

The JEWISH VOICE

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Sukkah decoration, by Israel David Luzzatto, Italy, 1833 in ink and watercolor on paper, Jewish Museum, New York

Sukkot

Sukkot, also known as the Fall harvest holiday – *hag-ha-asif*, or “festival of ingathering” – occupies the seven days from Tishri 15 to 21. It is a holiday of joy after Yom Kippur, when we all enter into the spirit of Sukkot.

Sukkot continues the story of the Israelites, which began with the Exodus from Egypt (Passover) and the giving of the Torah at Sinai

they lived in temporary huts in the fields. The tradition also reminds us of when we lived as desert people.

Sukkot is called *zeman simhateinu* – the season to rejoice. We are commanded to be happy, and the holiday is a meditation of focusing on joy, and putting aside our worries.

Originally pilgrims came from all over Israel to Jerusalem to take part in the temple rites of Sukkot, perhaps their most important festival of all the biblical and Temple periods. Sukkot is also the festival of the future, for, according to tradition, in the messianic period all the nations of the world will assemble in Jerusalem and celebrate together.

Traditions and Customs

THE SUKKAH

You shall live in huts seven days; all citizens of Israel shall live in huts, in order that future generations may know that I made the Israelite people live in huts when I brought them out of the land of Egypt, I the Lord your God.

- Lev. 23:42-43

For most people, Sukkot is about

building a *sukkah*. The *sukkah* is a temporary tent-like dwelling usually made with a roof of branches. It must be finished in the four days before the holiday, and we use it for the first time on the evening of Sukkot. Sukkot is profoundly about beauty, and the *sukkah* that we build should reflect our best nature, so that it is in this spirit that we decorate it, as though it were the Jewish child's answer to the Christmas tree. It is also true to say that the *sukkah* represents the very transience of all endeavor. Sukkot teaches us that although we may live in a mansion, we might easily have to live in a hut the next day. We should rejoice in both these possibilities. The *sukkah* is also great fun for the children to sleep in, as a kind of joyful game and adventure.

Usually, people use the *sukkah* only as a place to eat. It is good to eat there at night, and recite kiddush over wine and the blessing of *motsi* for bread.

We need to rejoice in the *sukkah*, not suffer in it, there is therefore no need to sleep there in inclement weather.

(Shavuot). Traditionally there were three pilgrimage festivals – Sukkot, Pesah, and Shavuot. For each one, a different phase of an agricultural cycle is celebrated, and on this holiday we build huts in the practice of the workers during harvests when

Right after the last day of Sukkot follows the Simchat Torah, the Eighth Day of Assembly – TISHRI 22-23.

On the eighth day hold a solemn gathering and don't work at your occupations.

- NUM. 29:35

At the time of the *Musaf* service, we say the prayer for rain (*Tefillat Geshem*) for the first time. The transition to the prayer for dew is made at the beginning of Passover. Each of these prayers notes a change in the agricultural year in Israel, where it doesn't rain in summer. In this time the heavens

there are seven *hakkafot* at night when we read the last section of Deuteronomy, the very last verses being read the next morning

In the evening we begin the celebration of Simchat Torah. Following the *Amidah*, the *hakkafot* (circlings) begins with the recital of songs in praise of God

congregation joins in with the song and dances. The dancing can be spontaneous, and the different groups usually change continuously. When the leaders become tired from their dancing, they pass the Torah scrolls on to others.

Eventually the first *hakkafah* stops – there is no set time for this – and the Torah scrolls are passed on. The children are especially encouraged to participate, carrying flags, candles, and baby Torahs. There is more dancing with each *hakkafah*, and so on into the night.

Following the seventh and last *hakkafah*, all the Torahs except one are returned to the ark, and this one is used for the service. The Torah is usually read during the day but during Simchat Torah we read it at night. The Torah is often called a bride by tradition. Weddings are also often done at night, which is perhaps the origin of why we read it at night during this time.

The morning service is the same as any holiday, except there are again *hakkafot*. And during this holiday there are also many *Aliyot*, as everyone present must be honored with one.

When everyone has received an *Aliyah*, there follows a special calling up of the children named *Kol ha - Ne'arim* – “All the Children.” A *tallit* is spread over their heads like a canopy and they accompany an adult in saying the

blessings. This is intended to make them feel enclosed and secure beneath the wings of the adults.

The wedding imagery is continued during the day with bringing up *Aliyah* called “groom of the Torah.” In the same way as with a Jewish wedding, the individual is sometimes pelted with candy and sweets. The Torah is rolled back to the beginning, or a second one is brought. The *Aliyah* for the first reading is called “groom of Genesis.” The entire congregation then recites “*v'hi erev, v'hi boker*” – “It was evening and it was morning... the first day.” This is then repeated.

Simchat Torah is about the renewal of life – of love, the beginning of spiritual practice. The poet Shelley wrote, “When winter comes, can spring be far behind?” The end of the Torah comes: the end of teaching. In the very next breath, the Torah begins again. The spring is therefore symbolically reborn.

One important thing to be observed – Simchat Torah is intended to be crowded, so use a space that is a bit too small for everyone invited so that people can crowd in and be intimate and close, and so that the music is loud and strong to encourage an informal atmosphere, and one that is spiritually oriented and not heavily burdened with ritual.

Simchat Torah

God asks anyone who has made a pilgrimage for Sukkot to remain with Him/Her one extra day. The joyous character of Simchat Torah and its rituals at the ending and beginning of the Torah reading cycle has made it one of the most widely celebrated rituals of the Jewish festival cycle.

Traditions and Customs

SHEMINI ATZERET

Shemini Atzeret is a ‘hag’ – a full festival day. The usual rituals of kiddush, and candlelighting are observed and the requirement not to work. It is called *Shemini Hag ha'Atzeret* in the kiddush and the *Amidah*. The *She-he-heyanu* blessing is spoken at candlelighting and/or at kiddush.

are deciding how much rain we will have during the year. Though we may indicate our needs for water with rituals of the temple – water libation and the four species – we do not actually pray for rain until the end of our living outside in the *sukkah*. “Praise God who brings forth the winds and brings down the rain,” we chant. Next to Purim, there is no holiday which generates more joyous abandon in dance and celebration than Simchat Torah.

The yearly reading of the Torah is concluded, and immediately begun again and rituals include *hakkafot* (circlings) similar to the *hashana* ritual of Sukkot, which involves singing and dancing in honor of the Torah. Customarily

and the Torah. The congregation follows the leader and repeats each verse. On recital of the verse *Vayhi binsoa ha-aron* (“It came to pass whenever the ark...”), the ark is opened up, and the Torah scrolls are removed from the ark. (In some congregations the ark is never left empty – either a lighted candle or a Bible is left inside.) It is an honor to carry a Torah scroll during a *hakkafah*, and even more of an honor to lead the procession.

There are several people holding the Torahs and moving around the synagogue. The rest of the congregation kiss the Torah scrolls as they pass.

Following the procession the leader sings a song and the

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HEALTH

FEATURE

HEALTH

Kutz Home Rehabilitation Program Provides Individualized Therapists



Physical Therapist Eli Baindo encourages resident Morris Sheer to walk.

The Milton and Hattie Kutz Home offers a very comprehensive and successful rehabilitation program tailored to the specific needs of each resident. The therapy team, made up of the Physical Therapist, Occupational Therapist, and Speech Pathologist, works closely with the resident's physician and the nursing staff to plan rehabilitation and restorative programs geared towards allowing each resident to function at his/her highest level of independence, mobility and safety.

Some individuals who need rehabilitation to regain enough function to return to their previous living arrangements, are admitted for short-term stays after hospitalization. For Kutz home residents, the rehabilitative programs allow them to more fully participate in activities, perform more self-care and enhance their quality of life.

The Physical Therapist evaluates each resident and devises individual therapeutic treatment programs which may include exercises to help increase muscle function, coordination, endurance and mobility. Gait training programs are often initiated for safety and independence. Rehabilitation

maintenance programs help prevent the further decline of more physically-impaired residents. The Kutz Home employs two well-trained, Certified Nursing Assistants for these programs, who are on-site seven days per week. They implement maintenance-walking programs and perform range-of-motion exercises under the supervision of the Physical Therapist.

The Occupational Therapist adapts tasks and modifies the environment to enhance each resident's ability to function. Clinical services may include training in the activities of daily living (ADL's), such as dressing, bathing, grooming and eating. Recommendations for adaptive equipment to maximize success with ADL's is an important part of the Occupational Therapist's role.

Speech Pathologists address problems people have with communication and swallowing. Treatment plans include verbal and non-verbal communication skills, oral muscle strength and swallowing skills and techniques.

For the past year, the Kutz Rehabilitation Therapies Team, which is staffed by Genesis Elder

Care Rehabilitation Services, has provided treatment in a large, bright, well-equipped therapy room in the new Activities Mall at the Home.

The Kutz Home participates in both the Medicare and Medicaid programs.

Gratz Opens Snack Bar

Delaware Gratz Hebrew High School is pleased to announce the opening of a Snack Bar in the Young Lounge of the JCC. The Snack Bar is open during "the breaks" between classes on Tuesday and Thursday evenings and on Sunday mornings.

Manned by grandparents, parent and student volunteers, the Snack Bar features such items as Kudos, Pringles, Chex Mix and a variety of iced beverages. This project is made possible by funding for a refrigerator donated by the Weinberg Family to our school. The new party atmosphere of our breaks is astounding - a real "happening" for the volunteers, the teachers and the students, and is definitely THE place to be between classes.

WHAT DOES BEING JEWISH MEAN TO YOU?

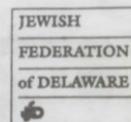
Being Jewish means different things to different people. But almost always about the connection we feel ... to each other, to Israel and to the traditions that have lived and thrived among our people for generations. This year, make the connection. Give generously to your UJA Federation Annual Campaign.



The UJA Federation Campaign is at the heart of a sacred Jewish trust to build, strengthen and care for our community around the world. Keep that trust. Make your increased gift today. At home, In Israel, and in 60 countries, no gift touches more lives.



UJA FEDERATION CAMPAIGN
NO GIFT TOUCHES MORE LIVES.



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HEALTH

FEATURE

HEALTH

The Fitness Center At The JCC Helping You To Teach Total Fitness

By JAY O'NEILL

Head Trainer at the JCC

If someone were to ask you to define total fitness, what would you say the term means to you? Going to the gym, lifting a few dumbbells, and walking on the treadmill for a 20 minute stretch? Is this all there is to physical fitness?

At the JCC Fitness Center we don't think that it is. Total fitness is much more than being in good cardiovascular shape and having well-toned quadriceps, it is an overall balance of physical, mental, and spiritual health. Total fitness is a balancing of mind, body, and spirit at complete peace with each other and the environment around them. Here we like to take an integrated approach towards fitness: first by working towards providing the environment and then by offering the services that will complete this crucial balance.

Naturally, we offer all the necessary equipment and facilities for your most intense physical challenge. This includes our state-of-the-art fitness center filled with top of the line Galilee circuit weight machines along with extensive freeweight and cardiovascular equipment. In addition to this we have a full gym for basketball, volleyball, and other fitness activities, tennis and racquetball courts, and indoor and outdoor pools. If you're still looking for something new, wait to see our indoor rock climbing wall which will be under construction soon. If you're new to exercise or just need some motivation, our excellent staff of nationally-certified personal trainers are there for you at prices more affordable than you will find at any other club facility. To lean a bit towards the relaxation side once your workout is done, the steamroom, sauna, and whirlpool are always ready to ease your aching muscles.

To enhance your inner peace, we offer an extensive roster of classes which includes Yoga and Tai Chi. These ancient forms of Eastern exercise have been used by millions to maintain physical health and calm the psyche in the

process. For those unfamiliar with these modes of exercises, yoga is based on a series of stretching exercises which are intended to bring the mind and body into alignment. This class is instructed by yoga guru Pam Cosgrove. Tai Chi is a collection of subtle, easy movements which mirror various aspects of nature taught by the instructors of the Ming Tao Tai Chi studio. It has been found to enhance, balance, coordination, and mental clarity as well as reducing blood pressure and improving other health indicators. Our other classes naturally include aerobics such as Step, Step/Interval, Cardio Sculpt, and Slide. These classes are all available at reasonable rates. Our roster also includes several classes that are free to members. These include Awesome Abs for those in search of a well-defined midsection, Co-Ed Conditioning which offers low-impact aerobics and total body conditioning for all fitness levels, and Stretch & Flex which offers stretching and relaxation techniques for improving flexibility and reducing stress. Also included with the free to member classes is Teen Hour, which allows children 12 to 15 years old to learn about safe exercise techniques in pursuing lifetime fitness.

Another element that can certainly help in bringing peace to the mind, body, and spirit is massage. At the JCC Fitness Center, we offer the finest in massage therapy through our massage technician, William "Beet" McKinnon. Beet is an experienced masseur specializing in deep tissue massage and Looyenwork. His roster of satisfied clients include triathletes, professional dancers, and others who push their bodies to the limit on a daily basis. If Beet can help these individuals improve their performance and reduce pain and stress, imagine what he can do for you. Massages can be arranged directly through Beet or at the Fitness Center control desk.

Throughout the course of the year we offer several programs which are free to members and

guests and help them to expand upon their personal knowledge and skills, making them more well-rounded individuals. Some of these regularly held programs include Partner Holistic Massage and Spinal Screening by chiropractor Dr. Art Travis. Education seminars on controlling cholesterol, increasing antioxidant intake naturally, and other relevant topics are ongoing throughout the year. Coming up soon is our Healthy Cooking, Healthy Living demonstration with

Philadelphia chef, Lindsay Gilmur. This interactive program will focus on culinary approaches to cancer prevention which you will find applicable to many favorite Thanksgiving recipes as well as some new ones.

What is there for those who want to get in contact with their need for self-expression? Well, how about classes in ballroom dance, instructed by Jim Clark of the Crystal Ballroom. We also hold bal-

let classes for both adults and children at beginner and advanced levels. Not only can these classes help you get the most out of your personal fitness, they will also develop and refine your social graces.

If you still are in need of convincing in regards to what the Fitness Center at the JCC can offer you in terms of total health, be sure to stop in soon. We're confident that we can provide what you need.

Transitions Happen

By DORY ZATUCHNI

Executive Director
Jewish Family Service of
Delaware

When a physician says, "The patient was lost," does she mean:

- The patient has dementia and is roaming somewhere;
- Managed care determined that your patient can no longer schedule visits;
- The patient transferred to another physician;
- The patient died;
- All of the above;
- None of the above.

For the physician, the correct answer is E. For a clinical social worker, the correct answer is F. *Lost* is a figurative term. While synonyms include missing, absent, gone and lacking, a client is *really* lost when the future is blurry, and goals are obscure. Clinically, this is referred to as an adjustment disorder. But, most of us define this simply as a transition to yet another milestone.

There is nothing simple about transitions. Adolescents know this. What was previously a ten-year process, from age 9 through 19, has stretched into nearly two decades. Today, many *kinder* remain in college for over four years, returning to their parental

homes for a bit more security before transitioning into adulthood.

Young parents know this as parental responsibilities take precedence over everything. Divorced people know this as they move into a non-coupled world. Employees know about it as they encounter promotions, lateral moves and/or downsizing. Everybody knows about transition.

But what happens if you don't address it?

Mrs. Cohen thought she knew. Following the death of her husband, she moved from a single home in the suburbs, back to her roots in the city. A twin home would be easier to manage. Neighbors could be easily accessible. The shopping center was three blocks away. The Jewish Community Center was a five-minute drive. The synagogue was down the street. Her children who lived out of state would not have to worry about her. She was sixty-five years old. This would be good. And it was - for seven years.

Arthritis and osteoporosis can be cruel diseases. They were for Mrs. Cohen. Walking became very difficult. She could barely bend her right knee. She hired a housekeeper who shopped for her. She began sleeping on her couch on the first

floor. She sponged bathed in the powder room, no longer able to access the shower on the second floor. She stopped going to the JCC. Days ran into nights, as the television became her companion. Friends did not keep up. Her children's daily phone calls became tedious. Her physician prescribed anti-depressant medication.

For eight years, Mrs. Cohen lived this solitary existence. By the time JFS was contacted by one of her children, there was little evidence of the vivacious energetic beauty of yesterday.

Our social workers unobtrusively sifted through Mrs. Cohen's life, identifying her strengths and passions, her losses and fears. She began to verbalize her needs and desires. She no longer minimized the value of establishing goals for *such an old person*.

And then she fell.

Upon entering the hospital room, Mrs. Cohen pondered aloud, "Why couldn't G-d just pull the switch?" The nurse informed me that Mrs. Cohen had not eaten any breakfast or lunch and was about to feed her intravenously.

It must have been *besheit* for there is no other way to explain the coincidence of this moment. While Mrs. Cohen was complaining to the nurse that she could not force her to eat, I began emptying the contents of the package I had brought - a Rosh Hashanah basket lovingly packaged by members of JFS's Board of Directors. Her tray was now laden with grape juice, challa, honey and cookies. I then began humming an old Jewish lullaby my mother had sung to me. The cacophony in the room suddenly ceased. I handed Mrs. Cohen a slice of apple. Dipping it into the honey, I said, "To a year that will be filled with comfort."

From that moment, Mrs. Cohen could again focus on her transition into a more comfortable existence. She isn't lost any longer. She is residing in a supportive environment within walking distance from her children. At last contact, she was seeking a position on the tenants' council and attending services!

For Mrs. Cohen, this particular transition was seemingly overwhelming. But she ultimately addressed it, allowing her to recognize and proceed with her own development. The bottom line - transitions are a constant in our lives. Accept them and recognize they are steps to the next adventure.

•The name has been changed to assure confidentiality and anonymity. The story is a composite of clients' histories in JFS's Frail Elderly Support Program.

•Jewish Family Service is a constituent agency of Jewish Federation of Delaware. It offers counseling services to individuals and families, services to adolescents, the aged and émigrés, and educational workshops and forums. Last year, the agency served over 3,700 individuals.

The Stress Epidemic

The Stress Epidemic

Stress is epidemic in the western world. Over two-thirds of office visits to physicians are for stress related illness. Stress is a major contributing factor either directly or indirectly, to coronary artery disease, cancer, respiratory disorders, accidental injuries, cirrhosis of the liver and suicide; the six leading causes of death in the United States. Stress aggravates other conditions such as multiple sclerosis, diabetes, herpes, mental illness, alcoholism, drug abuse, and family discord and violence.

The stress epidemic is an extremely costly one. The medical costs alone have been estimated in

the United States at well over one billion dollars per year. Stress costs industry approximately 150 billion dollars per year in increased health insurance outlays, burnout, absenteeism, reduced productivity, costly mistakes in the office and on the shop floor, poor morale, high employee turnover, as well as family, alcohol and drug related problems.

Stress: The Silent Killer

Stress is a state of tension that is created when a person responds to the demands and pressures that come from work, family and other external sources, as well as those that are internally generated from

self imposed demands, obligations and self-criticism.

Stress is both additive and cumulative. It adds up over time until a state of crisis is reached and symptoms appear. These symptoms may manifest themselves psychologically as irritability, anxiety, impaired concentration, mental confusion, poor judgment, frustration and anger. They may appear as physical symptoms. Common physical symptoms of stress include: muscle tension, headaches, low back pain, insomnia and high blood pressure. Untreated, these symptoms may lead to physical illness and sometimes death.

EDITORIAL

Welcome To Volunteerism...

That is what the sign said on the door to the agency. What does that mean? That stuffing envelopes is the be all of giving to humanity?

Or maybe stuffing envelopes is one lead in to involvement with our community. For instance, if you make a commitment beginning in early adulthood to be involved as a participant in needs of the community, it then evolves to a part of your life that you fit into your lifestyle.

If you have never been a part of community involvement and decide to start at retirement it may seem more difficult to break in. But of course that is not saying that retirement is not a time to participate, but merely that if one has built in the sense of *tikkun olam* it makes for a lovely transition when retirement rolls around and one can give freely both of heart and of time.

So perhaps the answer is to start our children in the process of building community from preschool, where visiting nursing homes as intergenerational programs, as

with the Kutz home and Albert Einstein Academy, and then continuing through adolescent with BBYO and then into Young Adult with Leadership Programs from the Jewish Federation that allow a person's interest to also benefit the community.

Then, when one is ready to retire from a lifelong working situation, there are wonderful choices available for participation in a way that fills one sense of *mitzvah* and self. For some it may be stuffing envelopes, a worthwhile endeavor that is critical to all agencies. For some it may be committee or board involvement. For others it might be answering phones and making calls communicating with all members of our community. Volunteering is a step toward building new friends, new community connections and finding yourself in a people to people comfort zone. Read the sign, and open the door, extend your hand.

(Editor's note: Please call the JFD office for volunteer opportunities, 302-427-2100.)

Letter To The Editor

We at Delaware Gratz Hebrew High School congratulate you on the wonderful articles you have published on our school in recent issues of the Jewish Voice. You have captured both our history and our current successes providing challenging upper level Jewish education in a fun and socially desirable atmosphere.

Your coverage of Gratz goes a long way toward meeting Alan Dershowitz's challenge to the Jewish Community in his book *The Vanishing American Jew*, to turn our attention "toward defense against our internal dangers: Jewish ignorance and the resulting

assimilation," "Reallocating resources toward Jewish education is helping ourselves and helping our children reap the benefits of our 3,500-year-old civilization."

So thank you for focusing our attention on our adolescents, their need for a place of Jewish learning, and the Jewish Community High School we have established here in Delaware to meet those needs.

Marlene C. Milunsky
Principal
Delaware Gratz Hebrew High School-JCHS
478-8100

Highlights Of Hadassah JCRC Candidates Forum



Lelaine Nemser, standing at podium, a volunteer member of the Board of Directors of Jewish Federation of Delaware served as moderator for the Hadassah-JCRC Candidates Forum. Nemser once worked as JCRC Director before taking other professional pursuits. As a volunteer she also once served as President of the New Castle County Chapter of Hadassah.



Janet Rzewnicki, Republican Candidate for State Treasurer asked voters to re-elect her for another term of office.



Jack Markell, Democratic Candidate for State Treasurer participated in the Hadassah-JCRC Candidates Forum which is the traditional start to the Fall campaign.



Congressman Michael N. Castle, at the podium, answered questions as his opponent Dennis Williams, seated, looks on.

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CANDLE LIGHTING

OCTOBER

9TH — 6:14 PM

11TH — 6:11 PM

16TH — 6:04 PM

23RD — 5:54 PM

THURSDAY NOON DEADLINE

for all articles, advertisements and news for The Jewish Voice

ISSUE	FOCUS	DEADLINE
OCT. 23	COMPUTERS, FINANCING, BANKING	OCT. 15
Nov. 6	RESTAURANTS	OCT. 29
Nov. 20	PETS	Nov. 12

All submissions *in person* for The Jewish Voice due at JFD offices or *mail*: The Jewish Voice, 100 W. 10th St., Suite 301 Wilmington, DE 19801-1628; e-mail: jewishvoic@aol.com

THURSDAY NOON DEADLINE 12:00 AM

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Widener Law Fellowship Will Honor Memory And Career Of H. Albert Young

The Young Foundation of Wilmington has endowed the H. Albert Young Fellowship in Constitutional Law, Widener University School of Law's first faculty fellowship program. The endowment and fellowship, which will enable a selected Widener Law professor to do research in the area of United States or Delaware constitutional law, honors the memory of the late H. Albert Young. Mr. Young was a highly respected lawyer and former Delaware attorney general known

for his unwavering dedication to upholding justice even in unpopular causes, his integrity as an advocate and a public official, his philanthropy, and his flair in the courtroom. The senior partner of the Wilmington firm Young, Conaway, Stargatt & Taylor, he died in 1982.

"Dad was a very devoted husband, a dedicated father, and a distinguished lawyer," said Stuart B. Young, a Wilmington attorney and president of The Young Foundation. "He was a trial lawyer who loved his profession and was a

great advocate. We think this fellowship will keep his name remembered in an area which he loved dearly and in which he excelled."

Stuart Young and his brother and sister - attorney H. Alan Young and Ronelle Young Douglass, who are also officers of the foundation - view the fellowship as an appropriate way to memorialize their father by emphasizing both the law and education, two things Mr. Young held in high esteem.

The Young Fellowship, which was formally announced at a reception October 1, will provide a \$10,000 annual stipend, plus travel and research funding, to the professor selected for each two-year academic appointment. During the two-year period, the Young Fellow will produce an article or book suitable for publication. All full-time, tenured faculty are eligible to apply, with the first appointment taking effect in January 1999.

Mr. Young's most famous role came in 1954 when, as Delaware's attorney general, he argued the state's position in a school desegregation case that became one of those consolidated into the landmark *Brown v. Board of Education* case. Although a personal supporter of integration, Mr. Young argued the state's position under its constitution at the time and was selected by the other attorneys general to make the closing argument at the U.S. Supreme Court. When the high court ruled against the states, Mr. Young opposed his colleagues who wanted to stall integration as long as possible, and instead insisted that Delaware desegregate its schools immediately. He worked with civil rights activists to implement the *Brown* ruling, despite the anger of some politicians and threats

against him and his family from militant segregationists.

In other noted cases, Mr. Young represented one of the defendants in a sensational and racially charged rape trial, broke down the barriers to women serving on Delaware juries, and obtained the first Delaware Supreme Court decision establishing the right to peaceful picketing. He was awarded numerous honors, including the Delaware State Bar Association's Distinguished Service Award (honored jointly with Delaware civil rights pioneer Louis Redding) and the Community Leadership Award of the National United Jewish Appeal. He was a member of the American College of Trial Lawyers, the International Academy of Trial Lawyers, and the American Law

Institute. Born in Russia, he came to the United States at age 3 with his family, who later moved to Wilmington. His parents ran a grocery store, which they lived above, on Second Street. Mr. Young graduated from Wilmington High

School in 1922 and the University of Delaware in 1926 and earned his law degree at the University of Pennsylvania in 1929. His wife, Ann B., for whom he established the Ann B. Young Professorship in Cancer Research at the University of Pennsylvania School of Medicine, died in 1972.

Widener University School of Law, with campuses in Wilmington, Del. and Harrisburg, Pa., is part of Widener University based in Chester, Pa.

The JWV Memorial Wall in DE JCC

We are the sons and daughters of Delaware who fought bravely for freedom and justice. As such we are remembered with the creation of the JWV Memorial Wall in Delaware Jewish Community Center.

In order to honor the memory of those Jewish service men and women from Delaware, Harry Lubin conceived the idea of the wall to be installed in the Jewish Community Center of Wilmington.

About six years ago the idea of such a wall came to fruition. The support of the JCC Executive Director was gladly given.

Dept. Commander Lubin was ably assisted by Bob Barnett and Cy Donner who collected, assem-

bled and installed photos and other memorabilia that developed into a tastefully designed collage that is the JWV Memorial Wall.

There are currently three memorial plaques on the wall with the names of Jewish members who have passed on. There are over 200 names on the plaques.

The Wall and area were sanctified in 1992 by our Chaplain, Cantor Norman Swerling.

Each year in November we conduct a Memorial Service at the Wall which is attended by the Jewish Community.

**Harry Lubin, Commander
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Faith Wohl To Speak; Rep. Maroney To Be Honored

Faith Wohl, a former DuPont Company executive who pioneered local and national initiatives to help employees balance family lives and careers, will discuss child care at the millennium at the annual public affairs dinner of the National Council of Jewish Women (NCJW), Wilmington Section. The event takes place on Wednesday, October 21, 5:30 p.m. at the DuPont Country Club. The Section is also honoring State Representative Jane Maroney for her efforts on behalf of children and families.

Faith Wohl has been President of the Child Care Action Campaign since December, 1997. Previously, she served as Director of the Federal Office of Workplace initiatives overseeing policy and development of worksite child care centers for Federal employees. She went to Washington from the DuPont Company, where she had served as a director of human

resources. Ms. Wohl will discuss the current status of child care and what needs to be done to meet the needs of children, a majority of whom have working parents in the future.

Child care is one of the many children's health, development and welfare issues that Representative Maroney has championed in her 20 years in the General Assembly. She will receive the prestigious Hannah G. Solomon Award, a national award given by local NCJW sections to individuals who have changed the lives of others through their leadership and service, particularly in areas of NCJW concerns improving the quality of life for women, children and families and ensuring individual rights and freedoms for all.

The dinner is open to the public. For reservation information, call Fran Ehrlich (at R.P.I.) 302-791-7771.



Judith Hankin

Family Court Seeks Advocates For Children

You can make a difference in the life of an abused, neglected, or dependent child. The Court Appointed Special Advocate program (CASA) in the Family Court of the State of Delaware is presently seeking qualified adults to serve as CASA volunteers.

Court Appointed Special Advocates are trained volunteers assigned by Family Court Judges to represent the best interests of abused, neglected or dependent children who are the subject of Court proceedings. As an official of the Court, the volunteer conducts an independent investigation into the child's life and presents facts and recommendations to a judge in written reports and verbal testimony. The CASA advocates for the

best interests of the child by investigating and monitoring a case until the child is provided a safe and permanent home.

CASAs are selected, trained, supervised and evaluated by Program Coordinators from the Family Court Staff. Program attorneys provide legal representation for CASAs and legal advice for the program. In 1997, 156 CASA volunteers served 461 abused, neglected and dependent children in Delaware.

Volunteer training is scheduled for New Castle County on December 2, 4, 7, 8, 10, 1998. If you would like to speak up for a child, call the CASA office at 577-2200 ext. 3056 or 3069.

Forget Me Not Ball

On Saturday, October 24 the Auxiliary of the Milton and Hattie Kutz Home will hold its annual Forget-Me-Not Ball at the Brandywine Country Club. Funds that are raised from the Forget-Me-Not Ball go directly to projects that enhance the life of the residents at the Kutz Home. An added attraction this year will be the addition of Casino Games. Tumbling Dice,

Inc. from New Jersey will set up and run gambling tables for Blackjack, Craps, Roulette, and Poker. Chips can later be redeemed for exciting prizes. Music will be provided by Lassman and Holmes. The Ball begins at 7:00

p.m. For further information on the Ball, please call Joy Honig at 888-1034.

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ISRAEL AT 50



Delaware's Connection To The Holyland

By TONI YOUNG

Sarah Goldstein describes her first trip to Israel in 1958 as "a fabulous experience that colored her entire life." On Israel's tenth anniversary, Goldstein, a music teacher in the public schools, who had taught at Adas Kodesch, Beth Emeth and Beth Shalom and directed Beth Shalom's choir, was chosen to be part of the first Jewish music seminar for people from the United States and Canada in Israel. The group, comprised of about thirty-five music teachers, cantors, singers and conductors, spent five weeks in Israel. "I saw Israel, whatever there was, from

top to bottom and from side to side," Goldstein recalls with tremendous excitement. "I met the greatest musicians, composers, choreographers, dancers, literary figures ... people in all of the arts."

For Sarah and most of the participants, the trip was their first visit to Israel. "When we got off the plane at four in the morning, people got down and kissed the earth. I didn't get down, but I just felt it rise up inside of me, and I couldn't sleep. I watched the sun come up. I looked out the window and saw my first sunrise in Israel and gradually the life beginning to stir on the street. From that time, my camera

didn't stop the whole time I was there."

The study trip was organized to teach the participants all about Israeli music so they could bring it back and show the rest of the world. "We learned about the different roots of Israeli music, about ideas behind the songs, about what each of the different countries that formed the Israeli population contributed to the music," Goldstein explains. "We were taught by wonderful musicians. One of our guides and teachers was the head of all Israeli music education." Throughout her long life, Goldstein, a champion of Jewish musical activities in Delaware, has continued to incorporate ideas she learned on the Israeli music seminar.

There were many programs to mark the tenth anniversary of the state. For Goldstein some of the highlights of the celebration were a piano performance by a very young Daniel Barenboim, dances by Sarah Levy and a dinner at the home of composer Mark Lavri.

Goldstein found Israel to be "an ever changing, ever wondrous place." Throughout the country, there was constant change and

building. "Everyday was a new beginning." When the group would return to Jerusalem after being away for several days, the city would be different, more trees or a new building. There was always something to be excited about.

In 1958, Jerusalem was divided. Goldstein recalls looking through a peephole to the other side where Arabs with guns were standing on rooftops. When she returned to Israel years later, she was overwhelmed by the emotions of being able to walk through the entire city.

When Goldstein returned to Delaware in 1958, she was one of the few people who had been to Israel. She "couldn't get finished

talking about it and singing its praises." Goldstein spoke to numerous groups, both Jewish and Christian. People responded enthusiastically, showing sympathy towards Israel. After seeing the pictures, people were always surprised to see how much had been developed in such a new country.

Forty years after her first trip, Goldstein continues to encourage people to travel to Israel. "Going to Israel isn't a one time thing. Today, there are so many experiences for people of all ages," she explains enthusiastically. "People can be of service to Israel and see the development of the country at the same time."

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Chabad Of DE Gala To Honor Local Entrepreneur And Medical Professionals

Two Delaware couples will be honored for their commitment to Jewish values at a dinner marking the beginning of the second decade of Chabad Lubavitch of Delaware. Deborah and Michael Schwartz, the owner/operators of several area businesses, including Mike's Famous Harley-Davidson, will receive the Montefiore Award for business. Dr. Leonard Seltzer, a pediatric allergist, and his wife Judy, a registered nurse, will receive the Maimonides Award in medicine.

The dinner will be held at 6 p.m. at the Deerfield Golf Club on Sunday, October 18, with cocktails starting at 5. Among other things,

the evening will feature a performance by Israeli-born recording artist Yoel Sharabi, who has performed at locations including Lincoln Center, Carnegie Hall, the Place Des Arts in Montreal and the 1991 wedding of Steven Spielberg and Kate Capshaw. The event is co-chaired by Ruth and Sheldon Weinstein, Michelle and David Margules and Connie and Michael Sugarman.

Judy and Leonard Seltzer are health care professionals with a history of community service. Dr. Seltzer is a former president of B'nai B'rith Lodge 470. Mrs. Seltzer is a life member of

Hadassah and of the Jewish Women International Society, and a former JWIS adult education chair. They also work together to raise funds for the Benedictine School and Foundation, and annually donate flu vaccinations there.

"Maimonides, also known as the Rambam, not only is one of the greatest scholars in Jewish history, he also was one of the top physicians of his time," explained Rabbi Vogel. "It is fitting that the Seltzers receive an award in the Rambam's name given their balancing of devotion to family, demanding health care careers, dedication to both the Jewish and general communities and strong commitments to living a Jewish life."

"It is a particular pleasure to honor Judy and Len," added Rabbi Vogel. "They are among Chabad's earliest and most consistent supporters and I am very pleased to consider them personal friends as well."

"We are very excited about the evening's program," said Chabad Executive Director Chuni Vogel. "Not only will we have an opportunity to hear some wonderful music, but we will honor two couples that in quiet ways embody some of

Judaism's most important qualities."

"The Schwartz's are wonderful examples of successful business people who refuse to ignore their commitment to others in their pur-

Continued on page 8

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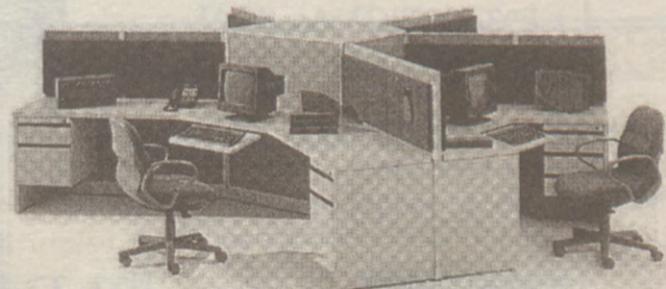
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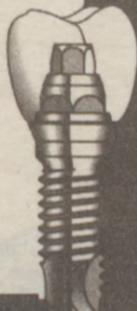
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Chabad of DE Gala

Continued from page 7

suit of material goals," said Rabbi Vogel. "Fairness in their business dealings, generosity to their employees and support for those less fortunate have been consistent hallmarks of all their dealings."

Mr. and Mrs. Schwartz have gained national recognition for building the local Harley-Davidson franchise into one of the nation's top dealerships. They presently are developing a site at the foot of the Delaware Memorial Bridge into Mike's Famous Rest Stop, a multi-million dollar facility to include an expanded dealership, a restaurant and a museum dedicated to the American road. The Schwartz's also own and operate ABC Tickets, a ticket brokerage firm.

"Mike and Debbie are good

friends of Chabad," explained Rabbi Vogel. "They have been there for us in many ways. What draws them to Chabad and Chabad to them, is a recognition that the force leading them to be good parents and moral businesspeople is inherent in their Judaism."

Chabad of Delaware is the local affiliate of the world-wide Lubavitch movement. The organization is supported almost entirely by local donations, and offers free or heavily subsidized activities including a summer camp, a Jewish center at the University of Delaware, regular adult education classes, holiday programs, and religious services.

Reservations for the dinner, which costs \$75 per person, can be placed with Kathy Cardillo at 777-0314.



"...And you shall teach your children."

Minyan members of Congregation Beth Shalom recently sponsored a decorating party and brunch in preparation for Sukkot. On a rainy, chilly Sunday, October 4, children, parents, clergy and adult members joined together to prepare for the holiday of Sukkot. "With the help of many hands of all sizes, two sukkahs were built to accommodate both the young and young at heart. The weather may have dampened the decorations but not the spirit of the decorators," said Jane Goldberg, who, along with her husband Steve planned the event.

Sam Swinger (left) and Ruth Honey (right) provide assistance to Beth Shalom children in preparing for Sukkot.

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One Woman's Opinion

Continued from page 7

medium is because I like them all. The challenge is to make my prints more than uni-dimensional. To do that I combine thick white paper, very rough meta plates and then add layers and layers of materials ... I am like a kid in a candy store;

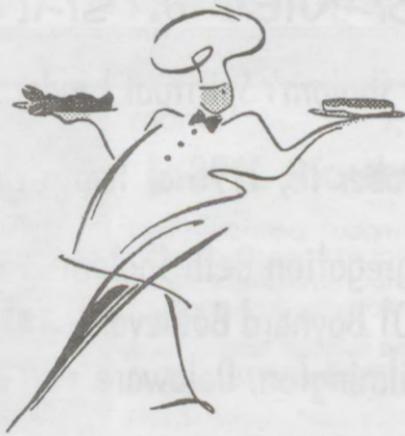
I like to try my hand at everything." Svetia has lived in Newark since 1982 and received her MFA from the U of D in Printmaking and Papermaking.

Collage IV has an excellent accompanying catalog which has been written by several local

experts. It includes the background stories of each of the artists as well as an article which appeared in a previous issue of the Voice. There are also scholarly articles by several college professors concerning the history and impact of immigration on our state. There is also an excellent article by Roberta Burman, of Jewish Family Services tracing the coming of Soviet Jews to Delaware over the last 20 years. It is well worth reading even if you do not view the exhibit. But there is

no excuse for your missing collage IV. It will remain at the Dover Art League's Loockerman Street Gallery in Dover until October 16. Then it will be shown again at the Wilmington Library for the month of December and in Bellevue State

Park in New Castle County during the months of January and February. From April 19-30 it will be at Delaware State University. When it is in your neighborhood be sure to see Collage IV. It is well worth the viewing.



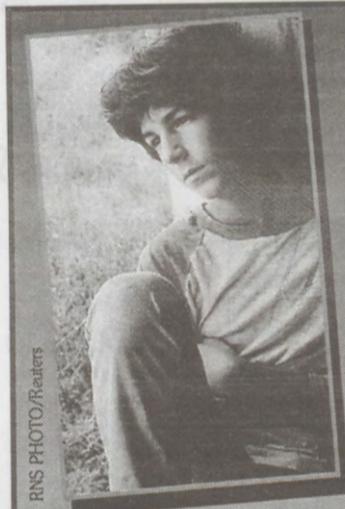
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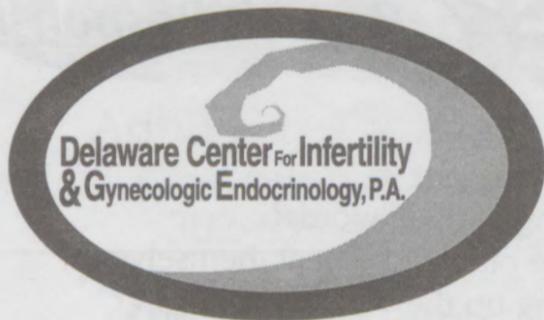
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SYNAGOGUE LIFE

AKSE Men's Club Brunch Features Dorothy Wilson On Aging

On Sunday, November 8, 1998, at 9:30 a.m., the A.K.S.E. Men's Club and the Adult Education Committee will host Dorothy H. Wilson who will speak on the topic: "Aging Gracefully" according to Robert S. Weiner, President, A.K.S.E. Men's Club.

Are men from Mars and women from Venus in their attitudes about aging? Do the sexes change physically in the same way and at the same rate? How do we handle the inevitable? Is our faith of any help in making these changes?

Aging is something that starts at birth and stops at death. But what happens in between and does how and what we do during this time affect the outcome? During this time, our thoughts are not focused on adaptations required by retirement, physical changes that reduce mobility and productivity, loss of social connection, loss of loved ones, and financial change. These are real issues and coping with

them effectively presents a challenge and can bring a potentially satisfying time to our lives.

Should we fight tooth and nail against the tide of change or stroll leisurely down the path and smell the roses? The answer is yes to both ideas. However, the choice is yours. What tools are available to aid both the decision-making and the actual implementation of the process we select? We will explore together some of the concrete aids: vitamins, hormones, surgery, use of time; and some of the personal aids: faith, attitudes, resolving old issues.

Dorothy Wilson graduated from the Mount Carmel Hospital School of Nursing in 1961. She later attended Wilmington College, receiving a B.S. in Professional Arts. She went on to receive her M.A. in Psychology at Washington College in 1990. In 1997, she retired from her position as Director of Academic & Career

Counseling at Wilmington College. She is married with two children.

Reservations for the A.K.S.E. brunch by nonmembers are suggested and can be made by contacting the A.K.S.E. office at (302) 762-2705.

AKSE Sisterhood Sponsoring Dinner

On Monday, October 19th at 6:30 p.m. in the synagogue social hall, AKSE Sisterhood will sponsor a dinner and program for all new and paid-up Sisterhood members. The "heart healthy" dinner has been designed by nutrition conscious Sisterhood members, Leona Weissman, Eileen Cohen, and Debbie Zussman. Recipes will be

available.

Following the dinner, a program featuring "Decorating with Artwork" will be presented.

Reservations can be made by calling Eileen at 478-1815 by October 14th. The only cost is your dues of \$18, which help support AKSE Sisterhood projects.

Congregation Beth Shalom

On Saturday, October 17, Meg Mackay and Billy Philadelphia will make a return engagement at Congregation Beth Shalom for Cabaret 98. At their 1996 appearance they delighted the sell-out audience with an intimate, witty and memorable musical showcase. This talented couple from San Francisco is making a stop-over in Wilmington on their way home after a week of performances in New York City.

Meg Mackay is a dynamic vocalist and seasoned stage performer.

Her stage and cabaret performances have received rave reviews in New York, Chicago, Los Angeles as well as San Francisco. Of her new album, 'Legally Blonde,' Deborah Peifer, critic for the Bay Area Reporter writes, "A national holiday should be declared so everyone can take a day and revel in this gorgeous recording."

A versatile pianist and energetic entertainer, Billy Philadelphia has been appearing in five-star hotels, lounges, cabarets, clubs and at corporate events in the San Francisco Bay area for twenty-five years. He is also recognized for his production of "Hoagy" a personal tribute to the legendary songwriter/actor, Hoagy Carmichael, which had successful runs in San Francisco and the prestigious Milwaukee Repertory Theater.

Together, Meg and Billy bring to the stage a wide range of musical styles, along with a great sense of style and humor. Their vast repertoire includes songs from the '30's and '40s, Broadway musicals, jazz favorites, plus several original compositions. Critics have unanimously praised this dynamic duo who share their love for each other and their music with friends and audiences alike.

The evening program, which begins at 8 p.m., includes a wine reception, a gourmet dessert buffet and an international coffee bar. Tickets are \$18 each. After October 9th they are \$20. For tickets send your check along with a stamped, self addressed envelope to Congregation Beth Shalom, 1801 Baynard Blvd., Wilmington, DE 19802.

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best situation for me. Even though I knew she would welcome me into her home, it wasn't what I wanted.

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It wasn't just the building that attracted me here. Much more important was the staff. My daughter and I felt an instant connection with them. It's hard enough to find staff who are professional and competent, which they are, but the secret ingredient at The Lorelton is their friendliness and concern. They know when to help, when to share a special activity or a funny joke and when to just let us be by ourselves.

I moved here nearly a year ago. With my day-to-day needs handled so well by The Lorelton, I'm independent enough for my daughter and me to really enjoy our time together. We're truly closer than ever!

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BETH SHALOM TO INSTALL NEW RABBI

The installation of Rabbi Daniel J. Satlow as spiritual leader of Wilmington's Conservative Congregation will take place on Sunday, October 18. Rabbi Satlow, a graduate of the University of Pennsylvania and the Jewish Theological Seminary of New York, has been Rabbi of the synagogue since August 1. Upon his ordination in 1996, Rabbi Satlow has served as assistant rabbi at Temple Valley Beth Shalom in Encino, California, a 1700 member Conservative synagogue.

"The installation of a new spiritual leader serves many purposes," said Congregation President Henry Gutter. "It is a ritual of transition, a special event in our congregational life, and an opportunity for the public to welcome and meet our spiritual leader. The installation of a rabbi is relatively recent in Conservative Judaism and we believe this is the first formal installation of a rabbi in the history of Beth Shalom," said Henry.

Rabbi William H. Lebeau, Vice Chancellor of the Jewish Theological Seminary of America, will serve as the "leader" in the installation which will take place at the synagogue, 18th Street and Baynard Boulevard at 2:00 p.m. The Hebraic musical group, Neranena, a group from New York that Rabbi Satlow was once a member, will also participate in the installation. A reception will follow the installation. The public is invited to this event.

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Schneider Children's Medical Center Of Israel Making An Impact On Pediatric Medicine

Dr. Itamar Shalit, Director of Schneider Children's Medical Center of Israel (SCMCI), recently met with Dr. Tim Empkie, a representative of Project Hope. Dr. Empkie said, after an in-depth visit to SCMCI that, "Based on SCMCI's broad medical and training expertise, it makes sense to continue our successful collaboration in Poland. The Children's Hospital in Krakow is in the process of becoming a tertiary care hospital which will offer modern techniques and treatment methods to its patients while SCMCI has the

capability and the wish to help educate health professionals to teach and treat their own people."

This will be the first of several collaborative projects and conferences in Central and Eastern Europe where Project Hope is very active. The conferences would be held under the auspices of Project Hope and would likely have the participation of representatives from Europe, the United States and the Middle East including Jordanians, Egyptians, and Palestinians. In addition, Dr. Empkie recommended that the

Malawi Children's Hospital would benefit from a collaborative program with SCMCI.

Schneider Children's Medical Center of Israel; MASHAV (Israel's Center for International Cooperation); and Project Hope has already been involved in a successful partnership in China. The Director of Shanghai Children's Medical Center visited SCMCI in 1997 and asked SCMCI for help in a number of health management and medical areas. Two delegations from SCMCI spent several weeks training the medical staff in

Shanghai and a reciprocal exchange of Israeli and Chinese medical personnel is scheduled to take place. The Shanghai hospital opened at the end of June in the presence of First Lady Hillary Rodham Clinton; United States Senators and Congressmen; the American Philanthropists, Helen and Irving Schneider; and William Walsh, Director of Project Hope.

Schneider Children's Medical Center of Israel is the only tertiary care hospital in the Middle East built exclusively to treat infants, children and adolescents. It pro-

vides the special attention children need, combining medical and scientific excellence with an unprecedented dedication to their physical, emotional and psychological well-being. SCMCI is a teaching hospital affiliated with Tel Aviv University and is open to all children in the Middle East; Jews, Christians and Moslems alike. SCMCI is dedicated to the inherent right of every child to live a healthy

life in a peaceful world. It stands as a "bridge to peace," linking Israel to its neighbors.

Israel Bond Dinner To Honor President Gorbachev For Role In Launching Mass Aliyah of Jews To Israel

Mikhail Gorbachev, the former president of the Soviet Union, will be honored at a gala State of Israel Bonds dinner Sunday, October 25, 1998, at 5:00 p.m. at the New York Hilton, celebrating the tenth anniversary of the opening of the country's gates to free immigration to Israel which began on his watch.

Tribute will be paid at the dinner, as well, to business executive and community leader Peter W. May, who served as chairman of UJA-Federation's "Operation Exodus," a multi-million dollar campaign to bring Soviet Jews to Israel, thereby changing the face of the country. Yitzhak Shamir, who served as Israeli Prime Minister at the time the Jewish State welcomed the wave of Soviet immigration, and Ambassador Zalman Shoval, who represents his country in the United States, will be guests of honor at the dinner.

"President Gorbachev changed the course of history," said Gideon Patt, president and CEO of State of Israel Bonds. "It was he who had the courage and initiative to break

with the harsh and constricted emigration policies of his predecessors and thereby launch the great Soviet aliyah which has had such a momentous effect on Israeli society, economy and culture."

State of Israel Bonds played a crucial role in the absorption, settlement and training of the hundreds of thousands of Soviet Jews who settled in Israel after Gorbachev liberalized the country's emigration policies, said Mr. Patt. Before President Gorbachev assumed leadership of the Soviet Union in 1985, fewer than 1,000 Jews were allowed to emigrate each year.

Peter May is president and CEO of Triarc Companies. A noted philanthropist, he is active on behalf of the 92nd Street YM-YWHA, the Central Synagogue, and Mt. Sinai Medical Center, all in Manhattan, as well as the Simon Wiesenthal Center in Los Angeles.

He heads a roster of 23 local Soviet Jewry movement leaders from the United States and Canada who will be honored at the dinner



NEW YORK - Former Soviet President Mikhail Gorbachev (left), who will be honored at an Israel Bonds dinner in New York on October 25 for opening the gates of the Soviet Union for Jewish immigration to Israel, and Prime Minister Yitzhak Shamir, who will also speak at the dinner, shake hands at a 1991 reception at the Soviet Embassy in Madrid during the Israel-Arab peace talks. Benjamin Netanyahu, then Deputy Foreign Minister, is on the right.

for their dedicated struggle for free emigration and cultural expression for Soviet Jews over several decades before and after the tenure of Mikhail Gorbachev. The former Soviet president now serves as head of the International Foundation for Social, Economic and Political Studies, in Moscow. He is the author of seven books.

State of Israel Bonds is an international organization offering securities issued by the government of Israel. Since its inception in 1951, Israel Bonds has secured close to \$19 billion in investment capital for the development of every aspect of Israel's economy, including agriculture, commerce and industry. Throughout its history, Israel has maintained a perfect record on the payment of principal and interest on the securities it has issued. Israel Bonds proceeds play a major role in the absorption of Jews from the former Soviet Union and Ethiopia and elsewhere and in providing crucial financial resources to Israel for a new era of promise and opportunity.

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Jewish Women Magazine Names 10 Women To Watch In 5759

WASHINGTON, DC - Acclaimed author Allegra Goodman, Queens, NY Chief of Detectives Jane Perlov and U.S. Congressional Candidate Janice D. Schakowsky are among this year's 10 Women to Watch in 5759 as named by *Jewish Woman* magazine.

"It is difficult to find a positive image of Jewish women on television or in the popular press," says Randee Lefkowitz, president of Jewish Women International, publisher of *Jewish Woman*. "Just as the shofar blows on Rosh Hashanah, the fall issue of *Jewish Woman* Magazine is designed as a wake up call to the Jewish community to recognize the positive achievements of Jewish women." As the Jewish community embarks on the New Year, *Jewish Woman* highlights the lives and accomplishments of 10 women of extraordinary energy and vision that exemplify the important and innovative work Jewish women are doing in every facet of life.

In addition to Goodman, Perlov and Schakowsky, *Jewish Woman's* 10 women to watch include Ruth Owades, founder of Calyx & Corolla; political consultant Jennifer Laszlo; fashion designer Shelli Segal; women's health advocate Dr. Alice Rothchild; documentary filmmaker Judith Helfand; communications consultant Tamara Jacobs and social activist Pella Schafer. These women are making significant contributions to the world that will shape and improve lives.

To obtain a complimentary copy of *Jewish Woman*, or to request advertising information, please call 1-800-343-2823 or send an e-mail to editor@jwi.org.

Immigration Representation Project Awarded Major Grant To Aid Indigent Immigrants

In recognition of HIAS, the Hebrew Immigrant Aid Society's work of providing legal counsel to poor individuals and their families in deportation, exclusion and removal hearings, a \$50,000 grant was made by the Fund for New Citizens of the New York Community Trust for 1998. The gift, part of a renewed award totaling \$270,000 to be divided among six agencies comprising the Immigration Representation Project (IRP), will help provide aliens with full representation for individual hearings before Immigration Judges at multiple sites in the New York City area. Locations include: the Immigration Court at 26 Federal Plaza, the Wackenhut detention facility, the Varick Street detention center, and the Elizabeth detention center (in NJ).

American Corporate Investors Turn To Israel To Plug The Gap

By **ELMER L. WINTER**
Chairman, Committee for
Economic Growth of Israel

Some American corporations have been harder hit by the Asian economic meltdown than they expected. Understandably, there is now a rush to 'plug the gap' - to find new places to invest and to develop additional products and expanded markets.

Israel provides the perfect escape valve for companies and capital investors seeking a way around the Asian crisis. Its economy is made to order for U.S. firms seeking to maintain their growth pattern. And Israel's government is moving fast to encourage Israel's role as an investment alternative to the shrinking Asian behemoth by removing government-imposed restrictions at an accelerated rate.

Israel's strength as a replacement for Asian investment and market development are numerous. Its fundamental advantage is its democratic political structure and underlying stability. Despite the internal squabbling and sometimes raucous street theatre that mark Israeli politics, no dynasty exists. Kings or "maximum leaders" are not part of the nation's governing system or heritage. Periodic elections reflect the wishes of the citizens.

Economically, Israel remains on a very sound footing. It is now rated by the International Monetary fund as an "industrialized nation" and no longer is considered an emerging

country. Unlike many other states, the Israeli currency is stable. Companies are not fleeing the country. Bank loans are available at real interest rates of between 5 and 6 percent. The banking system itself is first rate. Venture capital is readily available.

Despite the ups and downs of the Israeli-Palestinian negotiations, the peace process appears to be regaining strength once more. A final agreement ultimately will open the gates for American companies to sell their products to a potential Arab market of 200 million consumers.

Because it is ultimately linked to the international economy, Israel is suffering a mild slowdown of its own - in part a reflection of the declining Asian markets with which Israel had been developing ties in recent years. But, as in the United States, the nation's underlying economic structure remains solid. Israel's anticipated growth will rise by 1.9 percent in 1999. The Gross National Product (GNP) is forecast to exceed \$100 billion next year.

The inflation goal for 1998 is 5 percent.

Still another important factor in attracting U.S. capital that normally would have been invested in Asia is the strong bond between Americans and Israelis as people. You will find no American flag-burning by Israelis. Furthermore, Israel's managers are "in synch" with U.S. companies. Many Israeli

executives have been educated in American universities and business is readily conducted in English. And even Israel's accounting methods and standards are similar to ours, so much so that five major U.S. accounting firms have branches in Israel. There is a minimum of "cooking the books" that was so prevalent in other foreign countries.

Other advantages of corporate investment in Israel are the accessibility of parts, supplies and services to American high-tech companies, which have been staging their own invasion of Israel in recent years, and the availability of 50 percent R & D Israeli grants to American companies in Israel to develop state of the art products. Moreover, Israel's free trade agreements with European nations enable American companies to tap the European market at a low cost.

In a recent interview, Israeli Finance Minister Ya'acov Ne'eman predicted that "in the near future we will be seeing an ongoing stream of foreign investments in Israel, when capital markets realize that Israel is a stable nation."

(Elmer L. Winter, chairman of the Committee for Economic Growth of Israel, was the co-founder and long-time president of Manpower, Inc., the world's largest temporary help services.)



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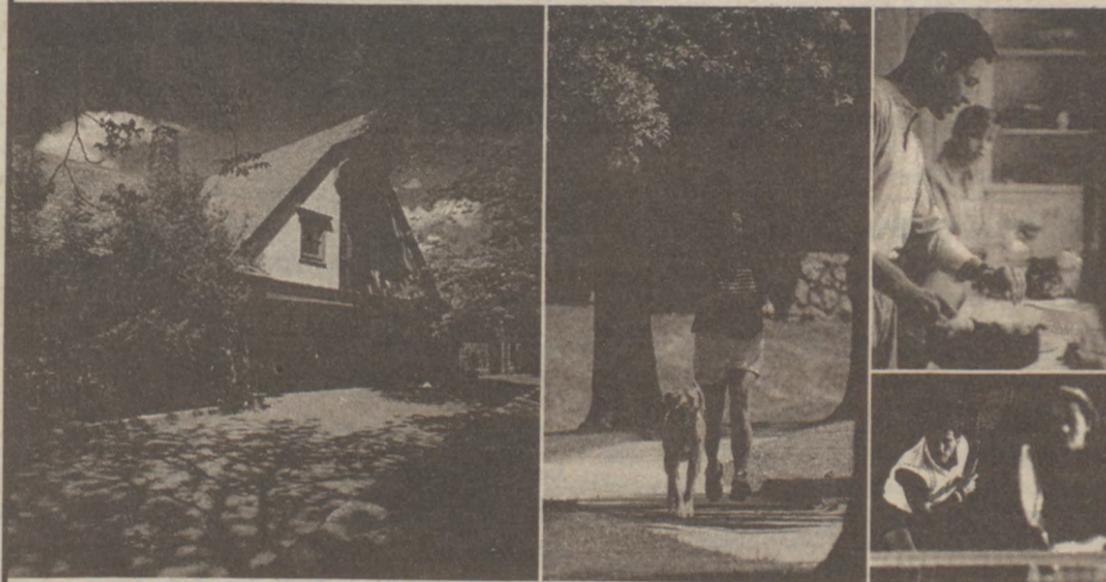
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***Jewish Family Service**, which provides counseling, support, workshops and forums serving many facets of the community. **JFS** works with local synagogues and agencies to provide volunteer opportunities, as well as counseling and Jewish family life education.

*The **Newark Jewish Community Network**, the organizing committee for **JFD** activities throughout the Greater Newark Hockessin area. Comprised of volunteers and professional staff, the committee is trying to *connect with* as many Jews and Jewish families as possible while planning for expanded programming within the community.

*Weekly Shabbat meals, services and Sunday bagel brunches provided by the **Hillel Student Center** at the University of Delaware. Hillel offers UD students a central Jewish address

on campus with resources, social functions and educational opportunities.

*80 residents of the **Milton & Hattie Kutz Home**, who enjoy a newly-renovated facility with a highly motivated, dedicated and trained staff.

*Teens from 7th through 12th grades, who attend **Gratz Hebrew High School** and receive a quality post-Bar/Bat Mitzvah Jewish education instilling them with Jewish values, knowledge and leadership principles before they attend college.

*The **Seaside Jewish Community**, which represents a small, but dedicated population in Southern Delaware. Once again, **JFD Community Outreach** provided crucial assistance to this burgeoning group, and it was recently featured in the *Jewish Voice*.

Campaign '99 - Make the connection!
Connect to the Tradition. Connect to the People.
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JEWISH
FEDERATION
of DELAWARE

Campaign Cabinet Selected
by Bernie Greenberg

As the community prepares for the start of the 1999 UJA Federation Campaign, Dr. Barry Kayne has been planning, strategizing, handling a bevy of telephone conversations, and...subscribing.

"I am delighted to have such an outstanding group of communal leaders serving in this year's campaign cabinet," said Kayne, the overall campaign chairman. "The campaign and the entire community will benefit from the years of commitment, dedication and expertise these folks bring to the table."

The campaign cabinet consists of captains and chairpersons for various divisions and all Federation-sponsored events. Campaign divisions are based upon giving levels, as well as location (i.e. Newark).

"It is a privilege for me to work with this caliber of people to help increase our campaign," Kayne said, adding, "we have attempted to structure the '99 Campaign so that we can generate more dollars to address the crucial needs of the Delaware Jewish Community."

1999 UJA Federation Campaign Cabinet

<p><small>Major Gifts Division Dinner of Commitment Mitzot Division Lion of Judah Dinner Chai Division Chai Dinner</small></p> <p><small>Olson Division Super Sunday</small></p> <p><small>Newark Division</small></p> <p><small>Community Event Federation Shabbat</small></p>	<p><small>Toni Young Carol & Steve Rothschild Alan Levenson Conde Sugarman John Elston Wendy & Benjamin (Buddy) Berger Shara & Ken Babes Andrew & Scott Feinman Lori Barbnad Debbie Perch Caryl Marcus-Stape & Jeff Stape Irv Engelhorn Dr. Scott Mackler Dr. Richard Veszsky Amy Leviton Linda Oster</small></p>
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Save these key dates!

Listed below are key dates for the 1998-99 UJA Federation Campaign. Please save these dates, and look for more information in the *Jewish Voice* and the mail.

<p><small>Sunday, November 1, 1998 Monday, November 2, 1998 Tuesday, December 1, 1998 Saturday, January 9, 1999 Shabbat, January 29-30, 1999 Saturday, February 6, 1999 Sunday, February 7, 1999</small></p>	<p><small>Dinner of Commitment Campaign Community Kickoff Lion of Judah Event Chai Division Dinner Federation Shabbat Community Event-Evening Super Sunday</small></p>
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Call the Jewish Federation of Delaware at 302-427-2100 for more information

JEWISH
FEDERATION
of DELAWARE

Connect with Campaign Schedule of Events



Sam Glaser

By BERNIE GREENBERG

You have achieved so much, yet you choose to do more. You can stand alone, but your soul yearns to participate - so you make the connection.

"Everyone in this community can and should participate in our Federation campaign events," notes Dr. Barry Kayne, campaign chairman. "There is at least one program for all of us in Delaware, regardless of our background, commitment or financial obligations." The 1999 UJA Federation features another ambitious schedule, starting in late October with a visit from Israel Emissary Bracha Rachmilewitz and culminating with the annual Super Sunday Phone-a-thon and another campaign closing event.

This is the second year that an Israel Emissary will visit Delaware, and Ms. Rachmilewitz will participate in suite solicitations, as well as general community presentations to any interested agency, group of organization.

The Dinner of Commitment is slated for Sunday, November 1, and this annual Major Gifts gathering will be held in a unique, beautiful setting. The Campaign "Kickoff" will take place the next night, Monday, November 2 hosted by Reiko and Dr. Barry Kayne.

"This night is meant for everyone, absolutely everyone involved with the 1999 campaign," Kayne says. "We want all of our people to be informed about the campaign and surrounding issues, while socializing and creating more of a sense of community. Maybe we'll watch the Eagles play the Cowboys afterward - or The Titanic, as the endings will probably be similar."

Delaware's annual Lion of Judah dinner will happen on Tuesday, December 1, and that will

be followed by the Chai Division Dinner on Saturday evening, January 9, 1999. Rabbi Bob Alper, a standup comedian and author, will be the featured speaker, and everyone should enjoy his unique brand of Jewish humor and insights.

The weekend of January 29-30 marks the occasion of the annual Federation Shabbat, with the Friday night portion taking place at Temple Beth El in Newark, while the Shabbat afternoon study session is set for Adas Kodesch Shel Emeth.

Sam Glaser is an exciting, talented musician who will perform at the JFD Community Event, Saturday night, February 6. Look for more details upcoming on this fantastic, family evening... which will be surpassed only by SUPER SUNDAY on February 7. This annual fun, phone-a-thon offers yet another opportunity for the entire community to become involved by volunteering or just answering the phone when you are called upon to make a pledge.

Campaign Chairman Kayne believes strongly in the potential of the campaign connection weekend. "Although it will be a busy time, the weekend of February 6th and 7th will be a great time for the Federation, our campaign and the whole community. Both the community event and Super Sunday will give off positive vibes for everyone, and I feel certain that those feelings of unity will carry us toward greater achievements."

For information on any JFD Campaign event, please call 302-427-2100, ext. 16. The connection is yours to make.



Rabbi Bob Alper

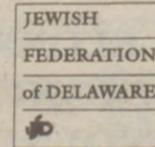
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- * Tuition for one child at a Hungarian Jewish summer camp.....\$350
- * One week of housing for a child in a Jerusalem emergency shelter\$360
- * Three months homemaker service to a frail elderly couple.....\$365
- * Scholarships to send two children to Jewish day camp for one month.....\$400
- * Early childhood Jewish education subsidy\$500
- * One year of Torah study for a young couple.....\$500
- * Essential medical care for a Soviet immigrant\$500
- * Advanced ulpan (Hebrew) study for 22 new immigrant professionals\$650
- * Six months at a Jewish school for a child in Casablanca\$750
- * Small business development course\$896

1999 UJA Federation Campaign Calendar

Event	Date(s)
Israel Emissary	October 19-20, 23
Dinner of Commitment	November 1
Campaign Workers Kick-off.....	November 2
GA Mission	November 9-20
Lion of Judah Event.....	December 1
Chai Event	January 9
Southern Delaware Federation Shabbat	January 22
Federation Shabbat	January 29-30
Community Event	February 6
Super Sunday	February 7

You *connect* to the Jewish Federation of Delaware and to a community that pursues justice, promotes peace and loves the stranger... where your acts of caring *join* with thousands of others to support the weak, feed the hungry and nourish the spirits of Jews everywhere, you affirm that *caring for one another* is the essence of who we are. *Together we make a difference.*



SHALOM DELAWARE

Check Out The New Web Site Serving Delaware's Jewish community
<http://www.shalomdel.org>

We're rolling out the new web site serving the Jewish community of Delaware even as we continue to strive to improve it. Please tour the site and provide your comments. This web site is an effort to facilitate exchange of information, such as the dates of key events, and to attract new people to the organized Jewish community.

Jewish Federation of Delaware
100 W. 10th Street, Suite 301
Wilmington, DE 19801-1628
Phone: (302) 427-2100

Fax: (302) 427-2438

E-Mail: Delawarejfd@jon.cjfnj.org
World Wide Web: ShalomDel.org



ARTS & ENTERTAINMENT

One Woman's Opinion

By PAULA SHULAK

When I entered the doors of the Dover Art League's gallery on Loockerman Street in downtown Dover two weeks ago, I took a deep breath. It was hard to believe that I was standing in the same place that I had last seen as a men's clothing store when I lived in Dover 7 years ago. The magnificent building dating from the 1880's (complete with tin ceiling, a huge old grain elevator and a million memories) has been transformed into an ideal artistic setting fit indeed for an exhibit of mixed media collected by Phyllis Levitt as Collage of Cultures IV. Last year I wrote about Collage III which was devoted to works by Asian artists. This time Phyllis has outdone herself by bringing us the watercolors, ceramics, oils, mobiles, jewelry and photographs of artists of European descent from England to Russia to Italy and Germany. These are our sisters and brothers and it is so very easy to relate not only to their styles but also their backgrounds.

Some of the exhibitors have been here for many years, some for only a few, but almost without exception, they are vibrant, exciting artists, of whom the Dover Art League can be proud. There are two artists who are Jews from the Soviet Union who came to our

country to find freedom from the harsh regime. It was especially impressive to me to view their works since I had worked on the Soviet Jewry Committee of the Jewish Federation back in the early 80's when the exodus from Russia first began. How wonderful to see the contribution that some of these émigrés have made to our society! Boris Brayman is a sculptor of wood whose pieces are carved so beautifully that they almost look like they are made of velvet. They are soft to the eye although they are made of magnificent wood; and their lines are flowing and bear such names as LONELINESS, SOLITUDE, and HARMONY. One hopes that the last is what Boris has found as a resident of the United States. To quote the exhibit catalog, "Boris' works are solid pieces of poetry." Dolya Dogal's oil paintings, while technically satisfying, were not as much to my taste since they were still lifes and mostly static; they were not as exciting as I prefer, but again as the catalog states, "their neo-classic simplicity ... hides ... their emotional subtext." Perhaps a more trained eye than mine can be more discerning. I simply know what I like or don't like.

I was able to actually interview several of the artists who were at

the opening and, thus, get a better understanding of their work. Franca Aschenbrenner, who comes from Italy, spoke to me about her unbelievably beautiful ceramic pieces which had a very deep azure.

They were most striking. She also explained her Raku work which produces extremely interesting designs by using a technique of very high temperature firing followed by placing the pottery on some type of burning material which then oxidizes and produces unique glaze colors or intricate cracking of the vessel. The result in both formats is exciting and glorious to behold. Franca came to Delaware four years ago when her husband's work brought him to our state. She had never worked in ceramics before she was introduced to the medium at the Absalom Jones Center and fell in love with the technique. She has a background in fashion design and likes to combine that with her new found skill so that in my mind, her ceramic pieces bear a resemblance to high fashion. The velvet texture is almost like a fabric. Franca does "not like to stick to the traditional," and says that when she starts a project, she "has no idea where or how it will end." If her pieces con-

tinue to end the way the ones in this show have, I am sure she will continue to be successful.

While many of the oils and watercolors in the Collage IV exhibit were interesting, they were ordinary, but there were a few which stood out as examples of what individual artists can accomplish if they have a unique talent. Among these were the startlingly vivid watercolors of Milvi Ojakaar from Estonia. In particular, I was struck by one piece done on rice paper entitled Falling Water. Terry Newitt's lovely painting of Drunken Girls showed a saucy technique highlighting tiny wisps of hair falling over two girls whose closed eyes revealed so much. Terry comes from England. She also produced two paintings of underwater creatures, crabs and lobsters which were excellent in their realistic detail.

There were also media such as silk paintings by Esther Klima of Switzerland designed as ladies' vests and wraps which were gorgeous and much too beautiful to wear, as well as very introspective photographs by Barbara Ginsburg from Germany. These photos ranged from collages to portraits to interpretive pieces; no two were alike and all were thought provoking. And then there was the bead-

work and jewelry fashioned by Jacque Johnson, a long time resident of Dover who says she does things backwards, making up her own techniques, often too discover later that someone else has already done the same thing before her! Another artist who I spoke with was Natalia Ramas whose lovely pastoral scenes reflected the various places she has lived from the Crimea (Ukraine) where she was born to Oregon. She attended art school in Russia as a girl but her Master's degrees are in history and international affairs. An interesting combination!

But my favorite artist in the exhibit was Svetla Kravlevska and I have saved the best for last. Svetla was not only one of the most productive artists in the gallery but she was also the most eclectic. Her pieces ranged from mobile sculptures to paintings to monoprints and each was more fascinating than the last. Her mobiles were fish made from stained glass and metal and they floated tantalizingly above our heads. And her prints were spectacular showing the varied textures of the many materials which she uses in her work in their best light. As she told me in an interview, "I can't say what my favorite

Continued on page 9

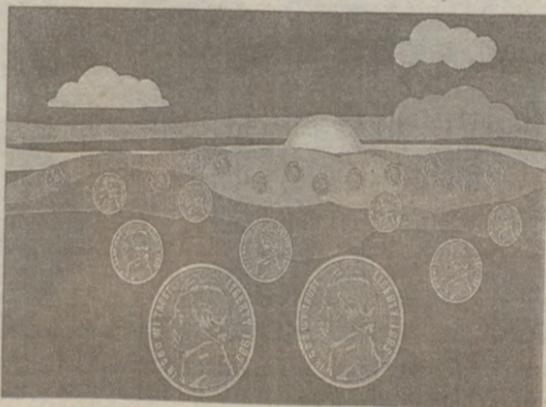
Operation Nickel Grass 25



October 14, 1998



Commemorate Delaware's Historic Role
Equipping Israel in the Yom Kippur War



WHEN: Wednesday, October 14, 1998
WHERE: Dover Sheraton Hotel
WHAT: Reception & Dinner with Bernard Kalb, former Israeli Foreign Minister*
COST: \$50 for dinner and reception - payable to "Nickel Grass 25"
TICKETS: Available through the Jewish Federation of Delaware.
 Call (302) 427-2100. Tickets are limited for this special VIP events

*Free full day seminar is also planned for October 14. Call 427-2100 for details

Nickel grass 25 is co-sponsored by the Central Delaware Chamber of Commerce and the Air Force Association. Senators Joseph Biden and William Roth are honorary Co-Chairman. Governor Tom Carper and Congressman Mike Castle are distinguished guests.

Nickel Grass 25 commemorates the 25th anniversary of the United States Air Force supplying Israel Through the Dover Air Force Base at the time of the Yom Kippur War.



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October 10

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OBITUARIES

Evelyn Gutter

Evelyn Gutter, mother of Henry Gutter, president of Beth Shalom and a board member of the Jewish Federation, of Wilmington, died Sunday at home in Clearwater, Fla.

Survivors: a daughter; two other sons; a sister; 16 grandchildren and five great-grandchildren.

Contributions may be made to Congregation Beth Shalom.

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Nickel Grass Proposed Schedule of Events

Proposed Schedule of Events

Note: C-5 Galaxy and M60 tank on static display at the AMC Museum at Dover AFB during Oct. 13-14.

Tuesday, October 13, 1998

6:30-9:30 p.m. Governor's Reception

7:30 - USAF Tribute to US Navy for the Sixth Fleet's support of ONG. Maj. General Ed Nash - Prime Director of ONG. General David C. Jones - Chairman, Joint Chiefs of Staff, 1978-82. Admiral Daniel J. Murphy - Commander, Sixth Fleet during ONG.

8:00 - Unveiling of Commissioned Oil Painting of C-5 portrayed during ONG. Ruth Ann Minner - Lt. Governor of Delaware. Gil Cohen - Internationally recognized aviation artist.

8:15 - Lt. Governor's Comments.

AMC Museum, Dover AFB. Heavy hors d'oeuvres. Cash Bar.

Cost \$5 per person (Special Nickel Grass displays will be set up at the Museum)

Wednesday, October 14, 1998

8:00-8:30 a.m. Juice & Coffee, The Landings (the Club at Dover AFB). Donations accepted.

8:30-11:00 a.m. Nickel Grass Roundtable. Moderator: General John A. Shaud, Exec. Director, Air Force Association; Panel: Robert T. Cossaboom, Command Historian, HQ Air Mobility Command, Colonel Emory Crane, Director of Operations, Dover AFB, during ONG, Colonel Donald R. Strobaugh, Commander of ALCE at Lod during ONG, Major General Itzhak Hoffi, Commander, Northern Front, during YKW. The Landings. No Charge.

11:15-12:15 p.m. Flightline Activities. Recognition Ceremony at the C-5 static display for participating aircrews (i.e. first crew to land at Lod Airport) and support

personnel. Dedication of a C-5. AMC Museum Area of Flightline. No Charge.

12:30-1:30 p.m. Lunch, The Landings. Sandwich Buffet. Cost \$6.50 per person. Speakers, their spouses, and VIP guests only)

2:00-3:30 p.m. Future of Air Mobility. Featured Speaker: Lt. General Walter S. Hogle, Jr., Vice Cmdr., AMC, The Landings. No Charge.

3:30-6:00 pm. Free time.

6:00-9:00 p.m. The Banquet. Receptions & Dinner. Tribute to Portugal. Several Distinguished Special Guests, Ambassadors, Dela. Congressional Delegation. Featured Speaker Bernard Kalb. Dover Sheraton Hotel. Cost per person: Special Abba Eban Reception. Open bar, hors d'oeuvres, \$30, Dinner: \$30; Price for both events: \$50; or, Regular Cocktail Reception (cash bar), free; Dinner: \$30. For ticket information call 736-0500.

Albert Einstein Academy Kids

The twenty-ninth year of the Albert Einstein Academy began with enthusiasm. New students and staff were welcomed into the Albert Einstein family and are acclimating to the routine. The Academy, as the only Jewish Day School in Delaware, has an enriched curriculum which includes both secular and Jewish studies.



Left to right: Stephanie Soran, Hannah Epstein, Victoria Klein, Torrey Carroll (all kindergarten) and Brenda Stern (social work intern).

Students at the Albert Einstein Academy walked to the creek in the Brandywine Creek State Park to observe the ceremony of Tashlich. The ritual (the word literally means, "you shall throw") involves throwing crumbs into a running body of water symbolizing purification and forgiveness for the coming new year.



Gabrielle Rambo, Danielle Gregg, Josh Morris-Levenson and friends.

CALENDAR

October is "Breast Cancer Awareness Month"

Entries for the Calendar of Events are due on the Thursday deadline published in *The Jewish Voice*. Please provide entries in the same format as seen on this page. The *Jewish Voice* fax number is 427-2438.

OCTOBER

SATURDAY _____ 10

Congregation Beth Shalom Religious School visitation and service at the Lipschultz home.

MONDAY _____ 12

Congregation Beth Shalom Erev Simchat Torah family celebration at 7:00 p.m. Call 654-4462 for details.

Congregation Beth Shalom Sh'mini Atzeret Services, 9:30 a.m., Yizkor. Approximately 11:15 a.m.

Congregation Beth Shalom Erev Simchat Torah family celebration at 7:00 p.m.

TUESDAY _____ 13

Home Improvement Loan Workshop. To help you learn more, the Delaware State Housing Authority in cooperation with the New Castle County Department of Community Services and the City of Wilmington Department of Real Estate and Housing is hosting a public workshop on the Housing Rehabilitation Loan Program (HRLP), 6:30 p.m. at 3rd Floor Conference Room, Carvel State Office Building, 820 North French Street, Wilmington. Homeowners, investors and real estate agents are encouraged to attend. Call 577-5001 for more information.

Congregation Beth Shalom, Simchat Torah Service, 9:30 a.m.

FRIDAY _____ 16

Congregation Beth Shalom Shabbat Family Service, 7:30 p.m.

SATURDAY _____ 17

Congregation Beth Shalom Cabaret Night, 8:00 p.m. Return of Meg Mackay and Billy Philadelphia. Call 654-4462 for details.

SUNDAY _____ 18

Congregation Beth Shalom Installation of Rabbi Daniel Satlow, 2:00 p.m. Call 654-4462 for details.

Young Jewish Singles of Delaware 20's and 30's. Brunch and winery tour, Ramada Inn on Rt. 1 and 202 for Brunch at 11 a.m.. Then we will to the Chadds Ford Winery on Rt. 1 at about 1 p.m. for a tur and wine tasting, always a popular event. To RSVP, for more information or to receive our schmooze letter, call Phil at (302) 652-6688. If lost day of event call (302) 563-5700.

Jewish Vets Brunch and Regular Meeting, 10 a.m., B'nai B'rith House. Speaker Jack

Markell, State Treasurer Candidate.

WEDNESDAY _____ 21

Child Care at the Millennium. Children at risk, Wilmington section, National Council of Jewish Women invite you to attend the annual public affairs dinner, 5:30 p.m. The Crystal Ballroom at the DuPont Country Club.

SATURDAY _____ 24

Wilmington Jaycees 5th Annual Art Auction at the Bowman Conference Center in Ogletown (MBNA) to benefit Supporting K.I.D.D.S. (Kids Involved in Death, Divorce and/or Separation). Collections may include works by Wyeth, Renzulli, Picasso, Hatfield, Borelli, Delacroix. Preview time: 7:00 p.m. to 8:00 p.m. Auction time: 8:00 p.m. Cost: \$15/person; \$20/couple. Free hot and cold hor'doeuvres. Cash bar.

Forget-Me-Not-Ball. The Auxiliary of the Milton and Hattie Kutz Home is sponsoring its annual Forget-Me-Not-Ball with dinner, dancing and casino games at 7:00 p.m. at the Brandywine Country Club. Call Joy Honig at 888-1034 for information.

SUNDAY _____ 25

Wilmington Chapter of Hadassah will hold a major gifts luncheon at the home of Dr. Ellen Feingold at noon. The guest speaker will be Elaine Lundberg, a humor therapist, from West Chester, PA. She will speak on "Laugh for the Health Of It." For more information contact Irene Aber, 764-2281.

TUESDAY _____ 26

Open House from 5:30 p.m. to 9:00 p.m., planned by At-Hands-On Wellness Center. Stop by the center in Trolley Square #24-C and meet the Massage and Bodywork Center professionals and learn about their individual approaches to the "Healing Art of Massage and Bodywork."

SATURDAY _____ 31

Young Jewish Singles of Delaware, 20's and 30's. Dinner, hay ride, and bonfire. We will meet at Pasta Blitz at 7:45 p.m. which is on Rt. 13 Philadelphia Pike, Bellevue State Park on Carr Rd. near Marsh Rd., both are just off I-95. Hayride with a bonfire to follow with snacks. To RSVP, for more information, or to receive our schmooze letter, call Phil at (302) 652-6688, just 16 spots still open for hayride, so call ASAP!

ONGOING

Strollercize Classes Offered. Enjoy a stroll in the great outdoors with your child and get fit at the same time. MotherWell/ BabyWell Instructor, Dee Henderson, will teach you exercise techniques using your stroller and the availability of our

outdoor environment. Classes are held on Sundays from 11 a.m. to noon and on Wednesdays from 10 to 11 a.m. and run for 8 weeks. The cost is \$60.00 for members and \$90.00 for non-members. This class will meet in the JCC lobby and then head outdoors, weather permitting. For more information or to register, call Suzanne Rodriguez, Fitness Center Coordinator, at (302) 478-5660.

Teen Hour at the JCC Fitness Center. Teens, ages 14-16, are welcome to join our Certified Personal Trainers at the JCC to have fun and learn about working out. Emphasis will be placed on weight training technique and cardiovascular exercise in a group setting. Teens who complete 8 classes within a session can graduate to full use of the JCC Fitness Center facilities. Teen Hour is free of charge for members and is offered on Sundays from 4 to 4:45 p.m. and on Wednesdays from 4:30 to 5:15 p.m., beginning Sept. 9. For more information, contact Jay O'Neill, Head Trainer, at (302) 478-5660.

Meet the Physical Therapist. Bob Catalano from Rehabilitation Consultants will be available every Wednesday at 12:00 noon in the JCC Fitness Center. For more information, call Suzanne Rodriguez, Fitness Center Coordinator at (302) 478-5660.

Young Jewish Singles of Delaware 20's and 30's. Weekly volleyball and dinner sampler after. For more information or to be put on our groups mailing list call Phil Gross at (302) 652-6688.

Jewish Heritage Video Collection. For more information, call Ella Zukoff at (302) 478-5660.

Volleyball. Every Wednesday, YJAD plays non-competitive volleyball outside on the sand court that is part of the JCC's Family Campus. If it is raining, we play in the gym. After volleyball, we go out to a local restaurant to schmooze and dine. 6-8 p.m. Cost: \$1 JCC members; \$2 non-members. Call Ethan for info at (302) 792-9375.

The Arden Folk Guild is sponsoring "Beginning International Folk Dance II" classes. Nine Wednesday evenings, beginning September 16-November 11, 1998. Including special evening of French music and dance, at The Arden Gild Hall, The Highway (just off Harvey Road), Arden, DE, 7:30-9:00 p.m. \$25. for the series. For more info call Donna at (302) 655-1247 or Jenny at (302) 762-2818.

Barb Steiner Recently Hired At JFS

Barb Steiner was recently hired at Jewish Family Service as a counselor working primarily with the adolescent population. She will receive her Masters of Social Work from Widener University in 1999. She completed her first year field placement with Jewish Family Service last year working with low income families in collaboration with the Ministry of Caring. She also counseled AIDS patients residing in the House of Joseph II. As a second year student, she will be working with at-risk adolescents and their families in conjunction with Girls Inc.-Kiwanis and the Brandywine and Red Clay School Districts.

Ms. Steiner earned a Bachelors of Science Degree from the University of Delaware in 1996 where she majored in Family and

Community Services. After graduation she served with Public Allies, an AmeriCorps leadership program for individuals ages 18-30. During that time Ms. Steiner was placed at Delaware Futures, an enrichment program for low income high school students where she facilitated weekly group meetings, published the agency newsletter, implemented and supervised a tutorial computer lab. She also planned community service programs and college preparation summer retreats for the students. Ms. Steiner was instrumental in developing the Healthy Lifestyles Program for teenagers. This sexual education program is now utilized in community centers throughout Delaware. Her experience and acumen serve to further enhance Jewish Family Service.

It's a New Journey

Each day is a new adventure upon arriving at the Jewish Community Center Senior Center. Our Prime Timers are truly in the prime of their lives, enjoying each moment that they learn and examine the beauty around them.

The JCC Senior Center offers a variety of classes on a weekly, bi-weekly or monthly basis. These classes include Jewish enrichment, mah jong, bridge, painting, current events, Jewish lifestyles, Jewish Mish Mosh, physical fitness and water exercise, just to name a few. Our Prime Timers attend monthly book reviews, participate in inter-generational programs with the preschoolers at the JCC and grade school children at Albert Einstein Academy, learn about and discuss a medley of topics in our "Lunch, Laugh & Learn" series, and relax, taking in the beautiful gardens, on our new patio.

Lunch is served daily at 12:00 noon in our Senior Lounge. Each day, the highly-trained kitchen staff prepares a well-liked, delicious Kosher lunch for our guests. Twice

a month, the doors of the JCC auditorium open at 6:00 p.m. for our Candlelight Dinners, specially prepared to compliment a variety of entertainment.

The excitement doesn't end inside the JCC. Our Prime Timers are engaged in an average of three trips per month. We've visited the historic town of Odessa, taken a cruise on a river boat, enjoyed the ballet and the theatre, visited the acclaimed "Nicholas & Alexandra" exhibition, played in Atlantic City, soared with the aircraft at the Dover Air Force Base, and later this month, we will spend three days touring and sightseeing in our nation's capitol.

If you are in the prime of your life and are 62 or older, please join our diverse and fun-loving group as we embark on a new journey each day. Please call Wendi Weingartner, Senior Adult Director, at the Jewish Community Center, (302) 478-5660, ext. 210 for more information.

Our doors are always open to new members and fresh ideas!

Social Worker

Director of Services to the Aged - Administrative and clinical duties. Development of workshops, support groups. LCSW pref. Knowledge of Jewish values. EOE. Contact Jewish Family Service of Delaware, 101 Garden of Eden Road, Wilmington, Delaware 19803. Fax: 302-479-9883.

Correction

The Adult Institute is October 14th through November 16th. Call JCC For more information.

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