SCOUT**

**Join us
Today!**

Specials for Families

Family Forum Dinner #2

Tuesday, April 24, 1990

5:30 - 7:30 p.m.

Kidsplace is proud to present it's second in a series of parent education programs! Due to the success of our first Family/Forum Dinner, we have decided to move up the date of our second program.

The topic of the discussion will be "Effectively disciplining our children without alienating them and keeping the lines of communication open".

Come share with us an all American dinner followed by a guest speaker and "Sports-a-Rama" for the children.

Fees: \$ 7.50 per family

We look forward to seeing you there!

For more information, please call

Mindy Jane Alten at 478-5660.

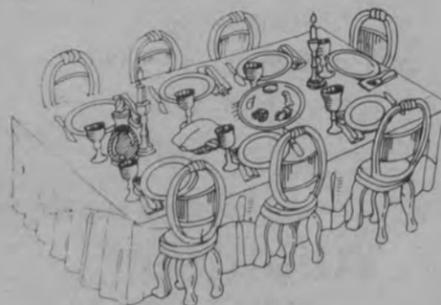
Family Shabbat Passover Dinner

Friday, April 13, 1990

5:30 - 7:00 p.m.

Join the community for a Shabbat dinner which is Kosher for Passover! Leave the cooking to us and enjoy a full meal, lots of entertainment, family and friends!

Replacing the Center's traditional "Passover Restaurant", this program will usher in the Shabbat in a unique way!



Fees: \$ 7.00 per adult; \$ 5.00 per child, \$ 5.00 per senior adult, \$ 25.00 per family (Families of five or more)

Pre-registration is required and payment must be received no later than Monday, April 2nd.

For additional information, please call the Child and Family Division Office at the JCC, (302) 478-5660.

School Vacation Programs

"School's Out" Days

When school is out the JCC is in and excitement is in the making! To register for these "Kids Out" days, a calendar must be obtained from the Child and Family Division Office at the JCC. Children should bring lunch, a bathing suit and towel to each "Kids Out" day. Kidsplace will supply snacks and beverages. The fee for each day is \$ 18.00 per child.

Hours of Programs: 9:00 a.m. - 4:00 p.m.

Pre and post childcare available upon request from 7:15 a.m. to 5:45 p.m.

Upcoming "Kids Out" Days:

AEA - Treasure Hunt

Thursday, April 12, 1990

AEA and Public Schools - Visit to the Franklin Mint

Friday, April 13, 1990

Spring Training Camp for Public Schools

Spring Training Camp will include swimming, bag lunch, picnicing, sports, art activities and plenty of Ruach. These three days are designed to get your student "in shape" to withstand all of the excitement that our Summer Camp Season has to bring and there will be a lot! To accomplish this, your student will need to recultivate the camper inside and we intend to speed that process.

Miniature Golfarama

Wednesday, April 18, 1990

Bowlarama

Thursday, April 19, 1990

Arts Day (Graffitiarama)

Friday, April 20, 1990

Join us for these three very special camp days of fun and excitement to bring back the camper in you!

Fees: \$ 18.00 per day or \$ 50.00 for all three days. For further information, please contact the Child and Family Division Office at 478-5660.

Birthday Party Package Saturdays and Sundays

Is a birthday party in your home a three-ring circus? We've got the answer! Have your child's birthday party at the JCC! Complete packages include clown performances, balloon sculptures, cake, drinks, party games, face painting and lots more!

To get in on the act, please call Ruth Ann Kauffman at 478-5660 to reserve a date! Birthday party dates do book quickly, so call early!

ADULT PROGRAMS AND ACTIVITIES

Groups and Clubs

Scrabble Club

Scrabble fever is sweeping the nation and the JCC has caught the fever! Join our on-going group of scrabble enthusiasts every week at the Center for a challenging game of scrabble.

Tuesdays, 6:30 p.m.

Free to Members

Non-Member Fee: \$ 1.00

Everyone is welcome to join the Scrabble Club, beginners through advanced players.

Adult Volleyball

Join us each week for a game of recreational volleyball for adults.

Wednesdays, 8:00 -9:45 p.m.

Please see the Recreational Services section in this brochure for more information.

Intermediate Bridge

Wilmington bridge expert, Mr. Syl Hirsty, will once again offer bridge lessons at the JCC. This spring session will address the intermediate level bridge player. If you have some experience playing bridge and consider yourself an intermediate player, please join Mr. Hirsty and other bridge enthusiasts at the bridge table. Classes being April 4.

Wednesdays, 7:00 - 9:00 p.m.

Member Fee: \$ 50.00/10 Sessions

Non-Member Fee: \$ 65.00/10 Sessions

Jewish Great Books Discussion Group

This discussion group first began as a project during Jewish Book Month in 1986, the Jewish Great Books Discussion Group now meets on monthly basis during the school year. An experienced Great Books leader guides the discussions from ancient to contemporary books and includes selections as well as complete works.

Upcoming Selections:

Tuesday, April 24, 7:30 p.m.

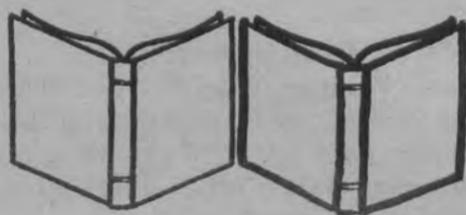
Primo Levi, "If Not Now - When?"

Tuesday, May 15, 7:30 p.m.

Leo H. Silberman, "God and Man"; Arthur Hertzberg, "Is the Jew in Exile?"

In Concepts that Distinguish Judaism

New members are always welcome. The Jewish Great Books Discussion Group meets every third Tuesday of the month at 7:30 p.m. For additional information, please call Lynn Greenfield, Adult Program Director at 478-5660.



Young Jewish Adults of Delaware (The Group for Singles, 21-35)

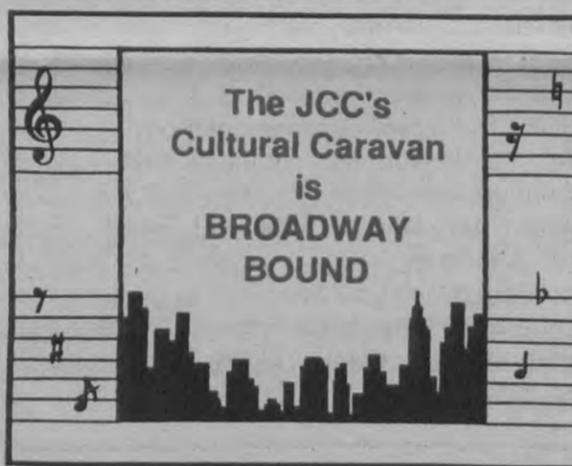
Our singles program is in full swing — we have both ongoing and special event programs...

Jewish Education - Chavurah Discussion Groups - Canoe Trips - Camping Trips - Dinner Parties - Picnic and Swim Parties - Monthly Happy Hours, Ice Cream Socials - Ski trips - Holiday Dinners and Shabbat Services - Bowling - Leadership Training - Hiking - Passover Seders - Volleyball and Softball Games

The Young Jewish Adults of Delaware is the Group for You!

Please call the JCC if you would like to receive the monthly newsletter published for the Young Jewish Adults of Delaware. For more information, please call Lynn Greenfield at the JCC.

Cultural Programs



Phantom of the Opera

Wednesday, April 18, 1990

Member Tickets- \$ 80.00

Non-Member Tickets - \$ 100.00

Grand Hotel

Wednesday, May 2, 1990

A smashing moment in a show that celebrates movement and music. Director and choreographer Tommy Tune, never lets the story stop in this adaption of Vicki Baum's novel about the goings-on in a luxury hotel in 1928 Berlin. Tune is the man behind such musical hits as "The Best Little Whorehouse in Texas", "Nine" and "My One and Only".

Member Tickets - \$ 80.00

Non-Member Tickets - \$ 100.00

Aspects of Love

Wednesday, June 13, 1990

"Love Changes Everything" is the hit song from the new Andrew Lloyd Webber opera/musical and that sentiment sums up the theme of the show. The plot involves many complex love relationships over the course of seventeen years. The outstanding feature of the show is the masterful score. The critics agree: "Andrew Lloyd Webber's undeniable mastery of the melodic phrase and his unabashed theatricality invest 'Aspects' with memorable moments". No longer is this brilliant musical craftsman depending on spectacle as in "Phantom of the Opera" and "Starlight Express".

Jake's Women

Wednesday, September 12, 1990

Neil Simon's newest play stars Peter Coyote as a middle-aged writer. Set in a New York loft apartment, the plot revolves around six of the most important women in his life, some present, and others only in his imagination; his analyst, sister, daughter, wife, ex-wife and a friend. The cast of Jake's Women include Stockard Channing and Joyce Van Patten.

Member Tickets - \$ 90.00

Non-Member Tickets - \$ 110.00

Please contact Lynn Greenfield, Adult Program Director at 478-5660 for more information on the Center's Cultural Caravan Trips. Registration and payment can be made at the JCC Front Desk.

Summer Happenings Mann Music Center '90

The Jewish Community Center will once again offer bus trips during the summer months of June and July to the Mann Music Center.

Transportation to these concerts will be provided by the JCC on a first come, first serve basis and seating is limited.

**The 1990 season will include
concerts by artists such as**

**Peter Sirkin
Nadja Salerno-Sonnenberg
Andre' Watts
Alicia de la Rocha
Itzhak Perlman**

Concert dates and fees to be announced

ADULT/SENIOR ADULT PROGRAMS

"Across the U.S.A. by Automobile"

Mrs. Hipser Mackey from the Academy of Lifelong Learning will be presenting a slide show presentation about her trip across the United States. Mrs. Mackey had many interesting and unique experiences that she will share with the audience. Mrs. Mackey is an active volunteer at Rockwood Museum, she ushers at the Grand Opera House and has taught swimming lessons to handicapped children as a Red Cross volunteer.

Date: Monday, April 2, 1990

Time: 1:00 p.m.

This program is free of charge and open to the entire community.

Third Passover Seder

The Senior Center will celebrate their Annual Third Seder. This has become a tradition with the seniors; giving them an opportunity to be with their friends and to participate in the reading of the Passover Haggadah. Traditional foods will be served during the seder and a Passover Lunch will follow.

Date: Tuesday, May 1, 1990

Time: 8:00 a.m.

Fees: Special Holiday Donation requested
This program is open to the community. Reservations are required. Please contact Ray Freschman, Senior Center Coordinator for more information.

Wilmington Music Festival Chamber Players

Members of the Senior Center will attend the Wilmington Music Festival Chamber Players performance at the JCC. Seniors will enjoy a dinner which will be served at 5:30 p.m., prior to the performance.

Date: Wednesday, April 25, 1990

Senior Center Opens: 4:00 p.m.

The seniors will join the community for the performance at 7:00 p.m.

Trip to Washington, DC

The seniors will travel to Washington, DC to visit the Vietnam Memorial. They will enjoy a buffet lunch in the Montpelier Room of the James Madison Building, Library of Congress.

After lunch they will travel to Georgetown to view the magnificent gardens at Tudor Place. They will participate in a guided tour of this unusual museum. Tudor Place allows the public to observe wealth and history in the Georgetown section of Washington, DC. It shows how eight generations of families lived.

Date: Friday, April 13, 1990

Time: 11:00 a.m.

Fees: \$ 40.00 per person

The cost includes transportation, lunch and admission to the museum. For additional information, please call Ray Freschman at (302) 478-5660.

Pilot School Chorus

The student chorus from Pilot School will present a program of poetry and songs for the JCC Senior Center. The children in the chorus range in age from 12 to 14 years of age. This group has entertained at the JCC in years past and have always presented a very memorable program.

Date: Monday, May 7, 1990

Time: 12:45 p.m.

This program is open to the entire community, free of charge!

"Memory Lane"

Doris McCave, from the Academy of Lifelong Learning, will present a musical program on piano, entitled, "Memory Lane". She will play popular songs of the past; songs by Irving Berlin, George M. Cohan, some show tunes, as well as, songs from the 20's, 30's and 40's.

Mrs. McCave has been a member of the Academy for the past three years. She is a retired registered nurse, graduating from the Indiana Medical Center. Her hobbies include playing the piano, planting herbs and genealogy.

Date: Thursday, May 10, 1990

Time: 1:00 p.m.

This program is free of charge and open to the entire community.

Shabbat Dinner

In honor of "Older Americans Month", members of the Senior Center will attend a Shabbat Dinner at the JCC. Dinner will be served at 6:00 p.m. After dinner, the seniors will attend a Friday night Shabbat service.

Date: Friday, May 18, 1990

Time: 5:00 p.m.

Fees: Special Holiday Donation requested
This program is open to the community. Reservations are required. Please call Ray Freschman for additional information.

Vacation Program - Fallsview Hotel

The spring vacation for the Senior Center will be held at the Fallsview Hotel in Ellenville, New York. The seniors look forward to this vacation with their friends and have a relaxing and fun time each year.

Dates: June 10 - June 15, 1990

For additional information or to register, call the Senior Center at (302) 478-5660.

General Information

A wide variety of programs for older adults, ages 60 and over, are available at the Senior Center. There are opportunities to acquire new interests, visit new places and expand your horizons, while maintaining involvement with the community. The program operates five days per week and is open from 9:30 a.m. to 2:30 p.m.

Senior Swim Program

Members may use the indoor pool for exercise purposes. Many physicians encourage swimming for cardiac and arthritis patients.

Mondays and Thursdays, 10:00 a.m.

Family Life Discussion Group

This group provides everyone with an opportunity to express their own personal opinions and feelings.

Mondays, 10:30 a.m.

Physical Fitness Program

Exercise increases life expectancy and helps prevent diseases. Blood Pressure Screening is available every other month.

Tuesdays and Fridays, 10:15 a.m.

Walking Club

This new walking club meets twice a week. Everyone participates at their own speed. This program helps keep the body active and well.

Tuesdays and Fridays, 11:30 a.m.

Senior Center Choral Group

Under the direction of Sarah Goldstein and pianist, Sara Berman, this group meets weekly and performs for senior centers, retirement and nursing homes in the community.

Wednesdays, 10:00 a.m.

Current Event Seminars

Guest speakers visit the Senior Center and discuss a variety of topics including current issues, health and social services.

Wednesdays, 10:30 a.m.

Jewish Enrichment Program

This group meets weekly and discusses issues pertaining to the Bible, Jewish Holiday and Cultural Events.

Thursdays, 10:30 a.m.

Painting Class

This painting class meets weekly at the JCC. It is directed by Connie Wahl, a local artist who shares her expertise with our members.

Fridays, 10:00 a.m.

Health Facts

The Senior Center provides information on how to make a healthier you. This program is hosted by the Center's Recreational Services Division on a monthly basis.

Nutritious Kosher Lunches

A delicious and nutritious kosher lunch is served every weekday at noon. Many menus are designed as "Wellness Menus", which help lower your cholesterol and calorie intake. It has been proven that eating with a group is much healthier than eating alone.

Transportation

Transportation to and from the Senior Center is available on a daily basis, as well as for special programs and dinners. Registration is required.

Senior Center News Bulletin

A newsletter featuring programs and activities held at the Senior Center is published and mailed to all program participants. If you would like to receive a copy on a monthly basis, please contact Ray Freschman at the JCC.

**If a picture is worth a thousand words,
a summer at Camp JCC is worth a million smiles !**



ON YOUR MARK...

Get set...go for the fun of it all at Camp JCC !
Sports activities are just one part of the total picture !

SHALOM...

Israeli culture and customs at Camp speak
louder than words through special events
and theme days !



OUR STAFF...

The camp staff reaches out to every camper, lends a helping
hand and encourages everyone to give it their all !

FLOAT AWAY...

Campers float away with the spirit of
Shabbat, you never know where it's going
to take you !

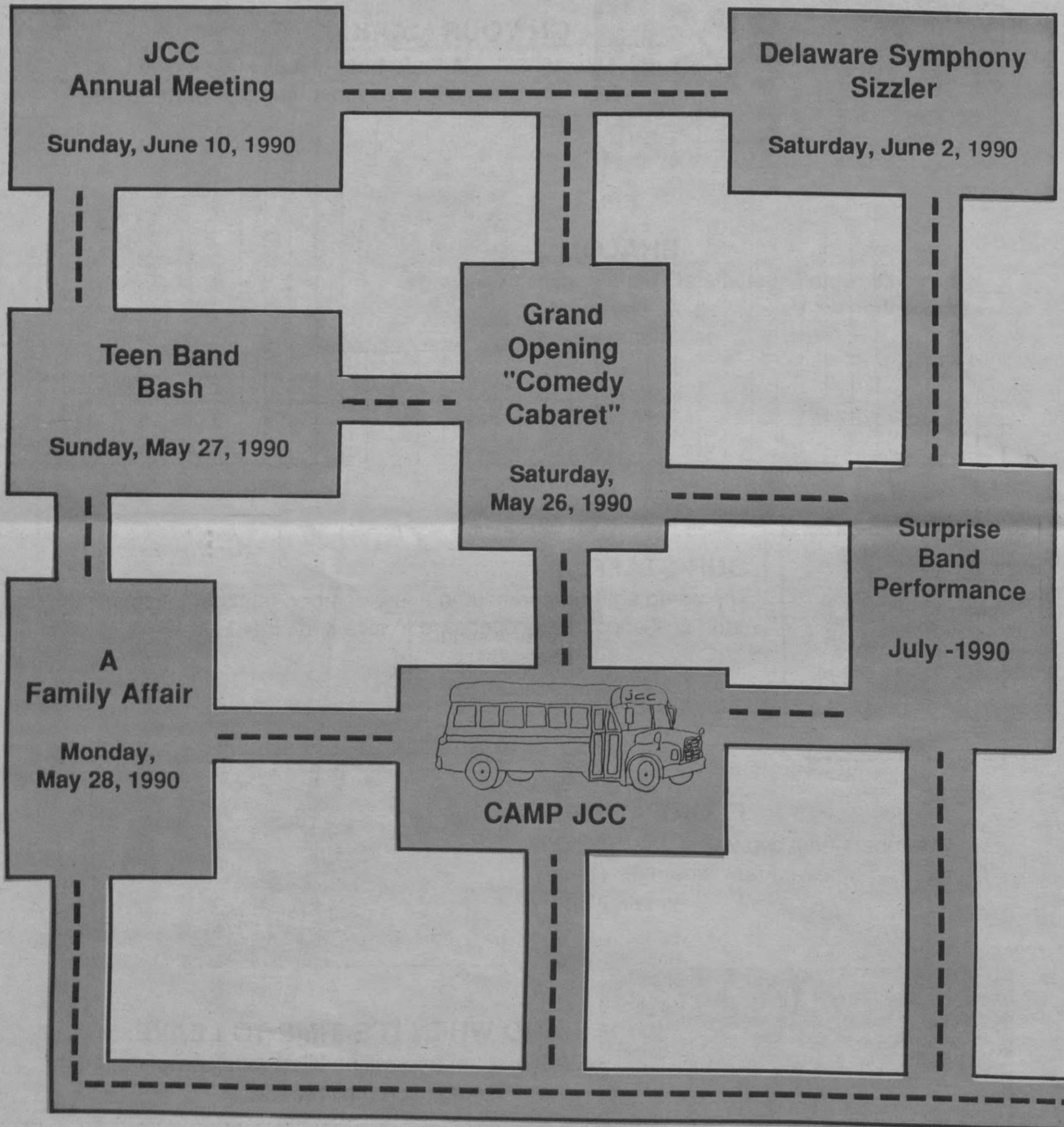


AND WHEN IT'S TIME TO LEAVE...

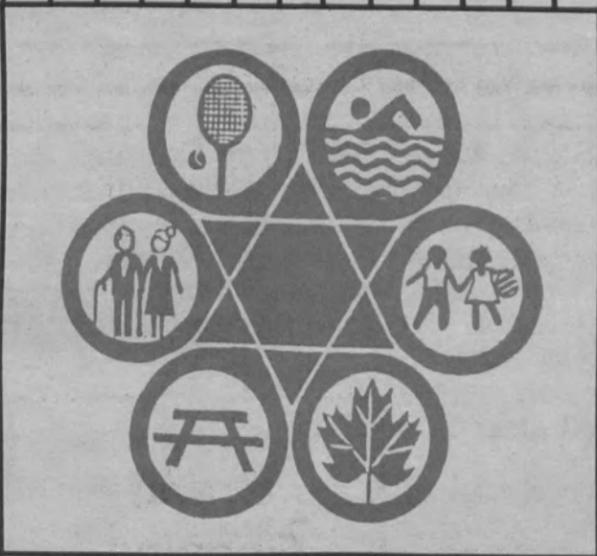
Your camp bag will be filled with memories
from the best summer yet !

**Camp Registration is filling quickly !
Enroll your child today !**

All Roads Lead To The... JEWISH FAMILY CAMPUS



"Follow the path to summer fun !"



PLAYING
FIELDS

TENNIS COURTS

TWO NEW SAND
VOLLEYBALL
COURTS

OUTDOOR
AMPHITHEATRE

BASKETBALL
COURTS

PICNIC AREAS



WADING
POOL

Z-SHAPED SWIMMING POOL

TEEN PROGRAMS AND ACTIVITIES

Teen Connection (Grades 7-8)

Teen Connection is a new Jewish Youth Group for 7th and 8th graders in our community. This program is part of B'nai B'rith Youth Organization and is sponsored by the JCC.

Teen Connection offers social and recreational activities for your teenager. BBYO is the world's largest Jewish Youth Group and Teen Connection is already operating in many U.S. and Canadian cities. It is quickly becoming the most important Jewish Youth Group for 7th and 8th graders. To join this organization, please call Shelley Gitomer, Teen Program Coordinator at (302) 478-5660. The fee for members is \$ 15.00 and \$ 20.00 for non-members.

Teen Connection Programs

A Mexican Fiesta (Grades 7-8)

O'Lay! A special Mexican hat dance goes out to everyone this evening! We will start this night off with a scrumptious Mexican feast fit for any amigo. Then we will be entertained by a great movie, "The Three Amigos".

Teen Connection members get a special price!

Date: Sunday, April 29, 1990

Time: 6:00 - 9:00 p.m.

Member Fee: \$ 10.00

Non-Member Fee: \$ 15.00

Registration Deadline: April 23

A Hole in One Barbecue Party (Grades 7-8)

Join us right after Sunday school for an afternoon of lunch and fun! We will enjoy a pre-summer barbecue on the Family Campus and then on to play miniature golf. Get a hole in one on the last hole and receive a special surprise! Remember, Teen Connection get a special price!

Date: Sunday, May 20, 1990

Time: 12:30 - 4:00 p.m.

Member Fee: \$ 10.00

/Non-Member Fee: \$ 15.00

Registration Deadline: May 16

Teen Scene

B'nai B'rith Youth Organization (Grades 9-12)

BBYO is housed at the Jewish Community Center. AZA (Boys) and BBG (Girls) serves teenagers in 9th through 12th grades. This program provides area teens with a chance to develop leadership skills through participation in a variety of social, recreational, cultural, educational, community service and religious activities.

For more information contact:

Dover BBYO - Beth Sholom Cong. - 737-5578

Newark BBYO - Temple Beth El - 366-8330

Wilmington AZA - Marc Blumberg - 475-6839

Wilmington BBG - Staci Levin - 478-6994

Free Racquetball Courts for Teens (Grades 9-12)

Free courts are available for teens in grades 9 through 12.

Days: Monday - Friday

Times: 3:30 - 5:00 p.m.

Cost for non-member guests is \$ 5.00

Reservations may be made by calling the Health and Fitness Control Desk at 478-5660.

"Score More" SAT Prep Course

On a continuing basis "Score More" SAT Prep Course will be offering their comprehensive SAT course at the Jewish Community Center. Delaware area high school students have completed this course with an average increase in SAT scores of 130 points.

SAT Class Schedule:

- Monday, March 26, 6:30 - 9:15 p.m. - Math
- Wed., March 28, 6:30 - 8:30 p.m. - English
- Monday, April 2, 6:30 - 9:15 p.m. - Math
- Wednesday, April 4, 6:30 - 8:30 p.m. - English
- Wednesday, April 18, 6:30 - 9:15 p.m. - Math
- Thursday, April 19, 6:30 - 8:30 p.m. - English
- Monday, April 23, 6:30 - 9:15 p.m. - Math
- Wed., April 25, 6:30 - 8:30 p.m. - English
- Monday, April 30, 6:30 - 9:15 p.m. - Math

For more information or to receive a complete brochure, please contact Shelley Gitomer, Teen Program Coordinator at 478-5660.

Beach Dance Party (Grades 9-12)

Put on your coolest shades and dance to the tunes of D.J. Blunt! Bring back the memories from summers past. Dress in beach party clothes. Munchies will be served.

Date: Sunday, April 7, 1990

Time: 8:00 - 11:00 p.m.

Member Fee: \$ 5.00

Non-Member Fee - \$ 8.00

Registration Deadline: April 5



Youth Council Meetings (Grades 7-12)

The JCC's Youth Councils provide teens with the opportunity to coordinate community-wide programs. There are two councils, one for 7th and 8th graders and one for 9th through 12th graders. The councils consist of representatives from youth groups and unaffiliated teens. They develop a central calendar and act as a forum for ideas.

Meetings for Grades 7 & 8:

- Monday, April 23, 5:30 - 7:00 p.m.

- Monday, May 21, 5:30 - 7:00 p.m.

Meetings for Grades 9-12:

- Thursday, April 5, 5:30 - 7:00 p.m.

- Thursday, May 10, 5:30 - 7:00 p.m.

If you are interested in participating in our Youth Councils, please contact Shelley Gitomer at the JCC.

YOM HA'SHOAH REMEMBRANCE

(Grades 7-12)

Tuesday, April 24, 1990
7:30 - 9:00 p.m.

This evening will be a very special commemoration of the Holocaust by Jewish teenagers from around the world will be held.

March of the Living will bring over 2,500 people to the site of Auschwitz and Birkenau concentration camps in Poland for a special memorial service.

To commemorate this day, Gratz Hebrew High School, the JCC Teen Department and Midrasha of Congregation Beth Shalom will participate together in a Yom Ha'Shoah Memorial Service.

Please join the youth of our community in remembering the 6,000,000 Jews that lost their lives in the Holocaust.

Free of Charge

Please register by April 22, 1990.

Gratz Hebrew High School and the JCC Teen Department Celebrate 25 Years of Gratz

Lag B'Omer is a special holiday in the Jewish calendar.

It is a time of parties, picnics and bonfires.

A celebration this year will be held for teenagers and their families at the Jewish Family Campus.

This program is being sponsored by Gratz Hebrew High School and the JCC Teen Department.

We will be celebrating not only the Lag B'Omer holiday but the special 25th Anniversary of Gratz as well. This program is being planned by teens from Gratz and the JCC Teen Department.

Date: Thursday, May 3, 1990

Time: 6:00 - 9:00 p.m.

Fees: \$ 7.00 per person

Dinner will be served and family games will be played. Everyone will be a winner at this community event!

Please call the Jewish Community Center at 478-5660 to register by April 24, 1990.

TEEN PROGRAMS AND ACTIVITIES

Teens of Delaware
Present
The Fourth Annual
Teen Production

THE PAJAMA GAME

Music and Lyrics By

RICHARD ADLER
AND
JERRY ROSS

Book By

GEORGE ABBOT
AND
RICHARD BISSELL

Based On

BISSELL'S NOVEL, "7 1/2 CENTS"

Saturday, June 16
at 8:45 p.m.
and
Sunday, June 17
at 7:30 p.m.

Reserve these dates
NOW !

Tickets will go on sale
May 14th at the JCC.

Fourth Annual Teen Production (Grades 7-12) "THE PAJAMA GAME"

We want you ! We are looking for set designers, stage crew, make-up and costume people and teens playing musical instruments for our pit band. If you are interested in participating in the Fourth Annual Teen Production at the JCC, please contact Shelley Gitomer, Teen Program Coordinator at 478-5660.

Tutoring Program (Grades 7-12)

Our tutoring program has begun ! We offer qualified tutors in various subjects and can schedule appointments at your convenience. Our tutors can help in the following subject areas: *Math (Algebra, Geometry, Trigonometry, Calculus and Statistics); Science (Biology, Chemistry, Physics, Organic Chemistry and Geology); Spanish (Any level); English (Any level); Hebrew (Conversational, Reading and Writing).*

To schedule a tutor, contact Shelley Gitomer at the JCC, 478-5660.

Be a Volunteer (Grades 7-12)

The JCC is a Community Center with many programs in need of volunteers.

This is a great opportunity to become involved in the community and acquire community service credits required by some schools.

Volunteering is a valuable learning experience which benefits both participants and the community.

For more information, please call Shelley at the JCC, (302) 478-5660.

**Volunteer
at the
JCC**

YOU'LL

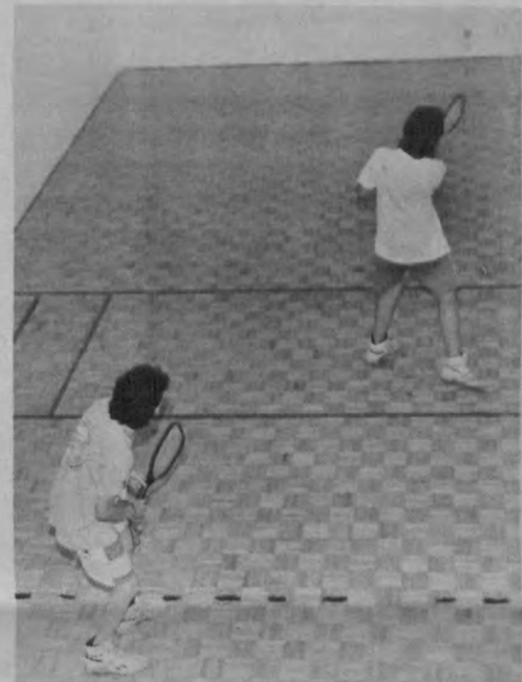


IT !

Recreational Teen Basketball

(Grades 7-12)

Enjoy a leisurely game of basketball with all of your friends at the JCC.



Teams now forming !

For additional information, contact Eileen Wallach, Recreational Services Director at the JCC.

Teen Newspaper - "Ma Chadash"

Be part of our Ma Chadash newspaper staff ! Our newspaper is published four times a year. It is completely written and designed by teenagers for teenagers.

For more information about Ma Chadash, contact Shelley Gitomer at 478-5660.



EARLY CHILDHOOD SERVICES

"Learn some and think some and draw and paint and sing and dance and play and work everyday some". Robert Fulghum

The JCC's Early Childhood Services Department offers a variety of programs for children from one year old to age five.

Options range from part-time pre-school sessions to full-time kindergarten enrichment, K'Ton Ton camp and even a drop-in babysitting service.

This year we are offering new and exciting toddler/parent playtime and Lunch Bunch classes.

A full compliment of Jewish cultural activities and special events round out our calendar.



1990 Fall Registration is filling up quickly...Register now !

Morning Pre-School Program

Gan - 9:00 a.m. - 11:30 a.m.

This educational program helps prepare children for school, while developing their Jewish identity. There is an excellent staff-to-child ratio and all teachers are degreed. Activities include language development, number readiness, arts and crafts, music, outdoor play and a snack.

Afternoon Recreational/Enrichment Programs

Maon - 11:30 a.m. - 5:45 p.m.

Maon includes a kosher lunch, a variety of age-appropriate social and recreational activities such as arts and crafts, swimming, gym games, outdoor activities and a rest period. Transportation from public kindergarten and optional enrichment classes are available at an additional fee.

Full Day Programs

Maon Yom - 7:15 a.m. - 5:45 p.m.

Walking Ones and Two Year Olds:

Activities such as arts and crafts, story time and gym are geared to this age group, which meets in their own rooms, with their own staff.

Three and Four Year Olds:

Morning pre-school programs combined with afternoon enrichment activities are combined for these children.

Early AM Care - 7:15 a.m. - 8:15 a.m.

(For students in Albert Einstein Academy and Brandywood Elementary School)

The children enjoy supervised fun, then board the school bus at the JCC door. This helps your children get off to a "fresh start" in the morning.

Toddler's Play

This exciting program provides toddlers and their parents with a fun-filled hour of crafts, stories, simple games, music and snack. This class provides your child with an opportunity to interact with other children their own age. It also helps parents watch their children grow while experiencing many activities each week.

Thursdays, 9:15 - 10:15 a.m.

Fee: \$ 35.00/10 Sessions/Members

\$ 50.00/10 Sessions/Non-Members

Teacher: Judi Rosenberg

Toddler's Play continues through May 31

Lunch Bunch

11:30 a.m. - 1:00 p.m.

Lunch Bunch is an Early Childhood Enrichment Program offered as an extension of the pre-school day. Each of the Lunch Bunch classes focuses on a different activity, but shares the common goals of fun and comraderie. The children bring their own kosher lunches, participate in a special activity and meet their parents at 1:00 p.m.

Art and Lunch Bunch

Our pre-school art specialist has designed this special art class to teach color combinations and mixing, use of shapes to make art and much more.

Mondays, 11:30 a.m. - 1:00 p.m.

\$ 16.00/Members, \$ 25.00/Non-Members

Teacher: Liz Neary

Begins: April 23

Class limited to 9 children.

Music and Lunch Bunch

The JCC teams up with the Wilmington Music School to offer music appreciation specially designed for the pre-school aged child, "Music for Little People".

Join this highly qualified staff in a truly unique program.

Tuesdays, 11:30 a.m. - 1:00 p.m.

\$ 50.00/Members, \$ 60.00/Non-Members
8 Sessions

Teachers: Mary Ellen Moser & Gail Rowell

Begins: April 3

Class limited to 13 children.

Educize and Lunch Bunch

This Lunch Bunch program is ongoing from January through May.

Space is available on a limited basis. An educational approach to fitness and health designed especially for young children. If the weather is nice, we eat our nutritious lunch outside. Your child get fresh air, exercise and fun as well.

Thursdays, 11:30 a.m. - 1:00 p.m.

Cost per Class:

\$ 3.50/Members, \$ 5.00/Non-Members

Teacher: Lynne Lew

Pre-registration is required. Participant must register for a minimum of 4 classes.

Nature and Lunch Bunch

Spring is almost here...and so is our popular nature class for pre-school aged children.

Explore outdoor walks, insects, nature and science.

Fridays, 11:30 a.m. - 1:00 p.m.

\$ 20.00/Members, \$ 25.00/Non-Members

6 Sessions

Teacher: Irene Aber

Class limited to 12 children.

Pre-Ballet and Lunch Bunch

Just the perfect combination of dance, music and movement.

Develop fundamentals with our quality program that continues through elementary school, the teen years and even adults.

Fridays, 11:30 a.m. - 1:00 p.m.

\$ 65.00/Members, \$ 75.00/Non-Members

7 Sessions

Teachers: Bonnie Castagna & Gale Rowell

Class limited to 12 children.

Drop-in Babysitting Mondays through Fridays 8:30 a.m. - 11:30 a.m.

Pre-register at the JCC Front Desk for quality childcare in a safe and nurturing environment.

The cost is only \$ 2.00 per hour.

NEW - BAKER'S DOZEN
Buy 12 hours of babysitting and get the 13th hour FREE !

To register for any of our wide range of classes or programs, please call the Child and Family Division Office at 478-5660.

**FALL REGISTRATION IS NOW OPEN
FOR PRE-SCHOOL, AFTERNOON
ENRICHMENT AND FULL DAY
TODDLER PROGRAMS.
MEMBERS - EARLY REGISTRATION
THROUGH MARCH 30, 1990
ACT NOW !**

Your favorite teachers are back and we are roaring to go !!!

EARLY CHILDHOOD/YOUTH CLASSES

Early Childhood/Youth Aquatic Classes

Me and My Parents (Ages 3-6)

This class is specifically designed for children ages 3 to 6. This is a great opportunity for parents and children to enjoy swimming. There will be instruction and games for children. Come out and join us for an enjoyable Sunday morning swim!

Sundays, 11:00 - 11:30 a.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Minimum registration - 4 participants
Begins: April 8

Waterbabies (6 months-2 years)

This class has been specially designed to help your baby gain confidence and enjoyment of water activities at an early age. For babies with little or no previous water experience.

Tuesday, 9:30 - 10:00 a.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Instructor: Terri Byers
Minimum registration - 3 participants
Begins: April 3

Beginner Swim (Ages 5-13)

This beginning swim program is designed for children who are comfortable in the water, but have not received any formal swim lessons. This American Red Cross course will introduce basic swimming skills including prone and back float, basic swimming strokes and safety skills.

Tuesdays, 4:00 - 4:30 p.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Instructor: Terri Byers
Minimum registration - 3 participants
Begins: April 3

Advanced Beginner Swim

(Ages 5-13)

This course is designed for children who have successfully completed the beginner course. There will be further emphasis on endurance, new swimming strokes and advanced safety skills will be introduced.

Tuesdays, 4:30 - 5:00 p.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Instructor: Terri Byers
Minimum registration - 3 participants
Begins: April 3



Long Fellows Whales Tales

(Ages 5-12)

This program is designed for children ages 5 through 12 years old. They will be taught how to be safe in, on and around the water. The program uses special games, discussion videos and posters to stimulate interest and learning.

Tuesdays, 6:00 - 7:00 p.m.

Member Fee: \$ 25.00/5 Sessions
Non-Member Fee: \$ 25.00/5 Sessions
Instructor: Albert Tenero
Minimum registration - 4 participants, maximum registration - 8 participants
Begins: April 24

Parent/Tot Activity Program

(Ages 2-4)

This program is designed for those who would enjoy an exciting time in our pool. Enjoy a swim session where your child will learn to swim using techniques such as kicking and arm pull strokes. (Gym class can be incorporated with this swim class, see fitness section for details).

Wednesdays, 10:30 - 11:00 a.m.

Member Fee: \$ 40.00/8 Sessions
Begins: April 4

Special Discount !!!

Parent/Tot Activity Program

Register for both the gym session and pool session for only \$ 70.00. (Save \$ 10.00 !)

Swimmer Course (Ages 5-13)

This course is specifically designed to refine strokes, stress on endurance and introduction to the back crawl. Participants must have successfully completed the Intermediate Swim Course.

Thursdays, 4:00 - 4:30 p.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Instructor: Terri Byers
Minimum registration - 3 participants
Begins: April 5

Intermediate Swim (Ages 5-13)

This class is specifically designed for those children who have passed the advanced beginner swim course. The class will place emphasis on refinement of the front crawl and elementary backstroke. Introduction to new strokes and safety skills.

Thursdays, 4:30 - 5:00 p.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Instructor: Justin Madden
Minimum registration - 3 participants, maximum registration - 8 participants
Begins: April 5

Early Childhood/Youth Fitness Classes

Sunday Fundays

(Ages 10-12)

Sundays

12:00 - 1:30 p.m.

Sports, swimming, bowling, special events, games, games and more games!
It's a recreational and totally entertaining Sunday afternoon for kids! A great answer to the "I'm bored" Sunday syndrome.

Member Fee: \$ 45.00/7 Sessions
Non-Member Fee: \$ 60.00/7 Sessions

Kids should bring their own snacks and drinks or money for snack machines. It is recommended that kids wear their bathing suits under their clothing. Don't miss out-Sunday is funday at the JCC!
Begins: April 8

Kidsport (Ages 4-5) - NEW !

This basic sports program will teach your children the fundamentals of throwing, catching, kicking, fun, cooperation and self-esteem. That's what this class is all about!

Mondays, 4:00 - 4:45 p.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Begins: April 9

Parent/Tot Activity Program

(Ages 2-4)

This program is for those who would enjoy an exciting time in our gym. Roll along in a class which is specially designed for children ages 2 through 4. Come to the gym for thirty minutes of running, climbing, rolling and jumping using balls, hoops and parachutes. (Swim class can be incorporated with this gym class, see aquatic session for details).

Wednesdays, 9:45 - 10:15 p.m.

Member Fee: \$ 40.00/8 Sessions
Begins: April 4

Special Discount !!!

Parent/Tot Activity Program

Register for both the gym session and pool session for only \$ 70.00. (Save \$ 10.00 !)

EARLY CHILDHOOD/YOUTH CLASSES

Early Childhood/Youth Fitness Classes

Pee See Spring Soccer

(Ages 4-6)



Wednesdays
4:00 - 5:15 p.m.

Learn the basic skills of soccer outside at our beautiful Family Campus facility. Join all of your friends for a great afternoon of fun and soccer!

Member Fee: \$ 45.00/8 Sessions
Non-Member Fee: \$ 50.00/8 Sessions
Begins: April 4

Tae-Kwon-Do (Karate)

Tae-Kwon-Do allows children to reach their own potential rather than directly competing against other children. Karate challenges the entire body, while developing coordination, balance, agility and poise.

This program is designed for children ages 4 through 13.

White Belts (First Time Beginners)

Mon. & Wed., 4:00 - 4:45 p.m.

Advanced Belts

Mon. & Wed., 4:45-5:30 p.m.



Member Fee: \$ 40.00 per month
Non-Member Fee: \$ 55.00 per month
Full payment is due on the 5th of every month. Tae-Kwon-Do Karate is an ongoing yearly course. For additional information, please call the Health and Fitness Control Desk at 478-5660.

Street Hockey (Ages 9-11)

Here's your chance to "hangout" and run with your friends at the JCC! Enjoy one full hour of stick slapping and puck flying fun! This program is designed for boys and girls ages 9 through 11 who enjoy being outside during the Spring season. Bring your rollerskates and pads...we'll try roller hockey too!

Thursdays, 4:00 - 5:00 p.m.

Member Fee: \$ 35.00/8 Sessions
Non-Member Fee: \$ 45.00/8 Sessions
Sticks will be provided, goalie pads are appreciated.

Begins: April 5

Youth Spring Tennis Program

April 9 - May 26

Tennis Pro - Ken Issacs

Pee Wee Tennis (Ages 5-8)

Every element of this program has been specially created for "little people"...from the "short court" to the 21" rackets and foam balls they use.

Tennis for Ages 5-6

Wednesdays, 4:00 - 4:30 p.m.

Tennis for Ages 7-8

Wednesdays, 4:35 - 5:05 p.m.

Member Fee: \$ 35.00/8 Sessions

Non-Member Fee: \$ 50.00/8 Sessions

Junior Tennis Clinics (Ages 9-17)

Beginner Players

Sundays, 1:00 - 2:00 p.m.

Member Fee: \$ 60.00

Intermediate/Advanced Players

Sundays, 2:30 - 4:00 p.m.

Member Fee: \$ 60.00

Please contact the Health and Fitness Control Desk at 478-5660 for more information.

The JCC Presents Le Jardin Dance Academy

Your child can discover the world of ballet, tap and jazz at the Le Jardin Dance Academy. Under the direction of Bonnie Castagna, the Academy provides opportunities for students to receive quality and individualized instruction.

Monday Classes

Beg. Ballet I/Creative Movement (Ages 5-6)

Time: 3:45 - 4:30 p.m.

Ballet/Jazz II (Ages 8-10)

Time: 4:30 - 5:30 p.m.

Teen Jazz (Ages 12 & up)

Time: 5:30 - 6:30 p.m.

Tuesday Classes

Pre-Ballet II (Ages 4-5)

Time: 3:15 - 4:00 p.m.

Beginning Ballet II (Ages 6-8)

Time: 4:00 - 5:00 p.m.

Advanced Beginning Ballet (Ages 8 & up)

Time: 5:00 - 6:00 p.m.

Thursday Classes

Kinderdance for Boys & Girls (Ages 4-6)

Time: 3:45 - 4:30 p.m.

Tap/Jazz II (Ages 7 & up)

Time: 4:30 - 5:30 p.m.

Friday Classes

Pre-Ballet/Lunch Bunch (Ages 3-5)

Time: 1:00 - 1:45 p.m.

Ballet/Jazz II (Ages 8-10)

Time: 4:15 - 5:15 p.m.



Dance Academy Information

Transportation Available

Van service from area public schools is available upon request. (Space is limited). Albert Einstein Academy, JCC Pre-School, Day Care and After School Childcare children may be escorted to and from class (when available). For more information, please call the JCC at 478-5660.

Dance Class Fees

Monthly Fee: \$ 25.00

(Due on the 1st class of each month)

Dance Class Information

Proper dance attire is required for all Le Jardin Dance Academy students. Dance wear may be purchased from the Brandywine Dance Shoppe. EMERGENCY CARDS MUST BE COMPLETED AT TIME OF REGISTRATION AT THE FRONT DESK. For more information on Dance Classes, call Bonnie Castagna at 475-1409 or the JCC.

Olympiad School of Gymnastics at the JCC

The gymnastic experts from the Olympiad School of Gymnastics have developed a variety of programs for young children. These classes are designed to progressively develop the basic skills in tumbling, balance beam, uneven parallel bars, vaulting and trampoline.

Honey Bees

Designed for the 3 year old (Birthday by 12/31)

Tuesdays, 12:45 - 1:35 p.m.

Tuesdays, 6:00 - 6:50 p.m.

Kinder Bees

Designed for the 4 year old (Birthday by 12/31)

Tuesdays, 1:45 - 2:35 p.m.

Tuesdays, 6:00 - 6:50 p.m.

Gym Bees

Designed for the 5 year old (Birthday by 12/31)

Tuesdays, 4:00 - 4:50 p.m.

Tuesdays, 6:00 - 6:50 p.m.

Beginners I

Designed for the 6 year old; no experience necessary

Tuesdays, 4:00 - 4:55 p.m.

Advanced Beginner

Children must be able to perform a handstand roll.

Tuesdays, 5:00 - 5:55 p.m.

Pre-Teen Gymnastics

Designed for children ages 9 through 12; no experience needed.

Tuesdays, 5:00 - 5:55 p.m.

It's not too late to join our mini-session of classes. Choose from any number of Gymnastic Classes. Member Fee: \$ 51.00/6 Sessions
Non-Member Fee: \$ 58.00/6 Sessions
Begins: April 3

CLASSIFIEDS AT THE CENTER

HELP WANTED

"Put yourself in the Center of it all !"

JEWISH FAMILY CAMPUS

LOVE TO WORK OUTDOORS ? JOBS AVAILABLE !

Housekeeping, Janitorial and Maintenance

We are looking for men and women who enjoy working outside at our beautiful new Family Campus.

It takes a lot of hands to keep it running well !

Interested people may contact Eileen Wallach at 478-5660.

JEWISH COMMUNITY CENTER

Do you enjoy working with children, adults and seniors in sports-related and recreational programs ?

"Boy, do we have a great job for you !"

WE ARE LOOKING FOR
Program Workers, Activity Leaders,
Instructors and Lifeguards

START NOW OR IN THE SUMMER !

Flexible Hours, Competitive Wages
and Unique Benefits

Please call Eileen Wallach or Jodi Gevurtz
at 478-5660 for more information.

JCC DAY CAMP

Summer Day Camp Employment opportunities available at the Jewish Community Center !

POSITIONS AVAILABLE INCLUDE

Senior Counselor
Unit Supervisor
Program Coordinator

Specialists in the areas of:

Art
Dance
Music
Nature
Drama
Sports
Aquatics

For more information, or to arrange an interview, call J.J. Alter, Director of Camping Services at 478-5660.

POSITIONS FILL QUICKLY !

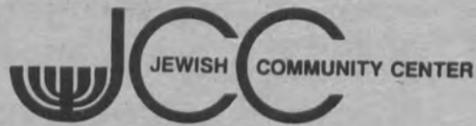
TEACHERS, AIDES, MOMS OR STUDENTS

Why wait...join our Pre-School Teaching Staff Today !

Join our quality professional and experienced teachers
and the BEST kids around !

Full-time, Part-time & Substitutes
Please call Moises Paz or Ruth Forman at 478-5660.

A MESSAGE FROM THE PRESIDENT



101 GARDEN OF EDEN ROAD • WILMINGTON, DE 19803 • (302) 478-5660

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DAVID SORKIN
Executive Director

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GEORGE J. WEINER
MARTIN YALISOVE
HARRY DAVID ZUTZ

* Deceased



Dear Center Members:

The backbone of any organization is its membership and its committee structure. Committees provide the grass-roots level of activity that keeps the Center moving, motivating its membership, planning viable and exciting programs and recommending policies to the Board of Directors.

A complete listing of our Center's committees can be found on this page, as well as the current chairpersons.

I invite you to participate on a committee--be a part of our exciting Center, our Family Campus and our new program direction.

Please carefully review the committee listing and select the committees you most prefer to serve on. Committees are chaired or co-chaired by a member of the Board of Directors or other appointed individuals, with the members from any or all of the following: Board members, interested parties, participants and representatives from other affiliated organizations.

Please make your committee selections on the form below and return it to me at the Center.

Shalom,

Martin I. Lubaroff
Martin I. Lubaroff,
President

The following Program and Administrative Committees are involved at the Jewish Community Center:

Program Steering Committee

Cindy Imber, David Margules, Dr. Michael Kaplan, Co-Chairs

Parents and Teachers Association (Pre-School)

Lena Elzufon, Michelle Engelmann, Co-Chairs

Early Childhood Services Committee (Infant-Preschool)

Michelle Margules, Chair/Myrna Ryder, Co-Chair

Children's Committee (Kindergarten-6th Grade)

Susan Gleich, Chair/Rona Caplan, Co-Chair

Day Camp Committee

Dr. Paul Imber, Chair

Teen Committee (Grades 7-12)

Leslie Balick, Chair

Adult Committee

Leah Tenenbaum, Chair

Youth Jewish Adult of Delaware

Michael Cook, Chair

Senior Center Site Council

Naomi Hyde, Site Council President

Art Gallery Committee

Riva Brown, Sheila Inden, Co-Chairs

Special Events Committee

Deane Kattler, Denyse Lieber, Roberta Woloshin, Co-Chairs

Recreational Services Committee

Dr. Michael Kaplan, Chair

Family Campus Committee

Steve Medwin, Rand Snyderman, Co-Chairs

Day Care Scholarship Fund Committee

Norman and Phyllis Aerenson, Co-Chairs

Budget and Finance Committee

Jerry Grossman, Chair

Audit Committee

Eileen Conner, Chair

Personnel and Benefits Committee

Stan Ross, Chair

Office Systems and Computerization Committee

Mark Caplan, Chair

Board and Committee Leadership Development

Building and Grounds Committee

Bob Akell, Chair, Don Shackelford, Co-Chair

Membership Committee

Richard Levin, Chair, Dr. Eric Oliet, Co-Chair

Legal Advisory Committee

Richard Levine, Chair

Medical Advisory Committee

Dr. Barry Kayne, Chair

COMMITTEE RESPONSIBILITIES INCLUDE THE FOLLOWING

- Help Shape Programs
- Recommend Policies to the Board of Directors
- Act as a Sounding Board for Staff
- Liason from Program to Board
- Support Center Programs and Activities
- Develop and Approve Departmental Budgets
- Support Fundraising Efforts
- Monitor Programs to insure that they are effective and responsive to the needs of the membership and community.

Please clip and drop-off or mail to the JCC
101 Garden of Eden Road, Wilmington, DE 19803

Please select the committees on which you would prefer to serve. Make at least three selections, noting your first choice with one (1), second choice with two (2), etc. We will attempt to place you on the committee of your first choice.

Dear Martin:

Here are my committee selections:

- | | | |
|--|--|---|
| <input type="checkbox"/> Program Steering | <input type="checkbox"/> Senior Center | <input type="checkbox"/> Personnel |
| <input type="checkbox"/> Parent/Teacher Assoc. | <input type="checkbox"/> Art Gallery | <input type="checkbox"/> Office Systems |
| <input type="checkbox"/> Early Childhood | <input type="checkbox"/> Special Events | <input type="checkbox"/> Board/Committee |
| <input type="checkbox"/> Childrens | <input type="checkbox"/> Recreation | <input type="checkbox"/> Leadership Dev. |
| <input type="checkbox"/> Day Camp | <input type="checkbox"/> Family Campus | <input type="checkbox"/> Building & Grounds |
| <input type="checkbox"/> Teen | <input type="checkbox"/> Day Care Scholar. | <input type="checkbox"/> Membership |
| <input type="checkbox"/> Adult | <input type="checkbox"/> Budget/Finance | <input type="checkbox"/> Legal Advisory |
| <input type="checkbox"/> Singles | <input type="checkbox"/> Audit | <input type="checkbox"/> Medical Advisory |

Name: _____

Address: _____

Telephone Numbers: (Home) _____ (Work) _____

CENTER TRIBUTE FUNDS

Your Gift...Your Choice

With a gift to the JCC, you can honor the memory of a departed one, congratulate a friend, colleague or family member, or wish a special patient a speedy recovery.

And you can choose where your gift goes: to the JCC General Fund, Scholarship Fund or a host of Special Funds established to pursue a particular goal.

With a minimum donation, you can even establish a brand new fund yourself, to pursue the aims that you wish, honoring or memorializing the person of your choice.

But no matter which fund you choose, your gift will go to work immediately, bringing much needed revenues to the Center's vital community programs.

In addition, we'll send a lovely card to your honoree or family member to tell them of your gift, and it will be our pleasure to thank you formally in our month "On-Center" publication.

So exercise your freedom of choice with a gift to the JCC. Help us continue to work for a better community — for all of us!

General Fund

Supplement programs in all departments.

Scholarship Fund

Provides financial assistance for day camp, membership and day care.

Harry Bluestone Memorial Fund

Supports Jewish educational programs

Harry Cohen Foundation

Maintains the JCC building and grounds

Dan Ehrenfeld Memorial Fund

Maintains the swimming pool and programs

Paul Green Memorial Fund

Supports physical education programs and activities

Doris and Irving Morris Leadership Forum Fund

Supports a biennial lecture program to be held at the Jewish Community Center

Henry Nord Scholarship Fund

Provides youngsters with Day Camp Scholarships

Halina Wind Preston Holocaust Education Fund

Harry Sapowitz Memorial Fund

Provides youngsters with Day Camp Scholarships

Laura Fogel-Schagrin Scholarship Fund
Provides youngsters with Day Camp and Day Care Scholarships

Barbara Weiner Memorial Fund

Sponsors Young Leadership Award allowing winner to attend JWB Biennial Convention

Grandparents Fund

From grandparents to children's programs

Friends of the Senior Center Fund

Funds projects and equipment for Senior Center members

FEATS (Foundation of Economic Aid to Strings) Fund

This fund is dedicated to the memory of Dr. Isadore Slovin; established to provide musical education/entertainment to the Jewish community

Please accept the enclosed contribution:

Your Name _____

Address _____

Telephone Number _____

Name of Fund _____

In Honor

In Memory

Speedy Recovery

Thank You

Description _____

Please notify the following person(s) of my contribution:

Their Name _____

Their Address _____

I am interested in establishing a new fund. Please contact me.

Please mail coupon with a check to the JCC Tribute Funds, 101 Garden of Eden Road, Wilmington, Delaware 19803.

Send a Kid to Camp You can make a difference!

Become a "Send a Kid to Camp" supporter and you'll help send a child to Camp JCC. Many children need your financial support so they can gain the growth and enrichment of a day camp experience.

Please call the JCC at 478-5660 for information.

Contributory Membership Program

Precious Metals/Precious Members

We've got a real gold mine here at the JCC, with prospects for members of all ages. We enrich our members lives with Judaic programming that enlightens, educates and entertains. We are a friend indeed to our friends in need through scholarship programs for day care, camp, single parents, teens, seniors and more.

We always want to do more for our precious members, and the contributory membership program helps us to mine a new vein.

Members have the option to add on to their current membership category: Platinum - \$1000.00; Gold - \$360.00 and Silver - \$180.00

Contributions to the Contributory Membership Program are tax-deductible and really help our programs to pan out.

We ask for your help, because you can make a difference in the lives of others. Please show you care, by participating in this treasured program.

Continue to help our precious members by mining these precious metals...Help us find that pot of gold!

If you would like to participate in the Contributory Membership Program, please call the Center at (302) 478-5660. This program renews on an annual basis.

The JCC Board of Directors would like to thank the following people for participating in our Precious Metals...Precious Members Contributory Membership Program:

Platinum Members*

Daniel & Mary Klein, Dr. Alan & Judy Levy, Martin & Sandra Lubaroff, David & Michelle Margules, Doris & Irving Morris

Gold Members*

Irving & Danielle Grossman, Jerome & Debbie Grossman, Dr. Garth & Ellen Koniver, Richard & Marilyn Levin, Efrem & Denyse Lieber, Norman Monhait & Marcia Haplerin, Dr. Eric & Mary Oliet, Joan Rosenthal, Stephen & Renne Spiller

Silver Members*

Dr. Barry Baskt & Carole Fremont, Jack & Jean Blumenfeld, Marc & Rona Caplan, Philip & Michal Cherrin, Robert B. Coonin, Dr. Marvin & Muriel Dorph, Dr. Bennett & Alice Epstein, Dr. Howard & Deane Kattler, Constance Kreshtool, Stan & Adele Ross, Dr. Leonard & Judy Seltzer, Eleanor Slovin, Richard & Linda Stat, Leonard & Barbara Togman, George J. & Gladys Weiner

* Participants as of March 15, 1990.

HOLIDAY INFORMATION

PASSOVER (PESACH)

The most important symbol of Passover (Pesach) is the matzoh, the "bread of our affliction". Matzoh is unleavened bread, which means that the dough that is used to make it is not allowed to rise. If you have ever baked you know that when you mix flour and water (and yeast in breads) and bake them, they will get full of air and rise in the oven. Matzoh flour (may be made from five different grains, but usually wheat is used) is watched to make sure it does not accidentally come in contact with any liquid before the dough is made. When the flour is mixed with water to ready the matzoh for baking, only eighteen minutes are allowed for the process. (Shemurah matzoh), or "guarded matzoh", is watched from the time the grain is reaped.

We eat matzoh on Passover to remind us that the Children of Israel left Egypt in a great hurry and had not time to let their bread rise. The commandment to eat matzoh is fulfilled, according to the Rabbis, on the entire holiday, however, we are not to eat any leaven, or "CHAMETZ" "Seven days shall there be no leaven found in your houses." (Exodus 12:19) Israeli and Reform Jews observe the festival for seven days; the first and last days are holy days on which no work is done. They hold one seder. Outside of Israel among Conservative and Orthodox Jews, Pesach lasts for eight days. Two desarim are held and on the first two and last to days are holy days. For weeks before the holiday, preparations are begun in the homes of those who observe Passover in the traditional manner. Those foods that are forbidden on Pesach (for example, cereals, noodles, beans, etc.) are the "CHAMETZ" is absorbed into dishes and pots during the year, glass and metal utensils have to be soaked or boiled. Ceramic utensils and dishes cannot be kashered in this way, so most people have a separate set of Pesach utensils that are brought out of storage. During the week before the holiday, special foods (marked with Kosher for Passover, though fresh fruits and vegetables are permitted) are bought in preparation for the festival. Your Rabbi will provide assistance and answer individual questions.

Often there is some "CHAMETZ" (canned goods, etc.) left by the time Pesach starts. This food is not thrown out, but packed carefully and put away out of sight where it

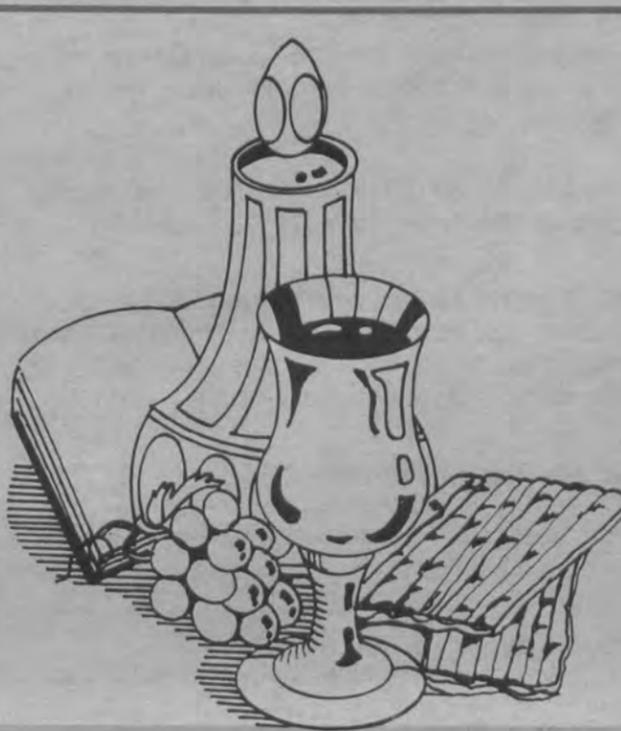
clean cloth, tied with a string ready for burning the next morning.

Both at night after the search and in the morning when the "CHAMETZ" is burned, a sentence found in the haggadah in Aramaic is recited. After the chameleons is burned, usually at 10:00 a.m., no leaven may be eaten. Matzoh, however, is not eaten because it is kept as something special for the seder. Some in fact do not eat matzoh from the first of Nissan and other from Purim.

Another reminder of the approach of Pesach is Shabbat ha'Gadol, the Great Sabbath, on which a special Torah portion is read. On the first day of Pesach the prayer for dew, Tal, is recited. The rainy season is over in Israel, and the farmers need dew so that their drops do not dry out. On the second day, the counting of the Omer is begun. It is a custom to read the Song of Songs, on the Sabbath during Pesach. On the last day Yizkor, the prayer service in memory of those relatives who have died, is recited.

The tzedakah collection associated with Pesach is called maot hittim, or "wheat money." This money has been collected for centuries to enable poor Jews to buy matzot and celebrate Passover.

No Jew should be excluded from the celebration of this important festival. Pesach is a time for song, for special foods, for all sorts of ritual, but most of all it is a time of thought. It is a time when we must think about freedom and the responsibilities that come along with being free.



Joyous
passover

cannot be used accidentally. Then the chameleons is sold to a non-Jews. Today the selling of "CHAMETZ" is often done by the Rabbi or other synagogue officer for those who wish to be represented by him. At the end of the holiday the chameleons is bought back and may be used.

On the night before Pesach begins (on the night before the seder), the search for "CHAMETZ" takes place. Lights are turned out, a candle is lit, and this blessing is said: "baruch ata adonai, elohenu melech ha'olam asher kidshanu bemitsvotav, vitsivanu al biur CHAMETZ" . Then the family goes around the house looking for crumbs. By that time, the house has been cleaned so well that it is not likely for chameleons to be found. So, in order that the blessing is not said in vain, the children put out a few pieces of chameleons. The "CHAMETZ" is scooped up with a feather into a wooden spoon. After the search, this spoon, feather and crumbs are wrapped in a

**The Jewish Community Center of
Wilmington, Delaware
will be closed on the following date
for Passover:**

Monday, April 9 - Close at 3:00 p.m.
Tuesday, April 10 - Closed all day
Wednesday, April 11 - Closed all day
Monday, April 16 - Closed all day
Tuesday, April 17 - Closed all day

MEMBERSHIP/GENERAL INFORMATION

JCC Hours of Operation

(Effective through June 7, 1990)

Sunday:	9:00 a.m. - 5:00 p.m.
Monday:	6:00 a.m. - 10:00 p.m.
Tuesday:	6:00 a.m. - 10:00 p.m.
Wednesday:	6:00 a.m. - 10:00 p.m.
Thursday:	6:00 a.m. - 10:00 p.m.
Friday:	6:00 a.m. - 5:00 p.m.
Saturday:	2:00 p.m. - 7:00 p.m.

Membership Includes

Only the Jewish Community Center and the Family Campus can offer you all of this in one convenient location...

Jewish Community Center

- Large Indoor Swimming Pool
- Adapted Aquatics Facility
- Steam and Sauna Rooms
- Fitness Center and Free Weight Room
- Full Court Gymnasium
- Free Fitness Classes for Members Only!
- Therapeutic Whirlpool

Jewish Family Campus

- State-of-the-Art Aquatics Center and toddler pool
- An outdoor amphitheatre with concerts, plays and other productions of community interest
- Nature Center to enjoy educational activities
- Four Outdoor Tennis Courts
- Multi-Purpose Sports Fields including basketball, baseball, volleyball, soccer and football
- Picnic area with cooking facilities/picnic tables

Also Available for an additional fee

- Three air-conditioned Racquetball Courts
- Swimming Classes for all ages
- Water Exercise/Therapeutic Water Classes
- Babysitting for ages 6 months - 5 years
- Senior Center programs and activities
- Teen programs and activities
- Special Events and Holiday Workshops
- Pre-School Programs
- Summer Day Camp
- Day Care
- School Vacation Programs ("School's Out")
- Dance Classes for children and adults
- Jewish Youth Groups and Youth Councils
- Afterschool Childcare (Kidsplace)
- Theatre and Museum Trips
- Holocaust Resource Center
- Indoor and Outdoor Concert Events
- Current Event Seminars
- Jewish Book Month Celebration
- Personal Development Classes
- Jewish Cultural Programming
- and much, much more !!!

For information about membership, drop by the JCC. We're located at 101 Garden of Eden Road in Wilmington, just off Route 202, behind the Holiday Inn. Or call us at (302) 478-5660.

Membership Fees

A Family Campus Fee Assessment (FCFA) has been added to all memberships to provide ongoing and future maintenance for the Family Campus.

All new members of the Center will be required to pay the full assessment. There are two levels of assessment:

- An assessment of \$75.00 per year for five years for a total of \$ 375.00 for all family and couple memberships.
- An assessment of \$40.00 per year for five years for a total of \$ 200.00 for all individual memberships.

The fees listed below INCLUDE the Family Campus Fee Assessment:

Full Family Membership - \$ 415.00

Husband and wife. Includes dependent children under the age of 16 in the same household and older children through full-time college students.

Single Parent Family - \$ 360.00

One parent in household, dependent children under the age of 18 and full-time college students. Children must live in same household as parent.

Adult Family - \$ 360.00

Husband and wife. Includes children 16 years of age or older including full-time college students.

Individual Adult - \$ 295.00

Age 18 or older. Must be finished high school.

Older Adult Individual - \$ 250.00

Age 62 or older. Includes full JCC privileges and Senior Center.

Older Adult Couple - \$ 310.00

Age 62 or older. Includes full JCC privileges and Senior Center.

Senior Center Individual - \$ 27.00

Age 62 or older. This is an affiliate membership. Includes Senior Center activities only. No other privileges.

Senior Center Couple - \$ 53.00

Age 62 or older. This is an affiliate membership. Includes Senior Center activities only. No other privileges.

Application Information

All new members must pay a \$ 25.00 application fee at time of joining the JCC. Payment adjustments may be arranged through a confidential interview, please call the JCC at 478-5660.

Spring Membership Sale April 1 - April 30, 1990

Current Members can receive up to
\$ 200.00* in credit !

New Members can save \$ 50.00
on all membership fees** !

Members...Since you and your family will be making lots of new friends at the JCC, how about introducing us to a friend of yours ?

If your friend joins the JCC between April 1 and April 30, you can save \$ 50.00. Bring two new members and save \$ 100.00, bring three new members and save \$ 150.00 and so on...

* \$ 50.00 per referral to be credited toward next year's membership fee. (Limit 4 per family). Available to members in good standing as of 3/31/90. Maximum credit cannot exceed your current membership fee

** Does not apply to Senior Center Membership categories.

Stop by the JCC for more information on our membership sale !
Remember...the sale ends April 30th !

Class Registration Information

Registration may be made in person or by mail. All fees must be paid in full at time of registration. Payment will be accepted in cash, check, WSFS, MasterCard or Visa. We cannot accept any registration over the phone. Registration is accepted only if membership dues are in good standing and in effect during the term of the classes. A Full Family Membership is required to register children in a program. Membership is required for all programs, unless a non-member fee is listed.

Kosher Policy

The JCC kitchens are supervised the the Va'ad Hakashruth of the Rabbinical Association. All community groups wishing to use our kitchen facilities must conform to the Kashruth regulations of the Center.

Shabbat Policy for Saturdays

Saturdays: The JCC's Health and Fitness facilities open at 2:00 p.m. Payment for court fees, guests fees or classes will be accepted in check form only.

JCC Closing Dates

The JCC will be closed on the following dates for Passover:

- Monday, April 9 - Close at 3:00 p.m.
- Tuesday, April 10 - Closed all day
- Wednesday, April 11 - Closed all day
- Monday, April 16 - Closed all day
- Tuesday, April 17 - Closed all day

HEALTH/FITNESS GENERAL INFORMATION

Membership Cards

All members of the JCC must present a valid membership card at the Health and Fitness Control Desk to enter the facility. If a member does not have their card they must get a one day pass.

Indoor Swimming Pool

Our beautiful 25 yard, 5 lane swimming pool is available approximately 88 hours per week for your swimming pleasure.

Adult Lap Swim:

Lap swim means the pool is used exclusively for lap swimming. All swimmers will proceed up and down the pool with minimal stops. DURING BUSY TIMES, SWIMMERS MAY BE ASKED TO USE THE CIRCLE SWIM PATTERN. All swimmers must be 15 years of age or older during Adult Lap Swim times.

Open Swim:

When you read the Recreational Services Facility Schedule, you will see a detailed listing of all classes that are held in the pool. All other times not listed means that the pool is available for open swim. Open swim is for all ages. Children, ages 6 and under must be accompanied by an adult. Children, ages 7 and up must perform a swim test to swim alone, parents must accompany children while they are using the fitness facilities.

Family Swim:

Family swim is available for the entire family. The aquatics staff will put tables in the water for children with parental supervision during these times. This will be a special time for families to come and enjoy our facilities.

Private and Semi-Private Swim Lessons

Private and semi-private swim lessons are available for members only.

Cost: \$ 12.00/Private Lesson/Hour

Cost: \$ 9.00/Semi-Private Lesson/Hour

All instructors are certified through the American Red Cross.

Please contact Terri Byers, Aquatics Director for more information, (302) 478-5660.

Swimming Pool Safety Rules:

- Proper bathing attire is required.
- No diving is permitted in the shallow end of the pool.
- No running, pushing or horseplay permitted.
- No food, beverages, gum or smoking permitted.
- No flotation devices are allowed.
- No street shoes on the pool deck.

SOAP SHOWERS ARE REQUIRED BEFORE ENTERING THE POOL. (This rule is strictly enforced by the Department of Health)

Pool Rentals:

If you are interested in renting our indoor swimming pool for a special event, please call Eileen Wallach, Recreational Services Director at (302) 478-5660.

Adapted Aquatics Facility

The JCC offers barrier free accessibility to our beautiful indoor swimming pool. The facilities include disabled parking spaces in parking lot, shower, restroom and changing accommodations, specially designed entry steps and a Hoyer Lift for wheel chair clients.

Steam and Sauna Facilities

The facilities help increase circulation, cleanse pores, loosen tight muscles and joints. The steam and sauna is for adults only!

Steam - Dry heat, 8 person capacity

Sauna - Wet heat, 8 person capacity

This facility is open for co-ed use at all times. Bathing attire must be worn when using these facilities.

Racquetball Courts

The Jewish Community Center has 3 air-conditioned racquetball courts available for use. The following rates are based on an hourly fee.

Sunday: (9:00 a.m. - 4:00 p.m.) - \$ 5.00

Monday-Thursday: (5:00 - 9:00 p.m.) - \$ 5.00

Monday-Friday: (6:00 a.m. - 4:00 p.m.) - \$ 3.00

Saturday: (2:00 - 6:00 p.m.) - \$ 5.00

Court reservations may be made up to eight days in advance. Cancellations must be made at least two hours prior to reserved time.

Racquetball Special for Members

A fun-filled hour of fitness at a bargain rate!

Thursdays, 5:00 - 9:00 p.m.

Fees: \$ 1.00/Per Person/Per Hour

Special will continue through August 1990.

Racquetball Contracts

The JCC offers racquetball contracts for anyone who is interested in guaranteed court time. This service allows members to reserve court time for ten consecutive weeks.

The fees are as follows: 10 weeks of permanent court time - \$ 50.00 (Prime time); 10 weeks of permanent court time - \$ 30.00 (Non-prime time) For additional information on racquetball contracts, call the Control Desk at (302) 478-5660.

Full Court Gymnasium

The full court gym provides members with many fitness opportunities. When you read the Facility Schedule and see "Open Gym" listed, this means that the gym is open for you to walk, jog, shoot baskets or exercise on your own. During listed class times, the gymnasium is closed to the membership. There may be times that the gym is closed for special events, notices will be posted.

The JCC Pro-Shop

The following items are available for purchase at the Pro-Shop: Swim Goggles, Swim Caps, Racquetballs, Tennis Balls, Shampoo, Soap, Deodorant, Hair Conditioner, Ear Plugs, Nose Plugs, Wrist/Head Bands, Racquetball Goggles, Exercise Mats, Gym Bags, Body Cream, Shaving Lotion, Combs and Razor Blades. Towels are available for rental at the Control Desk. Towel rental is \$ 1.00 per use.

Tennis Courts

The tennis courts are available for all JCC members. Guests must pay the regular guest fee rate. The guest must be accompanied by a member at all times.

The following tennis courts hours are effective May, 1990:

Sunday, 9:00 - 8:00 p.m.

(Last court reservation - 7:00 p.m.)

Monday-Thursday, 6:00 a.m. - 9:00 p.m.

(Last court reservation - 8:00 p.m.)

Friday, 6:00 a.m. - 6:00 p.m.

(Last court reservation - 5:00 p.m.)

Saturday, 1:00 p.m. - 8:00 p.m.

(Last court reservation - 7:00 p.m.)

Reservations are strongly recommended. You can reserve your tennis court by calling the Health and Fitness Control Desk at 478-5660.

Fitness Center

Learn the fundamentals of weight training as a general body conditioner and muscle toner. Workouts are designed to help trouble areas such as hips, thighs and stomach.

Keiser Cam II Fitness Equipment

Equipment Includes: Lateral Shoulder Raise, Seated Chest Press, Tricep, Leg Extension and Upper Back.

Universal Machine

The Universal Fixed Weight Machine has fifteen different stations and is designed to give the proper type of workout and resistance for general conditioning and shaping.

Other Fitness Equipment Includes

Nordic Track Skier; Free Weight Room; Schwinn Air-O-Dyne Exercycle; Exercise Bikes; Pulley Weights; Rowing Machines; Padded Sit-up Boards, Lifecycle

Fitness Center Policies

The following rules and regulations have been instituted to ensure maximum enjoyment and safety for all our members:

- No food, beverages or gum will be permitted.
- Anyone under 18 years of age, must receive proper equipment training by a member of the Recreational Services staff.
- No one under 18 years of age is permitted in the Free Weight Room.
- Anyone using the free weights, MUST have a spotter at all times.
- No children under 14 years are permitted in the Fitness Center.
- Proper exercise attire is required; no bathing suit, no bare feet.
- Youths, 14-15, must be accompanied by an adult at all times.

Fitness Center orientation and instruction on the proper use of the equipment is available and required for all new members of the JCC. Appointments can be made by calling the Health and Fitness Control Desk.

RECREATIONAL SERVICES FACILITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>GYM 9:00-10:30 a.m. Men's 35+ B-Ball (H) 10:30-12:00 noon Open (W) 12:00-1:30 p.m. Sunday Fundays (W) 1:30-3:00 p.m. Youth Activities (H) 3:00-4:45 p.m. Open (W)</p> <p>POOL 9:00-11:00 a.m. Adult Lap Swim (5 Lanes) 11:00-11:30 a.m. Parent/Tot Swim (2 Lanes) Open Swim (3 Lanes) 11:30-2:00 p.m. Open Swim (2 Lanes) Adult Lap Swim (3 Lanes) 2:00-4:15 p.m. WSI Course (2 Lanes) Open Swim (3 Lanes) 4:15-4:45 p.m. Open Swim (2 Lanes) Adult Lap Swim (3 Lanes)</p>	<p>GYM 6:00-8:30 a.m. Open (W) 8:30-9:00 a.m. Closed (H), Open (H) 9:00-12:00 noon Open (W) 12:00-1:30 p.m. Lunchtime B-Ball (H) 12:30-3:00 p.m. Daycare (H), AEA (H) 4:00-4:45 p.m. Kidsport (W) 5:00-6:30 p.m. Men's B-Ball (W) 6:30-7:30 p.m. Afterwork Workout (H) 8:00-9:45 p.m. Singles Volleyball (H)</p> <p>POOL 6:00-8:00 a.m. Adult Lap Swim (5-Lanes) 8:00-9:30 a.m. Open Swim (2 Lanes) Lap Swim (3 Lanes) 9:30-10:30 a.m. Water Exercise (2 Lanes) Open Swim (3 Lanes) 10:30-11:00 a.m. Open Swim (5 Lanes) 11:00-12:00 noon Lap Swim (5 Lanes) 12:00-1:00 p.m. Adult Lap Swim (5 Lanes) 1:00-4:30 p.m. Open Swim (2 Lanes) Lap Swim (3 Lanes) 4:30-6:30 p.m. Adult Lap Swim (5 Lanes) 6:30-7:15 p.m. Hydrotherapy (2 Lanes) Open Swim (3 Lanes) 7:15-9:45 p.m. Lap Swim (3 Lanes) Open Swim (2 Lanes)</p>	<p>GYM 6:00-11:30 a.m. Open (W) 11:30-12:00 noon Walking Club (1/2) 12:00-7:00 p.m. Gymnastics (W) 7:00-9:45 p.m. Open (W)</p> <p>POOL 6:00-8:00 a.m. Adult Lap Swim (5 Lanes) 8:00-9:30 a.m. Open Swim (2 Lanes) Lap Swim (3 Lanes) 9:30-10:00 a.m. Waterbabies (2 Lanes) Open Swim (3 Lanes) 10:05-11:00 a.m. Open Swim (3 Lanes) Rehab. Exercise (2 Lanes) 11:30-12:00 p.m. Open Swim (5 Lanes) 12:00-1:00 p.m. Adult Lap swim (5 Lanes) 1:00-4:00 p.m. Open Swim (5 Lanes) 4:00-5:00 p.m. Lessons (2 Lanes) Open Swim (3 Lanes) 5:00-6:00 p.m. Adult Lap Swim (5 Lanes) 6:00-7:00 p.m. Whales Tales (2 Lanes) Open Swim (3 Lanes) 7:00-9:00 p.m. Adult Lap Swim (3 Lanes) Open Swim (2 Lanes) 9:00-10:00 p.m. Scuba Diving (Closed)</p>	<p>GYM 6:00-9:00 a.m. Open Gym (W) 9:00-11:15 a.m. Pre-School Gym (H) 9:45-10:15 a.m. Parent Gym (H) 10:30-5:00 p.m. Open (H), Closed (H) 5:05-6:30 p.m. Mens 35+ B-Ball (W) 6:30-7:30 p.m. Afterwork Workout (W) 7:30-9:45 p.m. Open (H) 8:00-9:45 p.m. Co-Ed Volleyball (H)</p> <p>POOL 6:00-8:00 a.m. Adult Lap Swim (5 Lanes) 8:00-9:30 a.m. Open Swim (5 Lanes) 9:30-10:30 a.m. Water Exercise (2 Lanes) 10:30-11:00 p.m. Tykes Swim (2 Lanes) Open Swim (3 Lanes) 12:00-1:00 p.m. Adult Lap Swim (5 Lanes) 1:00-3:00 p.m. Daycare Swim (2 Lanes) Open Swim (3 Lanes) 3:00-5:00 p.m. Open Swim (5 Lanes) 5:00-6:30 p.m. Adult Lap Swim (5 Lanes) 6:30-7:30 p.m. Hydrotherapy (2 Lanes) Open Swim (3 Lanes) 7:30-9:45 p.m. WSI Course (2 Lanes) Open (3 Lanes)</p>	<p>GYM 6:00-9:00 a.m. Open (W) 9:00-12:30 p.m. Closed (H), Open (H) 12:30-3:00 p.m. Daycare Gym (H) 5:00-7:00 p.m. Mens B-Ball (W) 7:30-9:45 p.m. Open (H), Closed (H)</p> <p>POOL 6:00-8:00 a.m. Adult Lap Swim (5 Lanes) 8:00-10:15 a.m. Open Swim (3 Lanes) Lap Swim (2 Lanes) 10:05-11:00 a.m. Rehab. Swim (2 Lanes) Open Swim (3 Lanes) 11:00-11:45 a.m. Open Swim (5 Lanes) 11:45-1:00 p.m. Lap Swim (5 Lanes) 1:00-4:00 p.m. Open Swim (5 Lanes) 4:00-5:00 p.m. Swim Lessons (2 Lanes) Open Swim (3 Lanes) 5:00-6:30 p.m. Adult Lap Swim (5 Lanes) 6:30-8:15 p.m. Open Swim (5 Lanes) 8:15-9:45 p.m. Lifeguard Train. (2 Lanes) Open Swim (3 Lanes)</p>	<p>GYM 6:00-9:00 a.m. Open 9:00-11:15 a.m. Pre-School Gym (H) 11:30-12:00 noon Walking Club (W) 12:00-4:45 p.m. Open</p> <p>POOL 6:00-8:00 a.m. Adult Lap Swim (5 Lanes) 8:00-12:00 noon Open Swim (5 Lanes) 12:00-1:00 p.m. Adult Lap Swim (5 Lanes) 1:00-3:00 p.m. Daycare Swim (2 Lanes) Open Swim (3 Lanes) 3:00-4:45 p.m. Open Swim (2 Lanes) Lap Swim (3 Lanes)</p>	<p>GYM 2:00-4:00 p.m. Mens B-Ball (W) 4:00-6:00 p.m. Teen B-Ball (H) 4:00-6:46 p.m. Open (H)</p> <p>POOL 2:00-4:00 p.m. Adult Lap Swim 4:00-5:00 p.m. Open & Family Swim 5:00-6:45 p.m. Lifesaving (2 Lanes) Open Swim (3 Lanes)</p> <p>The JCC Pro Shop is fully stocked with the following accessories</p> <p>Swim Goggles Swim Caps Racquetballs Tennis Balls Shampoo Soap Deoderant Hair Conditioner Ear Plugs Nose Plugs Wrist/Head Bands Gym Bags Exercise Mats Shaving Lotion and much more !</p>
<p>Jewish Community Center</p> <p>101 Garden of Eden Road Wilmington, Delaware 19803</p> <p>Telephone Number (302) 478-5660</p>					<p>THIS FACILITY SCHEDULE IS EFFECTIVE APRIL 1 THROUGH JUNE 7, 1990</p> <p>SCHEDULE KEY</p> <p>(H)-Half Court (W)-Whole Court</p>	