

The JEWISH VOICE

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A LETTER FROM JERUSALEM

By Rabbi Adam Frank
Special to the Jewish Voice

"Am I scared to be in Israel?" I hear this question as often as you can imagine. My response appears later, but first....

I wake up each morning to a shining sun. A couple of minutes into my walk to work I receive the smells of fresh coffee brewing and breads cooking in nearby bakeries. I see children, siblings and friends, walking to school—some with yarmulkes as large as their heads and some with Batman lunch boxes, some with Israeli blue and white t-shirts and some with Barbie doll stickers covering notebooks.

The city comes alive as birds fly overhead and trucks deliver freshly cut flowers and produce from kibbutzim. Neighbors speak to each other in Hebrew, (the language of our Torah!), and signs in Hebrew announce the arrival of the newest videos and DVDs. The newspaper tells me the day of the month according to the secular and the Jewish calendars.

At lunch time I walk across the street to the falafel stand. In the one minute it takes to get there, I pass Jews from Morocco, Yemen, Ukraine, Ethiopia, the Americas and more. The falafel man calls me and the others at his stand, "habibi," an affectionate term for friend. The street is filled with a mix of people, from tattooed youth to traditionally garbed *haredim*. As garbage collectors wearing yarmulkes go about their work, cafés overflow with people laughing and arguing, studying and drinking.

On my way home, I pass 10 synagogues on the fifteen minute walk. The talis-like Israeli flag is flying on nearly every building. The expression of Jewish values is apparent on each block—state sponsored homes for the aged, soup kitchens, rehabilitation facilities for the disabled, free health clinics, petitioners lobbying the Knesset to increase the benefits of new immigrants. At dusk, I hear the call of the *muezzin*, and the bells of the local churches. I see nuns returning to the

monasteries and I observe Muslims kneeling in prayer at a local park. The neighborhood fruit vendor is outside the shul next to his stand, and calls me to help make the prayer minyan for a stranger who is saying Kaddish.

At night, I walk outside into the cool desert climate and I look up to see the same view of the stars that Abraham and Sarah saw thousands of years ago. I see the illuminated walls of the Old City of Jerusalem and I think of King David following G-d's instructions to establish this ironically named "City of Peace" as the capital of the Jewish people. I see the mount within the city walls where King Solomon built our Temple, and I can almost hear the buzz of prayer of Jews from around the globe visiting the Wailing Wall.

Even the most secular of Israeli children can read the Torah in its original language with the ease that you read this article. Every child attends a tuition-free Jewish day school. There are no conflicts of Saturday morning soccer games and Shabbat, no tests (or even classes) are scheduled on the High Holidays, and one can run to the local kiosk and easily make a last minute Chanukah purchase of menorah and candles. Friday nights, I walk the neighborhoods and see shabbos candles like decorations in the windows. I know that I will find young teenagers congregated in the middle of the street after Shabbat dinner—as late as midnight, boys in one group, girls in the other and the brave few who venture between the two.

For the first time since the days of the Maccabees, the Jewish people have sovereignty. For the first time in millennia, the physical safety of the Jewish people rests in Jewish hands. The army, navy and air force are led by Jewish soldiers whose priorities are the safety of Judaism and her people.

In 1965, my mother planned to take part in the Civil Rights March in Selma, Alabama. At the last moment, she did not participate due to fear of the possibility of violence. When she

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Gil Tamary is the Washington Bureau Chief for the Israel Broadcasting Authority and Israel Public Radio

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looks at a picture from the March in Selma, a sea of black faces with the few specks of white supporters mixed in, she has a lifetime of regret for not marching to express the values in her heart.

So, "Am I scared to be in Israel?" I am scared to live a life of inconsequence. I am scared to live in this moment in Jewish history and not be a part of the greatest Jewish experiment of the Common Era. I am scared to miss a day of privilege to be in a country governed by and for the

Jewish people. I am scared to take for granted that there is a place in this world that is committed to strengthening societal Jewish values. I am scared that when I read about the precariousness of Jewish lives before Israel's establishment in 1948. I am scared when I hear the voices of world leaders and bastions of the ignorant and educated alike calling for Israel's end. I am scared to be one of the good persons who sits quietly while those who preach hate and evil work diligently towards their goals.

"Am I scared to be in Israel?" The idea of there being no Israel is much, much scarier!

Rabbi Adam Frank is the Director of Leadership Education for the American Pardes Foundation, the support group for Pardes Institute in Jerusalem, a co-educational yeshiva which offers a variety of educational Israel programs for college and post-college young people interested in Jewish studies in an open environment. Rabbi Frank and his wife, Lynne Weinstein Frank, the daughter of Ruth and Sheldon Weinstein of Wilmington, reside in Jerusalem

INSIDE THE VOICE

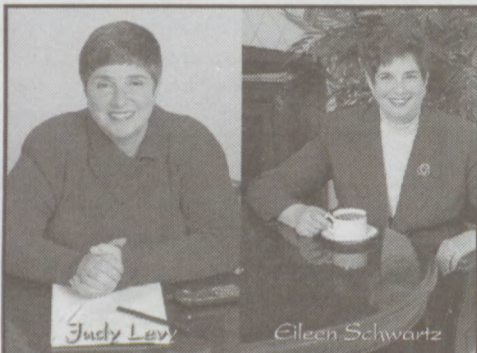
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In July, 2003, Nutrition Edge joined forces with fit, a personal fitness studio, to provide a broad range of health and fitness services under one roof. Nutrition edge caters to those who struggle with food and weight by helping individuals follow an eating strategy that nourishes and satisfies the mind and body. Christine Karpinski, MD, RD, a registered dietician and exercise physiologist, will help clients maximize their metabolism and retrain their minds and bodies to enjoy food and use it effectively. For further information, call 302-656-3663 or visit www.nutritionedge.net.

The fit focus is on one-on-one personal training that is customized to the individual needs of each client. General gym memberships are also available. Yoga, Pilates, group exercise and physical therapy are offered on site. Massage therapy services will be added soon. The facility also offers a full line of strength training machines, free weights, functional fitness and cardiovascular equipment. Find out more about fit by calling 302-777-4348 or via their website at www.fitdelaware.com.

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BY LLOYD M. THAYER • 302-652-7620

Long term care without insurance can be very costly. The average cost of a nursing home stay is almost \$56,000 a year, and it can run much higher. Care in your own home or in the home of a relative can be almost as expensive.

When you consider that 43 percent of seniors age 65 or older are expected to use a nursing home some time in their lifetime, it becomes clear how important it is to consider the purchase of long term care insurance.

Because of the variety of customer needs and desires, long term care insurance is not a "one size fits all" product, and the premiums will vary from person to person. However, there are several ways to obtain whatever level of long term care insurance protection you need, while also ensuring that the premiums are as economical as possible.

EDITORIAL

On the road to a cure...

The advertising theme for this edition—"Health, Fitness and Beauty"—provided an ideal opportunity for me to share a personal story of my mid-life celebration. My time in synagogue during these recent Days of Awe was well spent. I prayed, reflected and then, decided that this New Year—my 48th on G-d's earth—would be a time of personal transformation and growth.

My resolutions were translated into action a mere week after the final Shofar sounded. I joined more than 570 men and women from seven states in a three-day, 50 mile walk to benefit the Multiple Sclerosis Society. Our efforts raised \$1.1 million for research into this devastating disease.

I walked in honor of two cousins who were diagnosed with MS at roughly the same age I am now. I walked in the company of many individuals of all ages who are living lives challenged by this debilitating illness. They kept pace, aided by canes and motorized scooters, inspiring me to ignore blisters and muscles strains and complete my journey.

When we saw our families waiting for us at the finish line, we forgot our aches and pains. Their smiles, hugs and cheers were restorative. Our lives truly were transformed from the experience of stretching far beyond our comfort zones and successfully meeting a challenge.

On the road to a cure I saw G-d's presence in the splendor of the autumn leaves. I heard him in the yells of encouragement from crew members who prodded us on. I felt his spirit encouraging me to infuse my life with greater meaning.

Three days, 50 miles along the road to self-improvement. My mid-life adventure continues. I'll keep you posted.

Shabbat Shalom,

Lynn B. Edelman

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The JEWISH VOICE

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PARSHA PLACE

Week of October 25

Bereishit

Genesis 1:1 - 6:8

After creating the first human, God realizes, "It is not good for man to be alone" (Gen. 2:18). The man names all the animals, but cannot find a companion among them; they are alien to him. God forms a woman from the man's rib. Upon seeing her, the man exclaims, "This one at last is bone of my bones and flesh of my flesh" (2:23). The man (ish) calls the woman ishah reflecting the sameness he senses in her. They are together naked and unashamed, close enough to feel utterly safe in each other's company.

This idyllic relationship is soon shattered. Together in their disobedience, they pull apart while confronting God, each blaming others for his or her acts. Their relationship is now defined by their separateness, by roles and by the power he will exercise over her. The man gives the woman a name signifying her otherness; she is "the mother of all the living" (3:20). Eve's name says much about her relationship with every human being to come, but nothing about her relationship with Adam.

Still, the Torah preserves a record of an ideal relationship, one in which two can come together becoming "one flesh" while remaining distinct. Until the woman was created, the man was lonely. The rib that could do nothing for him while it was part of him, when separated from him made him whole.

When we try to absorb another person totally, to incorporate him or her into ourselves, we find ourselves alone again. Only when we can see another person as distinct yet complementary can our relationship provide a sense of wholeness. Each of us is unique, but each of us is also alone. The Torah sets before us an ideal that affirms both our distinctness from others and the commonality that binds us to them.

Devorah Weisberg is a member of the staff of CLAL, The National Jewish Center for Learning and Leadership

Myths and Facts

MYTH #116: "Israel demolishes homes in the Rafah refugee camp as part of its campaign to oppress the Palestinians."

FACT: Israel has engaged in military operations, including the demolition of homes, in the Rafah refugee camp, in an effort to curtail Palestinian smuggling operations. Rafah is a city in the Gaza Strip that is divided by the border with Egypt. Palestinians began building tunnels in the area in 1982 to smuggle various items under the Israel-Egypt border fence. Since 1994, when Israel turned the area over to its control, the Palestinian Authority (PA) has been responsible for security in the area. While the PA initially worked to stop the construction of tunnels, it now actively supports the smugglers.

To avoid detection of the tunnels, the Palestinians build them in civilian homes. In 2002, the IDF discovered 33 tunnels and, through mid-October 2003, another 36 were found.

The smugglers bring goods such as cigarettes, automobile parts, clothing, drugs, electronics, and foreign currency purchased or stolen in Egypt for resale in the Gaza Strip. Of even greater concern to Israel is the smuggling of terrorists and weapons such as rocket-propelled grenades and launchers, rifles, explosives, and ammunition, which often make their way to the West Bank.

Large-scale Israeli operations against the tunnels coincided with intelligence reports that the Palestinians were attempting to smuggle more sophisticated weapons such as Katyusha rockets, which could hit Israeli cities, and Stinger missiles, which could shoot down Israeli civilian and military aircraft. These weapons are being brought in to support the terrorist operations of groups such as Hamas and the PFLP (with the help of Iran), as well as to arm PA security services.

Smuggling operations have intensified in the last three years as Israel has blocked other smuggling routes, and as the Palestinians have escalated their violent campaign against Israel. The reason that the homes of Palestinians are demolished by Israel is that they are used to conceal the tunnels connecting Gaza and Egypt. Many Palestinians in Rafah are impoverished and find involvement in the smuggling operations an opportunity to improve their economic situation because they are paid well to excavate the tunnels, transfer goods, and allow their homes to be used to hide the tunnels.

The PA has given Palestinians an even greater incentive to participate in smuggling by offering them alternative housing in the nearby town of Tel-Sultan if Israel demolishes their homes. Some Palestinians have even lied about constructing tunnels in the hope that the IDF will demolish their homes and they can get nicer ones from the PA.

Source: Myths & Facts Online — A Guide to the Arab-Israeli Conflict by Mitchell G. Bard, <http://www.JewishVirtualLibrary.org>. This information is presented as a public service by the Hasbara Committee of the Jewish Federation of Delaware and this newspaper.

THURSDAY NOON DEADLINE

for all articles, advertisements and news for The Jewish Voice

ISSUE	FOCUS	DEADLINE
Nov. 7	RESTAURANTS	OCT. 30

All submissions in person for The Jewish Voice due at JFD offices or mail: The Jewish Voice, 100 W. 10th St., Suite 301 Wilmington, DE 19801-1628 e-mail: lynn.edelman@shalomdel.org

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NOVEMBER 7TH — 5:36 PM

NOVEMBER 14TH — 5:30 PM

NOVEMBER 21ST — 5:25 PM

Dry Bones



FEDERATION FOCUS

All you guys talk about is fund raising...



Samuel H. Asher
Executive Vice President

Sometimes when you work or volunteer for the Jewish Federation of Delaware you hear comments like "All you guys do is ask for money". Yes, we do engage in fundraising as an essential means to an end. Campaign and Endowment dollars are the very fuel that makes the engine of our community run.

Believe me I get frustrated when I hear these disparaging comments. I tell our staff and lay leadership to take pride in their solicitation efforts. It is a noble endeavor for

one Jew to ask a second Jew for money to help a third Jew. This is our tradition and tzedakah is one of our highest values.

The concept of a Jewish Federation has ancient roots. It is the modern-day adaptation of the Kehillah—the Hebrew word for community. Since the Middle Ages, Kehillahs have functioned as central communal authorities responsible for meeting the diverse religious, educational, economic and social welfare needs of their Jewish citizens. Then and now, Federations have performed the mitzvot of community building.

The Jewish Federation of Delaware is the central fund raising, community planning, community relations and leadership development arm of the Jewish community in Delaware. So, we do much more than raise money.

In November, we begin a new initiative. The Community Leadership Institute will recognize and develop the future leaders of our community.

Many of us have swam or worked out at the JCC, enrolled our children at Albert Einstein Academy and Delaware Gratz

and/or turned to Jewish Family Service for support in times of crisis. All four agencies are situated on the Garden of Eden campus. Did you know that the Federation owns and manages the Garden of Eden Campus through something known as the Facilities Management Board, ably chaired by Richard Stat? Did you know that each year thousands of dollars go to the Garden of Eden campus to maintain this facility? Through articles in the Jewish Voice you have learned about Federation's role in coordinating the Community Capital Campaign that is now renovating and adding to these facilities as well as the Newark JCC, Milton and Hattie Kutz Home and The University of Delaware Hillel. All of these agencies are constituents of the Jewish Federation of Delaware supported through the Federation annual campaign.

The annual campaign alone cannot secure the future of the Jewish community. Since 1985, the Jewish Fund for the Future has provided for the needs of the Jewish community in Delaware and abroad. As the Jewish

Federation of Delaware's endowment and planned giving arm, the Jewish Fund for the Future (JFF) began with \$300,000 and has grown to over \$12 million in assets. Last year, grants benefited local JFD beneficiaries, national and international programs, and college students pursuing Judaic studies and study in Israel. JFF also provides grants to vital programs in our Partnership 2000 region of Arad/Tamar and has provided seed money to programs in Delaware. JFF offers a variety of planned giving programs tailored to the donor's philanthropic goals; donors chose what vehicle works best for them and the program they want to benefit. Gifts can be made during a donor's lifetime or by bequest.

Women in our community can become involved with the Federation through the new Women's Philanthropy initiative. Whether your interests lie in educational programs, fund-raising or outreach, Women's Philanthropy can enhance your awareness and understanding of your Jewish community and Jewish heritage...and offers you the chance to meet new people with similar interests. The

Women's Philanthropy initiative welcomes you and invites you to participate in our activities.

Another important function of the JFD is the Jewish Community Relations Committee. Our JCRC monitors the media for balanced coverage of the Middle East and other issues of interest to the Jewish community, promotes Holocaust education and awareness and works with legislators to further our Jewish agenda.

The Federation publishes the Jewish Voice, the newspaper of record for the entire Delaware Jewish community and is working with a committee of business leaders and professionals to develop a Marketing Plan to reach out to every member of our community who would like to support our mission.

When you think of Federation, think of us as the all-in-one agency for fundraising, community relations and planning, marketing, financial planning and facilities management. There are many aspects of our Federation. Please call us at 427-2100 to get involved or visit our website: www.shalomdelaware.org.

Jewish Fund for the Future Awards Agricultural Grants

By Jennifer Young
Endowment Director

The Goldinger Trust of the Jewish Fund for the Future will support two agricultural projects in Israel with grants totaling \$70,000. The two projects, selected from ten programs that submitted proposals, include: the Development of Frankia, a

Friendly Bacteria for Organic Agriculture in the Arad Valley Region; and the Development of a Biological Filter for the Recycling of Water in Arava Greenhouses.

"We are excited about starting work on this important project, which we believe has great potential to benefit the people in the Arad region," remarked Dr. Nirit Bernstein of The Volcani Center in

Israel. Dr. Bernstein works with the Institute of Soils, Water and Environmental Sciences as a researcher on the Frankia project. The grant will assist researchers in the development of Frankia, a nitrogen-fixing bacteria, as a new means for agro economic production in the poor soils of the Arad valley region. One goal of the project is to improve the nutri-

tional status of agricultural crops in the Arad valley region.

The Arava is a desert region located on both sides of the Israel-Jordan border. The water-recycling project in Arava Greenhouses will develop additional water resources for this desert region. The proposed technological recycling of water from about 2,500 acres under

greenhouses will increase the profitability of these greenhouse crops. The goal of the project is to implement a purification system that is environmentally friendly and provides conservation of water and fertilizer while reducing production expenses.

The Goldinger Trust was established by Joshua Goldinger's bequest to the Jewish Federation of Delaware. In the late 1930s or early 1940s, Mr. Goldinger established a wholesale livestock business in Smyrna, Delaware with brothers Louis and David. Joshua Goldinger's legacy will live on in perpetuity through the trust's awards to agricultural projects. The endowment fund supports agricultural projects for the purposes of promoting and expanding agricultural research for food and fiber and animal sciences, with priority given to programs in Israel. Since 1998, grants have been directed to a project at Moshav Neot HaKikar, which has successfully accelerated date sapling cultivation and growth. These projects directly advance agricultural research and development and positively impact the region's economy.

The Jewish Fund for the Future offers many planned giving vehicles, allowing donors to make a difference far beyond their lifetimes. For information on how JFF can assist you and your philanthropic goals, call Jennifer Young, Endowment Director, at 302-427-2100 ext. 19. All inquiries are confidential and without obligation.

The Case for Giving

By Todd Polikoff
Campaign Director

The Jewish Federation of Delaware Annual Campaign is a grassroots enterprise designed to strengthen and support our Jewish community from the ground up. Allocation decisions are made by men and women like you. Doctors, lawyers, teachers, financial advisors, homemakers and other members of our community who every year accept the responsibility to ensure that each of us is cared for—from childhood to old age. This is at the heart of what we do as a Jewish Federation; it is why we need the entire community to support our efforts.

If you are like me, you like to know the facts about our community and why the annual campaign is vital to our community. The following are examples of the ways that the Jewish Federation is leveraging your tzedakah in ways that you may never have imagined.

The Jewish community is aging faster than the general population.

The media age for Jews is 41, compared to 35 for the general population. 19% of Jews are 65 or older, compared to 12% of the general population. Overall, American Jews spend more time caring for the elderly members of their family than they do caring for their children.

The Jewish Federation of Delaware will continue to be at the forefront of the local and national movement to establish a complete continuum of care for the elderly. That includes using Jewish Federation Annual Campaign dollars to leverage more in private and government grants to build services that allow seniors to receive adult day care, respite care, assisted living and skilled nursing care to acute medical and end-of-life care. That also includes continuing to work day in, day out to aid life to years for our community's elderly.

As the terror continues in Israel, a different, equally urgent need has surfaced. Israel's economy has declined for three years straight. Tourism revenues and foreign

investment are down. Unemployment, domestic violence and suicide rates are up. Before the crisis, the Federation was already serving Israel's most vulnerable populations: new immigrants, the elderly and at-risk children and teenagers. When the government diverted millions of dollars from social services to security and terror relief, these populations became even more vulnerable.

In response to the times: Jewish Federation of Delaware Israel Emergency Campaign dollars are helping to fund 80 supportive community programs serving 11,800 needy elderly; and 151 projects reaching more than 60,000—nearly one in five of all the children and teens considered to be at risk. Community building programs are working to develop the human, social and economic capital in more than 100 underdeveloped municipalities. As the terror persists, the needs grow. More dollars, more services are needed.

The Jewish Federation of Delaware is committed to securing the future of the Jewish communi-

ty, through leadership and leadership development, advocacy and education.

Through increased direct funding and special programming, federation works hand-in-hand with our local synagogues, schools, Jewish organizations and constituent agencies to open new gateways to Jewish life and to build a compelling, knowledgeable and caring community. By engaging young families, providing a deeper connection with Israel, and creating a visionary alliance between young and old.

This is the work that we are doing with your dollars. When you consider your 2003 or 2004 gift this year, consider all that we are doing with your tzedakah. We make a difference, we are improving lives, we are sustaining hope and we are ensuring the survival of the Jewish people. Please give generously of your time and money.

For more information on the Jewish Federation of Delaware annual campaign please feel free to contact me at 302-427-2100 ext. 16 or www.shalomdelaware.org.

INSIDE DELAWARE

Albert Einstein Academy holds Bullying workshop

Parents and other interested adults are invited to attend a workshop on bullying sponsored by Albert Einstein Academy. The program will be held on Wednesday, Nov. 5, 12:15 p.m. at AEA, 101 Garden of Eden Road, Wilmington, Delaware.

Recently, the faculty and staff of the school participated in a workshop on bullying conducted by Renee Kosci, guidance counselor, and Melanie Rabkin, social work intern from the University

of Pennsylvania.

Since the Columbine incident, parents, educators and psychologists have been concerned about bullying in schools. "Recognizing that this is an issue of national concern," remarked Rabbi Ellen Bernhardt, Head of Albert Einstein Academy, "our faculty has been trained and now we wish to inform parents as well about bullying. We are fortunate in our school to have an atmosphere of kindness and thoughtfulness, but

our students will graduate and we want them to be prepared for what they may face."

Albert Einstein Academy is the Brandywine Valley's only Jewish Day School. AEA serves students from Pre-Kindergarten through 6th grade in New Castle County, Delaware and Chester Counties, Pennsylvania. Albert Einstein Academy is accredited by the Middle States Association of Colleges and Schools, and is a constituent of the Jewish

Federation of Delaware. For more information about Albert Einstein Academy contact Rabbi Ellen Bernhardt, Head of School, at 302-478-5026.

ALSO AT AEA...

Students at Albert Einstein Academy will observe Veterans Day on Tuesday, November 11, 2003. Students in the Academy who are relatives of veterans of the U.S. Armed Forces will present a medal to his/her relative who

served our country. Rabbi Sanford Dresin, a chaplain in the army, will meet with upper school students to explain his role. A school-wide assembly will include participation by the Jewish War Veterans, Veterans of Foreign Wars, the organization of Prisoners of Foreign War, and Government officials. The ceremony will take place at 1:30 in the auditorium of the Jewish Community Center, 101 Garden of Eden Road in North Wilmington.

PercaDu Comes to Delaware

PercaDu, the Israeli percussion duo of Adi Morag and Tomer Yariv, will perform in concert on November 4th, 8:00 p.m. at the Loudis Recital Hall, Amy E. duPont Music Building in Newark. The performance is co-sponsored by the University of Delaware Department of Music and the Israeli Consulate in Philadelphia. Admission is \$10 for adults, \$7 for seniors and \$3 for students.

The name *PercaDu* is a combination of the words *percussion* and *Duo*. The word *Du* also means *two* in Hebrew. This duo met as students in the teaching studio of Alon Bor, principal percussionist of the Israel Philharmonic Orchestra. As young percussionists they joined the Young Israel Philharmonic Orchestra, and later were invited to play with the Israel Philharmonic under celebrated conductors such as Zubin Mehta, Genady Rozhdestvensky, Giuseppe Sinopoli and others. Recently they have performed as soloists with the Israel Symphony Orchestra playing another world premier by Israeli composer Avner Dorman.

PercaDu's first CD was released in September 2002 under JMC



PercaDu's Adi Morag & Tomer Yariv

(Jerusalem Music Centre) label and consists of works by Israeli and internationally known composers including an original composition

by Adi Morag "Octabones", which was a prize winning composition at the PAS competition in Ohio in 1999.

Wilmington -

This Weekend

On **Saturday, October 25**, at 8:00 p.m., Dr. Lawrence H. Schiffman, chairman of New York University's Skirball Department of Hebrew and Judaic Studies will discuss "The Secrets of the Dead Sea Scrolls" at the home of Michelle and David Margules. Dr. Schiffman appears regularly on cable television's Arts and Entertainment Network popular series "Mysteries of the Bible". The event is sponsored by Chabad. For directions, please call 302-478-5603.

Bonnie Lipton, immediate

National Past President of Hadassah, will be the guest speaker at the **Sunday, October 26** luncheon sponsored by the Wilmington Chapter of Hadassah. The 11:30 a.m. program will be held at Harry's Savoy Grill in The Patio Room. Come prepared to shop for jewelry and other items in Hadassah's Israeli Boutique. A raffle drawing will be held for a \$300.00 gift certificate to Continental Jewelers. Couvert is \$36. For additional information, please call Tina Heiman, 475-3636 or Cheryl Kamm, 764-9700.

Hadassah to host Israeli Arts Authority

On Monday evening, Nov. 17, an exciting program will be presented at Beth Emeth featuring guest lecturer, Amy Kronish, from Jerusalem. Our speaker will address issues of Israeli society through film, concentrating on the

current "Matav" (situation in Israel). The program is free and open to the public. It will begin promptly at 7:30pm. Hadassah encourages the entire community to attend this timely and important lecture.

National Council of Jewish Women to hold Annual Public Affairs Forum

The Wilmington section of the National Council of Jewish Women (NCJW) will explore the issues of women's physical health and body image in a November 11th forum at the Brandywine Country Club. The "Minding Our Bodies" gathering will address proper eating, holistic health, and exercise.

"Girls and women spend so much time thinking — some might say obsessing — about their physical appearance," according to Marci Aerenon, NCJW Wilmington section president. "We wanted to pro-

vide an opportunity for women to explore some lifestyle options that could lead to healthier and happier lives."

Speakers at the forum include Robin Sesan, Ph. D., who will discuss "Rediscovering Intuitive Eating For Ourselves and Our Families"; Faith Queman, who will address "Holistic Health and Healing"; and Kathleen Iffland, a physical therapist who will speak about "Taking Charge of Our Ever Changing Bodies". The forum is from 6:30-9 p.m. and will include

light appetizers and dessert.

NCJW is a volunteer organization that works through a program of research, education, advocacy, and community service to improve the quality of life for women, children and families. Previous Wilmington section gatherings have focused on domestic violence, bullying, gun control, education reform, and dating dangers.

To request an invitation to the Nov. 11th event, please contact Marci Aerenon at 302-652-7778 or MAerenon@aol.com.

Family Havdallah Hayride

Come to Rockwood Park on Saturday, November 1 from 7:00 to 9:00 p.m. for this fun annual tradition!

Enjoy a hayride with music, singing and games featuring Wilmington's own "Silly Joe" and Hazzan Michael Horwitz from Beth Shalom. Rockwood Park is

located at Washington Street Extension and Shipley Road in North Wilmington.

The cost is \$8 for adults and \$5 for children. Advance reservations can be made at the JCC Front Desk. For more information, please call Donna Schwartz or Mary Pierce at (302) 478-5660.

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...and behind the scenes personnel. The Jewish Community Center announces the creation of JCC "Center Stage Productions," a community theater troupe. The first organizational meeting will be on Tuesday, November 11, 7:00PM at the JCC. Come and be a part of this exciting venture.

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GLOBAL JEWISH NEWS

Clark's name shows Jewish lineage

By Ron Kampeas, JTA

Wesley Clark likes to tell his Jewish cousins how he wondered as a little boy why his middle name, Kanne, was so unusual — so unlike the middle names his buddies had in Little Rock, Ark.

When he was a little older, Clark's mother, Veneta Updegraf, explained that Kanne was the family name of his biological father. Updegraf had moved from Chicago to her native Little Rock when Barry Kanne died, and she married Victor Clark, who adopted Wesley.

But it wasn't until 1967, when he was 23, that Clark found out that Kanne was far more meaningful than most middle names: Benjamin Kanne was a Kohen, a descendant of the ancient Jewish

priestly caste.

Clark was a Rhodes Scholar at Oxford that year when, one evening, his wife said a relative had called.

His cousin, Barry Kanne, recalled the story: "His wife told him, 'You got a call from this Molly Friedman, who says she's your cousin. Do you have Jewish roots?' He says, 'I wasn't aware of any, but maybe.'"

The meeting with Friedman led to contacts with other Jewish family members, often initiated by Clark, who would go on to become a four-star general and, now, a Democratic candidate for president.

Kanne described his first encounter with Clark, which took place about 1990.

"He was in Atlanta, and he called and said we ought to get together," said Kanne, whose wife is active in the Atlanta Jewish community. "We had him for dinner in our home."

Their children — Kanne's daughter, April, and Clark's son, Wesley Jr. — were studying at Georgetown University's School of Foreign Service, and they already had been in touch.

Kanne said Clark always was interested in the family's Jewish roots and was intrigued by the discovery that their grandfather, Jacob Kanne, was marked as a Kohen on his tombstone in Chicago.

It's not clear why Clark told a startled room of yeshiva students in 1999, "I am the oldest son of

the oldest son of the oldest son — at least five generations, and they're all rabbis."

Clark now says that statement was the product of "bad information."

Kanne says it's hard to place the family's origins; immigration papers list both Minsk and Pinsk.

"The guys who filled in the forms were not precise," he said, repeating an oft-heard complaint about 19th-century immigration officials.

Kanne, an executive with an Atlanta-area telecommunications company, has made family genealogy a mission. He has drawn up a chart tracing Clark's Jewish heritage as far back as 1846.

Clark's closest religious adviser is a former Navy chaplain, Rabbi

Arnold Resnicoff, according to The Associated Press. The candidate's statements have been strongly pro-Israel, and he supported the Oct. 5 Israeli air strike against a suspected terrorist camp in Syria.

Clark's supporters have used his Jewish roots to tout his candidacy. Organizers of a \$2,000-a-plate fund-raiser last month targeting New York Jews preceded the invitations with a mass e-mail of an earlier JTA story about Clark's Jewish roots.

Clark denies using his heritage for political advantage, saying he is hardly a Johnny-come-lately to his Jewish past.

"It was well acknowledged over time," Clark told The Associated Press. "There was no sudden discovery."

Bolivia's Jews laying low

By Larry Luxner, JTA

Bolivia's Jews are keeping a low profile in the midst of the worst bloodshed the landlocked, desperately poor country has seen in 20 years.

Last Friday, Bolivia's 73-year-old president, Gonzalo Sanchez de Lozada, was forced to resign following weeks of anti-government protests in La Paz that left at least 65 people dead and hundreds injured.

It was the country's most widespread political violence since the overthrow of Bolivia's military dictatorship in 1982.

The new leader, former vice president and TV journalist Carlos Mesa, has pledged to hold a referendum on the issue that sparked the immediate crisis: the building of a \$5 billion pipeline to export natural gas via Bolivia's archenemy, Chile, to the United States and Mexico.

Mesa, 50, also promises to give the Latin American country's Quechua- and Aymara-speaking native peoples a bigger voice in the government, which has historically been run by wealthy Spanish-speaking whites of European descent.

Alberto Senderey, director of Latin American programs for the New York-based American Jewish Joint Distribution Committee, said he's been in contact with community leaders in La Paz — which had been under martial law during the protests — and that not a single Jew in Bolivia was harmed.

Bolivia has about 700 Jews.

"There was no looting of shops, just demonstrations against the government," he said. "I don't think it's a high priority for people to attack the Jews, since it's such a small community and not very prominent at all. The big landowners in Bolivia are all non-Jews."

On the other hand, the leader of Bolivia's indigenous movement, Evo Morales, is seen as a possible threat to Jewish interests.

The coca farmer turned politician, who came within 1 percent of defeating Sanchez de Lozada in last

year's presidential election, led many of the violent protests that finally forced his political adversary out of office last week.

"Morales is a populist figure, and unfortunately, one aspect of populism is anti-Semitism," said Larry Birns, director of the Washington-based Council on Hemispheric Affairs. "He represents the kind of person who looks upon foreigners as devils using the country's own national wealth to conspire against Bolivia."

"In a sense, Jewish communities throughout Latin America want predictability," he said. "They want to be assured that they won't be singled out."

So far, Morales — much like Venezuela's populist president, Hugo Chavez — hasn't specifically mentioned the Jews in his frequent diatribes against imperialism and globalization.

But Gabriel Hercman, executive director of the Circulo Israelita, noted that last year, Morales received a \$50,000 "peace prize" from Libyan leader Muammar

Gadhafi.

"We don't know why, and it's not clear," Hercman said in a phone interview from La Paz. "But acts like these, along with the closing of the Israeli Embassy at the end of this year, make us feel afraid."

Long before the current unrest began, Israel announced that it would shut its diplomatic missions in Bolivia and Paraguay by Dec. 31 for budgetary reasons.

That could further isolate the Jewish community of Bolivia, which already is one of the smallest in South America.

According to Hercman, around 500 Jews live in La Paz, the administrative capital of the country, with another 150 in Santa Cruz, Bolivia's largest city. In addition, 50 or so Jews live in Cochabamba, which was once home to hundreds of Jewish families and boasts Bolivia's most beautiful synagogue.

The country's Jewish presence — which began in the 16th century and reached its zenith right after World War II — has been dwindling for decades.

Started by Marranos arriving from Spain to work in the vast silver mines of Potosi, the Bolivian Jewish community never grew very large. As late as 1933, there were still only 30 Jewish families in the entire country.

But after the rise of Hitler, Bolivia became a haven for Jews fleeing the Nazis. Unlike neighboring Peru, which kept a tight lid on immigration before and during World War II, Bolivia granted thousands of visas to stranded German, Polish and Russian Jews in search of refuge. After the war, between 1946 and 1952, another wave of Jews — Holocaust survivors from as far away as Shanghai, China — settled in Bolivia.

But besides becoming a home for Jews, Bolivia also opened its doors to some Nazi war criminals, stoking fears of anti-Semitism among the country's Jews.

"During World War II, there was very strong anti-Semitism here, even a Nazi political party," said Marek Ajke, a Polish-born Jew and survivor of the Warsaw Ghetto

Uprising. "Now, acts of anti-Semitism are very rare. Sporadically, people put swastikas on the walls, like when they showed 'Schindler's List.' Happily, this is disappearing."

Nevertheless, Jewish institutions in Bolivia — like their counterparts in much of Latin America — keep a very low profile, with armed guards protecting unmarked Jewish buildings and visitors carefully scrutinized before being allowed to enter.

A typical Friday night service at the Circulo Israelita in La Paz attracts no more than 30 or so men speaking Spanish and Yiddish, most of them well over 60 years old. They pray in an old sanctuary on the building's fourth floor. Behind the synagogue is Bolivia's only mikvah, or ritual Jewish bath.

The well-known Jewish school Colegio Boliviano Israelita, founded in 1940, counts only 20 Jews among its 500 students — the result of emigration by many Bolivian Jews to Argentina, the United States and Israel in the 1970s and 1980s.



Israeli Prime Minister Ariel Sharon and French President Jacques Chirac mending fences in Paris. Sharon apologized for false reports in the media accusing Chirac of condoning anti-Semitism.

According to the report, Chirac and Greek Prime Minister Costas Simitis had blocked moves at last weekend's European summit meeting in Brussels to include a condemnation of anti-Semitic remarks made by Malaysia's prime minister at last week's conference of Islamic states.

But the reports proved false. Along with other European leaders, Chirac had supported a statement from the E.U.'s rotating presidency — the usual forum for political statements on behalf of the European Union — condemning Mahahir's remarks.

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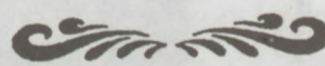
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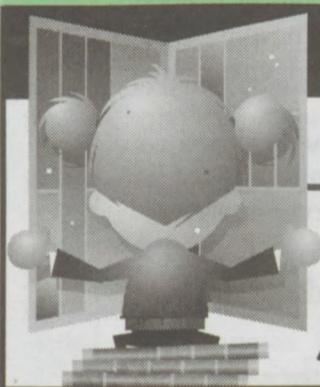
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of Dental Medicine in May, 2002. Dr. Fink completed his general practice residency at Christiana Care Health System in June. Dr. Fink will help contribute and advance our mission of creating smiles for a lifetime for you and your family. We look forward to hearing from you.

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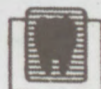
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About Dr. Julia Golod...

Dr. Golod graduated from the University of Delaware in 1996 with a dual Bachelor Degree in Biology and Psychology. After graduation, Dr. Golod worked at the Qualicon division of Dupont. She then attended Life University, in Marietta, Georgia, and graduated Cum Laude with the degree of Doctor of Chiropractic. Before making Delaware her home, Dr. Golod practiced in New York City.

Dr. Golod is board certified and is currently licensed in Delaware, New York and Pennsylvania. Dr. Golod is known for her caring demeanor and her dedication to the well being of her patients. Dr. Golod is well versed in a variety of techniques and continually provides comprehensive care for her patients which includes: Electric stimulation to relieve pain, ultrasound, trigger point therapy, customized therapeutic exercises, and nutritional supplements. She has continued to strive for professional excellence by attending post-graduate courses. Currently, Dr. Golod is providing community lectures on health topics such as Fibromyalgia. Away from the practice, Dr. Golod interests include the cultural arts, cooking and traveling.



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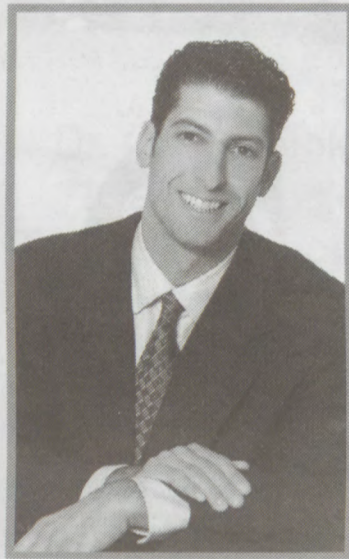
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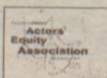
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JEWISH LIFESTYLES

A Family Affair:

Helping Prevent and Deal with Overweight in Children and Teens

By Dr. Jessica E. Simmonds,
Ph. D

The percentage of children who are overweight has almost doubled over the past 20 years, and is now being viewed as an epidemic in this country. Today, children are spending more time sitting in front of computer screens, spending too many hours watching TV, and less time involved with physical activities. Children are also consuming more high fat, salty snacks, drinking more soft drinks, and eating less fresh fruits and vegetables. Type 2 diabetes, which in the past was mostly found in adults over the age of 40, is now being found in children and being linked to childhood obesity.

Overweight children also suffer emotionally. As most of us can remember from our own childhoods, it is a time when we want to fit in and be a part of the group, rather than standing out as being different. For the overweight child, there is no way of hiding a difference which often makes him/her the target of cruel teasing and discrimination. Anti-fat attitudes may begin in children as young as 3-years-old. In one study in which kindergarten children were shown pictures of "chubby" children, 86% expressed an aversion to "chubbiness" and tended to describe the chubby children as being mean, as possessing negative characteristics, and as being undesirable playmates. Other findings showed that overweight children between the ages of 12 to 16 years were more often found to be the victims of group aggression. Overweight children may also be judged more critically by adults who see them as older than their age, and have expectations beyond the child's developmental capacity. The stigmatization of overweight children leads to feelings of shame, contributing to low self-esteem, depression and poor body image.

Although parents may not be able to shield their child from teasing and discrimination from others, it is essential that they provide a supportive, loving, and accepting environment at home. Children need to know that they are loved regardless of their size. Making crit-

icisms or shaming children about their size can lead to children turning toward food as a way of comforting themselves. Food becomes a friend, and children begin to turn away from contact with peers, parents, and other adults, leading to isolation. Teaching children that theirs is a good body will encourage them to want to keep it healthy. Help your child identify his/her strength, talents, and interests, and focus on the positive aspects of your child and not just the weight problem. Harm can result when children receive messages that suggest their personal worth and respect from others is related to their body size.

Research suggests that when the whole family focuses on making positive lifestyle changes and creating an accepting environment, that healthy changes will occur. When parents serve as healthy role-models, their children will follow their example. The idea is not to single out the overweight child as being different from the rest of the family, or having different nutritional needs. All members of the family should be served the same healthy food and participate in physical

activities. Mealtimes should be a pleasant experience with conversation and sharing, and not a time to talk about weight. The goal is to create lifelong healthy eating and physical activity habits which allows the overweight child to grow into his/her natural body weight. Rather than losing weight, it may be more beneficial if a child can maintain a current weight through healthy eating, and slim down as he/she grows in height.

Placing children on "diets" can be detrimental to their health and can have opposite effects to weight loss. Typically, this causes weight loss and regain, or weight cycling which itself can be a health risk. Frequent dieting puts youth at risk for obesity or eating disorders. Parent's attitudes and beliefs about food can also be transmitted to their children. Parents need to stop "dieting" themselves, stop talking about their hips, stomachs, and thighs, and realize that their own attitudes and behaviors may contribute to their children's eating and weight problems.

Overweight children may eat for many different reasons other than hunger, and often have lost

touch with the ability to respond to their own internal cues of hunger and satiety. It is essential that the overweight child develops the capacity to recognize those cues, and begins to regulate their own hunger level. It is often difficult for parents to trust that their overweight child will, given nutritious food choices and a supportive environment, eat the amount that they need. Parents need to structure regular mealtimes and snacks, but let their child decide how much to eat. Becoming the "food police" will lead to frustration, and may lead to your child eating in secrecy. It is also helpful not to define some foods as "good" and some as "bad". Labeling some foods as bad or forbidden can make them more desirable, leading to sneaking and binge-eating of these products. All foods are good, but some need to be eaten more in moderation.

The Jewish community is not immune to the problem of overweight in children and teens. There may be truth and even a sense of pride connected to the stereotype of Jews placing more value on the intellect versus the physical, but creating a balance between the two

is essential for overall health. More children in the Orthodox community are being diagnosed with obesity, and eating disorders among Orthodox young women are on the rise. One physician connected with the Yeshiva Health Task Force stated that recognizing our obligation to care for our health is the *halachic* (correct according to Jewish law) thing to do. He goes on to say that the Torah clearly states that we must take responsibility for protecting our physical and mental health.

Opportunities to teach children about nutrition can be incorporated into the celebration of Jewish holidays. For example, harvest holidays such as Shavuot and Sukkot can be occasions to teach about the vitamins and minerals found in fresh fruits and vegetables, Passover can focus on grains, and Hanukkah on oils and fats. Whether helping address the problem of overweight or trying to prevent it, raising children's awareness of healthy nutrition and physical activity can be a fun experience for the whole family, leading to the establishment of life-long healthy patterns.

This article first appeared on www.jewishfamily.com

"Say Goodnight Gracie" at DuPont Theater

By Joel F. Glazier
Special to the Jewish Voice

"Baruch Attah Hashem... how's my Jewish voice?" asked writer Rupert Holmes when encountering this reporter and some issues of *The Jewish Voice*. The talented Tony and Emmy Award winning writer laughs when he recalls attending a friend's bar mitzvah over 40 years ago and loving the tunes he heard at his first Jewish service. "I hope I got the 'Jewish voice' right."

After success at song writing (*The Pina Colada Song*); book writing (*Where The Truth Lies*); Broadway musical writing (*The Mystery of Edwin Drood*); comedy-thriller writing (*Accomplice*); and television writing (*"Remember Wenn"*), the multi-talented Rupert Holmes was asked to write a play about the life of the late George Burns. "*Say Goodnight Gracie*" is the result of 4 months of immersing himself in George Burn's life.

"George Burns embodied the American century of entertainment," commented Holmes, adding "Younger people today may not realize how ahead of comedy trends George Burns was and I think audiences of all ages will love the show." Early in the last century, George Burns began performing vaudeville. When he teamed up with Gracie Allen, the two became inseparable "and were the perfect performing team and loving couple for over 30 years."

Rupert Holmes, son of a music teacher, remembers, "I'd come home from school and while classmates played outside I'd watch Burns and Allen on television. I didn't miss an episode." Holmes's research into every aspect of Burns's life revealed that George Burns had a form of dyslexia and therefore had literally memorized all of his radio lines.

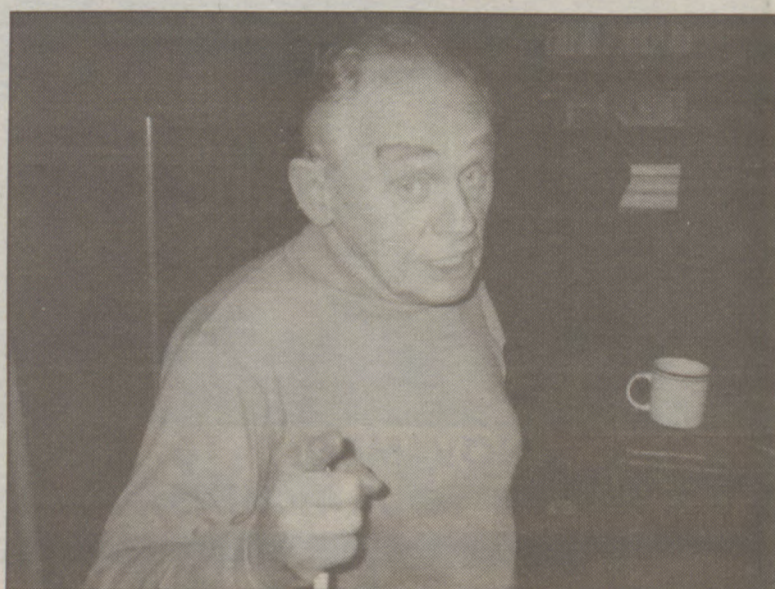
"Because he had to rely on his own quickness, Burns made the switch to television rather easily, as he already was good at memorizing lines for live broadcast." Gracie's "illogical logic" was perfect not only for Burns's wit but also for radio entertainment and it carried over nicely into the new medium of television.

"George Burns did surreal things on his TV show, like acknowledging himself on his own show. After Gracie's death, he had a new career in movies. He won an Oscar for *'The Sunshine Boys'*. The story of George Burns is the story

Continued on page 13



Playwright Rupert Holmes voices his approval of *The Jewish Voice*.



Frank Gorshin is George Burns.



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"Say Goodnight Gracie"

Continued from page 12
of entertainment."

Holmes himself has achieved success in several entertainment fields and he seems thoroughly energized by having the opportunity to bring George Burns to audiences around the country. *Say Goodnight Gracie* won the Carbonelle Award for Best New Play in 2000 and was a nominated for a Tony for its recent Broadway run before coming to Wilmington.

"No one can tell Burns's original lines from those I've added," says Holmes. He also shares that the often quoted "Say goodnight Gracie" never appears in the show since it never was uttered in any performance by Burns.

Which other famous person's career would the skillful Holmes also like to study in depth for months? "Gracie Burns" he replies without hesitation. "She was his original straight person and even campaigned for U.S. President in 1940."

To submit a story email
lynn.edelman@shalomdel.org

Frank Gorshin Stars in "Say Goodnight Gracie"

Review by Joel F. Glazier

"*Say Goodnight Gracie*", *The Life, Laughter & Love of George Burns and Gracie Allen*, will be performed 14 times at Wilmington's DuPont Theatre (formerly known as The Playhouse). The one man show, starring renowned television and screen star Frank Gorshin, is a history of not only the late centenarian comedian and actor but also gives a glimpse of American entertainment, including vaudeville routines, radio broadcasts, television comedy and big screen entertainment.

The only time during the show Frank Gorshin is not personally performing is when well-presented film clips are shown from the actual *Burns and Allen* television shows or radio broadcasts are clearly played for the audience. Gorshin then handles the unreal role of commenting on "his" own life...the life of George Burns. Gorshin has won acclaim for past portrayals of The Riddler on "Batman" as well as New York Mayor Jimmy Walker in "Jimmy", but his assuming the character of George Burns is

remarkable. One absolutely knows that it is NOT George Burns on stage but that is only because Burns died in 1996. In this show, Frank Gorshin is George Burns. Enough said.

If you are in an audience that is treated to several curtain calls, Gorshin may appear out of make up and costume for a bow. You will not know who the person is. You had, instead, witnessed an almost magical tour of Burns's life, told by Burns himself. The person known as Frank Gorshin is not part of that tour.

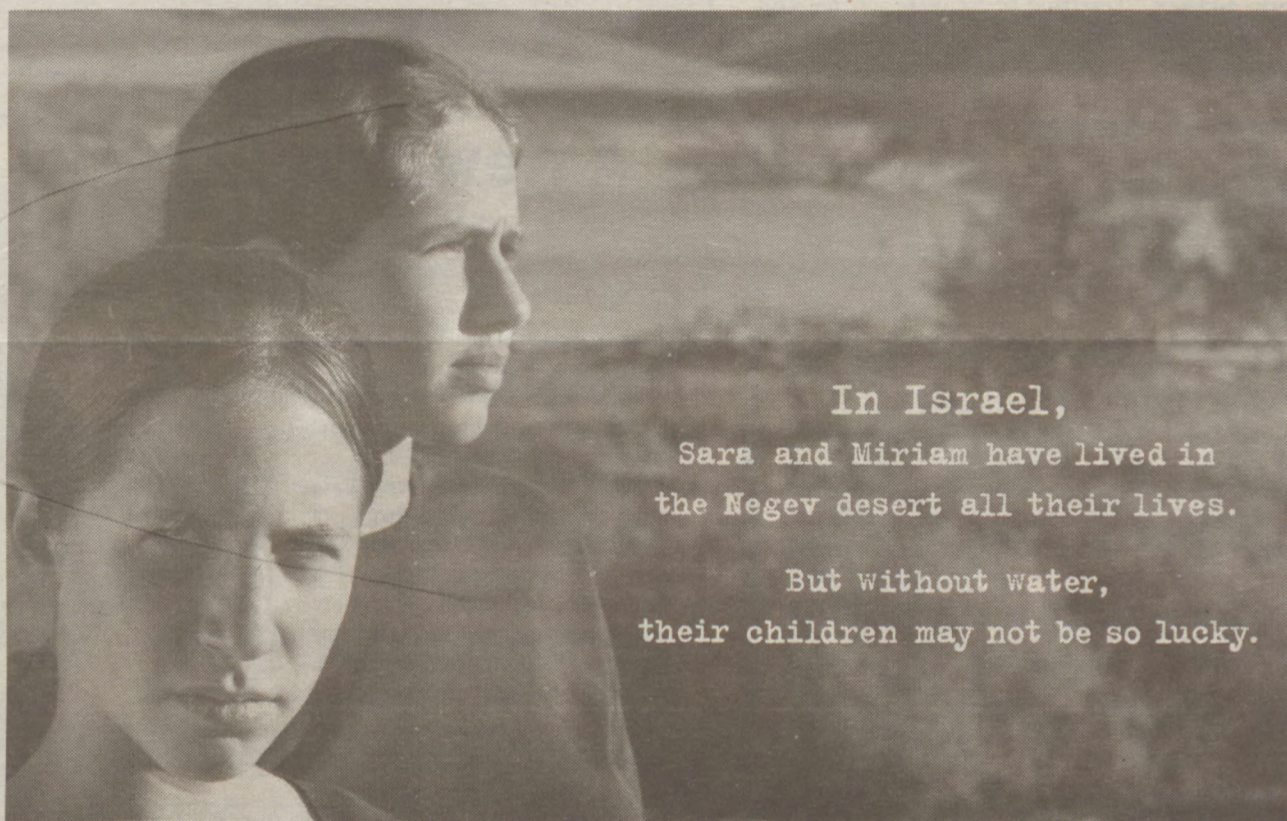
Burns's life is retold on stage beginning with his Orthodox Jewish roots. He was born Nathan Birnbaum in 1896 and grew up at 259 Rivington Street on NYC's Lower East Side. These details are shared with the audience, which, for a while, is transported back to the day when the young Nathan was one of 12 children and whose father died when Burns was only 7. Burns took the name, George, which was his favorite brother Izzy's nickname. His neighbors included Fannie Brice, Eddie Cantor and The Marx Brothers. Burns tells the audience that in those days, "we were all hungry for the same

thing....food."

The one man show never has a dull moment but when discussing the "illogical logic" of his beloved wife and her death after 38 years of marriage, there are some tender, even tearful moments. However, Gorshin quickly pretends to re-light up his cigar (remember no smoking in theaters!) and the audience is laughing again. It may not be 1933 now, but one bit of Gracie's advice "getting 8% rates at the savings bank by having two accounts each paying 4%" could be comically sound advice in 2003.

When one leaves the theater there is a surreal feeling that it cannot possibly be 2003. The audience seemingly spends two hours in the company of George Burns. The movements, the voice, the radio broadcasts, the literal illogic of Gracie and that humor prove to be timeless. It all provides a fulfilling program of entertainment even if it is from the years of the last century.

(*Say Goodnight Gracie* runs from November 7 to November 16 at The DuPont Theatre. Ticket information is available at 656-4401; 800-338-0881 or at www.duponttheatre.com)



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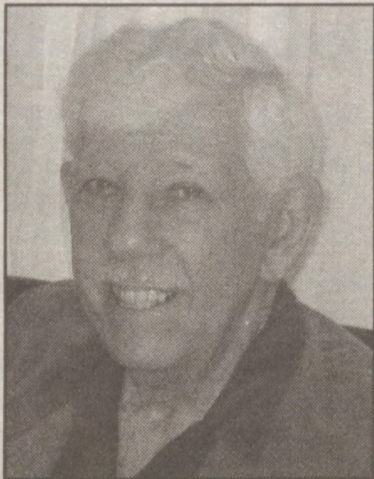
In Memoriam

COHEN

Milton Cohen, 79, died peacefully on October 10 surrounded by his family. Mr. Cohen was a life-long resident of Wilmington. He graduated from P.S. duPont High School and from Goldey Beacom College with a degree in accounting. He was an Army Air Corps combat veteran of World War II who participated in the invasion of Guam. He was a member of the Commanders Club of the American Disabled War Veterans, the Delaware Jewish War Veterans and the Jewish Historical Society of Delaware. Upon his discharge from the Army Air Corps, he married his childhood sweetheart in 1946.

He retired in 1996 from the New Castle County Division of Revenue and had also been employed for many years by the Brandywine Raceway.

He was an avid sports fan who played numerous sports in high school. He loved to dance and



Milton Cohen

won numerous competitions. A thespian, he was involved in many local theater productions.

Predeceased by his sister, Frances Klein, he is survived by his wife of 57 years, Lenora Miller Cohen; his daughter, Lynne Feinman and her husband, Dar; sons, Gary Cohen and his wife, Debbie; and daughter,

Renee Purzycki and her husband, Ed. He also will be missed by his grandchildren, Melissa and Alexis Cohen, David and Jenna Feinman and Alison and Jaclyn Purzycki. Survivors also include his sister-in-law, Florence Cohen and many nieces and nephews.

Funeral services were held on October 13 at Schoenberg Memorial Chapel. Interment followed in the Jewish Community Cemetery on Foulk Road.

The family would appreciate contributions in his memory to Deborah Hospital, c/o Mary Weinstein, 8602 Society Drive, Claymont, DE 19703 or to the Jewish War Veterans, c/o Art Samuelson, 3209 Heather Court, Wilmington, DE 19809.

ISAACSON

Cecilia Isaacson, died October 6 in Palm Beach, Florida. She is survived by Bernard B. Isaacson, her husband of 62 years and her children, Dana Feldman and Barbara and Robert Dilsheimer. She will

be dearly missed by her six grandchildren and three great-grandchildren.

ROTH

Yetta Roth, 93, died October 16 at the Kutz Home in Wilmington. She is survived by her son, Jeffrey of Wilmington; her sisters, Rose Alexander, Ethel Spector, Sonny

Silver and Dorothy Abrams; and two grandchildren, Leah and Michael.

Graveside services were held on October 19 at Haym Salomon Park in Frazer, PA. Contributions in her memory may be made to the Kutz Home, 704 River Road, Wilmington, DE 19809.

Lenora S. Cohen and her family would like to thank the many friends and family of Milton Cohen for their loving thoughts, sympathy and gifts of condolence. The magnitude of well wishers has been very comforting, but also makes it difficult to extend our thanks personally to each of you. We hope that you will accept this note in sincere appreciation of your many expressions of sympathy to us.

LAST CALL FOR THE ARAD MISSION



DATE: November 10-17, 2003 *
(leaving Kennedy at 7:30 p.m. on the 10th)
(leaving Tel Aviv at 1:00 a.m. on the 17th)

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- > Learn about the importance of the Negev Region
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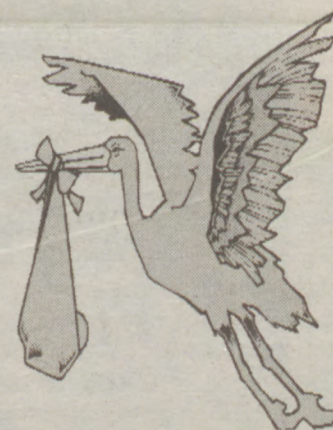
* For further information on the Mission or General Assembly, please call Sheila Krinsky at the Jewish Federation of Delaware at (302) 427-2100, Ext. 15 or sheila.krinsky@shalomdel.org

A New Son Of Israel Is Born

Rachel and Michael Abrams of Wilmington and big brother, Jacob Louis, joyfully announce the birth of their son and brother, Samuel David on September 29, 2003.

Celebrating Samuel's arrival are grandparents, Judy and Allan Levy of Wilmington and Diane and Ken Abrams of Boothwyn, PA.

Also sharing in this simcha are great-grandparents, Tillie and Irv Epstein of Wilmington, Charlotte and Hy Siegel and Beatrice Abrams.



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Adas Kodesh Shel Emeth is going to New York City on Thursday, December 11th to see the critically acclaimed play "A Stoop on Orchard Street". This play about immigrant life on the Lower East Side has consistently sold out performances. You can join the synagogue for a 2 p.m. matinee performance by sending a \$75 check to AKSE, Washington Blvd and Torah Way, Wilmington, DE 19802. For further information, call Arlene or Roz at the AKSE Office, (302) 762-2705. Bus leaves from AKSE promptly at 8:30 a.m. The fee includes a ticket, snacks and bus transportation. Lunch is on your own. Limited bus seating is available for those who wish to travel to New York to see the museums, galleries or go shopping. Bus transportation only is \$30. Your check is your reservation.

Klagsbrun To Speak at Congregation Beth Shalom
The Rabbi Jacob Kraft Educational Foundation presents distinguished author, columnist and lecturer, Francine Klagsbrun, as its November speaker. The program

will be held on Sunday, November 9th at 7:00 p.m. in the synagogue sanctuary at 18th and Baynard Blvd., Wilmington. Klagsbrun will present "The Jewish Family in the 21st Century: Challenges and Choices." Her column, "Thinking Aloud," appears monthly in the Jewish Week. The program is free of charge and open to the public.

Annual Jewish Women's Gathering Planned

The Jewish Community Center will once again host the Ninth Annual Jewish Women's Gathering, Thursday, November 6. There will be an organization information session held at 6:45 p.m., followed by a dairy buffet dinner and the program at 7:00 p.m.

The year's event will feature Anita Jacobs, Ph.D., Award-Winning Speaker, President of the National Center for Effective Speaking, Melton Senior Educator Fellow, Hebrew University in Jerusalem, Internet radio and talk show host. She will be discussing her book "Portraits of Passion", Visions and Values of American-Israeli Women. The cost for the buffet dinner and program is \$14 per person. Registration received

after October 31 is subject to space availability and the cost is \$20 per person.

This program is being sponsored by Adas Kodesh Shel Emeth, Albert Einstein Academy, Congregation Beth Emeth, Congregation Beth Shalom, Delaware Gratz Hebrew High School, Hillel at the University of Delaware, JCC Wilmington and Newark, Jewish Family Service of Delaware, Jewish Federation of Delaware, The Milton & Hattie Kutz Home, National Council for Jewish Women, Temple Beth El, Wilmington Hadassah and Women's American ORT. For more information, contact Ivy Harlev at (302) 478-5660.

Provocative Coffee Talk at Beth Emeth on November 2nd

Rabbi Sarah Messinger will discuss what Judaism has to say about such topical issues as Sex, Drugs and Violence on Sunday, November 2nd, 10:30 a.m. Enjoy a continental breakfast plus dynamic discussion for a cost of \$5 per person. Child care will be available with advance registration. Space is limited so sign up today by calling Bobbie Beutel at 302-239-0144.

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Reserve your seat for this delicious afternoon by completing the form below and enclosing a check, payable to Congregation Beth Emeth and mailing it to: Congregation Beth Emeth 300 West Lea Boulevard, Wilmington, DE 19802. For more information you may call Chuck Marcus at 791-9118.

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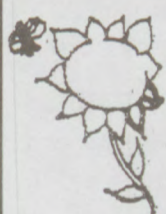
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