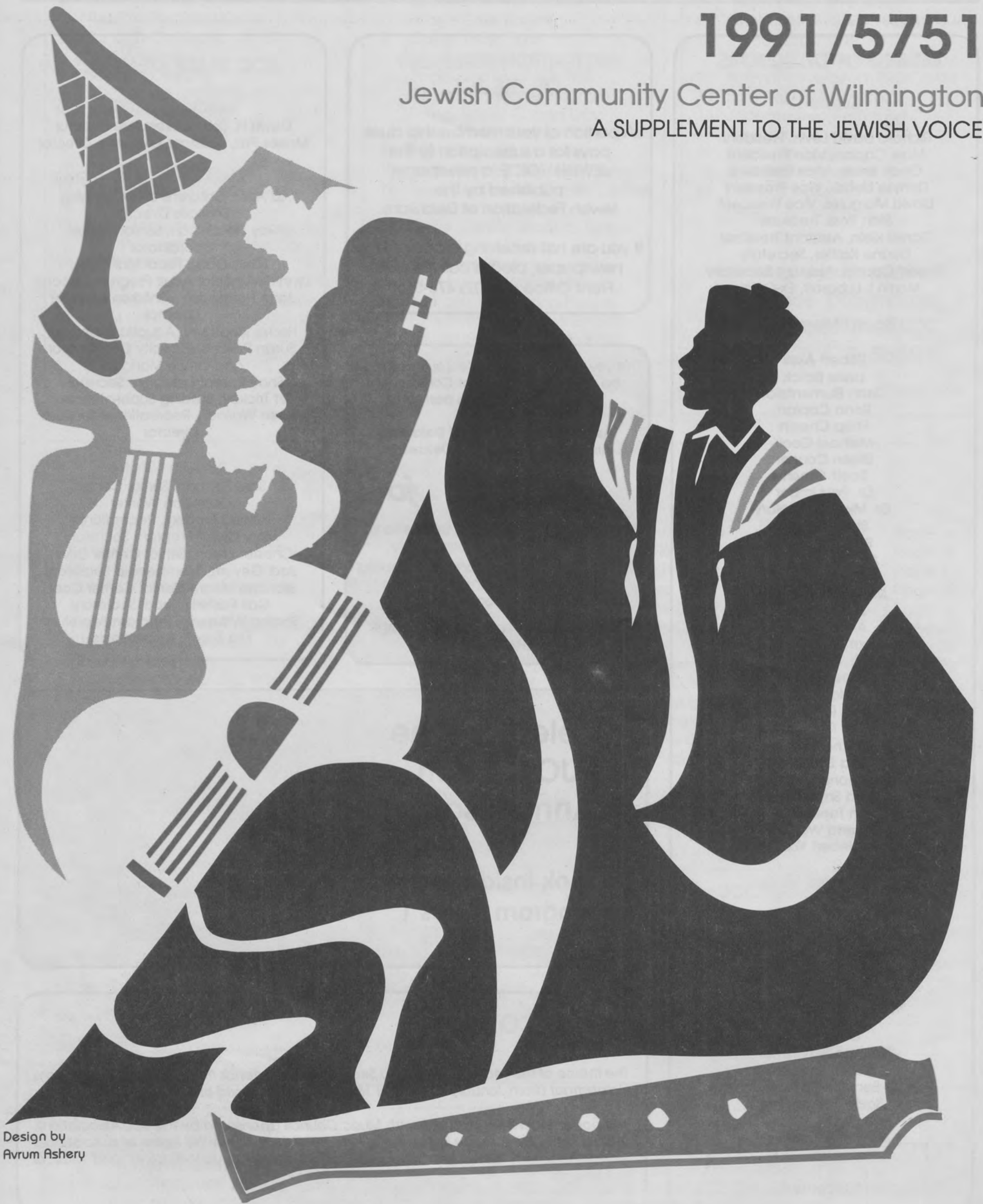


SPRING PROGRAM GUIDE

1991/5751

Jewish Community Center of Wilmington
A SUPPLEMENT TO THE JEWISH VOICE



Design by
Avrum Ashery

WHO'S WHO AT THE CENTER

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Sadie Toumarkine
George J. Welner
*Martin Yallove
Harry David Zutz

*Deceased

ATTENTION MEMBERS OF THE JCC

A portion of your membership dues pays for a subscription to the JEWISH VOICE, a newspaper published by the Jewish Federation of Delaware.

If you are not receiving a copy of the newspaper, please call the JCC Front Office at (302) 478-5660.

The Jewish Community Center is proud to be part of the Family of Communal Agencies funded in part by

The Jewish Federation of Delaware
and The United Way of Delaware



Their support means quality service to you, your family and our community. Your contribution to the annual campaign of both organizations strengthens our entire community.

WHEN THE TIME FOR GIVING COMES
SHOW THAT YOU CARE !

JCC STAFF MEMBERS

Executive Staff

David H. Sorkin, Executive Director
Moises Paz, Assistant Executive Director

Program/Administrative Staff

JJ Alter, Childrens and Camping Services Director
Ray Freshman, Senior Center Coordinator
Molly Ganz, Fiscal Manager
Lynn Greenfield, Adult Program Director
Jane Hormadaly, Children's Center Director
Hester Kingsbury, Aquatic Supervisor
Susan Parcels, Publicity Coordinator and Office Manager
Shay Rosen, Executive Secretary
Art Trickey, Building Superintendent
Eileen Wallach, Recreational Services Director

Support Staff

Sara Berman, Senior Center Outreach Worker
Helena Brodsky, Receptionist
Mary Clare, Program Secretary
Chester Ellison, Senior Center Driver
Jodi Gevurtz, Membership Secretary
Blanche Moore, Senior Center Cook
Gail Pasteris, Fiscal Secretary
Sharon Witkowski, Program Secretary
Ella Zukoff, Receptionist

Celebrate the JCC's 90th Anniversary !

Look inside for
program dates !

ON THE COVER...

The theme of this year's Jewish Music Season, which extends from Shabbat Shira to Yom Ha'atzmaut (from January 26 to April 18, 1991), is "The World of Jewish Music."

The poster, published by the Jewish Music Council (sponsored by the JCC Association), incorporates the Hebrew letters in the word "Shira" (song) in the figure of a traditional hazzan (cantor), along with silhouettes of other diverse Jewish faces and musical instruments.

APRIL CALENDAR

- 1 School's Out Day
PASSOVER RESTAURANT
- 2 School's Out Day
Gulf War Series
- 3 School's Out Day
JCC Closes at 3:00 p.m.
- 5 JCC Closed all day
- 6 JCC Closed all day
- 9 Gulf War Series
- 10 Trip to Brooklyn Museum
- 14 Family Day - Kite Workshop
- 15 Israel Dancing
- 16 Gulf War Series
Jewish Great Books Meeting
- 18 College Writing Course
Lecture - Israel's Future and Ours
- 20 5th & 6th Grade Israel Weekend
- 21 YOM HA'ATZMAUT CELEBRATION
- 28 CRAFT MARKET & SWAP SHOP
- 29 Do Jews Believe in Life after
Death

MAY CALENDAR

- 1 55 Alive/Driving Course
Bridge Class Begins
- 2 Calligraphy Class
55 Alive/Driving Course Cont.
- 5 Bagel and Brunch Series
Childrens Theatre Program
Family Ropes Course Day
7th & 8th Grade Softball Game
- 6 Trip to Ellis Island
- 10 Senior Center Shabbat Dinner
- 12 Teen Connection Ropes Course
Old Timer's Picnic
- 17 Senior Center Shabbat Dinner
- 19 JCC Closed all day
- 20 JCC Closed all day
- 21 Jewish Great Books Meeting
- 22 You and Your Aging Parent
- 24 CAMPUS OPENING WEEKEND
- 25 CAMPUS OPENING WEEKEND
- 26 CAMPUS OPENING WEEKEND
- 27 JCC Closed/Campus Open

JUNE CALENDAR

- 2 Bagel & Brunch Series
- 5 90TH ANNIVERSARY PROGRAM
- 6 Trip to Cape May, NJ
90TH ANNIVERSARY PROGRAM
- 9 90TH ANNIVERSARY PROGRAM
- 10 Summer Hours in Effect
- 13 Japense Decorative Art
- 17 Pre-Camp Week
- 19 Trip to "Miss Saigon"
- 23 CAMP OPEN HOUSE
- 24 First Day of Camp
Tennis Camp Begins

**For more information
on these programs,
please call the JCC
at (302) 478-5660 !**

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Swimming Pool Schedule - Back Cover

JCC REGISTRATION FORM

Name _____
 Telephone Number _____
 Center Member: Yes No
 Name of Class _____
 Day _____ Time _____
 Amount Enclosed _____

JCC REGISTRATION FORM

Name _____
 Telephone Number _____
 Center Member: Yes No
 Name of Class _____
 Day _____ Time _____
 Amount Enclosed _____

JCC REGISTRATION FORM

Name _____
 Telephone Number _____
 Center Member: Yes No
 Name of Class _____
 Day _____ Time _____
 Amount Enclosed _____

**PLEASE MAKE CHECKS PAYABLE TO THE JCC. ALL CLASS FEES ARE PAYABLE AT TIME OF REGISTRATION.
 YOU MAY REGISTER IN PERSON OR BY MAIL. REGISTRATION IS ONLY COMPLETED WHEN ACCOMPANIED BY PAYMENT IN FULL.
 PLEASE MAIL FORMS TO 101 GARDEN OF EDEN ROAD, WILMINGTON, DELAWARE 19803**

EAT OUT THIS PASSOVER...

THE JCC PRESENTS THE ANNUAL PASSOVER RESTAURANT

MONDAY, APRIL 1, 1991
5:30-8:00 P.M.

This year's menu promises to be a change of pace from usual Passover cooking...and of course, its Kosher for Passover !

*FEATURING GUEST ENTERTAINER
David Gesterak, Accordionist from Kiev*

Cost: \$ 6.00/Adults, \$ 2.50/Children (*under 13*)

Please call (302) 478-5660 to register TODAY !

JCC CRAFT MARKET & SWAP SHOP

Sunday, April 28, 1991
10:00 a.m.-5:00 p.m.

Come to the JCC and check out the all of the terrific bargains on sale at the Annual Craft Market and Swap Shop !

OPEN TO THE ENTIRE PUBLIC !
Refreshments available all day !
Ample free parking !

Some spaces are still available at \$ 15.00 per space. No commissions, you keep everything you make !

Call the JCC TODAY for your registration form.
(Raindate: Sunday, May 5, 1991)

JOIN THE ENTIRE COMMUNITY AS THE JCC CELEBRATES IT'S 90TH ANNIVERSARY



"A Celebration of Life"
NINETY YEARS OF SERVICE TO THE COMMUNITY

Watch for more information arriving shortly in your May "On-Center" and upcoming issues of the "Jewish Voice"

Save these three dates on your calendar NOW !

Wednesday Evening
June 5, 1991

Thursday Evening
June 6, 1991

Sunday Evening
June 9, 1991

yom

HA'ATZMAUT



COMMUNITY-WIDE CELEBRATION...

All Sunday school and religious school students will meet at the Jewish Family Campus for a special salute to Israel!

ACTIVITIES BEGINNING AT 10:30 A.M. INCLUDE...

- ☆ Sing-a-longs ☆ Israeli dancing ☆ Israeli flag making ☆ Videos ☆ Israeli dance groups ☆ Games
- ☆ Kids panel on Israel ☆ Refreshments ☆ Lunch, consisting of Israeli foods, will be available for purchase - 12:00 noon
- ☆ Voice of the Turtle Concert for Children & Families - 12:30 p.m.



Voice of the Turtle Concert "Paths of Exile"

SUNDAY, APRIL 21
12:30 P.M.

An internationally acclaimed quartet, Voice of the Turtle specializes in the musical traditions of the Spanish Jews since 1978. Their recordings are in demand from Alaska to Arkansas, Japan to Jerusalem. Public Radio broadcasts of their live concerts have reached virtually millions of listeners. Acknowledged for imaginative, entertaining and edifying presentations, Voice of the Turtle has been at the forefront in making this exquisite repertoire accessible to concert audiences everywhere.

"Paths of Exile" Quincentenary Series, Volume One. "Bittersweet poignancy...powerful expressive...immense vitality" - The New York Times

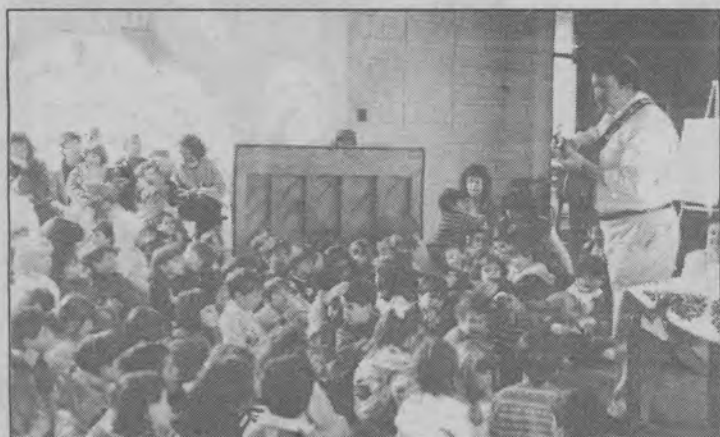
From that momentous day in 1492, a beautiful and compelling musical history has been preserved by the Sephardim (Spanish Jews). Inspired by the Quincentennial (1492-1992), Voice of the Turtle offers "Paths of Exile", a series which presents the music in concert. The program brings to the public the wide perspective on the significance of the Quincentennial. "Paths of Exile" concerts evoke the history, geography and social milieu of this dynamic Judeo-Hispanic culture by presenting music from Turkey, Morocco, Greece, Bulgaria, Yugoslavia, Jerusalem, Rhodes and the New World.

Voice of the Turtle sings in Judeo-Spanish (often called Ladino) and Hebrew and performs on an astonishing variety of instruments - harp, psaltery, rebec, kamanja, 'ud, shawms, baglama, saz, bombards, cornetti, chalumeaus, Spanish medieval bagpipe, guitars, violin, medieval fiddle, mandolin and folk flutes and percussion from the Near and Middle East.

THIS PROGRAM IS FREE OF CHARGE AND OPEN TO THE ENTIRE COMMUNITY !

This program is partly funded by the Delaware Humanities Forum, a state program of the National Endowment for the Humanities.

EARLY CHILDHOOD SERVICES



Judaic Program

Children in our morning programs experience a special weekly Jewish education program, including exposure to the Hebrew language, taught by a Jewish Enrichment Specialist. Celebration of the Shabbat, both within the classroom and at our unique community-wide Kabbalat Shabbat, along with celebration of all Jewish holidays, round out our well-planned Jewish curriculum.

The Center's Center

The Children's Center offers a variety of programs to enhance the rapidly changing development of the pre-school child, ages one through five. Our warm, nurturing environment, together with our commitment to excellence in early childhood education, create a comfortable learning atmosphere for children in both our full day and half day programs.

All of our programs feature age-appropriate individual and group activities designed to stimulate a child's curiosity. Activity centers offer hands-on experiences. Dramatic play, art exploration, and opportunities for fine motor manipulative play provide open-ended opportunities for children. A Physical Education Specialist leads all children in weekly age-appropriate activities in indoor and outdoor play areas.

Staff

Warm, competent, experienced teachers and assistant teachers are supervised by the Director, Jane Hormadaly.

Facilities

Classes meet in newly renovated, well-equipped rooms. Classrooms have observation windows. Several playgrounds are used for outdoor play. Large group programming is held in our auditorium. The JCC gym is used for most Physical Education classes and in inclement weather. Full day children enjoy weekly swimming in our indoor pool.

Snack and Hot Lunch Program

A snack is provided to all children midway through the morning. Nutritious Kosher lunches and afternoon snacks are provided for full day children.

REGISTRATION IS CURRENTLY OPEN!

Upon receipt of application, new registrants will be scheduled for an interview with the Director.

Half Day Programs

Ages 2-4 meet from 9:00 a.m. until 11:30 a.m.

PLAYLEARNING (2 Year Olds)

This two morning per week program is designed to be a first pre-school experience.

PRE-SCHOOL (3 Year Olds)

Three year olds' parents have the option of three and five day per week programs.

PRE-SCHOOL (4 Year Olds)

Four year olds meet five mornings per week.



Kindergarten Enrichment (Kindergarten Age Children)

Children enrolled in Kindergarten programs at Public Schools or Albert Einstein Academy meet five days per week from 11:30 a.m. - 5:45 p.m. (3:00 p.m. - 5:45 p.m. for children enrolled in Einstein's full day program). This program offers specialized activities including art, swimming, physical education, and holiday programs.

NEW! SPECIAL K (Kindergarten Age Children)

This exciting new program offers art and science-based enrichment activities to both morning and afternoon Kindergarten students. Sessions are available on Mondays and Thursdays from 9:30 a.m. - 12:15 p.m. and Mondays and Thursdays from 11:45 a.m. - 2:30 p.m. Participation can be one or two sessions per week. Transportation to and from Public Schools within the Brandywine School District will be provided.

NEW! MOTHER'S DAY OUT (1 and 2 Year Olds)

This program is designed to give mothers time for themselves, once a week. Caregivers will keep active little ones busy from 9:00 a.m. - 2:00 p.m. on Fridays.

TODDLER'S PLAY (12-20 Months Old)

This parent and tot program builds new adult friendships while giving the child experiences in singing, games and art.

Full Day Programs

Care for children ages 1-4 is available from 7:15 a.m. - 5:45 p.m. The JCC is a licensed day care facility.

1 AND 2 YEAR OLDS

Our caring and warm staff assures the parent that children are receiving nurturing care and the stimulation they need. All children participate in the Jewish Enrichment program that is a part of our pre-school.

Children, age 1 by September 1, 1991, meet in their own room with their own staff of caregivers. A low child/adult ratio insures individual attention. Enclosed play areas and open land for "buggy rides" provide opportunity for fresh air and exploration.

Two year olds receive the same quality of nurturing that they loved as one year olds in a setting that provides learning opportunities parallel to the Playlearning classes.

3 AND 4 YEAR OLDS

Afternoon enrichment activities (until 5:45 p.m.) and the option of early morning care (beginning at 7:15 a.m.) complement the pre-school program. Children continue with their pre-school classmates and teachers. Swimming and Physical Education classes are held in the afternoon once each week, in addition to the morning physical education program.

THE CENTER'S CENTER

LUNCH BUNCH ENRICHMENT PROGRAM (3 and 4 Year Olds)

Lunch Bunch programs provide your child the opportunity to enjoy lunch with friends and to experience an enrichment program. Lunch Bunch extends the half day program until 1:00 p.m. Children bring a Kosher dairy lunch.

REGISTRATION FOR ALL SPRING LUNCH BUNCH CLASSES WILL BEGIN ON MONDAY, APRIL 8, 1991 AT 9:00 A.M. IN THE JCC LOBBY, AND WILL END ON FRIDAY, APRIL 12, 1991 AT 10:00 A.M.

There is an exciting line-up of lunch bunch programs for the Spring:

MONDAYS:

NATURE

Spring is almost here and so is our popular nature class for pre-schoolers. Join our own Irene Aber as she explores the outdoors, insects, science and nature with the children.

Meets: 11:30 a.m. - 1:00 p.m.

Fee: \$ 60.00/6 Sessions

Session Dates: April 15 - June 3, 1991

(Class will not meet May 20 and May 27 - School Closed)

CREATIVE CHEFS

Youngsters will tickle their tastebuds with assorted foods that they prepare. Preeti Mathur will help the children to create delicious delicacies.

Meets: 11:30 a.m. - 1:00 p.m.

Fee: \$ 60.00/6 Sessions

Session Dates: April 15 - June 3, 1991

(Class will not meet May 20 and May 27 - School Closed)

TUESDAYS:

TUMBLE BEES

The Olympiad School of Gymnastics Tumble Bees/Lunch Bunch Program continues for those children already enrolled. It will end on May 21, 1991.

KINDER BALLET

This class is taught by Anya Patton Ward of the Professional Dance Centre. This is a pre-ballet class is specially designed just for the pre-schooler.

Ballet shoes, leotard and tights are required.

Meets: 11:30 a.m. - 1:00 p.m.

Fee: \$ 70.00/6 Sessions

Session Dates: April 16 - June 4, 1991

WEDNESDAYS:

EDUCIZE

Dynamic Lynn Lew teaches a fun exercise/nutrition class. Children exercise, have lunch and learn about good nutrition.

Meets: 11:30 a.m. - 1:00 p.m.

Fee: \$ 65.00/8 Sessions

Session Dates: April 17 - June 5, 1991

THURSDAYS:

MUSIC FOR LITTLE PEOPLE

This class continues for those children already enrolled. The last day of the class is May 30, 1991.

FRIDAYS:

SHABBAT SHALOM

Rivka Inl will help the children welcome Shabbat with Hebrew, music, games, crafts and more.

Meets: 11:30 a.m. - 1:00 p.m.

Fee: \$ 65.00/8 Sessions

Session Dates: April 19 - June 7, 1991

THE MOVEMENT WORKSHOP

Sue Thomas of the Movement Workshop in Delaware encourages children to move to different rhythms and beats as well as learn basic dance steps. This is a great opportunity for your child to express him/herself in an environment which encourages free form energy. This class is appropriate for girls and boys. It will be helpful for children to wear shorts, shirts, and sneakers or leotards, tights and ballet slippers.

Meets: 11:30 a.m. - 1:00 p.m.

Fee: \$ 65.00/8 Sessions

Session Dates: April 19 - June 7, 1991

BABYSITTING SERVICE **Mondays • Wednesdays • Fridays** **8:45 a.m. - 11:45 a.m.**

Pre-paid reservations may be made at the JCC Front Desk.

"CENTER" YOUR CHILD'S ACTIVITIES

The JCC offers many activities that your child can enjoy! Whether your child is in half day or full day programming let your child experience the wealth of activities that the JCC has to offer.

Escort service is provided for all full day children who wish to take advantage of other programming.

For your convenience, listed below is a cross-reference of other activities for your child at the JCC:

Physical Education Classes - See Page 10
Family Theatre Series - See Page 20
Birthday Parties - See Page 9
Sports Camp - See Page 13
Day Camp - See Page 12

MOM'S CONNECTION

Mom's Connection provides a playgroup for children, ages 1-24 months, and an opportunity for moms and dads to form new friendships. Trained parent educator, Judi Rosenberg, facilitates this forum designed to meet the needs of and provide support for parents of young children. Of course, fathers are welcome, too!

Meets: Tuesdays

Dates: April 9 - June 4

Time: 9:15 a.m. - 10:45 a.m.

Fee: \$ 25.00/Members, \$ 40.00/Non-Members

CHILDREN/YOUTH SERVICES

INTRODUCING...SHARON WITKOWSKI



A new face can be seen around the Child and Family Office ! It belongs to Sharon Witkowski, the new department Administrative Assistant.

Sharon joined the Center family in February and has been busy meeting our families, running the office, taking program registrations, updating children files, making phone calls and "getting into the Center of It all !"

Sharon will be responsible for organizing the administrative aspects of all Child and Family program offerings. She can provide helpful information to our members about the many aspects of the division.

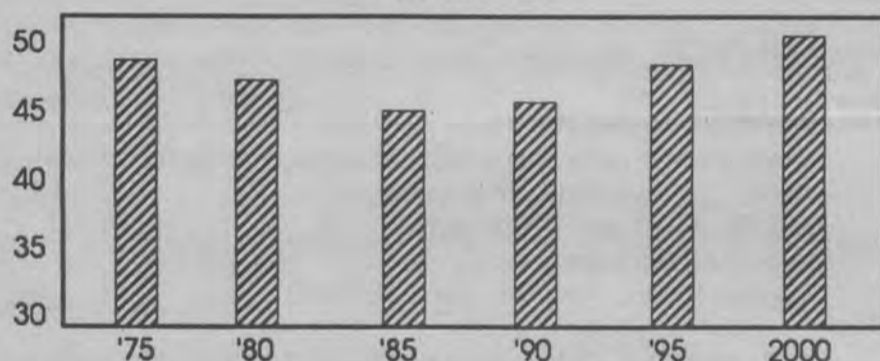
Outside of work, her interests include reading, walking and aerobics !

If you haven't had the pleasure of meeting our newest addition to the staff, stop-by her office on the second floor ! Just look for the newest smiling face and say hello !

NUMBER OF SCHOOL-AGE CHILDREN TO SHOW DRAMATIC INCREASE IN THE 90'S...KIDSPLACE AT THE JCC IS READY !

Over the next decade the number of school-age children (5-17) is expected to increase dramatically; most significantly in the elementary grades, according to the Florence G. Heller Research Bulletin. This follows the drop-off in the number of school-age children in the 80's.

Number of School Age Children 1975- 2000
(In millions)



IMPLICATIONS FOR OUR MEMBERS

- Q Will the Center have adequate after-school programming for the projected increase in "latchkey" children whose parents are working ?
- A YES ! Kidsplace (Afterschool Enrichment at the JCC) currently has an enrollment of 51 children. State licensing regulations allow us a capacity of 64 children. The Center is prepared to provide responsible staff-to-child ratios and challenging recreational programming for children in kindergarten through 4th grade.
- Q Does the Center provide transportation to the program ?
- A YES ! The Center runs two routes servicing six public schools, two private schools and escorts children from the Albert Einstein academy and the Pilot School. Additionally, transportation from schools to three synagogues for Hebrew School is also available. This door-to-door service guarantees safe, reliable transportation.
- Q Are there programs available when school is not in session ?
- A YES ! School's Out Days as well as Winter and Spring Camps offer many exciting trips and activities ! These days have included outings to the Franklin Institute, ice skating at the University of Delaware, Longwood Gardens and the Franklin Mint ! Swim and gym times are also a part of these fun days spent with friends.
- Q How do I find out more information ?
- A IT'S EASY ! Just call the Center's Child and Family Office at (302) 478-56660, ext. 221. Staff will be happy to provide more information about hours, rates and schools serviced.

Remember...
there's always a place at Kidsplace !

JEWISH CUB SCOUTS

For Boys and Parents, Grades 1-5

Cub Scouting encourages making new friends, learning new skills and games in a group setting. Parent involvement is essential. Meetings are held at the JCC or at a group members' home.

Pack Coordinator: Ron Makar

JEWISH BOY SCOUTS

(Grades 6-8)

Boy Scouting provides the opportunity to work toward new and challenging skill levels within a group setting. Scouts are encouraged to obtain merit badges in a variety of fields, all of which encompass a Jewish Identity.

Leaders: Bill Weissman & David Hirschman

For additional information on scouting opportunities at the JCC, please call (302) 478-5660.

Israel Weekend...A special overnight experience

(Grades 4-6)

Saturday, April 20 - Sunday, April 21
2:00 p.m. (Sat.) - 10:00 a.m. (Sun.)

Fee: \$ 15.00 per person

Join your friends for a weekend you won't soon forget ! Lot's of terrific activities are in-store for all those who attend. Celebrate YOM HA'ATZMAUT (Israel Independence Day) like you've never celebrated before !

Saturday's Schedule:

- 2:00 p.m. - What's it all about ?
A fun mixer led by Rabbi Jeffrey Eisenstat
- 4:30 p.m. - Kibbutz life complete with authentic Israeli dinner !
- 6:00 p.m. - Relax
- 7:00 p.m. - Prepare for Havdalah
- 8:00 p.m. - More fun and games
- 10:00 p.m. - Sneak preview of an Israeli film
- 11:00 p.m. - Who needs the Dead Sea ?
We'll have a late night swim !
- 12:00 midnight - Ever made a map of Israel out of ice cream ? We will !
- 2:00 a.m. - Live phone call to Israel to wish kids - Happy Independence Day !

Sunday's Schedule:

- 9:00 a.m. - Breakfast/wrap-up session
- 10:00 A.M. - Join others for the Community Yom Ha'atzmaut Celebration at the JCC !!!

For additional information on this special Israel experience or to register, call the Child and Family Office at (302) 478-5660.

CHILDREN/YOUTH SERVICES

NEW!

FAMILY SPECIALS

Are you tired of looking for things to do as a family? Look no further!

These special days are just for you...join other families and have a great day at YOUR JCC!

Each day includes a great activity for families with children of all ages and a special snack to chase away the "hungeries"! Save the dates for Spring-time fun!



KITE WORKSHOP

Sunday, April 14, 1991

1:30 - 3:30 p.m.

Design your own family "flyer" and take it airborne! From construction to custom designing to flying high, kids and adults will really see their spirit soar!

(Raindate: April 28)

Cost: \$ 15.00 per family

Families must register by Sunday, April 7, to ensure adequate supplies for all!

Meet in the picnic grove at the Campus.

The JCC's Newest Attraction...

ROPES COURSE CHALLENGE

Sunday, May 5, 1991

1:30 - 3:00 p.m. and 3:15 - 5:15 p.m.

At the end of your rope?
Come check out our newest attraction...our new low-element ropes and initiatives course!

Cooperation, team-work and creative problem solving are stressed as individuals work as a group to finish the course! Give it your best shot!

(Raindate: May 26)

Cost: \$ 5.00 per family

Maximum Enrollment: Only the first five families registered for each time slot can be accommodated.

1st Experience: 1:00 - 3:00 p.m.

2nd Experience: 3:15 - 5:15 p.m.

Register today at the JCC Front Desk! Sorry no phone registration will be accepted.

B I R T H D A Y

PARTY PACKAGES

Celebrate your special day at the JCC! Our birthday party packages take care of everything including the fun! All you have to do is invite your friends! Each party package includes a JCC staff member who will plan gym and swim activities, outdoor play and special birthday games and surprises! The JCC will provide the cake and drink based upon your request (sheet cakes, and special theme cakes are available).

- ✓ **PACKAGE A** - Includes staff member to plan the activities, swim and/or gym times, cake, punch and lots of fun for all the birthday guests! Cost: \$ 80.00 up to 15 children, \$ 3.00 each additional child
- ✓ **PACKAGE B** - Includes staff member to plan the activities, a special professional performer (clown, juggler or magician), all party decorations, including the papergoods, cake and juice! Cost: \$ 175.00 up to 15 children, \$ 4.00 each additional child
- ✓ **PACKAGE C** - Make your party even more complete by including lunch! Party staff will arrange lunch for all the party guests, plan all of the activities, set up the birthday room and make your celebration really special! Cost: \$ 150.00 up to 15 children, \$ 5.00 each additional child

Parties can be planned on any Saturday or Sunday during regular Center hours. Please contact the Child and Family Office at least one month in advance of the desired party date - as dates do book very quickly!

SPRING CAMP - REGISTER NOW!!!

Limited space still available for Spring Camp School's Out Days!
Spend your spring vacation at the JCC with a special line-up for activities!

SPRING CAMP REGISTRATION FORM

CHECK IT OUT! Check the box next to each day you want to come to the JCC and bring it to the Center with payment and you're all set!

- FRIDAY, MARCH 29 - 9:00 a.m. - 3:00 p.m. - A GREAT DAY FOR ALL AGES..**
(Please note the early close due to the 1st seder)

Kindergarten-3rd Grade: Enjoy a morning of Newcomb, Ga-Ga, Worldball and tennis outside on the Family Campus! Afternoon includes indoor swim and creative cookery!

Grades 4-6: Take in a video matinee in the morning followed by a separate swim. Then, get ready for an afternoon of floor hockey, horseshoes and more!

- MONDAY, APRIL 1 - 9:00 a.m. - 4:00 p.m. - Don't miss a minute!**
Laugh your head off on April Fools Day! Featured trip is Wacky-Golf (putt-putt) followed by a zany Double-Dare Day for grades 4-6 - "Laff-A-lympics" for grades K-3rd.
- TUESDAY, APRIL 2 - 9:00 a.m. - 4:00 p.m.**
We had so much fun at the Franklin Institute that we're heading back for more! Fee includes all admissions! Don't forget your swim suit 'cause there's time for an afternoon swim!
- WEDNESDAY, APRIL 3 - 9:00 a.m. - 4:00 p.m. - Go for your best score yet!**
Rack up the points as we head out for a day of major bowling fun!
- THURSDAY, APRIL 4 - 9:00 a.m. - 4:00 p.m.**
Videos aren't just for watching...they're for making! Write, produce and film your own music or other type of video! Everybody will have a chance behind and in front of the camera! Lights...Camera...and lots of ACTION on this day!
(Also includes swim and gym time).

Each Spring Camp day includes snack and swim time! Be sure to pack a kosher lunch daily.
Cost: \$ 18.00 for March 29; All others \$ 20.00 per day
Register for all five days for only \$ 90.00!

To make early/late childcare arrangements, please fill out the appropriate line below. For additional information, please call the Child and Family Office at (302) 478-5660, ext. 221.

Name: _____

Grade: _____ Phone: _____

Parent's Name: _____ Work Phone: _____

AM/PM Care Needed: AM PM BOTH Dates needed: _____

YOUTH FITNESS & AQUATIC PROGRAMS

MIGHTY MITES DEVELOPMENTAL SWIM PRACTICE

Monday & Wednesday Evenings

Time: 6:00 - 7:00 p.m.

This pre-competitive swimming program is specially designed for boys and girls, ages 4 to 8. It offers a fun, relaxed atmosphere where swimmers are taught the fundamentals of competitive swimming. Focus on the four competitive strokes, starts, turns and more! Two optional mini-meets will allow swimmers to measure their improvement. This program is an excellent way to keep your little swimmer active and prepare them for the upcoming summer season. Swimmers must be able to swim 25 yards.

Fees: \$ 70.00/Members, \$ 105.00/Non-Members
Session Dates: April 8 - May 22



BEGINNER SWIM I (Ages 4 & Up)

This program is designed for the non-swimmer. Various skills will be taught including self-reliance, kicking, pulling, floating on the stomach and back.

Sundays, 11:00 - 11:30 a.m.

Mondays, 4:30 - 5:00 p.m.

Wednesdays, 4:00 - 4:30 p.m.

Wednesdays, 5:00 - 5:30 p.m.

Fees: \$ 30.00/Members

\$ 45.00/Non-Members

Minimum Registration: 3 participants

Maximum Registration: 6 participants

Classes Begin: The week of April 7

Registration Deadline: April 5

PARENT/TOT SWIM

(Ages 10 Months - 3 Years)

Enjoy being in the water with your little ones! This class will help your child become water happy. Games, skills and social action makes this a great class for parents and children! Infants are required to wear rubber pants while in the pool.

Sundays, 10:30 - 11:00 a.m.

Fees: \$ 30.00/Members

\$ 45.00/Non-Members

Minimum Registration: 3 participants

Maximum Registration: 10 participants

Class Begins: April 14

Registration Deadline: April 10



BEGINNER SWIM II (Ages 4 & Up)

Skills include swimming on front and back, breathing and safety skills. Proper mechanics in kicking, pulling, breathing and body position. Children build endurance to swim 20 yards both front and back, dive and use swimming aides such as kickboards.

Pre-Requisite: Beginner I Skills

Sundays, 11:30 - 12:00 noon

Mondays, 4:00 - 4:30 p.m.

Wednesdays, 4:30 - 5:00 p.m.

Fees: \$ 30.00/Members

\$ 45.00/Non-Members

Minimum Registration: 3 participants

Maximum Registration: 6 participants

Classes Begin: The week of April 7

Registration Deadline: April 5

ADVANCED BEGINNER SWIM

(Ages 5 & Up)

For swimmers who have mastered skills taught in Beginner II. Previous skills are improved and new strokes are introduced. Ability, endurance and confidence are improved.

Pre-Requisite: Beginner II Skills

Sundays, 12:00 - 12:45 p.m.

Mondays, 5:00 - 5:45 p.m.

Fees: \$ 30.00/Members

\$ 45.00/Non-Members

Minimum Registration: 3 participants

Maximum Registration: 6 participants

Classes Begin: The week of April 7

Registration Deadline: April 5

OLYMPIAD SCHOOL OF GYMNASTICS

Limited Space Available - Register Early!

HONEY BEES (3 Years by 12/31)

Tuesdays, 12:45 - 1:30 p.m.

Tuesdays, 6:00 - 6:50 p.m.

KINDER BEES (4 Years by 12/31)

Tuesdays, 1:45 - 2:35 p.m.

Tuesdays, 6:00 - 6:50 p.m.

GYM BEES (5 Years by 12/31)

Tuesdays, 4:00 - 4:50 p.m.

Tuesdays, 6:00 - 6:50 p.m.

BEGINNER I (1st Grade)

No experience needed.

Tuesdays, 4:00 - 4:55 p.m.

ADVANCED BEGINNER (Ages 7-9)

Must be able to perform cartwheel.

Tuesdays, 5:00 - 5:55 p.m.

PRE-TEEN (Ages 9-12)

No experience needed.

Tuesdays, 5:00 - 5:55 p.m.

Note: This is not a new course offering; it is for those who are NOT currently enrolled.

Fees: \$ 64.00/Members

\$ 78.00/Non-Members

(No class will be held on April 2)

TAE-KWON-DO Mondays & Wednesdays



YOUTH CLASSES

4:00 - 5:45 p.m. - White/Yellow Belts

4:55 - 5:25 p.m. - Green/Blue Belts

5:30 - 6:15 p.m. - Red/Black Belts

Tae-Kwon Do Fees:

\$ 40.00/Month/Members

\$ 50.00/Month/Non-Members

Payment must be made by the 5th of each month or a fee of \$ 1.00 per day will be added.

TAE-KWON-DO TESTING DATES

April 21, 1:30 - 4:00 p.m.

June 23, 1:30 - 4:00 p.m.

Everyone is welcome to attend and watch on the days that the students are tested. If you are interested in attending our Tae-Kwon-Do program, your welcome to try a free introductory class...call the Control Desk to make arrangements.

TEEN SERVICES

College Services for High School Students Entering 10th, 11th and 12 grades

FALL 1991 !

Dear College-Bound Student:

Selecting a college or university is one of the most important decisions in life. Along with the decision comes an enormous amount of questions that need answers. What size campus do I want to live on? How do private schools compare to state universities? How important are ACT scores? What should my major be? What's it like living away from home? How do I fill out admissions forms and applications? What should I say at my interview? Will I ever be done with school?

The JCC understands what a great, exciting and sometimes confusing decision that is and wants to help! Beginning in the Fall of 1991 we will be introducing our College Services Department. We are creating a reference library of college catalogues, applications and course-offerings booklets that you are invited to take information from for your use.

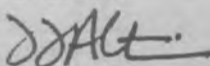
Additionally, we are offering a full line-up of college campus caravans which will allow you to visit campus' with your friends, meet with admissions agents, experience camp life and attend typical classes!

Further we will be having regular brunches with guest speakers available to answer most of your questions.

To make this service the best it can be, we are asking for your help. Please take a few minutes to fill out the questionnaire so we can tailor our college service offerings then return your comments to the JCC marked "College Services Department".

Thanks a lot for your help! We look forward to hearing your responses soon!

Shalom,



JCC Alter, Director

NEW PROGRAMS !

COLLEGE WRITING COURSE

Thursdays

7:00 - 9:30 p.m.

Begins: April 18

This course will teach the skills needed to succeed in college freshman composition courses. The instructor will present structures for expository prose and literary analysis papers. Students will write several compositions which will be critiqued and returned.

About the Instructor...Michael H. Roccia

Mr. Roccia will instruct the course. He teaches composition, public speaking, and literatures in the University College Division of Widener University. He has been affiliated with Widener for the past 23 years. He also received the first *OUTSTANDING TEACHER AWARD* in the University College and has conducted numerous seminars for businesses in writing and public speaking.

Cost: \$ 100.00/Members

\$ 150.00/Non-Members

Course Dates: April 18 - May 23 (5 Sessions)

Minimum Enrollment: 8 participants

TEEN CONNECTION ROPES COURSE DAY

(Grades 7 & 8)

Sunday, May 12, 1991

1:30 - 3:30 p.m.

Teen Connection takes to the ropes! For 7th and 8th graders interested in joining the hottest new Youth Group!

Join Teen Connection as they challenge the Center's newest attraction...the low elements ropes course! Team work, cooperation and lots of fun are all a part of the experience! Wear comfortable clothes, gym shoes and bring your outdoor spirit!

If you're unable to join us for this day, but are interested in the Teen Connection Group, please call the Center at (302) 478-5660.

This program is LIMITED TO THE FIRST 12 REGISTRANTS (Teen Connection members have registration priority.) There is no registration fee, however you must reserve your spot by calling the Center, (302) 478-5660.

Hey Teens.....Try your hand at a
calligraphy or art class!

INTRODUCTORY CALLIGRAPHY CLASS
Wednesdays - 7:30 - 9:00 p.m.

BEGINNER ART CLASS

Class time to be determined by students.

Look in the adult section of this
program guide for more information

WILMINGTON JEWISH COMMUNITY CENTER COLLEGE SERVICES DEPARTMENT QUESTIONNAIRE

Name _____ Phone _____

Current HS Grade _____ Graduation Date _____ Are you planning to attend a college/university? Yes No

What is your anticipated field of study? _____

1. Would you be interested in attending college campus' during weekends and day trips? Yes No

If yes, please list campus' you would like to visit: _____

2. Would you be interested in attending programs with speakers from area colleges? Yes No

3. Are you interested in using a college reference library which would have catalogues, admission forms, etc. for your use? Yes No

4. Do you plan on taking ACT prep courses? Yes No

If yes, which one(s) _____ Date of Test _____

5. Would you or your parents be interested in Financial Aid Workshops? Yes No

6. Are you interested in receiving information on scholarships, grants, awards, etc? Yes No

7. What are you looking for in a college? (Please note size of student body, location, student life, curriculum, etc.)

8. Do you have specific schools in mind? If so, please list: _____

9. Additional Comments: _____

Please return questionnaire to: JCC College Services Department, 101 Garden of Eden Road, Wilmington, DE 19803

CAMP LEADERSHIP STAFF SETS ITS GOALS



JJ Alter, Camping Services Director of the JCC is pleased to introduce the summer camp leadership team for 1991...

K'Ton Ton Unit

This camp unit will be under the direction of Jane Hormadaly, Children's Center Director. K'Ton Ton staff will include many familiar faces from the school year including Elyse Cherrin, Unit Head; Natalie Vekker, Susan Kimm, Michelle Aurand, Rachel Holt, Cindy Hill, Atiya Siddiqui.

Elementary age programs will be coordinated by Rabbi Jeffrey Eisenstat, Camp Program Director. Jeff's many years of camping experiences provide a solid base and wealth of ideas for exciting new program offerings. This year's Unit Heads are returning "pros" well-equipped to provide campers with their best season yet. They include...

Kochavim Unit

Joe Consigho will head up our Kindergarten through 2nd grade unit. A school teacher during the year, Joe looks forward to camp as an exciting time during which non-traditional education can take place. This is Joe's second year with Camp JCC!

Chaverim Unit

Cathryn Donohoe, JCC Kindergarten Enrichment Teacher, will coordinate our 3rd and 4th grade unit. Cathy has been in camp practically every year of her life! Like many of her original campers, Cathy makes the transition into the Chaverim Unit this summer. This is her third year here at Camp JCC and it promises to be her best yet!

Chalutzim Unit

Mindy Alten returns as the coordinator of our 5th and 6th grade unit. Mindy's interest in this age group couldn't keep her away from camp! She has developed a free-choice camp program, tailor-made to meet the needs of these nature campers. Mindy's vast camp experience will benefit this program greatly!

Giborim Unit

New faces in the Teen Program Department will add a sense of excitement as our 7th and 8th graders take to the road! Our well-supervised travel program provides teens with a summer of special memories and adventures as they travel with a mature, well-qualified staff.

CLIP AND SAVE THIS SUMMER'S CALENDAR OF EVENTS



"A WORLD OF FUN AWAITS YOU AT CAMP JCC"

June 1991

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Join us at the Camp Open House on Sunday, June 23 from 11:00 - 1:00 p.m. at the Campus. Meet your counselor and get your camp t-shirt!!!						1
2	All Fees Due All Medical and Emergency Info. Due	3	4	5	6	7
9	10	11	12	13	14	15
Pre-Camp Week						16
17	18	19	20	21	22	23
Camp Open House 11:00 a.m. - 1:00 p.m.	24	25	Camp Picture Day Wear your Camp Shirts	26	27	28
29	30					

July 1991

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tennis Camp Cont. Jewish Symbols Cont.	1	2	No Camp No Day Care	4	5
7	8	9	Kochavim Late Stay Grades K-2 extends until 7:30 p.m.	10	11	12
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 1991

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Chaverim Overnight Family Night until 7:30 p.m., dinner available	1	2
4	5	6	7	8	9	10
11	12	13	Kochavim Late Stay (Grades K-2 extends until 7:30 p.m.)	14	15	Last Day of Camp
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NEW SPORTS CAMP PROGRAM AT THE JCC

CHECK OUT OUR STARTING LINE-UP !

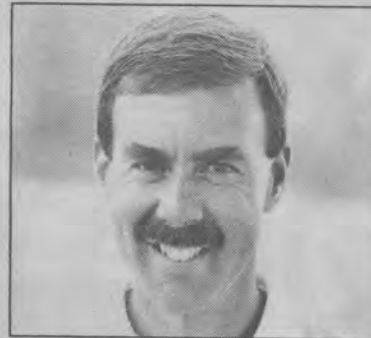
Sports Camp, new this summer to Camp JCC, is offered to children entering 4th, 5th and 6th grade. The sessions are two weeks in duration which allow complete flexibility for campers who want to attend regular sessions of camp as well. The emphasis during the first week of each Sports Camp program will be in skill building and the second week will feature conditioning workshops and competition. Appearances by local sports celebrities will be a highlight as well as visits to training facilities of professional athletes.



TENNIS CAMP June 24 - July 5

Adam Goldstein, Tennis Pro from the Wilmington Country Club, Green Way and Bobby Kaplan Tennis Clubs, will head up our Tennis Camp Program this summer. Adam was the captain of the Varsity Tennis Team at the

University of Wisconsin and is a graduate of the Port Washington Tennis Academy. This program will focus on skill development games and stroke instruction. Contests and tournaments will develop the novice to avid player.

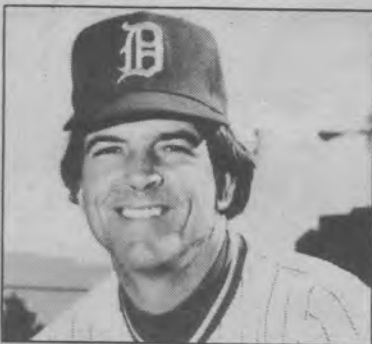


SOCCER CAMP July 22 - August 2

Marc Samonisky will lead our Soccer Camp program. He has a tremendous amount of experience including serving as the State Coach for the U.S. Olympic Development Program; Soccer

Coach for the Maccabi Games in the greater Philadelphia area; Assistant Soccer Coach at the University of Delaware and he also holds an advanced diploma from the N.S.C.A.A.

Marc's unique approach to the game and creative ideas are designed to spark the interest and ability of the new soccer player. The techniques used at our summer camp will truly be 'state-of-the-art' !



BASEBALL CAMP July 8 - July 19

Bruce Carlyle, President of "Grand Slam U.S.A." will be heading up our Baseball Camp this summer. He serves as the Baseball Coach for the University of Delaware and has been described as "one of

the first offensive college coaches in the nation". Over 140 of his players went to the NCAA Division I and received American honors. He is the author of "Swing the Bat - A Guide to Aggressive Line Drive Hitting". Bruce plans to use professional pitching machines this summer and is bringing a full line-up of experienced coaches with him.

The first week will focus on intensive coaching and skill development and the second week will include actual games accentuated by trips to minor and major league baseball games.



OUTDOOR ADVENTURE CAMP August 5 - August 16

Dr. Chip Nippert, orienteering expert, has designed this nationally recognized program. It will feature a variety of outdoor skills including map-

ping, compassing, hiking, canoeing and outdoor exploration. Overnights are also included. Since our day camp facilities are located adjacent to the Brandywine Creek State Park, the opportunities for exploration are endless. Some travel adventures are also planned for children attending this special Adventure Camp.



REGISTER YOUR CHILD TODAY - LIMITED SPACE AVAILABLE !

If you have an interest in any of these superb summer opportunities, please call the Camping Services Office at (302) 478-5660 or drop by the Center to pick-up your application !



"I can't wait to see you all again!"



"Time Out Again?"



"I just love this place!"



"High-Five, Dude"



"Hanging around the Pool"



Another Satisfied Customer



Hey Man...My kind of "Hang-Out"



Friends from "Around the World"

Do you have photos of your family or friends taken at the Campus?
Send them in and we'll put them in our Campus Photo Album!

A SMALL SAMPLE OF WHAT'S TO COME...

SPORTS AND FITNESS...

- ☆ Singles Volleyball
- ☆ Co-Ed Volleyball
- ☆ Sunday Softball
- ☆ Water Volleyball
- ☆ Ping-Pong Tournaments

SPECIALS FOR THE ENTIRE FAMILY...

- ☆ Hawaiian Night # 3
- ☆ Mariachi Band and Mexican Feast Nite
- ☆ Saturday Late Nite Swimming
- ☆ Membership Appreciation Day
- ☆ Family Camping Overnights
- ☆ Family Theatre Programs

MORE ATTRACTIONS...

- ☆ More Shade
- ☆ New Lounge Chairs
- ☆ Expanded Snack Bar
- ☆ Safer Lockerrooms
- ☆ Free Sunday Snacks

NEW TENNIS PROGRAM...

- ☆ Tennis Tournaments
- ☆ On-Site Tennis Pro
- ☆ Variety of Classes for All Ages
- ☆ Special Ladies Clinic
- ☆ Racket Stringing Available

For additional information on our Full-Service Tennis Program please see the ad on page 24!

ALL OF THIS - PLUS...

A very helpful staff to serve you and meet your varied needs!



THE JEWISH FAMILY CAMPUS

CHECK OUT OUR EXTENSIVE FACILITIES...

- ✓ A state-of-the-art **Aquatic Center** that can accommodate the recreational interests of all ages, as well as the varied swimming skill training needs of the community. A separate Toddler Pool provides a safe area for young children's enjoyment. The Aquatic Center is fully accessible to the physically handicapped.
- ✓ An **Outdoor Amphitheatre** that greatly enhances our local cultural life with concerts, plays and other productions of community interest, as well as the larger events of our community organizations.
- ✓ A **Crafts and Nature Center** for enjoyable educational activities for young and old.
- ✓ Four **Outdoor Tennis Courts** for fun and competition or a pleasurable volley.
- ✓ **Multi-Purpose Sports Fields**, including facilities for baseball, volleyball, soccer, football, as well as basketball court to compliment late night sports and splash parties.
- ✓ **Large Picnic Areas** with tables and cooking facilities for family and group gatherings.

When it comes to family gatherings...you have a reserved spot in the sun at the Campus!

TEEN/ADULT FITNESS & AQUATIC PROGRAMS

SOFTBALL GAME FOR GRADES 7 AND 8

SUNDAY, MAY 5, 1991
1:30 - 3:30 P.M.

This is going to be a power hitting, grand slam game! Bring your gloves and we'll supply the bats, balls and bases! Meet us on the Campus Baseball Diamond and bring all of your friends! All 7th and 8th grade students are welcome!

FREE OF CHARGE!

Please contact Eileen Wallach at (302) 478-5660 for registration information.



ADULT AQUATIC/FITNESS

WATER AEROBICS

Shake, rattle and roll in the water with us! We're making waves and getting ready to put our swim suits on for this summer. Meet your friends at the JCC pool. A well-rounded program that includes warm-up, aerobic conditioning, stretching and a cool-down period. For non-swimmers and swimmer alike!

Days: Monday, Wednesday, Friday

Time: 9:00 - 10:00 a.m.

Fees: \$ 40.00/2 Days/Members

\$ 60.00/3 Days/Members

\$ 60.00/2 Days/Non-Members

\$ 90.00/3 Days/Non-Members

Minimum Registration: 4 participants

Session Dates: April 8 - May 31

Registration Deadline: April 5

Get Ready for Summer!

American
Red Cross



LIFEGUARD TRAINING FOR LIFEGUARD JOBS

Two Different Classes Available!

CLASS A

Sundays, 1:00 - 5:00 p.m.

Session Dates: April 7 - May 19

CLASS B

Tuesdays & Thursdays, 6:00 - 9:00 p.m.

Session Dates: April 16 - May 16

LIFEGUARD TRAINING CLASS FEES:

(Without First Aid Course)

\$ 65.00/Members, \$ 90.00/Non-Members

(With First Aid Course)

\$ 100.00/Members, \$ 140.00/Non-Members

Minimum Registration - 6 participants

Maximum Registration - 10 participants

Contact the Health and Fitness Control Desk at (302) 478-5660 for information.

JCC SWIM SCHEDULE Open/Lap Swim

ADULT LAP SWIM

(ALL LANES ROPED)

Adult swim only;

Circle swim when crowded

9:00 a.m. - 10:30 a.m.

Sunday - 5 lanes

6:00 a.m. - 8:30 a.m.

Monday through Friday - 5 lanes

11:30 a.m. - 1:30 p.m.

Monday - 3 lanes

11:30 a.m. - 1:30 p.m.

Tuesday through Friday - 5 lanes

LAP SWIM

Lap swim for any age;

Circle swim when crowded

5:00 p.m. - 6:30 p.m.

Monday & Wednesday - 3 lanes

5:00 p.m. - 6:30 p.m.

Tuesday & Thursday - 5 lanes

2:00 p.m. - 7:00 p.m.

Saturday - 3 lanes

OPEN SWIM

(Lap swim available during open swim when possible)

10:30 a.m. - 1:00 p.m.

Sunday - 3 lanes

1:00 p.m. - 5:00 p.m.

Sunday - 5 Lanes

8:30 a.m. - 11:30 a.m.

Monday, Wednesday & Friday - 3 lanes

8:30 a.m. - 11:30 a.m.

Tuesday & Thursday - 5 lanes

1:30 p.m. - 5:00 p.m.

Monday & Wednesday - 3 lanes

1:30 p.m. - 5:00 p.m.

Tuesday, Thursday & Friday - 5 lanes

6:30 p.m. - 9:45 p.m.

Monday & Wednesday - 3 lanes

6:30 p.m. - 9:45 p.m.

Tuesday & Thursday - 5 lanes

2:00 p.m. - 7:00 p.m.

Saturday - 2 lanes

CLIP AND SAVE

LOW IMPACT STRETCH AND TONE WATER EXERCISE

This exercise course is designed for people with physical difficulties such as arthritis, bone and joint problems, back problems, which limit their ability to participate in other activities.

Stretching, full range of motion exercises and low level aerobic activities are used to meet the individual needs of the participant.

Days: Monday, Wednesday, Friday

Time: 10:15 - 11:00 a.m.

Fees: \$ 40.00/2 Days/Members

\$ 60.00/3 Days/Members

\$ 60.00/2 Days/Non-Members

\$ 90.00/3 Days/Non-Members

Minimum Registration: 3 participants

Session Dates: April 8 - May 31

Registration Deadline: April 5

SENIOR WATER EXERCISE

(Age 62 & Up)

In conjunction with New Castle County Senior Services and the JCC, this well-rounded water exercise class is just for anyone over the age of 62.

No wet hair, no swimming skills are needed to participate.

Instructor: Mary Ellen Carter

Days: Tuesday & Thursday

Time: 10:00 - 11:00 a.m.

FREE TO MEMBERS!

Please register for this course at the Health and Fitness Control Desk.

SWIM SPRING WARM-UP

(Ages 10 & Up)

Organized workout designed to bridge the gap between the competitive winter season and outdoor summer season. This program is for conditioned competitive swimmers only.

Days: Monday & Wednesday

Time: 7:30 - 9:00 p.m.

Fees: \$ 40.00/Members

\$ 60.00/Non-Members

Session Dates: April 8 - May 22

Registration Deadline: April 1

ADULT FITNESS PROGRAMS



CO-ED SOFTBALL SUNDAYS 10:00 A.M. - 12:00 NOON



Are you ready for Co-Ed Softball?
When the weather gets warm, we'll be on the field!

FREE OF CHARGE

Beginning in May on the grounds of the Family Campus!

For league information, please contact Eileen Wallach,
Recreational Services Director at (302) 478-5660.

SINGLES (YJAD) VOLLEYBALL Wednesday Evenings 6:00 - 7:45 p.m.

\$ 1.00/Members
\$ 2.00/Non-Members

CO-ED RECREATIONAL VOLLEYBALL Wednesday Evenings 8:00 - 10:00 p.m.

Free for Members!

BALLROOM DANCING WITH BRIAN WELLS *Starliters Dance Studio*

Did you know that Ballroom Dancing...

Is a great place to meet other singles
and provides a great aerobic workout?

Reduce stress?

You can burn approximately seven
calories per minute just waltzing!

Here's your chance to learn the foxtrot,
waltz, cha-cha, rumba, mambo, tango,
triple swing, polka, bossanova, samba and
viennese waltz.

Instructor Brian Wells has been dancing for
11 years (6 years as a professional) and
owns *Starliters Dance Studio* in Wilmington.
He won the East Coast American Latin
Amateur Dancing Competition in 1982 and
has performed at Showboat Casino in At-
lantic City. He also served as a dance
instructor for PaladIn Club.

**TRY
BALLROOM
DANCING**



TUESDAY EVENINGS

6:30 - 7:30 p.m. (Beginner)
7:30 - 8:30 p.m. (Intermediate)
8:30 - 9:30 p.m. (Advanced)

Classes will be held in the Youth Lounge.
Registration will be accepted on the first
night of class by *Starliters Dance Studio*.

Dates: April 2 - June 4

For additional information, call the Health
and Fitness Control Desk at (302) 478-5660.

MEN'S PICK-UP BASKETBALL

Sunday Mornings
9:00 - 11:30 a.m.

Monday Evenings
5:00 - 7:00 p.m.

Thursday Evenings
5:00 - 7:00 p.m.

Saturday Afternoons
2:00 - 4:00 p.m.



Widener students excluded.

FREE MORNING EXERCISE

One hour of calisthenics, rhythmic exercise
and aerobics, adroitly combined to make a
better you. Take one, take two or three ses-
sions each week.

Instructors:

Susan Davis and Lynn Lew

**Mondays, Wednesdays, Fridays
9:00 - 10:00 a.m.**

FREE TO MEMBERS!

\$ 3.00/Drop-In/Non-Members



JACKIE'S AEROBIC DANCING

(Intermediate to Advanced Level)



Sundays:
9:30 - 10:30 a.m.
Tuesdays & Thursdays:
9:00 - 10:00 a.m.
Tuesdays & Thursdays:
7:00 - 8:00 p.m.

Limited Space Available!
Aerobic Dancing Fees:
\$ 78.00/2 times per week
\$ 108.00/3 times per week

For additional information,
please call Marsha Golden
at (302) 571-0209.

DROP-IN CLASSICAL MODERN DANCE Dance Your Way to Happiness and Health...

The dance techniques taught in this class will
reflect aspects of Grapham, O'Donnell,
Humphrey and Limon.

Instructor, Lida Smith, has an extensive back-
ground in dance that includes 30 years of
teaching experience at the university level in
both ballet and modern dance. She is a
former member of the May O'Donnell Con-
cert Company and Director/Choreographer
for the West Chester University Theatre Dance
Group for more than 20 years.

Wednesdays, 10:00 - 11:00 a.m.

Fees: \$ 4.00/Drop-In/Members

\$ 5.00/Drop-In/Non-Members

For additional information, contact the Health
and Fitness Control Desk.

HATHA YOGA

Enjoy body sculpturing through Hatha Yoga.
Your instructor, Joan-Marie Boyd, has 27
years of teaching experience.

Let her set your mood, to help you move
your body like you've never believed pos-
sible.

Mondays & Wednesdays, 6:30 - 8:00 p.m.

Hatha Yoga Fees:

\$ 30.00/1 Day/8 Sessions/Members

\$ 50.00/2 Days/16 Sessions/Members

\$ 40.00/1 Day/8 Sessions/Non-Members

\$ 60.00/2 Days/16 Sessions/Non-Members

This is a co-ed class is open to adults and
teens and is an on-going program. For
more information on starting dates, please
contact Joan-Marie at (302) 655-8526.

ADULT SERVICES

ELLIS ISLAND

Now opened after a \$ 156 million renovation, Ellis Island is a monument to America's immigrants. Join us when we tour the Ellis Island Immigration Museum, Immigrant Wall of Honor, America's Gate and the Ellis Island Galleries.

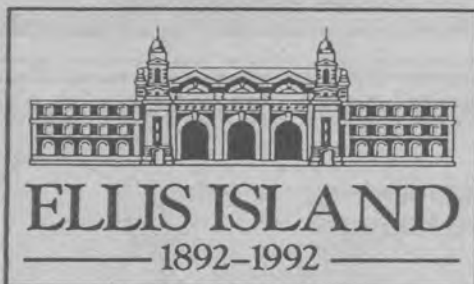
You may bring your lunch or buy lunch at the Ellis Island Food Court.

Date: Monday, May 6, 1991

Time: Bus departs at 8:00 a.m. /Returns at 7:00 p.m.

Cost: \$ 32.00 per person

Payment/Registration Deadline: April 15



BROOKLYN MUSEUM

Discover one of America's largest Art Museums...the Brooklyn Museum. You will have the pleasure of a docent lecture before you enjoy the first major exhibition in 20 years of paintings by famous landscape artist, Albert Brustadt.

Special exhibits of the works of Martet and other artists will be available for viewing. Lunch on your own at the Brooklyn Museum cafeteria.

Date: Wednesday, April 10, 1991

Time: Bus departs at 8:30 a.m./Returns at 7:30 p.m.

Cost: \$ 39.00 per person

Payment/Registration Deadline: April 1

NY THEATRE TRIPS

MISS SAIGON

Wednesday, June 19 OR

Wednesday, October 2

The one we've been waiting for! - "Miss Saigon" tells the tragic story of love and self-sacrifice involving a young Vietnamese girl and an American soldier at the time of the fall of Saigon in 1975. Reserve your space early - this play will be sold out for years to come!

"Musicals come and go, this one will stay"
- London Sunday Times

TICKET INFORMATION

\$ 95.00/Members, \$ 110.00/Non-Members
(Includes transportation, admission ticket, snacks en route and printed materials.)
Lunch on our own. Paid reservations are now being accepted at the Front Desk.

TRIPS FOR ADULTS

CAPE MAY, NJ AND VICTORIAN HOMES TOUR

Enjoy a delightful day in charming Cape May. We will take a guided trolley tour of the many unique Victorian homes, followed by a special tour of the beautiful Emlen Physick House. Lunch will be on your own at any of the many quaint area restaurants, followed by a pleasant afternoon of shopping at the Cape May Victorian Mall, or a self-guided walking tour of this seaside town.

Date: Wednesday, June 6, 1991

Time: Bus departs at 7:30 a.m./Returns at 6:30 p.m.

Cost: \$ 35.00 per person

Payment/Registration Deadline: May 15

TRIP TO BARNES MUSEUM

Join us when we tour the gallery in Merion, Pennsylvania, which contains a collection of paintings and sculptures which are universally acknowledged to be the most important of its kind. Its more than 1000 paintings include works by Renoir, Cezanne, Manet, Picasso and Matisse. Among the old masters are paintings by Giorgione, El Greco, Chardin, Delacroix and works of Dutch, Italian, German and Flemish primitives, as well as representative examples of Chinese and Persian art.

Lunch on your own at a local restaurant.

Date: Friday, January 24, 1992

Time and Cost to be announced.



PHANTOM OF THE OPERA

Winner of the "Best Musical" Tony Award, Phantom is the Andrew Lloyd Webber show everyone asks about first. It's the story of a disfigured Svengali who makes a captive of a young soprano of the Paris Opera.

Tickets:

\$ 85.00/Members, \$ 100.00/Non-Members

ADULT CLASSES

Israeli Dancing - Free!

Join our newly formed Israeli Dancing class every Monday evening, beginning April 15. Whether you are a beginner or veteran Israeli dancer, you are welcome to join in the fun and camaraderie as Dr. Judith Wollman leads our group in dance.

Day: Mondays

Time: 8:00 - 9:30 p.m.

FREE OF CHARGE!

Registration By: April 8



Beginner Art Class

Learn the basics of art from local artist, Dorothea Flood. If you've always wanted to draw but were afraid of what you didn't know about art, put your fears aside as Ms. Flood enlightens and guides you through the basics of drawing.

Time of class to be determined by students. For additional information, call Lynn Greenfield, Adult Program Director at the JCC.

Introductory Calligraphy Class

Join us for an introductory course in calligraphy taught by noted area calligrapher, Riva Brown, owner of "Living Letters, Inc." She will introduce Italic lettering and help students through a basic project.

So, if you have an upcoming event and want to formerly address your envelopes, or if you want to learn this beautiful art...this calligraphy class is for you!

Day: Wednesday

Time: 7:30 - 9:00 p.m.

Fees: \$ 35.00/Members

\$ 40.00/Non-Members

Session Dates: May 1- June 25

Inexpensive materials may be purchased at the first class. Registration with payment may be made at the JCC Front Desk.

Payment/Registration Deadline: April 22

Bridge Class

Instructor: Mr. Syl Hirsty

Are you a beginner or intermediate bridge player? If so, classes are forming for the upcoming Spring session.

Day: Wednesday

Dates: May 1, 8, 15, 22, 29, June 5, 12, 19

Time: 7:00 - 9:00 p.m.

Fees: \$ 40.00/Members

\$ 50.00/Non-Members

Minimum Enrollment: 12

Payment/Registration Deadline: April 22

For more information, call Lynn Greenfield, Adult Program Director at (302) 478-5660.

MORE CLASSES...

ADULT SERVICES

ADULT CLASSES

55 ALIVE/MATURE DRIVING COURSE

The American Association of Retired Persons (AARP), will offer its eight hour course at the JCC. The classes will meet four hours each day with a half hour break for lunch. Upon completion, you are entitled to a 10% discount on the liability portion of your automobile insurance, plus a three point credit for your motor vehicle record in Dover.

Dates: May 2 and May 3, 1991

Time: 10:00 a.m. - 2:00 p.m.

Cost: \$ 8.00 per person

Payment/Registration Deadline: April 24

DO JEWS BELIEVE IN LIFE AFTER DEATH ?



**Monday, April 29, 1991
7:30 p.m.**

**Presenter:
Dr. Simcha Paull Raphael**

This lecture will explore teaching on the afterlife journey of the soul found in Jewish tradition and mysticism. We will discover that, in fact, Judaism does have an extensive tradition on life after death. While often unknown to both Jews and non-Jews, Jewish afterlife teachings can be made accessible to people today, and help individuals understand more fully the nature of bereavement and the search for meaning and spirituality in today's changing world.

Dr. Simcha Paull Raphael, psychologist and educator, teaches at Gratz College and in the Pastoral Counseling program at La Salle College in Philadelphia and has lectured extensively in the Jewish community. He is also in private practice as a psychologist and is currently authoring a book entitled, "Jewish View of the Afterlife".

Cost: \$ 2.50 per person at the door
Registration Deadline: April 22

This program is co-sponsored by Jewish Family Service, Schoenberg Memorial Chapel and the JCC.

ETHICS OF OUR FATHERS

Presenter: Rabbi Chuni Vogel

Explore the ethical maxims and brilliant insights and sayings of our Sages. These principles of Torah and Ideals of our religion are the ultimate guidelines of Judaism.

A lively discussion with a question and answer follows each session.

Wednesdays, 7:30 p.m.

No religious education is needed to participate and no registration is necessary. Please call the JCC for session information.

"RAMBAM-MAIMONIDES"



**Presenter:
Rabbi Leonard Gewirtz**

Thursday, April 11 - 7:30 p.m.
G-d and the Problem of Evil
Guide III:19, Guide III:12

Thursday, April 18 - 7:30 p.m.
Providences and Free Will
Guide III:17

Thursday, April 25 - 7:30 p.m.
The Mitzvot of the Torah
Dietary Laws - Guide III:48
Forbidden Sex - Guide III:49
Festivals - Guide III:46
Sacrifices - Guide III:32

Thursday, May 2 - 7:30 p.m.
Physical Health Diet - Guide V
Mental Health
The Golden Mean

These programs are free of charge and open to the entire community.

For more information, please contact Lynn Greenfield at the JCC.

You and Your Aging Parent

**Wednesday, May 22, 1991
7:30 p.m.**

**Speaker: Myrna Ryder,
Director of Family Life Education,
Jewish Family Service**

When we were children, our parents just couldn't do enough for us. Now it may seem like the other way around. As our parents age and become more dependent, we often feel pulled emotionally, physically, psychologically and sometimes financially.

Learn about the aging process and the changes that our parents, and we, will all face. Ideas for dealing with difficult problems and situations will also be shared.

This program is free of charge and open to the entire community. This program is being co-sponsored by Jewish Family Service and the JCC.

Registration Deadline: May 15

GREAT JEWISH BOOKS DISCUSSION GROUP

This group first started out as a project during Jewish Book Month in 1986. The group now meets on a monthly basis during the school year. An experienced Great Books leader guides the discussions from ancient to contemporary books and includes selections as well as complete works.

Wednesdays, 7:30 - 9:30 p.m.

New members are always welcome to come to the meetings.

SPRING READING SELECTIONS:

MARCH 19TH MEETING

Rosenthal, Gilbert - "Four Paths to One God", Bloch, 1973

Chapter IX - "Reconstructionist Ideology", pp. 229-256

Available in xerox copy - \$ 1.00

APRIL 16TH MEETING

Plaxkow, Judith - "Standing Again at Sinai: Judaism from a Feminist Perspective", Harper, 1990

Chapter II - "Torah: Reshaping Jewish Memory", pp. 25-74

Chapter III - "Israel: Toward a New Concept of Community", pp. 75-120

Chapter C - "Toward a New theology of Sexuality", pp. 170-210

Available in xerox copies - \$ 4.75.

MAY 21ST MEETING

Shipler, David - "Arab and Jew", Penguin
Available in bulk - \$ 7.20



TRAVEL GROUP

*"In the Good Ole Summertime"
Steamboatin'-Come live the legend!*



Departure Date: Thursday, August 8

Does the thought of a calliope playing and paddlewheel churning as you pull into port on a steamboat warm your heart and soul? If so, come join us on the Mississippi Queen and experience America from the decks of only one of two overnight paddlewheel steamboats in existence.

Port of departure is Cincinnati to Memphis. Roundtrip airfare, transfers, accommodations on board for five nights, three meals a day plus snacks, midnight buffets and private cocktail party are included.

Sound Inviting? If so, please contact Lynn Greenfield at the JCC, (302) 478-5660.

ADULT SERVICES

MUSIC PROGRAMS



ISRAEL THROUGH MUSIC...A Special Family Program

Sunday, April 14, 1991

2:00 p.m.

Rabbi Jeffrey Eisenstat and his merry band of guitar players will present a family sing-a-long in celebration of Jewish Music Season. Rabbi Eisenstat will compile song books, which will be distributed to each family. An ice cream and cookie social will follow the program. Free of charge - Open to the entire community.

MANN MUSIC CENTER SUMMER CONCERTS

The Jewish Community Center will once again be coordinating trips to the Mann Music Center during the summer of 1991. Concert dates and names of performing artists will be published as soon as tickets are available.

Watch for more information in upcoming publications!

JCC Art Gallery Spring Exhibits

ISRAEL FINE ARTS EXHIBIT

March 11 - April 22, 1991



The JCC Art Gallery will exhibit works by Israeli artists Agan, Ben Avraham, Castel, Ebgl, Malmon, Mahler, Schenever and Tobias during the Israeli Fine Arts Exhibit. The works include original water colors, serigraphs, lithographs and etchings. They will represent a wide variety of styles from traditional to contemporary. All pieces of art will be available for purchase.

ROSE BREIN FINKEL EXHIBIT

May 1991

Internationally acclaimed artist Rose Brien Finkel will exhibit her extensive collection of hand pulled block prints and embossings in the JCC Art Gallery. She will display a wide variety of Judaica, as well as artworks of cats and flowers.

Ms. Finkel's works are collected and exhibited internationally. Many pieces are displayed in the National Museum of American Jewish History on an ongoing basis, as well as the Renwick Gallery of the Smithsonian Museum in Washington.

CHILDREN'S THEATRE

RIP VAN WINKLE

Sunday, May 5

2:00 p.m.



Presented by Duet Productions

This dynamic story-theatre presentation is based on Washington Irving's classic American folk-tale of the Catskill Loafer who takes a twenty year nap.

Rip Van Winkle spends more energy avoiding work than any of his neighbors along the Hudson River. One day Rip slips away from his chores for some quiet fishing. He meets a ghost who leads him to a secret glen high in the Catskill Mountains.

Rip shares an afternoon of bowling and refreshments with the ghost and his friends, and then falls into a mysterious sleep.

When he awakens twenty years later, Rip in his tattered clothes and ragged beard, finds his new world a very different and confusing place.

Cost: \$ 5.00 per child/Adults - Free

Registration and payment for this special children's theatre production is now being accepted at the JCC Front Desk.

**Bring your entire family out to the JCC for our Special
Community Yom Ha'atzmaut Celebration on
Sunday, April 21, 1991**

Please see the full page advertisement in this brochure for more information.

ISRAEL DESK



Nurit Katziry, Shilcha
Rivkta Inl, Israel Desk Chairperson
Amalia Snyderman, Committee Member

Israel Desk Hours:

Monday-Thursday: 9:00 a.m. - 10:00 p.m.
Friday & Sunday: 9:00 a.m. - 5:00 p.m.

Shilcha Hours:

Thursday: 10:00 a.m. - 2:00 p.m.

ADULT SERVICES

ADULT LECTURE PROGRAMS AT THE JCC

BAGEL AND COFFEE LECTURE SERIES

The community is invited to join us on Sunday morning (5/5 and 6/2) to partake of the Bagel and Coffee Lecture Series.

Bagels, cream cheese and coffee will be followed by outstanding speakers who will address topics such as Ethiopian Jewry, Jewish Renaissance in the Soviet Union and Jews in American Politics.

Dates: May 5 and June 2, 1991

Time: 11:30 a.m.

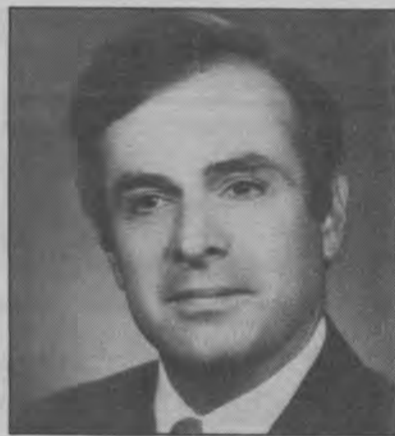
Cost: \$ 2.50 per person

The bagels and coffee will be served at 11:30 a.m. and the lecture will begin at 12:00 noon. This program is being co-sponsored by JCRC and the JCC.

More information to follow.

ISRAEL'S FUTURE - AND OURS

Guest Speaker: Mervin F. Verbit



Dr. Verbit is a professor of sociology at Brooklyn College of The City University of New York and has spent several years in Israel as the Director of the College's Program for Study in Israel and as a visiting professor at Hebrew University, Bar Ilan University and Tel Aviv University. He specializes in the sociology of religion and in contemporary American Jewry. He has written on a wide range of Jewish themes, including Jewish identity, the Jewish family, Israel-Diaspora relations, the religious background of the Arab-Israeli conflict, Jewish education, Zionism, the role of religion in contemporary culture, the development of Holocaust memorial rituals, and Jewish attitudes in the Soviet Union. He is currently working on a study of religion and ethnicity among American Jewish university students. Dr. Verbit is listed in "Who's Who in American Jewry", "Who's Who in World Jewry" and "Who's Who in Sociology among American Professors".

Date: Thursday, April 18, 1991

Time: 7:00 p.m.

Free of Charge!

This program is being co-sponsored by The Israeli Task Force of the Jewish Community Relations Committee of the Jewish Federation of Delaware and the JCC.

GULF WAR SERIES

CRISIS IN THE GULF: THE HISTORICAL BACKGROUND

Tuesday, March 26 - 1:00 p.m. (Bring your own lunch)

Speaker: Dr. Raymond Callahan, Military Historian and Director of Arts in Liberal Studies, University of Delaware

Dr. Callahan will examine the historical background of the area, including the breakup of the Ottoman Empire and the post World War I creation of Iraq by the British. He will discuss the British decision to withdraw from the Gulf and our subsequent involvement as the "protecting power" for the Gulf states.

MAKING WAR IN THE MIDDLE EAST

Tuesday, April 2 - 7:30 p.m.

Speaker: Dr. Raymond Callahan, Military Historian and Director of Arts in Liberal Studies, University of Delaware

An examination of the Gulf War in the context of the history of warfare since the advent of airpower.

GULF WAR: EUROPEAN & ARAB PERCEPTIONS OF THE KUWAIT CRISIS

Tuesday, April 9 - 1:00 p.m. (Bring your own lunch)

Speaker: Dr. Mark Miller, Department of Political Science, University of Delaware

This presentation will focus on the ways in which Western European and Arab analyses of the Gulf crisis and war have diverged from prevailing viewpoints in the U.S. Regardless of the outcome of the war, three key political questions will remain: What kind of regional security system can ensure peace in the region? How can a negotiated solution to the Arab-Israeli conflict be achieved? What can be done to eliminate weapons of mass destruction from the area?

US FOREIGN POLICY IN THE MIDDLE EAST

Tuesday, April 16 - 7:30 p.m.

Speaker: Dr. James Oliver, Department of History, University of Delaware

US foreign and defense policy concerning the Arab and Israeli conflict, the Gulf and the Middle East in general is the subject of this presentation.

THE ABOVE PROGRAMS ARE FREE OF CHARGE AND OPEN TO THE ENTIRE COMMUNITY!

For more information, please call Lynn Greenfield, Adult Program Director at the JCC.



This program is partly funded by the Delaware Humanities Forum, a state program of the National Endowment for the Humanities.

SENIOR CENTER SERVICES

THIRD PASSOVER SEDER

Come break Matzah with all of your friends at the Senior Center. Rabbi Peter Grumbacher, Temple Beth Emeth, will officiate. This has become a tradition with the seniors, giving them an opportunity to be with their friends and to participate in the reading of the Passover Haggadah. Traditional foods will be served during the seder and a light Passover lunch will follow.

Date: Wednesday, April 3, 1991

Time: 11:00 a.m.

Special holiday donation is requested.

This program is open to the entire community.

Please call Ray Freschman, Senior Center Coordinator at (302) 478-5660 for more information.



PILOT SCHOOL CHORAL PERFORMANCE

The Student Chorus from Pilot School will present a program of poetry and songs for the JCC Senior Center. The children in the chorus range in age from 12 to 14 years of age. This group has entertained at the Center in years past and have always presented a very memorable program.

Date: Monday, April 22, 1991

Time: 12:45 p.m.

This program is free of charge and open to the entire community.

ACADEMY OF LIFELONG LEARNING PROGRAM LIFE AND TIMES OF FRANKLIN D. ROOSEVELT

Helen Bryant, an instructor at the A.L.L. will present the "Life and Times of Franklin D. Roosevelt". Her presentation will include biographies of Eleanor, Sara Roosevelt as well as Franklin's political career. (This is a continuation of her past presentation).

Helen Bryant has a B.A. from Maryville College in Tennessee and an M.A. from State Teachers College in Albany, New York. She has taught high school social studies in Ohio, Massachusetts and Kentucky for over 30 years.

Date: Friday, April 26, 1991

Time: 12:45 p.m.

JAPANESE DECORATIVE ART

Robert A.A. Hentschel, an instructor at the A.L.L. will present a program entitled, "Japanese Decorative Art". He will describe the extra-ordinary explosion of the decorative arts in Japan which started at the beginning of the 17th century, which will be illustrated by slides.

Mr. Hentschel has a degree in mechanical engineering and in physical metallurgy from M.I.T. Study of oriental art has been his long-avocation.

Date: Thursday, June 13, 1991

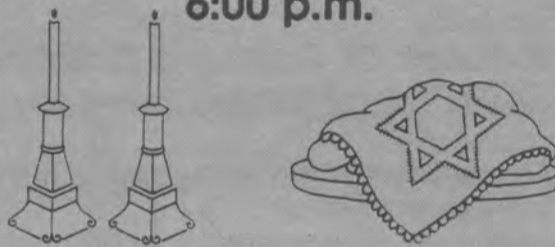
Time: 10:30 a.m.

This program is free of charge and open to the entire community.

SHABBAT DINNER

Friday, May 10, 1991

6:00 p.m.



In honor of "Older Americans Month", members of the Senior Center will attend a special Shabbat Dinner at the JCC. Dinner will be served at 6:00 p.m. and after dinner the seniors will attend a Friday night Shabbat service.

Special holiday donation is requested. Transportation will be available for this program and reservations are required.

OLD TIMERS PICNIC

Seniors will participate and enjoy the "Old Timers Picnic" which is scheduled to be held at Banning Park on Middleboro Road. There will be a special musical performance by the Banjo Dusters.

Date: Wednesday, June 12, 1991

Time: 10:00 a.m. - 2:00 p.m.

This annual event is sponsored by New Castle County Senior Services.

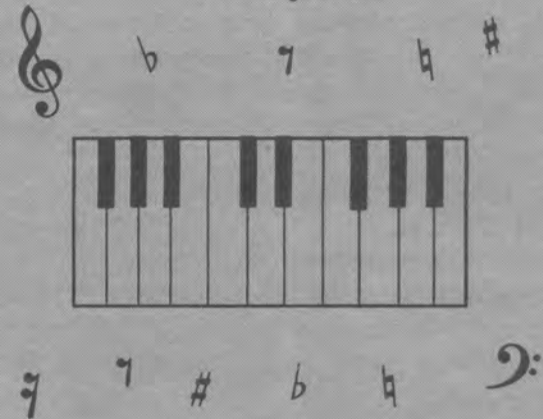
A bag lunch and transportation will be provided by the Senior Center. For additional information on the Old Timers Picnic, contact Ray Freschman, Senior Center Coordinator at (302) 478-5660.



Candelight Dinner Program

Thursday, May 23, 1991

5:30 p.m.



The Senior Center will open at 4:00 p.m. A delicious dinner will be served at 5:30 p.m., followed by a live musical cello and piano concert including light classics and show tunes performed by Northrop Brown and Joseph Zimmerman from the Academy of Lifelong Learning.

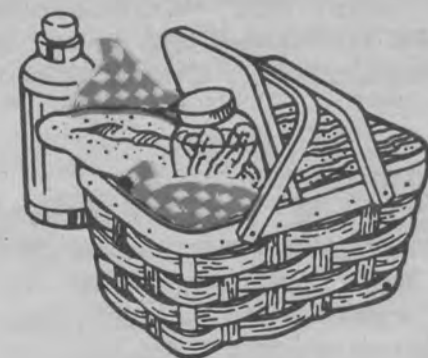
Special holiday donation is requested. Transportation will be available for this program and reservations are required. The musical performance is free of charge and open to the entire community.

SPRING VACATION AT KUTSHER'S COUNTRY CLUB

Dates: June 23 - June 28, 1991

The Spring Vacation Program for the seniors will be held at the Kutsher's Country Club in Monticello, New York.

The seniors look forward to this vacation trip with their friends to enjoy a relaxing and fun time each year.



SENIOR CENTER SERVICES

JCC SENIOR CENTER

A wide variety of programs and activities for older adults, ages 60 and over, are available at the Senior Center. This group meets five days per week from 9:30 a.m. to 2:30 p.m. Some of the activities offered include:

FAMILY LIFE DISCUSSIONS

Led by a staff member of Jewish Family Service or the JCC, this group setting provides everyone with an opportunity to express their own personal opinions and feelings on a wide variety of subjects.
Mondays, 10:30 a.m.

HEBREW CLASS

Rabbi Jeffrey Eisenstat has been instructing a group of seniors on how to read the Hebrew prayers and songs that are used during Shabbat and Holiday services. This has developed into a very informative and extremely enjoyable class. The text being used is quite simple. Rabbi Eisenstat is an instructor at the Reconstructionist Rabbinical College.
Registration for the next session is required.
Tuesdays, 10:15 a.m.

SENIOR CENTER CHORAL GROUP

Under the direction of Sarah Goldstein and pianist, Sara Berman, this group meets weekly. They perform for other senior centers, retirement and nursing homes in our community — bringing cheer and joy to all.
Wednesdays, 10:00 a.m.

CURRENT EVENT SEMINARS

Anna Silver leads these seminars. A variety of topics including current event issues and world happenings are discussed each week. There is always time for group participation.
Wednesdays, 10:30 a.m.

JEWISH ENRICHMENT PROGRAM

This group meets weekly and discusses issues pertaining to the Bible, Jewish Holidays and Cultural Events. Led by Faith Brown, this has developed into a very informative program.
Thursdays, 10:30 a.m.

PAINTING CLASS

This class meets weekly at the Senior Center and is directed by local artist, Connie Wahl, who share her expertise with our members. You do not need any previous experience in painting to participate in this class. Connie will teach and guide you through drawing and painting to help you create your very own and unique designs.
Fridays, 10:00 a.m.

PAST-PRESENT-FUTURE

This new group is hosted by Beth Rausch, our social worker. All participants have a chance to tell about their past and present lives. Through open discussions, seniors explore new ways to help them create a satisfying future.
Fridays, 12:45 p.m.

CANDELIGHT DINNER PROGRAMS

This newly instituted bi-monthly evening dinner program has met with outstanding success. A delicious dinner is served at **5:30 p.m.**, followed by a musical or educational program at **7:00 p.m.** Please check the Senior Center Newsletter for future dates and programs.



ACADEMY OF LIFELONG LEARNING PROGRAMS

A presentation is offered by A.L.L. Outreach Program for our members at the JCC. Programs are scheduled monthly and are hosted by various speakers from the academy.

SOCIAL EVENTS, CARD PARTIES AND TRIPS

Monthly birthday and card parties, holiday celebrations and special dinners are held throughout the year at the Senior Center. We also offer trips to museums, theatre shows, educational and recreational points of interest.

NUTRITIOUS AND KOSHER LUNCHES

A delicious and nutritious balanced meal is served each weekday at 12:00 noon. Lite lunches are also available upon request. Many menus are designated as "Wellness Menus" which help lower your cholesterol and calorie intake.

WELLNESS PROGRAMS

Senior Swim Program

Members may use the indoor swimming pool for exercise purposes. Many physicians encourage this form of exercise for cardiac and arthritis patients.
Mondays & Thursdays, 10:00 a.m.

Health Facts

This program is hosted by a member of the Recreational Services Division on a monthly basis. Speakers from various health and social service agencies are invited as guests to share their knowledge and expertise with our members.
Mondays, 12:45 p.m.

Walking Club

This group meets twice a week and everyone participates at their own level. It has been proven that this program helps keep the body active and well.
Tuesday & Fridays, 11:30 a.m.

Blood Pressure Clinic

This service is available every other month, courtesy of the Visiting Nurses Association.
Wednesdays, 9:30 - 11:00 a.m.

Wellness Education Series

The Medical Center of Delaware and the JCC have been presenting numerous programs to alert our members on various health and wellness subjects. Watch your Senior Center Newsletter for more information on upcoming wellness education programs.

TRANSPORTATION

Transportation to and from the JCC Senior Center is available on a daily basis, as well as for special evening programs and events. Registration is required.

SENIOR CENTER NEWSLETTER

A news bulletin featuring programs and activities offered at the JCC Senior Center is published on a monthly basis. Copies of this publication are available at the Front Desk or in the Senior Center Lounge.

TENNIS PROGRAMS AT THE CAMPUS



Glen Howe, a native of Newport News, Virginia, will be joining the JCC staff this Spring as our Director of Tennis/Head Pro. Glen has had the pleasure of working with many of the local high school and college students

during his five year residency in Delaware. Having helped organize and run the Wilmington Tennis Classic for three years, his knowledge of the tennis industry will be a credit to the JCC. Playing with tennis greats such as Brad Gilbert and Miloslav Meclir, earned Glen a reputation that his playing and teaching skills were top notch. Glen loves teaching young through "mature" players and has a repoir with even the most determined of teenagers.

Programs will be offered for all ages group to teach, encourage and motivate the enjoyable game of tennis.

Please call Glen today at the JCC to start group or private lessons and start the Spring the fun way...on the tennis courts! Or use the handy register form below!

PRIVATE LESSON RATES

\$ 35.00 per hour, \$ 18.00 per hour

SEMI-PRIVATE LESSON RATES

\$ 18.00 per person, per hour

I AM INTERESTED IN THE FOLLOWING:

- Private or Semi-Private Lessons
- Youth Group Lessons
- Adult Group Lessons
- Racket Stringing Service

Name: _____

Address: _____

Home Phone: _____

Work Phone: _____

PLEASE SEND COMPLETED FORM TO

Glen Howe
4401 Paladin Drive
Wilmington, Delaware 19803

Or drop it by the JCC
Health and Fitness Control Desk
on the Lower Level.

JUST CLIP AND RETURN

ADULT PROGRAMS

LADIES CLINIC

- Weekday Morning Clinic
- Free Babysitting Service
- All Levels
- One Hour Per Week (5 Weeks)

Cost: \$ 40.00/Members
\$ 60.00/Non-Members

Starting Date: April 1

Times to be set between Monday, Wednesday, Friday, 9:00 a.m. - 11:30 a.m.

Minimum Enrollment: 5 participants

Maximum Enrollment: 10 participants

BEGINNING ADULT CLINIC

This program consists of the fundamentals of stroke production. The forehand, backhand, serve, volley and beginning of game play will be emphasized in this series.

Day: **Wednesdays**

Time: **6:00 p.m.**

Cost: \$ 40.00/Members
\$ 60.00/Non-Members

Starting: May 1/5 Week Session

Minimum Enrollment: 5 participants

Maximum Enrollment: 10 participants

INTERMEDIATE ADULT CLINIC

This course is designed for those who have the beginning fundamentals of tennis. Emphasis will be on review of strokes, return of serve, lob, overhad and doubles game play.

Day: **Thursdays**

Time: **6:00 p.m.**

Cost: \$ 40.00/Members
\$ 60.00/Non-Members

Starting Date: May 2/5 Week Session

Minimum Enrollment: 5 participants

Maximum Enrollment: 10 participants

ADULT CLASSES

Beginning Tennis

No problem, it look easy enough!

Day: **Tuesdays**

Time: **5:15 - 6:15 p.m.**

Intermediate Tennis (16 & Up)

Look...I'm hitting the ball over the net!

Day: **Tuesdays**

Time: **6:15 - 7:15 p.m.**

CLASS INFORMATION:

Minimum Enrollment: 5 participants

Maximum Enrollment: 10 participants

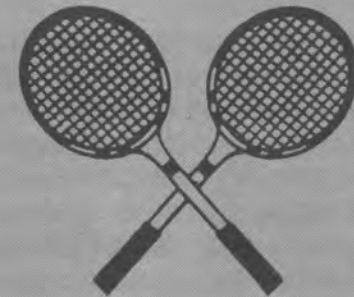
Cost: \$ 40.00/Members

\$ 60.00/Non-Members

Session Dates: April 17 - June 11

STRINGING NEWS...

If you are looking for professional stringing and service on your tennis, racquetball or squash rackets, your search has ended! Glen Howe has strung over 10,000 rackets in his career and has strung rackets for Agassi, Chang, Mayotte, Sanchez and many other World Class Professionals. Rackets will be strung or gripped within 72 hours. Rackets should be left at the Control Desk. A complete line of strings and grips will be on sale at the desk.



YOUTH PROGRAMS

Adam Goldstein will be running the following Youth Clinics:

JUNIOR PEE WEE TENNIS

(Ages 4-5)

Never held a racket before...

Day: **Wednesdays**

Time: **4:50 - 5:30 p.m.**

SENIOR PEE WEE TENNIS

(Ages 6-7)

Held one, but now what do I do?

Day: **Wednesdays**

Time: **4:50 - 5:30 p.m.**

BEGINNER TENNIS

(Ages 8-12)

I know I can do this...just show me how!

Day: **Wednesdays**

Time: **5:40 - 6:30 p.m.**

YOUTH CLASS INFORMATION:

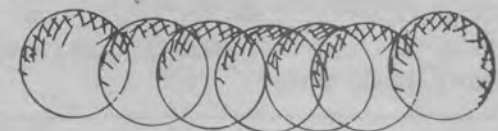
Minimum Enrollment: 5 participants

Maximum Enrollment: 10 participants

Cost: \$ 40.00/Members

\$ 60.00/Non-Members

Session Dates: April 17 - June 11



GENERAL INFORMATION

JCC HOURS OF OPERATION

Sunday: 9:00 a.m. - 5:00 p.m.
Monday-Thursday: 6:00 a.m. - 10:00 p.m.
Friday: 6:00 a.m. - 4:45 p.m.
Saturday: 2:00 p.m. - 7:00 p.m.

Only the JCC and Family Campus can offer you all of this in one location...

MEMBERSHIP INCLUDES

Jewish Community Center

- ✧ Large indoor swimming pool
- ✧ Adapted aquatics facility
- ✧ Steam and sauna rooms
- ✧ Fitness center and free weight room
- ✧ Full court gymnasium
- ✧ Free fitness classes for members only!

Jewish Family Campus

- ✧ State-of-the-art swimming pool
- ✧ Separate toddler pool
- ✧ Outdoor amphitheatre
- ✧ Crafts and nature center
- ✧ Four tennis courts
- ✧ Multi-purpose sports fields
- ✧ Picnic area with cooking facilities

Also Available at an Additional Fee

- ✧ Air-conditioned racquetball courts
- ✧ Swimming classes for all ages
- ✧ Water exercise classes
- ✧ Babysitting service
- ✧ Teen programs and special events
- ✧ Senior center programs and activities
- ✧ Pre-school classes and programs
- ✧ Summer day camp
- ✧ Day care services
- ✧ Dance classes for children and adults
- ✧ After school childcare and transportation
- ✧ School vacation programs
- ✧ Jewish youth groups and councils
- ✧ Theatre and museum trips
- ✧ Holocaust resource center
- ✧ Holiday programs and events
- ✧ Indoor and outdoor concert events
- ✧ Current event seminars
- ✧ Jewish cultural programs AND MORE!

For information about membership, please drop by the JCC. We're located at 101 Garden of Eden Road in Wilmington, just off Route 202/Concord Pike behind the Holiday Inn. Or call us at (302) 478-5660.

Complimentary Memberships

The JCC offers a one year complimentary membership to Jewish newlyweds and a three month complimentary membership to Jewish families that have recently relocated to Delaware.

Please call the Membership Office for details.

MEMBERSHIP FEES

A Family Campus Fee Assessment (FCFA) has been added to all memberships to provide the on-going and future maintenance needs for the Campus. All new members of the Center will be required to pay the full assessment. There are two levels of assessment:

- An assessment of \$ 75.00 per year for five years for a total of \$ 375.00 for all family and couple memberships.
- An assessment of \$ 40.00 per year for five years for a total of \$ 200.00 for all individual memberships.

The fees listed below INCLUDE the Family Campus Fee Assessment:

Full Family Membership - \$ 433.00

Husband and wife. Includes dependent children under the age of 16 in the same household and other children through full-time college students.

Single Parent Family - \$ 375.00

One parent in household, dependent children under the age of 16 and full-time college students. Children must live in same household as parent.

Adult Family - \$ 375.00

Husband and wife. Includes children 16 years of age or older including full-time college students.

Individual Adult - \$ 308.00

Age 18 or older. Must be completed high school.

Older Adult Individual - \$ 260.00

Age 62 or older. Includes full JCC privileges and Senior Center.

Senior Center Individual - \$ 29.00

Age 62 or older. This is an affiliate membership. Includes Senior Center activities only. No other privileges.

Senior Center Couple - \$ 56.00

Husband and wife. Age 62 or older. This is an affiliate membership. Includes Senior Center activities only. No other privileges.

Application Information

All new members must pay a \$ 35.00 application fee at time of joining. Payment adjustments can be arranged through a confidential interview, call (302) 478-5660.

Service Charges

There will be a service charge for use of all payment plans.

Membership Category Changes

Any changes to members categories is the responsibility of the member.

SMOKE-FREE POLICY

The JCC is a smoke-free environment. This policy, passed by the Board of Directors, prohibits smoking in all public areas of the building. It is our hope that this policy will guarantee a healthy atmosphere for our members.

CLASS REGISTRATION INFORMATION

Registration may be made in person or by mail. All fees must be paid in full at time of registration. Payment will be accepted in cash, check, WSFS, MasterCard or Visa. We cannot accept any registration over the telephone.

Registration is accepted if membership dues are in good standing and in effect during the term of the classes. A full family membership is required to register children in a program or class. Membership is required for all programs, unless a non-member fee is listed.

Register Early to Avoid Cancellations!

The JCC reserves the right to cancel a class or program due to insufficient registration or other factors. Prompt refunds or credit will be made in the event a class is cancelled by the JCC.

Individuals wishing to withdraw from their class registration must submit their written request a minimum of one week prior to the activity date. Cancellation requests made with less than the one week required notice may not be honored or are subject to a 10% surcharge.

KOSHER POLICY

The JCC kitchens are supervised by the Va'ad Hakashruth of the Rabbinical Association. All community groups wishing to use the kitchen facilities must conform to the Kashruth regulations of the Center.

SHABBAT POLICY

Saturdays: The Health and Fitness facilities open at 2:00 p.m. Payment for court fees, guest fees or classes will be accepted in check form only.

HOLIDAY CLOSING DATES

The Jewish Community Center will be closed on the following dates:

Passover

Friday, March 29 - Close at 3:00 p.m.
Saturday, March 30 - Closed all day
Sunday, March 31 - Closed all day
Thursday, April 4 - Close at 3:00 p.m., daycare until 5:45 p.m.
Friday, April 5 - Closed all day
Saturday, April 6 - Closed all day

Shavuot

Saturday, May 18 - Closed all day
Sunday, May 19 - Closed all day
Monday, May 20 - Closed all day

HEALTH AND FITNESS GENERAL INFORMATION

MEMBERSHIP CARDS

All Members of the JCC must present a valid membership card at the Health and Fitness Control Desk to enter the facility. If a member does not have their card, they must obtain a one-day pass.

INDOOR SWIMMING POOL

Our beautiful 25 yard, 5 lane swimming pool is available approximately 88 hours per week for your swimming pleasure.

Adult Lap Swim

Lap swim means that pool is used exclusively for lap swimming. All swimmers will proceed up and down the pool with minimal stops. DURING BUSY TIMES, SWIMMERS MAY BE ASKED TO USE THE CIRCLE SWIM PATTERN.

During Adult Lap Swim, all swimmers must be 15 years of age or older, unless permission is granted by the Aquatics Director.

Open Swim

Open swim is open to all ages. Open swim may be used as time for games, fun or parents to teach their children to swim. No lap swimming is permitted in the open swim areas of the pool. Children, ages 7 and under, must be accompanied by an adult at all times. Children, ages 8 and up must perform a swim test to swim alone.

Private/Semi-Private Swim Lessons

Private and semi-private swim lessons are available for members only. All instructors are certified through the American Red Cross. Instruction for all ages and all swimming levels are available. Please contact Eileen Wallach at (302) 478-5660 for information.

Swimming Pool Safety Rules

- Proper bathing attire is required.
- No diving permitted in the shallow end of the pool.
- No horseplay, pushing or running permitted.
- No food, beverages or gum permitted.
- No flotation devices allowed.
- No street shoes allowed on the pool deck.
- Soap showers are required before entering the pool. (This rule is strictly enforced by the Board of Health).

Pool Rentals

If you are interested in renting our indoor swimming pool for a special event, contact Eileen Wallach, Recreational Services Director at the JCC.

ADAPTED AQUATIC FACILITY

The Center offers barrier-free accessibility to our beautiful indoor swimming pool. The facilities include disabled parking spaces in the lot, showers, restrooms and changing accommodations, specially designed entry steps and a Hoyer Lift for wheelchair clients.

STEAM AND SAUNA FACILITIES

These facilities help increase circulation, cleanse pores, loosen tight muscles and joints. The steam and sauna are for adults only. Steam - Dry heat, 8 person capacity. Sauna - Wet heat, 8 person capacity. This facility is open for co-ed use at all times. Bathing attire is required.

FITNESS CENTER

Learn the fundamentals of weight training as a general body conditioner and muscle toner. Workouts are designed to help trouble areas such as hips, thighs and stomach.

Kelser Cam II Fitness Equipment

This equipment includes Lateral Shoulder Raise, Seated Chest Press, Tricep, Leg Extension and Upper Back machine.

The Universal Machine

This equipment contains 15 different stations and has been designed to give the proper type of workout and resistance for general conditioning and shaping.

Other Fitness Equipment Includes

Nordic Track Skier, Lifecycle 9500, Free Weight Room, Schwinn Air-O-Dyne, Exercise Bicycles, Pulley Weights, Concept II Rowing Machine and Padded Sit-up Boards.

Fitness Center Policies

The following rules have been instituted to ensure maximum enjoyment and safety for all of our members:

- No Food, beverages or gum permitted.
- Anyone under 18 years of age must receive proper training from a member of the Recreational Services Staff before using the equipment.
- No one under 18 years of age is permitted in the Free Weight Room.
- Anyone using free weights - MUST HAVE A SPOTTER AT ALL TIMES.
- No children under 14 years old are permitted in the Fitness Center.
- Proper exercise attire is required; no bathing suits or bare feet.
- Youth, ages 14-15, must be accompanied by an adult at all times.

Fitness Center Orientation

Instruction on the proper use of the equipment is available and required for all new members. Appointments can be made by contacting the Health and Fitness Control Desk.

RACQUETBALL COURTS

The JCC has three air-conditioned racquetball courts available for use. The following rates are based on an hourly fee:

Sunday (9 AM-4 PM): \$ 2.50
Monday-Thursday (5 PM-9 PM): \$ 2.50
Monday-Friday (6 AM-4 PM): FREE !
Saturday (2 PM-6 PM): \$ 2.50

Court reservations may be made up to eight days in advance. Cancellations must be made at least two hours prior to the reserved time.

RACQUETBALL SPECIAL FOR MEMBERS ONLY

Enjoy a fun-filled hour of fitness at a bargain rate !

Thursdays, 5:00 - 8:00 p.m.

Fees: \$ 1.00 per person/per hour

FULL COURT GYMNASIUM

The gym provides members with many fitness opportunities. When you read the Facility Schedule and see "Open Gym" listed, this means that the gym is open for you to walk, job, shoot baskets or exercise on your own. During listed class times, the gym is closed to the membership. There may be times that the gym is closed for special events, notices will be posted in advance.

THE PRO-SHOP

The pro-shop is stocked with the following items - All items are available for purchase: SWIM GOGGLES, SWIM CAPS, RACQUETBALLS, TENNIS BALLS, SHAMPOO, SOAP, DEODORANT, HAIR CONDITIONER, EAR PLUGS, NOSE PLUGS, WRIST & HEAD BANDS, RACQUETBALL GOGGLES, EXERCISE MATS, GYM BAGS, SHAVING LOTION, COMBS, RAZOR BLADES. Towels are available for rent, the cost is \$ 1.00 per use.



BASKET RENTAL INFORMATION

Baskets with combination locks may be rented for a \$ 10.00 annual fee (January-December). Basket renewal and payment can be made at the Health and Fitness Control Desk. If you do not renew your basket, the contents will be stored for 90 days. If you do not pick-up your items after the 90 days, your contents will be donated to charity. LOCKS MUST NOT BE LEFT ON TALL LOCKERS OVERNIGHT, if they are, the contents will be removed. The JCC is not responsible for any personal belongings that are left overnight.


PROTECT YOUR VALUABLES

It is strongly recommended that members do not bring valuables to the JCC or lock their valuable in their own locker. The JCC is not responsible for lost, stolen or damaged personal property.

RECREATIONAL SERVICES GYM SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
6:00 AM		Open Gym 6:00-9:00 a.m.	Open Gym 6:00-9:00 a.m.	Open Gym 6:00-9:00 a.m.	Open Gym 6:00-9:00 a.m.	Open Gym 6:00-11:30 a.m.	<p>HELP WANTED</p> <p>Our backyard is SO BIG, that we need to fill it up with people like you...</p> <p>POSITIONS AVAILABLE</p> <p>Receptionists Lifeguards Maintenance Tournament Leaders Concession Stand Attendants</p> <p>CONTACT</p> <p>Eileen Wallach for information.</p>	
7:00 AM								
8:00 AM								
9:00 AM	Men's Basketball 9:00-11:30 a.m.	Gym Closed 9:00-12:00 p.m.	Gym Closed 9:00-10:00 a.m.	Gym Closed Pre-School Classes 9:00-11:30 a.m.	Gym Closed 9:00 a.m.-12:30 p.m.	Gym Closed 11:30 a.m.-12:00 p.m.		
10:00 AM			Open Gym 10:00-11:30 a.m.					
11:00 AM	Open Gym 11:00-5:00 p.m.	Lunch-Time Basketball 12:00-1:00 p.m.	Gym Closed 11:30 a.m.-7:00 p.m. Olympiad Gymnastics Classes	Gym Open (1/2) Lunch Bunch (1/2) 11:30 a.m.-1:00 p.m.	Gym Closed Pre-School Classes 12:30-3:00 p.m.	Lunch-Time Basketball 12:00-1:00 p.m.		Men's Basketball 2:00-4:00 p.m. (No Widener Students)
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM	Kidsplace (1/2) 3:30-4:30 p.m. Youth Basketball (1/2) 4:00-5:00 p.m.				Open Gym 3:00-5:00 p.m.	Friday Activity Class 4:00-5:00 p.m.		Teen Basketball (1/2 Court)
4:00 PM								
5:00 PM		Men's Basketball 5:00-7:00 p.m. (No Widener Students)		Floor Hockey 4:30-5:30 p.m.	Men's Basketball 5:00-7:00 p.m. (No Widener Students)		Open Gym (1/2) 4:00-7:00 p.m.	
6:00 PM								
7:00 PM								
8:00 PM	Open Gym 7:00-10:00 p.m.		Open Gym 7:00-10:00 p.m.	Singles Volleyball 6:00-7:45 p.m.	Open Gym 7:00-8:00 p.m.			
9:00 PM								
10:00 PM								
				Adult Volleyball 8:00-10:00 p.m.	Gym Closed 8:00-10:00 p.m.			

RECREATIONAL SERVICES POOL SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM		Adult Lap Swim (5) 6:00-8:00 a.m.	Adult Lap Swim (5) 6:00-8:30 a.m.	Adult Lap Swim (5) 6:00-8:30 a.m.	Adult Lap Swim (5) 6:00-8:30 a.m.	Adult Lap Swim (5) 6:00-8:30 a.m.	<p>HELP WANTED</p> <p>Our backyard is SO BIG, that we need to fill it up with people like you...</p> <p>POSITIONS AVAILABLE</p> <p>Receptionists Lifeguards Maintenance Tournament Leaders Concession Stand Attendants</p> <p>CONTACT</p> <p>Eileen Wallach for information.</p>
7:00 AM							
8:00 AM							
9:00 AM	Lap Swim (3) 9:00-10:30 a.m.	Open Swim (3) Class (2) 8:30-11:30 a.m.	Open Swim (5) 8:30-11:30 a.m.	Open Swim (3) Class (2) 8:30-11:30 a.m.	Open Swim (5) 8:30-11:30 a.m.	Open Swim (3) Class (2) 8:30-11:30 a.m.	
10:00 AM							
11:00 AM	Open Swim (3) Class (2) 10:30-1:00 p.m.	Adult Lap Swim (3) Class (2) 11:30 - 1:30 p.m.	Adult Lap Swim (5) 11:30-1:30 p.m.	Adult Lap Swim (5) 11:30-1:30 p.m.	Adult Lap Swim (5) 11:30-1:30 p.m.	Adult Lap Swim (5) 11:30-1:30 p.m.	
12:00 PM							
1:00 PM							
2:00 PM	Open Swim (5) 1:00-5:00 p.m.	Open Swim (3) Class (2) 1:30-5:00 p.m.	Open Swim (5) 1:30-5:00 p.m.	Open Swim (3) Class (2) 1:30-5:00 p.m.	Open Swim (5) 1:30 -5:00 p.m.	Open Swim (5) 1:30-4:45 p.m.	<p>Open Swim (2) Lap Swim (3) 2:00-7:00 p.m.</p>
3:00 PM							
4:00 PM							
5:00 PM	Adult Lap Swim (3) Class (2) 5:00-6:30 p.m.	Adult Lap Swim (5) 5:00-6:30 p.m.	Adult Lap Swim (3) Class (2) 5:00-6:30 p.m.	Adult Lap Swim (5) 5:00-6:30 p.m.			
6:00 PM							
7:00 PM							
8:00 PM		Open Swim (3) Class (2) 6:30-9:45 p.m.	Open Swim (3) Class (2) 6:30-9:45 p.m.	Open Swim (3) Class (2) 6:30-9:45 p.m.	Open Swim (3) Class (2) 6:30-9:45 p.m.		
9:00 PM							
10:00 PM							

