

The JEWISH VOICE

PUBLISHED BY THE JEWISH FEDERATION OF DELAWARE 101 Garden of Eden Rd., Wilmington, Delaware 19803

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1403 New Rd
Wilmington, DE 19805

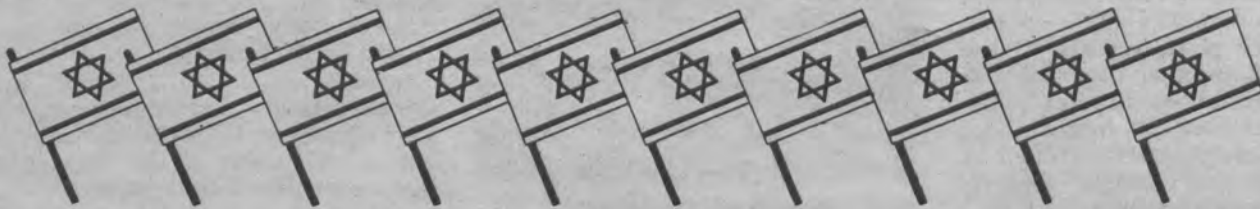
"You heard it in
The Jewish Voice"

Vol. 18, No. 15

Nisan 28, 5745

April 19, 1985

16 Pages



Community Yom Haatzmaut Program To Feature Audiovisual Extravaganza

Celebrate 37 years of Israel's independence at a community Yom Haatzmaut program on Sunday, May 5 (14 Iyar 5745), 2:30 p.m. at the Jewish Community Center. The program is free and open to the community.

The highlight of the program will be "The Israel Experience": a panoramic presentation shown on three screens with 10 projectors working simultaneously. Films, slides, sound effects, music and narration combine to create a unique audiovisual effect of the viewer actually being there, in Israel!

There will be greetings from Oded Ben-Haim, Consul of Israel in Philadelphia.

Aleph classes of the religious schools will sing appropriate songs and Jane Hormadaly, Jewish Community Center Camp '84 Jewish enrichment specialist, will lead group singing of Israeli songs.

There will be Israeli flags for all children, and refreshments! Join in this program, sponsored jointly by the Jewish Community Center and the Jewish Federation of Delaware.

Please call the Center, 478-5660, to let us know you'll be there!

Bill Would Force Colleges To Report Foreign Funding

A Philadelphia area legislator has filed a proposal designed to force both public and private colleges to disclose any major gifts or endowments from foreign sources.

Under the bill, filed recently by Pennsylvania state Sen. Stewart Greenleaf (R., Montgomery), all colleges and universities operating in Pennsylvania would be required to file disclosure statements with the state listing any gifts in excess of \$100,000 from foreign governments, firms or individuals, as well as any conditions attached to the money.

Greenleaf said he felt the disclosure was needed due to concerns that foreign governments or interests might be attempting to influence "the educational process" in American schools. He said he filed the bill at the request of the American Jewish Congress.

The intent of the proposal, he said, was merely to require public disclosure of such foreign gifts, not to bar or discourage them. He noted that four other states, including New York and Illinois, already have adopted similar disclosure laws.

"It doesn't stop them from doing it," Greenleaf

(Continued to Page 2)

1985 Federation Campaign At \$760,000 Mark!

Renee Spiller, Harold May and Larry Isakoff, campaign chairpersons, have reported that to date the JFD campaign has reached \$700,000 for the Regular Campaign and an additional \$60,000 for Operation Moses, (a special one time effort to assist in the immigration and absorption of Ethiopian Jews). In commenting on the progress of the drive, the three campaign leaders state, "We still have a long way to go before we successfully achieve our 1985 goal. An additional \$517,000 must still be raised for the Regular Campaign and \$48,000 more for Operation Moses. We strongly urge that all workers complete their campaign assignments as quickly as possible and at the same time obtain the necessary maximum increases that are so critically needed to meet the human service needs in our own community, nationally and in Israel."



Akiva Baum

The annual Dinner of Commitment was held on April 14 at Beth Shalom Congregation and this major event was ably co-chaired by Toni and Stuart Young. The guest speaker for the evening, Akiva Baum, underscored the critical importance of a maximum level of commitment in order to assist Israel at a time when she faces critical economic problems. Baum, a sabra, served as an Israel war correspondent and currently practices international corporate law. He underscored that the current absorption of Ethiopian Jews required an unprecedented level of giving in order to integrate close to 20,000 who have already been brought to Israel for new found hope and freedom. This absorption is taking place at a time when unemployment and inflation are at the highest level ever in Israeli history. In order to deal with the economic crush, a number of major steps had to be taken - i.e. cutting of subsidies on food, reduction of imports, slicing of the national budget by more than 10%. The budget reductions have placed great burden on the entire social structure of Israel whereby less dollars are available for education, Youth Aliyah, higher education, services to the elderly, etc. This

(Continued to Page 2)

1985 Jewish Federation Campaign



A chance for Jewish retailers abroad. See article, page 5

Ever wonder what happened to your Jewish Voice survey? See article, page 6

An exclusive interview with artist Ruth Egri. See article, page 7

A bit of health-related Jewish humor. See "Chuckles," page 14

The 'Graying Of America' Theme of Leadership Development Program

As the problems of aging and the aged are of a serious concern to the Jewish community, the Leadership Development Program of the Jewish Federation under the chairmanship of Gail and Arnold Budin have scheduled their next program on "The Graying of America: Implications for the Jewish Community" for Sunday, April 28 at 7 p.m. Because of the topic being discussed, the session will be held at the B'nai B'rith House.

Campaign —

(Continued from Page 1)

in gap has to be closed by support from Diaspora Jewry.

He added, "The peace plan with Egypt has indeed cost more than the price of war in terms of dollars." Baum concluded by stating, "The future social infra-structure of Israel now depends more than ever on American Jewry - I know that you will not let us down."

At the conclusion of the evening's program, General Chairman Harold May announced to the assemblage that a total of \$248,500 had been pledged by the men and women attending the dinner. The D'var Torah was presented by Rabbi Kenneth Cohen. Leo Zefter, JFD president, presented a brief summary of local agency needs for the coming year. The fund raising was led by dinner co-chairman, Stuart Young.

Mr. Budin stated that there are over 1,500 Jewish senior citizens in Delaware (out of a total Jewish population of 9,500). Population projections indicate that the Jewish population of 65 years and older is increasing 7% per year. Nearly 50% of our present population either have parents over 65 years of age or are over 65 themselves.

The guest speaker, Dr. Ernest Kahn, is one of the most knowledgeable professionals in the field of Jewish needs and services. He is associate executive director of the Federation of Jewish Agencies of Greater Philadelphia and director of the Planning and Budget Department. A discussion period will follow.

The participants will examine what services are being provided and which are not; what can be expected and what should the community be doing.

Because of the importance of the subject, members of the Jewish Federation board of directors and members of the Federation's Task Force on the Aging have been invited to participate in the program.

The Leadership Development Program was developed to help ensure the continuity of strong leadership which is critical to the future vitality of our Jewish community. The Leadership Development Program is, therefore, one of the most important functions of the Jewish Federation of Delaware. Basically, the major pur-



Arnold and Gail Budin

pose is in all ways a leadership group bringing together a group of interested, concerned Jewish men and women to acquaint them, through informal discussion sessions, with the major issues and concerns of Jewish life today to help prepare them for responsible leadership roles.

The topics for the monthly sessions focus on a wide range of concerns and are led by experts in various Jewish fields. It is not a lecture series as each participant has the opportunity to actively participate.

Foreign Funding —

(Continued from Page 1)

said, "but it does require disclosure so that the public can be aware of it."

Colleges and universities in the state would be required to file the disclosure reports once a year with the state secretary of education, who would be required to make them available for public inspection. The secretary also would be required to develop reporting forms that would disclose the amount and source of the gift and any requirements or conditions imposed on the institution in return for the funding.

Schools that failed to comply with the reporting requirements could be hit with civil penalties of up to 105 percent of the value of the unreported gift, under Greenleaf's proposal.

"We're not out to excessively punish the schools for non-compliance," Greenleaf said, "but some penalty is needed or they'll just ignore it."

Martin Roffel, an official of the American Jewish Congress in Philadelphia, said his organization was seeking the new state law as part of a nationwide effort. Similar proposals, he said, were being submitted in eight other states including New Jersey and Maryland.

Roffel said his organization believed the public-reporting requirement was needed because of the attempts by Arab states to use grants to colleges and universities "for the express purpose of influencing American public opinion in the Middle East."

Roffel said that because college officials generally are anxious to obtain grant funding, they might be pressured into accepting conditions for such grants that "could subvert the academic process."

This is precisely what is happening at many universities, according to a local source who wishes to remain anonymous. Oil corporations are establishing Middle Eastern Studies departments which conveniently leave Israel out of the curriculum. Anti-Israel propaganda is disseminated under the protective mantle of so-called "academic freedom," and universities, beholden to their sponsors, are reluctant to meddle. The Mobil Oil Company, according to this gentleman, is one of the largest backers of this sort of program. Conoco, however, according to another knowledgeable source, has never been involved in any anti-Israel activity. College disclosure bills, if enacted, would defuse what has been described as a "long-term time bomb."



Consul Oded Ben-Haim will participate in the May 5 community Yom Haatzmaut celebration.



Community Rally For Ethiopian Jews

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UNITED JEWISH APPEAL

CREATIVE AND EDUCATIONAL PROGRAMS DEPARTMENT

Presents:

1985

UNIVERSITY ESSAY CONTEST

Funded by

MORRIS J. KAPLUN FOUNDATION

UJA University Essay Contest

The United Jewish Appeal is conducting again this year the 1985 UJA University Essay Contest. The closing date for submission of entries is Friday, May 31, 1985. The theme for this year is "Jews & Judaism: Union for Survival."

Among the previous winners, are students from some of the best schools in the country, who came to the fore with courageous, perceptive and well-written papers.

The six to eight prizes, of a 10-day, full paid trip to Israel, are unique in character. The winners will be offered opportunities to meet leaders of Israeli intellectual life and government and participate in many activities not included in the standard tours of Israel. In addition, the winners will receive a commendation stipend of \$500.

For further information, contact Bob Kerbel at the Jewish Federation of Delaware, 478-6200.

ISRAEL ISSUES Ze'ev Golin



Rishon-Le-Zion Steeped in Modern History

RISHON-LE-ZION — I have met the man whose mother was Israel's Betsy Ross. Ze'ev Meyerovitch is the grandson of one of the founders of Rishon-Le-Zion and the son of another 19th century pioneer. This makes him as much a blueblood as anyone in Israel.

You won't, however, find him in a stuffy club or a plush corporation board room. He prefers to "hold court" on Rishon's pedestrian mall, chatting with friends over a cup of coffee and hailing passersby. Israel is still an open society, where informality is the rule in personal and social relationships.

Getting back to the story of Israel's first flag; One day in 1885, Fanny Abramowitz took her father's *tallit*, and sewed a *magen David* between the blue bands. The residents of Rishon-Le-Zion hung the finished product from the synagogue to celebrate the fledgling settlement's third birthday.

The flag is on display at the Museum of the History of Rishon-Le-Zion. The converted *tallit* indeed bears a strong resemblance to the design adopted by the followers of Dr. Herzl. The museum itself is an excellent place to visit for those wanting to get an idea of the early history of modern Israel.

Founded in 1882, Rishon-Le-Zion is modern Israel's first continuously populated settlement. (Petach Tikvah, founded in 1878, was abandoned and reestablished some years later.) Its founders were Orthodox Jews from Russia, who wanted to combine a Torah lifestyle with farming. In its early years, the struggling settlement was saved by the discovery of water and the largesse of Baron Rothschild.

Within a few year's time, the settlers adopted Hebrew as their language. Eliezer Ben Yehuda, revivator of the biblical tongue, liked to contrast the warm welcome he received in Rishon's synagogue with the shower of stones he could expect in a similar structure in Mea Shearim. The then-Orthodox settlement was not adverse to other secular innovations. Israel's first Hebrew day school, nursery school, orchestra, and community center were established here. Hirsch Naftali Imber composed "Hatikvah" in a house just off the main square.

From 17 families in 1882, Rishon's population grew to 18,000 by 1950. It could no longer maintain its status as a *moshava* (private agricultural settlement) and became a municipality. The big boom in development started in the late 1960s; Large reserves of land enabled contractors to build apartments at lower cost than in crowded Tel Aviv and its suburbs. From 1968 to 1978, the population jumped from 42,000 to 98,000, and currently stands at 130,000.

Now Rishon in trying to control its growth. The city has intervened to

save historic landmarks and has zoned high rises out of its historical center. Development of the remaining land reserves is being carefully planned for a projected population of 200,000. The days of one apartment being built almost on top of the next are probably over.

Most tourists come to Rishon-Le-Zion to visit the world-reknowned Carmel winery. Few know that there is an interesting historic trail leading from the aforementioned museum to the winery. Along the way, you can see the first Hebrew day school, the site of the writing of "Hatikvah," the Rothschild administrative offices (now a war memorial) the 100-year-old great synagogue, the first dwelling, and other sites.

Rishon is very much a home to the "average" urban Israeli: slightly crowded, comfortable, and neither very rich nor very poor. Residents commute to work, shop in supermarkets, and worry about inflation, taxes, and the defense burden. Hot local issues are education (21% of the population is of school age), access roads, and whether or not municipal services are keeping pace with

(Continued to Page 6)

ON THE OTHER HAND N. Even-Or



David's Catch 22

The movie, everyone knows, is never as good as the book. What is less well known is that the book is never as good as *The Book*. The book, in this case, is Joseph Heller's latest, *God Knows*. It never comes up to the quality of the original in Samuel I and II and the opening pages of Kings I.

Heller's novel on the life of David, the second king of Israel, opens as does Kings I, with the aged David being ministered to by Abishag the Shunammite:

Now King David was old and stricken in years; and they covered him with clothes but he could get no heat. Wherefore his servants said to him, "Let there be sought for my lord the king a young virgin, and let her stand before the king, and be a companion unto him; and let her lie in thy bosom, that my lord the king may get heat." So they sought for a fair damsel throughout all the borders of Israel, and found Abishag the Shunammite, and brought her to the king. And the damsel was very fair; and she became a companion unto the king, and ministered to him; but the king knew her not.

Lying there in his chambers, Heller's David muses over the events of his life in a series of flashbacks: his

dramatic killing of Goliath with stone and sling; his tumultuous relationship with Saul, who loved him as a son but ruthlessly hunted him down to end his rivalry, his trials with the errant son, Absalom, his political intrigues, his battles, his loves. Now he must decide who will succeed him as King: Adonijah, who is set to proclaim himself monarch in the absence of any action by David; or Solomon, whose candidacy is daily pressed by a scheming Bathsheba.

The structure is well conceived. Why is the David that Heller paints so much shallower than the David of *Tanach*? Perhaps it's because Heller never seems able to decide whether he wants to write a great novel or a funny novel. There is, in Joseph Heller, a bit of Mel Brooks, the penchant for bathroom humor, the locker-room joke.

It's not that Heller hasn't read the Bible, all the passages on David. I can see him working with a stack of file cards, each neatly typed with a passage, including some from the commentaries. He surely has the story straight, although he sometimes ignores it. What he has missed entirely is the deep spirituality of David the King. Heller's David could never have written the psalms — he would have been too busy rutting. I suspect that the author is not a very religiously committed man: if he is, it never shows.

The book does have its strong points. I think it captures the political shrewdness of David, his great courage, certainly his consummate lust. There is a poignancy in the portrayal of his unrequited loves: for Saul, whom he loved as a father, and who tried to kill him; for Bathsheba, whom he so deeply desires in these last days, but whose only to secure the throne for her son; for Absalom, the son who rebelled and sought to have him killed; for God, who took his baby, offspring of the adulterous relation with Bathsheba, and who has now abandoned him.

And Heller can write movingly, as in the last lines of the book, when David lies awaiting death after having named Solomon to the throne:

You think I'm at peace now with my Maker? Anything but. I am thinking of God now, and I am thinking of Saul. I think of Saul in his wordless gloom and torment every time I came to his chamber to play for him, and I realize that I never saw a sadder face on a human being until a little while ago, when Abishag the Shunammite held a mirror up for me to see and I looked at mine ... Abishag my angel has risen from her chair and approaches without noise, wearing only a vivid scarf. Her eyes are as dark as the tents of Kedar. I want my God back; and they send me a girl.

All in all, it could have been a much better book. It is weakened, for example, by making Solomon a dull

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I. LEVITT Chairman, JCRC



Ethiopian Jewry Survives

If you think it's hard to be a Jew (as the old Yiddish expression went) try to be in Ethiopia. Try to be Black and Jewish in a communist anti-Zionist country that incidentally is experiencing drought and starvation, as you continue to be openly persecuted as a *Buda* (evil eye) and *Falasha* (stranger).

But wait, the picture is far from complete. Now add disease, bacterial parasites, and the ravages of hunger to an area devoid of doctors, hospitals or even rudimentary medicines.

A century ago, these isolated Jews, *Beta Yisrael*, numbered about 100,000. Today, through the meat grinder of pogroms, war, famine, rape, forced conversion, and assimilation, the remnant before the airlift was down to about 25,000.

In the province of Gondar, those Jews who remain are barred by the government from teaching Hebrew or Jewish history to their children. Life has always been squalid for these Jewish ironworkers, potters and weavers. Now they face the double-

barrelled force of natural disaster, coupled with systematic oppression.

As usual, the world is mainly indifferent to their fate, and only Israel flew down to rescue as many as they could from the wretched starvation camps on the throat-parched plains of the Sudan.

We can be gratified too that the U.S. helped as well in bringing out even more refugees and flying them to Israel. I can't help wondering however if our government would have done the same, if these unfortunate Black Jews had asked to be flown to the United States.

Let's be honest. The secret word is: Israel. Without the State of Israel the Ethiopian Jews would have disappeared from this earth. And without the State of Israel Jews everywhere are in greater jeopardy.

Also, the return of Ethiopian Jewry to Israel exposes completely the bigoted hypocrisy of those third world groups who blindly equated Zionism with racism. How do you like them apples, Muammar?

Editorial

Safeguarding The Future

Judaism means continuity. Throughout our history, Jews have made it their responsibility to expand their heritage and values and pass them on to future generations. Part of the strength of our tradition is the tangible link between our yesterdays and tomorrows.

In recent years, the American Jewish community has found new expression for these 3000-year-old values. Individual Jewish communities and Federations have actively begun to safeguard the future and enrich the present by developing active endowment programs. The funds generated by these programs, whether in the form of bequests, lifetime trusts or outright gifts, provide added resources for current pressing needs while building a solid base for long-range planning. The potential use of these programs to build and maintain strong, vibrant Jewish communities is limited only by the imagination of their planners. Endowment funding opens up wide horizons for new, innovative and creative programming, while allowing more effective response to crisis situations. Federation endowment funds in the U.S. currently contain over \$1.3 billion in assets. They have increased by over one billion dollars in the past 10 years and continue to grow by leaps and bounds. Endowment funds are not just the wave of the future. They are very much a successful part of the present.

We applaud the efforts of the Jewish Federation of Delaware to build its endowment program. With the hiring of a full-time endowment director, JFD joins the large number of Jewish Federations in North America with a commitment to successful endowment programs. Without exception, all these Federations have been successful beyond their expectations. With total community support, this newly initiated endowment program will impact on all segments of our Jewish community, including agencies, synagogues and other Jewish organizations. It is a true effort toward building the community as a whole. Its importance cannot be overstated.

Support our endowment fund. Help ensure our Jewish future.

Editorial

Yom Haatzmaut L'Chaim

What do you say to someone for a 37th birthday celebration? If he or she is Jewish and it's a 36th year you can weave a relationship to double-chai. For a 40th you can quote the Talmud with its individual exhortations for each decade.

But for a 37th? It's *nisht-a-hin and nisht-a-hair*. Such is the dilemma facing us as we wish the State of Israel a *mazel tov* on its 37th Yom Haatzmaut, its Day of Independence which corresponds with Friday, April 28th.

Maybe the best tack would be a review of all the good things that happened to Israel during the past year. Fortunately (or perhaps unfortunately) they can all be easily accommodated in our usual brief editorial comments. First, there was the saving of most of the Ethiopian Jewry remnant (with its attendant added burden on Israel); then there was a withdrawal from Lebanon (but the aftermath is still with us); and, finally, inflationary increases have been moderated (but the rate continues at a record high.)

And that's the good news! On the other side we have the unbelievable case of Denis Goldberg who was freed from life imprisonment after 22 years in a maximum security prison in Pretoria, South Africa by the on-going efforts of family and the highest circles in Jerusalem. Upon his arrival in Israel he met reporters with such tirades against Israel, Zionism, and the Jewish people that Yassir Arafat could have given him an immediate honorary membership in the PLO.

There's the case of *The New York Times*, again. This is the newspaper with prominent Jewish ownership that's supposed to give the "liberal" viewpoint. On March 17 the *Times* went into the diplomacy business by interviewing King Hussein of Jordan just as his Foreign Minister began his visit to Washington. To give the *Times* version of a Middle East summit they flew in Judith Miller from Cairo, Tom Friedman of their Jerusalem bureau and Abe Rosenthal, an editor out of New York City. Hussein told the *Times* that the PLO has accepted UN242 - despite Yassar Arafat's denial - and that Hussein's interested in peace providing Israel withdraws from every inch of the West Bank and east Jerusalem. So what else is new.

Where does this leave Israel on her 37th birthday? The Bible quotes God as promising the Israelites a land of milk and honey, but God never promised them a rose garden. And since it is well known that no one gets out of this world alive we wish Israel on her 37th Yom Yaatzmaut a L'CHAIM... TO LIFE!

DEADLINE

The next issue of The Jewish Voice will be published FRIDAY, MAY 3. The deadline for stories and photos is noon, WEDNESDAY, APRIL 24. Material should be sent or brought to the Jewish Voice office at the Jewish Federation of Delaware, 101 Garden of Eden Rd., Wilmington, 19803. (302) 478-6200. All articles must be typed, double spaced.

THE JEWISH VOICE (USPS-704160)

Second class postage paid at Wilmington, De. Published semi-monthly, and monthly in July and August, by the Jewish Federation of Delaware, 101 Garden of Eden Rd., Wilmington, De., 19803. Subscription price \$5.00. Mailed to subscribers who are contributors to the Jewish Federation of Delaware. POSTMASTER: Send address changes to The Jewish Voice, 101 Garden of Eden Rd., Wilmington, De. 19803. (302) 478-6200.

The Jewish Voice

Published semimonthly, and monthly in July and August, by the Jewish Federation of Delaware.

Editorial opinions expressed in this newspaper are those of the newspaper and not those of any individual. Signed editorials do not necessarily represent the view of the newspaper but rather express the view of the writer.

Jewish Federation of Delaware, 101 Garden of Eden Road
Wilmington, De. 19803. (302) 478-6200.

Subscription Price: \$5.00

Circulation 3,000

Mailed to subscribers who are contributors to
Jewish Federation of Delaware
Second Class Postage paid at Wilm., Del.

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No material will be accepted by The Jewish Voice which is considered against the best interests of the Jewish community.



Roth Urges Pressure On Soviets

Editor's Note: Senator William V. Roth, Jr. (R-Del.) is one of more than 50 U.S. Senators who signed a letter to the President last month, urging that he personally call upon the Soviet Union to allow free emigration of Soviet Jews and to release the "Prisoners of Zion." The text of the letter follows:

Dear Mr. President,

The people of the United States share a tradition of moral commitment to the cause of freedom throughout the world. It is a tradition that we, as elected officials, have a special obligation to uphold.

American history is the history of a nation that sees its national purpose bound up with the ideal of freedom. This concept has inspired Americans for more than 200 years.

Over the past years both you and the Members of Congress have therefore pressed for the right of emigration for Soviet Jews and for the release of those "prisoners of Zion" imprisoned by Soviet authorities for seeking freedom.

Despite these efforts, nearly 400,000 Jews who have indicated their desire to emigrate are still being held hostage. The Iron Curtain has slammed shut on Jewish emigration from the Soviet Union.

"Prisoners of Zion" like Anatoly Shcharansky and Iosef Begun languish in Soviet jails and work camps. Recent months have seen additional arrests. This persecution has reached a new high just as a generation of young Soviet Jews insists on its tradition of living proudly as Jews.

That the Soviet Union has rebuffed our efforts to deal with this issue now argues for a direct attempt to bring this painful chapter in human history to a speedy and favorable conclusion.

We urge you, Mr. President, to call upon the Soviet Union to enter into discussions dealing solely with the free emigration of the large number of Jews who seek to leave the Soviet Union, and with the release of the 'prisoners of Zion,' in keeping with the Helsinki Final Act of 1975.

The Soviets should be required to adhere to those provisions which would provide for the removal of all obstacles to emigration for those who wish to apply.

Keeping faith with American history demands no less. Americans of all previous generations have placed the responsibility of working for freedom squarely and confidently on our shoulders.

We pledge you our support in pursuing this historic task.

A Chance For Jewish Retailers Abroad

Reprinted from *The Jerusalem Post*

Dan Bawly, a leading Israeli public accountant and economist, issued a statement last week suggesting how American Jewish businessmen could help in the marketing of Israeli goods. Here are Bawly's comments:

Israel devotes much time to the need for American investment here and the attractions of an exchange of knowhow. The question is whether sufficient time is spent helping export Israeli products to the U.S. The figures published in the 1984 Statistical Abstract of Israel are striking. Total exports show an impressively growing American demand, in millions of dollars:

| | 1960 | 1970 | 1975 | 1980 | 1983 |
|--------------------------------|-------|-------|---------|---------|---------|
| | \$m. | \$m. | \$m. | \$m. | \$m. |
| To Europe | 151.5 | 422.7 | 1,010.9 | 2,891.8 | 2,225.9 |
| Of which, to the Common Market | 106.7 | 311.3 | 753.3 | 2,183.9 | 1,756.7 |
| To the U.S. | 29.4 | 149.1 | 307.5 | 953.9 | 1,329.2 |

It is worth noting that, in the years 1982 and 1983

| | 1982 | 1983 |
|--|-------|-------|
| | \$m. | \$m. |
| the U.S. imported diamonds from Israel valued at compared to the Common Market | 417.5 | 516.3 |
| | 280.2 | 266.0 |

This means that while the U.S. has made important strides in encouraging Israeli industries (mainly some of the more sophisticated ones), it still only purchases (excluding diamonds) just over 40 per cent of what the Europeans buy from Israel.

The main factor explaining the drop in exports to Europe is the weakening of the European currencies, compared to the American dollar to which the Israeli products are closely related. This led to Israel pricing itself out of some of its exports there. But, of course, there was also the reduced demand resulting from the continued recession in Europe.

Probably the largest single incentive so far for exports to the U.S. has been the encouragement by the U.S. government of "off-set" plans related to defense aid to Israel. But export

figures are far less encouraging when looking at straight open market trade.

Sales to the U.S. were particularly disappointing when it came to Israeli exports of textiles and clothing.

| | Textiles, clothing and leather | | Food and beverages | | Chemicals etc. | |
|--|--------------------------------|-------|--------------------|-------|----------------|-------|
| | 1983 | 1982 | 1983 | 1982 | 1983 | 1982 |
| | \$m. | \$m. | \$m. | \$m. | \$m. | \$m. |
| The Common Market imported | 277.3 | 282.6 | 209.6 | 200.7 | 238.5 | 240.8 |
| Of which the UK took and West Germany compared to U.S. imports | 126.0 | 118.8 | 99.0 | 94.8 | 33.1 | 26.1 |
| | 76.6 | 82.9 | 42.3 | 39.1 | 26.9 | 26.7 |
| | 27.6 | 24.1 | 47.2 | 39.1 | 62.8 | 54.1 |

It is worth noting that the British department store chain Marks & Spencer alone purchases more textiles, clothing and leather, food and beverages from Israel than all of the North American markets put together.

Senior officers of the company say that their profit margins on imports from Israel compare well with those on purchase from British manufacturers. For a few years the company spent considerably more than average executive time in guiding Israeli industrialists in modifying and adapting their products to the specifications of the UK chain. But now that the learning curve has been completed, Marks & Spencer devotes as much or as little time to its Israeli suppliers as it does to British manufacturers.

The experience of the British firm indicates that, with proper guidance, the Israeli producer will proudly meet the time, quantity and quality demands and price standards foreign clients expect of him.

There must be some way in which the owners of the large American department stores and retail networks, some of them willing donors to the UJA and others generous buyers of Israel bonds, can be urged to regard the M&S experience as one they can meet and even improve on.



Just add water

IMAGES
by Ruth

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Meyer Robinson, chairman of the board of the Manischewitz Wine Co. said in regard to the airlift, "We all hope for the day when Jews everywhere can freely celebrate our freedom from bondage."

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Jewish Voice Survey Results Are In, And...We Hear You

By ARNOLD KNEITEL, Member, Jewish Voice Editorial Board

"What every happened to that long questionnaire I filled out and returned to the Federation? You know, the one where I could write about all the things I dislike in *The Jewish Voice* — the columnists, page after page of JFD fund raising efforts, stale international news and a *simcha* column that's too "cutsey." Of course, just to make sure that my vote counted, I'd better include a few favorable comments... love reading about old friends... *The Voice* is delivered every two weeks for free, and besides, I'm never in the obituaries."

Your wait is over. The questionnaire results have been available for some time but we weren't quite sure how to interpret the raw numbers. And though we made some references to the survey in a past issue we didn't quite know what to do about our findings. Now... we hear you... and we're ready to respond to your request.

First, the questionnaire went to almost our entire active subscriber list (you're a subscriber if you contribute to the Jewish Federation of Delaware or pay for a

subscription). It brought in 700 completed forms, a one-third response that is unusually large for a mail survey particularly when the subject involves readership. Results were tabulated in four age categories and probed into 17 regular features of *The Voice*. Over 80% said they read *The Voice* "often" and practically all the rest said "sometimes." 1% said "never" but none of these were in the 71 years and older category (probably attesting to the popularity of the obituary section which had the highest rating).

What else? How did our columnists fare? The results were mixed, as you would expect, but the rankings of the most "disliked" individuals were in the exact order of "read most." (In other words, "I can't stand him or her but I've got to see what he or she's *hocking-a-chinak* about now.")

What suggestions were offered? Some 98 of 'em, everything from more world Jewish affairs and Jewish recipes to more local controversy. To act on all these recommendations would challenge the editorial staff of *The New York Times*. Some 63 of them were recommendations by a single individual. The list of dislikes was almost as long. "Too much emphasis on big givers, not enough Newark and Dover news, don't distribute mailing lists to other concerns." (we don't.)

So what are we going to do? We've already taken action on a number of your sugges-

Israel Issues —

(Continued from Page 3) development.

I have written this column as a booster for the town I now call home. It's a good place to learn something of the early history of modern Israel and to see a little of the lifestyle of the average Israeli. By the way, like the best things in life, a glass of the local beverage at the Carmel winery is free.

tions. We've shifted columnists, enlarged the volunteer editorial staff, improved the format, added a humor column and a paid advertising manager to increase the funds which will, in turn, help increase the quality and extent of our coverage.

How can you help us produce the improved periodical that your responses indicated? Continue your letters to the editor; pass informal comments to any of the names listed on our masthead page. These help us better assess the needs of our readers.

Surveys are useful. This one told us how the one-third who responded thought we're doing. What about the two-thirds who did not answer? So, when the next questionnaire arrives (and you won't have to wait for another five to 10 years), make sure you answer it.

Because...we hear you.

Notice To All AEO Alumnae

Alpha Epsilon Phi Sorority is celebrating its 75th Birthday in 1985! The diamond jubilee celebration will be held in Dallas, Texas, June 20, 21, 22, 23, at the beautiful Marriott, D.F.W. Airport.

A special alumnae luncheon will be held on Saturday, June 22, at which there will be an honors ceremony for all past national officers," and outstanding alumnae:

Omega Chapter will be hostess chapter, and the Omega Parents Club has generously donated funds for a special hospitality suite in which to renew old friendships, meet new friends, relax and enjoy great southern hospitality! All AEO's are welcome to attend the entire convention or any part; husbands and families are also welcome. Any AEO desiring additional information concerning reservations, please write Convention, ALPHA EPSILON PHI, 5310 E. Main Street, Columbus, Ohio 43213.

OtherHand—

(Continued from Page 3)

simpleton, walking around with a slate to copy down David's every word without understanding the meaning of what is said. This portrayal of Solomon as inept may be good for some pratfall humor, but the gross distortion weakens the story and makes the outcome all the more incomprehensible.

The reviews of *God Knows* have been, for the most part, very favorable. One writer even referred to it as a modern midrash on David. Even allowing for wide latitude in literary taste, either that reviewer didn't read the book or hasn't read Midrash.

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Ruth Egri, Artist With A Sense Of Humanity

By PRISCILLA W. SIEGEL

The Lower East Side is the cradle of American Jewish civilization. No doubt about it. Ruth Egri, an artist well known to many Delawareans, was born after the turn of the century, in that compressed, intense, and vital corner of New York City. She was 5 years old when the family moved to an outpost of the Lower East Side — the Bronx. Ruth's anecdotes and personal reminiscences about herself and family add yet another dimension to the already rich history of those early years of Jewish immigration to America.

Ruth's Hungarian-born parents (born in Eger, hence Egri), settled in the Lower East Side about 1905. The two main occupations for Jewish immigrants in New York were peddling and the needle-trade, and both of Ruth's parents worked in the sewing industry. Her father, Lajos, was a presser in a coat and suit factory, and her mother was a seamstress. But these were only jobs to provide the family livelihood — creative energies were by no means suppressed. The rising clouds of steam from Lajos Egri's pressing iron were transformed into clouds of dreams in which he wrote the books, poems and plays that were later to be published. "And mother," as Ruth lovingly says, "was a wonderfully talented woman — she was so musical."

Within this atmosphere of creativity, Ruth and her two brothers were encouraged to follow their inherited artistic impulses. Influenced by the writing of Jean Jacques Rousseau, the French 18th century philosopher, Ruth's father encouraged his children to express themselves through art. When the walls of their apartment needed painting (and, of course, the landlord wouldn't pay) Lajos Egri gave each of the children paint and a brush, assigned them each a wall, and they became instant mural painters. Ruth painted a nude, one brother a snowscape, and the other a cityscape.

Ruth didn't see much of her father. Typical of the work pace of that era, he left for work at 6 a.m., returning at 2 a.m. But his presence in the

We Hear You...

Based on the suggestions garnered from *The Jewish Voice* surveys you filled out months ago, (see article, page 6), *The Voice* is about to branch out in a new and exciting direction: Jewish arts and culture.

We hope to stimulate your intellect with a Judaic cultural sampler encompassing theater, music and the visual arts.

Beginning in this issue of *The Voice*, Priscilla Siegel, a Newark art historian, will launch this new venture with an excellent series of articles based on personal interviews with local Jewish artists.

The timing of Ms. Siegel's series is auspicious.

Next month, scholars, students, collectors, curators, directors of Jewish museums and other lovers of Jewish art will gather in Jerusalem to attend a unique Jewish art "happening" May 16-23. Headquartered at the Jerusalem Hilton, "Jewish Art Week" will combine lectures, seminars, tours, study groups, exhibitions and a Judaica auction. It has been organized by a committee in conjunction with the Center for Jewish Art of the Hebrew University in Jerusalem, the Israel Museum, the

Jerusalem Foundation and Sotheby's, the world-renowned auction house.

Also next month, the Philadelphia Museum of Art will host the first major retrospective of the works of Marc Chagall to be seen in this country since 1946. This exhibition of over 200 paintings and works in other media will not be shown in any other American city. Chagall's unique blend of Russian Jewish tradition and jubilant fantasy sets him apart from other modern artists. Priscilla Siegel will review this blockbuster exhibition in a special *Jewish Voice* exclusive.

home was strong. He was Ruth's first art critic. As a child, she spent hours drawing, often copying old master reproductions from encyclopedias, and at night spreading the drawings on the kitchen table for her father to see when he came home from work. Lajos evaluated the drawings by



putting pennies on those he liked most — the higher the rating, the more pennies, with five being the most possible. Ruth still recalls these evaluations with some chagrin. "I worked so hard, but I never got five pennies — three was the most I ever got. He was a harsh critic."

Fairy godmothers really do exist it seems, and in Ruth's story she came in the guise of one of her mother's

customers. Coming to the apartment for some alteration work, the woman was impressed with the wall paintings and the cultural interests of the family. She became especially interested in Ruth and urged her to enroll in art classes at Jefferson High School in Brooklyn, and later in night classes at the National Academy of Design. Probably, without her being aware of it, Ruth was setting the course of her life's work. After a year at the National Academy, she was awarded a three year scholarship at the Master Institute of the Roerich Museum on Riverside Drive in New York. Studying with a teacher schooled in a design oriented theory known as "dynamic symmetry," she developed the strong sense of design and composition that characterizes her work.

Ruth completed her art studies at the Master Institute in the mid-30s, when the United States was struggling with a deep economic depression. The WPA Art Project was just getting underway, and through the project, Ruth received a mural commission for Lincoln Hospital in the Bronx. The hospital has long since been torn down, but the photographs of the mural, the theme of which was "Disease, Cure, Prevention," attest to a strong, impressive style.

Other jobs which she held under the WPA Art Project were as illustrator for children's books and mural painting teacher in Spokane, Washington.

In 1941, Ruth was married, and she and her husband lived in Greenwich Village during the war years. Her son,

Peter, was born in 1944. After the war, Ruth's husband, a duPont employee, was transferred to Wilmington, a city which Ruth found alienating for an evolving New York artist. "I cried for eight years, I was so lonely," she says. But she remained dedicated to her art, painting at home, exhibiting her work at galleries and museums, and teaching art at the Wilmington YWCA.

Ruth's art reveals a deeply perceptive sensibility. Her subjects are primarily people, mostly anonymous types. She captures and monumen-

talizes the mundane as well as the profound, giving them universal significance. Reminiscent of the feeling conveyed in the work of Edward Hopper, the figures in Ruth's compositions occupy their own spaces, reflecting the ultimate isolation of the individual in today's society. Yet these carefully crafted works, compositionally tightly interlocked, function together to create a sense of unity.

Art is for Ruth a way of expressing her own ecstasies and agonies. In a painting of a woman simultaneously experiencing the pain and joy of childbirth, we are aware of the artist's participation in this act of creation. And we are aware of Ruth's anguish in a recent series of works called "The Golden Years" which records the poignantly dehumanized shapes and forms she observed in the Kutz Home during her mother's last years there.

Ruth is not ashamed to say that she tries to communicate directly through her art. "I'm always interested in making a statement," she says. She has little patience for the cool, conceptual art which emerged during the sixties and seventies.

When asked if there might be an underlying quality that characterizes the work of a Jewish artist, she thought for a while and finally said "well, perhaps a sense of humanity." Certainly, Ruth Egri has that and it is reflected in her art.



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Kutz Home Auxiliary Donor Luncheon

Charles Cropper Parks, the prominent sculptor, will be guest speaker at the annual donor luncheon of the Auxiliary of the Milton and Hattie Kutz Home on Thursday, May 9 at the Brandywine Country Club at noon. He will show

slides illustrating his remarks.

Parks, in 1982, made the widely publicized 32-foot



Charles Cropper Parks

Madonna that was on display at Rodney Square before being shipped to California. Other works of his are displayed throughout the United States and Europe. There are seven or eight major works in New Castle County churches and nine or more in parks and public buildings in the state.

"The occasional insight into how objects in nature are organized," says Parks, "is a constantly humbling experience, yet an exciting one. Expressing this organization in three dimensions is what sculpture has been about through the ages."

Reservations can be made at the Kutz Home office, 764-7000. Donor is \$30, gold is \$50, diamond is \$75, and special gifts are \$100 or over. All are tax deductible. Plate charge is \$7.50. There will be a cash bar available at 11:45 a.m.

Ruth Segal and Barbara Stargatt are co-chairwomen.

Kutz Home Celebrates 25th Anniversary

The public is cordially invited to attend the annual meeting of the Milton & Hattie Kutz Home, which will be held at the Home on Sunday, April 28, at 2 p.m. "This year's annual meeting happens to coincide with the Home's 25th anniversary in our current facility," noted Norman J. Shuman, president of the Home, which is located at 704 River Rd. in the Bellefonte section of Wilmington.

The meeting will include in its agenda the election of directors of the Home and special recognition of residents and employees of the Home who have rendered exceptional service to the Home and community. There will also be entertainment by the Resident's Chorus and refreshments.

The Kutz Home is an 82-bed skilled nursing facility, which



Norman Shuman

is a constituent agency of the Jewish Federation and United Way of Delaware.

For further information on the Kutz Home annual meeting, please call the Home at 764-7000.

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NCCJ Holds Important Clergy Dialogues

When Does Knowing Lead To Doing?

The lessons of the Holocaust, and its implications for all people was discussed at the April 16 dialogue.

Barbara G. McCloskey, of the Delaware Region, National Conference of Christians and Jews served as moderator and Dr. George French, Philadelphia Public Schools Social Studies chairman, was the resource person. Discussion centered on youth, and probing questions such as "Why is it important to our young people to understand the significance of the Holocaust?" and "How can the lessons of the Holocaust empower young people?" were addressed.

The Relationship Of Theology... Self Esteem And Guilt Of The Clergy

An upcoming discussion on May 14 will deal with how theological perspective is related to self-esteem and guilt. This discomfort is in turn communicated by clergy to the people they serve. Rabbi Peter H. Grumbacher of Congregation Beth Emeth will serve as moderator. Rev.

Thomas Ledbetter, pastoral psychotherapist, PC & CC of Delaware will be resource person.

Lunch begins at noon sharp, and the program begins at 12:20 p.m. Both are held at Congregation Beth Shalom, 18th and Baynard Blvd.

There is no cost for the program. Coffee and tea will be provided. A kosher lunch can be ordered for \$3.50. Call NCCJ at 655-0039 for a reservation.

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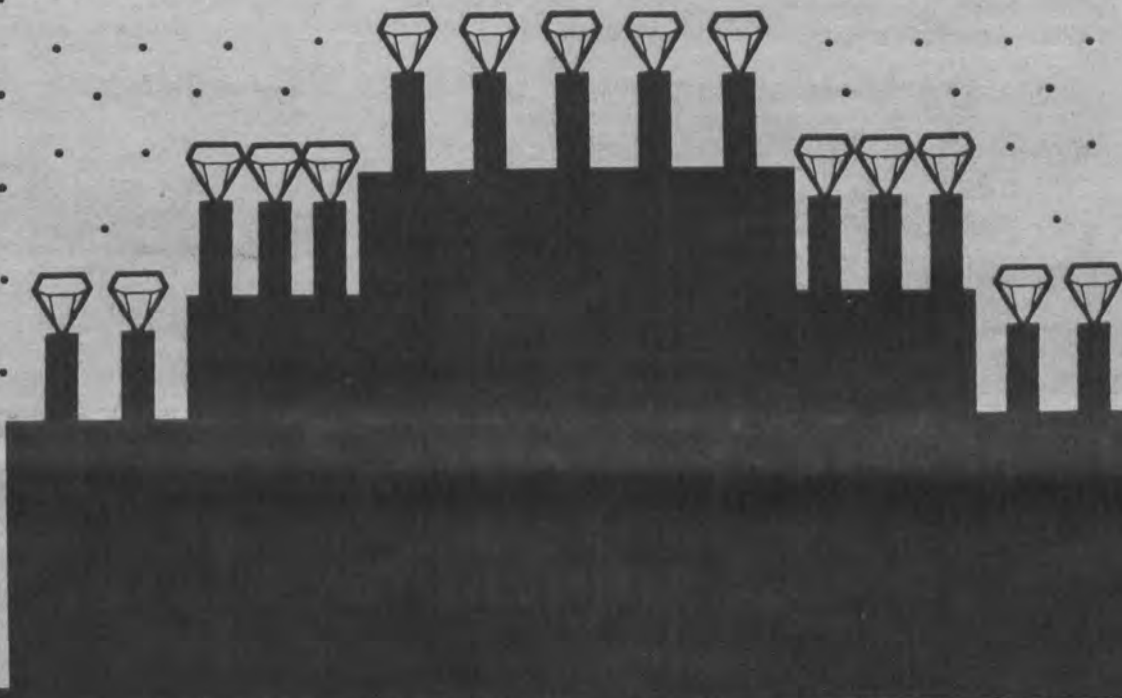
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**OLDIES BUT GOODIES NIGHT
SATURDAY, MAY 4**

8:30 p.m.-Midnight (curfew!)

Come to the "Sock Hop," sponsored by the Adult Social Committee of Comedy Night fame!

•Special DJ - Jay Rosenthal, spinning the discs of the 50s.

•Dress in your 50s clothes (1950s, 1960s, 1970s)
Oldies But Goodies of all ages are welcome!

•Rate the Record

•Compete in a Spotlight Dance

•Brush up on the "strand" and the "stroll"

Get out the poodle skirt, saddle shoes, white lipstick, prom dress, chinos, etc. (You remember!)

Food, of course, to remind you of the high school dance: chips and dip, Cokes (with straws) and pizza after the dance.

**Cost: \$14/couple
\$7/single**

Register in advance at the Center, 478-5660.

**SINGLE AND JEWISH
IN WILMINGTON:
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Monday, April 22, 7:30 p.m.

Living a Jewish life as a single in a family-oriented community presents some real challenges. Explore lifestyles and values; issues about dating and interdating in what promises to be a lively and stimulating discussion.

Discussion leader Hedy Campeas-Cohen is director of the Jewish Family Life Education program of Jewish Family Service. This program is co-sponsored by JFS and JCC.

FEE: free/JCC members and members of YPG (Young Professionals Group). \$3/non-members.

Please register in advance by calling the JCC, 478-5660, before the evening of the program.

TRIO CANTARE

Wednesday, May 22, 7:30 p.m.

Enjoy an evening of chamber music at the Jewish Community Center. Performers in this newly formed ensemble are Heidi McNames, violin, Joyce Ramee, viola, Talia Schiff, cello.

FEE: free/JCC members; \$3/non-members.

Please register in advance as seating will be limited for this intimate performance.

FROM THE ART COMMITTEE:

**Paintings by
Jean Battles Irvin**

**Opening Thursday, May 9, 1985, 5-7 p.m.
Continuing through May 29**

**Sixth
Members Art Show
June, 1985**

Artwork will be received at the Jewish Community Center on Tuesday, May 28, 7-9 p.m. and on Wednesday, May 29, 8:30 a.m. - 1 p.m.
Call the Center for an entry form.

CULTURAL CARAVAN:

**DESIGNER'S SHOW HOUSE
IN SUBURBAN PHILADELPHIA**
Wednesday, May 8, 1985
Leave the Jewish Community Center
at 10:30 a.m.

"Allgates," a spectacular mansion built in 1912 will be the site of "Designer's Show House '85." It will feature 40 rooms, each decorated by a well-known interior designer. Lunch will be served by the Commissary.

FEE: \$14/JCC members, \$28/non-members.

Price includes bus fare and the \$7 admission ticket to Designer's Show House.

**MARC CHAGALL:
A RETROSPECTIVE**

Thursday, May 16, 1985

Leave the Jewish Community Center at 9:30 a.m.
Leave Philadelphia at 3:30 p.m.

The first major Chagall exhibit in the U.S. since 1946 will be shown at the Philadelphia Art Museum. The exhibit will not be seen anywhere else in the country.

FEE: \$18.50/JCC members, \$27.75/non-members.

Cost includes round-trip bus fare, admission to the museum and a special group slide-lecture at 10:30 a.m. by an experienced museum guide, plus coffee and tea. Lunch on your own.



Kristie-Lyn Oberly sits on Lt. Gov. S.B. Woo's lap as one of the AEA kindergarten class looks on.

Governor And Lt. Governor Visit Albert Einstein Academy

March and April have been exciting months in the kindergarten classroom. We were pleased to host visits from Governor Michael Castle and Lieutenant Governor S.B. Woo who took time out from their busy schedules to visit our small school. They answered many questions prepared by the children. The children had studied the election and were delighted to meet them in person. It also gave the children the opportunity to see that many of their dreams and goals could be realized when they get older, especially the girls who realized that there are many high level jobs for women now in government.

The lieutenant governor taught the children some Chinese characters and how to say, "How are you?" and "Thank you," in Chinese.

The governor extended an invitation to the children to visit the governor's mansion in Dover and take a tour.

The children even had an opportunity to be interviewed by a reporter from radio station WILM during the governor's visit.

The other grades had brief sessions with both officials to ask questions and a few lucky ones received autographs.

Everyone was delighted to meet with both dignitaries,

who were charming and relaxed gentlemen. A very special thank you is extended

to the both of them for making their visits exciting and educational.



Gov. Michael Castle chats with one of the AEA kindergarten classes.

Albert Einstein Academy Presents: A Baby/Children's Garage Sale

Parents of the Albert Einstein Academy are planning a spring fund raiser: A baby/children's garage sale to be held Sunday, May 5, 10 a.m. to 3 p.m. located in the parking lot of the Jewish

Community Center, AEA side, Garden of Eden Rd.

If anyone has anything to be donated, parents will pick up donations. Call 478-5026. Tax receipts are available.

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Birth

Aaron Harmon Shames was born to Rodney and Donna Shames of Toronto, Canada, March 23. Aaron has an older sister, Stephanie. Bea Shames of Wilmington is the grandmother.

Beth El in Newark, is the U of D B'nai B'rith Hillel advisory board chairman, and has played an active role in adult education at Beth El.

Congratulations

Dr. Marcel F. Neuts, Unidel Professor of statistics and computer sciences at the University of Delaware is the 1985 recipient of the College of Arts and Science Distinguished Faculty Lecturship for outstanding intellectual achievement.

He will be presented with this award Thursday evening, May 9, at 8 p.m. at Clayton Hall at the University of Delaware. Professor Neuts will present his lecture, "Measured Uncertainty, A Key Ingredient of the Scientific Method" at that time. A reception will follow his remarks.

Neuts, a member of Temple

Dr. Stanley I. Sandler, chairman of the Department of Chemical Engineering at the University of Delaware, has been named winner of the Professional Progress Award for his contributions to the practical implementation of theoretical concepts in statistical mechanics, chemical physics and thermodynamics.

The award was presented by the American Institute of Chemical Engineers (AIChE) and sponsored by the Celanese Chemical Company, Inc.

Sandler, a member of Temple Beth El in Newark, has authored a textbook and more than 75 papers, and has served as a gubernatorial appointee to the Energy Conservation Board of Delaware.

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CONGREGATION
BETH EMETH SHABBAT
MORNING YOUTH CHOIR

Top row, left to right: Julie Schneider, Andy Arenson, Debbie Arenson. Middle row, left to right: Arlene Rapkin, Annette Flippen, Karen Rohrbacher. Bottom row, left to right: David Grumbacher, Alyssa Weinberg, Sandy Rapkin, Debi Arm.

Beth Emeth To Honor Shabbat Morning Youth Choir

On Friday, May 3, at 8 p.m. Congregation Beth Emeth will honor all the 10 current members of its Youth Choir. This is the 33rd continuous year that young people of Congregation Beth Emeth have met the responsibility of leading the music at all Shabbat morning services.

When the Youth Choir sings, it carries the full responsibility for the music, including all solos, with no adult voices. In addition to the regular Shabbat morning services, the Youth Choir also sings at the special family services on Rosh Hashanah and Yom Kippur and on the Friday evening of Hanukkah. Last year the Youth Choir also performed at the Hanukkah Chooplah at the Jewish Community Center in a joint appearance with the Senior Citizens Choir of the JCC. This year, on April 21, the Youth Choir will sing with the childrens' choir of the Immanuel Episcopal Church at the dedication of a new statue at the JCC. Since 1977 the Youth Choir has been ably led by Jack Burnam, director of music.

To be honored on May 3 are the following members of the Youth Choir:

10 years service: Annette Flippen is a senior at Mt. Pleasant H.S. where she is a member of the band, choir, science team, math team, and varsity tennis team. Annette is also editor of the school yearbook and is a National Merit Finalist and four-year member of the All-State Orchestra.

Five years service: Julie Schneider is a freshman at Brandywine H.S. where she is a member of the choir and the track manager. She loves cats, reading, and shopping for clothes.

Arlene Rapkin is also a freshman at Brandywine H.S. where she is a member of the math team, the Dungeons and Dragons Club, Science Olympiad and Junior Achievement.

Four years service: Debbi Arenson is a sophomore at Brandywine H.S. where she is a member of the choir as well as the volleyball and tennis teams and the ski club.

Stephanie Frankel is in the eighth grade at Hanby Jr. High School. She plays the piano and the flute, is a member of the school choir,

and has been on the tennis and field hockey teams. She is also interested in swimming.

Three years service: Sandra Rapkin is in the fifth grade at Wilmington Friends School. She swims competitively and has gone to State meets, Delaware - Pennsylvania championships, and South - District meets.

Andy Arenson is a freshman at Brandywine H.S. He likes to read and play lacrosse and is interested in computers. He is also a

member of Junior Achievement.

Two years service: David Grumbacher is in the fourth (Continued to Page 12)

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Beth Shalom Religious School

Yom Hashoah
Assemblies commemorating the 6,000,000 Jews who died during the Holocaust were held on Tuesday, Wednesday and Thursday, April 16, 17 and 18 for the elementary and midrasha departments.

The program included a candlelighting ceremony, a commemorative service, poetry, songs, a play and special prayers which were

recited in memory of those who perished.

Yom Haatzmaut
On Tuesday and Wednesday, April 23 and 24, class assemblies will be held in celebration of Israel's 37th anniversary of statehood.

The students will present original poetry and a skit along with viewing a film.

A traditional birthday cake will be enjoyed by all.

Yediat Israel Program
The students in the dalet

and hai classes will participate in the 15th Annual Yediat Israel Program. Yediat Israel, as its name suggests, is a project to encourage our young to deepen their knowledge of Israel, Zionism and the Jewish people. The program culminates in a national examination which will be held the week of April 26.

This year the examination will stress the geography of Israel; national government and institutions; its struggle for independence, 1939-48; and famous Zionist and Israeli personalities.

Gold, silver and bronze pins will be awarded to those students who successfully pass certain levels of achievement.

Ramah Weekend

Spring in the Poconos - we're ready to go! Students in the dalet and hai classes will be travelling to Lake Como for the weekend of April 26, 27 and 28. A full program is being planned by the Ramah winter staff, our faculty and a committee of students. This will be a weekend of prayer and study and plenty of time for social and sports ac-

tivities in the beautiful Ramah setting.

District Bible Contest

Students from Wilmington-Gratz Hebrew High School, Beth El Religious School in Newark and from Adas Kodesch Shel Emeth Talmud torah participated in the annual District Bible Contest held at AKSE on Sunday, March 24.

Winners of the District Contest were Beth Panitz from the 14-17 age category, and Nafit Milstein from the 11-13 age category. Boaz Vega was the runner-up in the 11-13 age test. Congratulations to Beth

and Nafit, students at Wilmington-Gratz, and to Boaz, a student of the heh Class at AKSE, and congratulations to their parents, Bernard and Sylvia Panitz, David and Adi Milstein, and Lex and Ankie Vega.

Beth, Nafit and Boaz will participate in the National Bible Contest in New York on Sunday, June. Travel expenses for all three contestants are being paid for by the Jewish Federation of Delaware. We thank Federation for supporting this worthwhile project.

Beth Emeth Religious School

Pre-School Programs
For the past three years, Beth Emeth Religious School has offered a series of programs for children aged 3, 4, and 5 years. These programs have been well received - usually filled to capacity -

and have been expanded to include parents. While the little ones take part in an experiential learning experience, their parents meet with Rabbi Grumbacher to increase their own knowledge and

(Continued to Page 14)

AKSE Religious School

Graduates to Speak

Graduates of the Adas Kodesch Talmud Torah will speak to the current graduating class and to the Congregation at Friday evening services on April 26 at 8 p.m. The speakers are high school students in Wilmington-Gratz Hebrew High School and in the AKSE bikkurim program, and they

will speak about the importance of Jewish education at the high school level.

Members of the graduating heh class will participate in the Friday evening service. An Oneg Shabbat will be hosted by Sisterhood at the conclusion of services. Everyone is cordially invited to attend.

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Youth Choir -

(Continued from Page 11)

grade at Harlan School. He likes playing soccer and riding his bike.

Karen Rohrbacher is in the sixth grade at P.S. DuPont School. Her hobbies are reading and writing short stories. She is also an active Girl Scout. She hopes someday to be a children's author.

Debi Arm is in the fifth grade at Arden Montessori School, where she takes French and piano lessons.

The newest member of the choir is Alyssa Weinberg. She is a fifth grader at P.S. DuPont School. She likes swimming, dancing and collecting stamps.

The Youth Choir has openings for young people from age 8 through high school age who like to sing or want to learn. In addition to the real service the choir performs and the fellowship it offers, choir membership also affords a young person a unique opportunity to learn to sing under the direction of an exceptionally able and thoroughly professional choir director.

Obituaries

Manuel E. Fine

Manuel E. Fine, 68, of 510 W. 39th St., died following a stroke Saturday, April 13 in Christiana Hospital.

Mr. Fine, a Wilmington native, was a retired salesman. He was an Army veteran of World War II and had served in the South Pacific.

He is survived by his wife, Anne Harwitz Fine; a son, David S. of Portland, Ore.; a

daughter, Marsha E. Fine of San Francisco; a brother, Jerry of Wilmington; and a sister, Reba Yavener of Lauderdale Lakes, Fla.

Services were held Sunday, April 14 at Chandler Funeral Home, 2506 Concord Pike.

Interment was in Wilmington Jewish Community Cemetery on Foulk Road.

In memoriam, the family suggests contributions to the Salvation Army, 410 Shipley St., 19801, or to a charity.

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Jewish Family Service of Delaware

Jewish Family Service is a constituent agency of the Jewish Federation of Delaware and a member agency of the United Way of Delaware.

Sonja Gibbs: BSC Treasurer And Office Aide

Brandywine Social Club is now 12 years old and has nearly 100 active members. As the club grew, the amount of paperwork multiplied rapidly and I needed assistance in the office. It seemed like a good opportunity to give a club member some actual office experience, so we hired Sonja Gibbs. Things have worked out fine; Sonja is doing a terrific job and she has written the following article:

—Marge Baker, Coordinator, Brandywine Social Club

By SONJA GIBBS

I have been a member of Brandywine Social Club for seven years and I'm glad that I joined because we go on trips and we go to baseball games and cheer for the Phillies, my favorite team!

Before I joined the BSC I was shy, but now I've met a lot of friends and I'm more confident and outgoing. I have made a good friend through the club who has become like a "sister" and her family is my "second family."

In our club, we elect officers like president, vice-president, secretary and treasurer, and this year, I was elected treasurer for the



Sonja Gibbs at her typewriter updating the BSC mailing list.

second time. My first time as treasurer was from Sept. '81 until Sept. '82.

I used to live with my family but now I'm living on my own in a farm house in Odessa, which is so small that there's no post office, so my mail goes to Middletown, the next town over.

My mom and step-father are moving to Virginia and building a house on Camden Point so I'll be driving down to visit them on holidays.

For almost two years now, I've been working one day a week in the Brandywine Social Club office with Marge

Baker. My job is to do filing, typing, charting attendance and mailing the monthly calendars to almost 100 members. This has been good training for an office job and the experience in the office has really improved my typing skills and my use of the copy machine. The salary I earn from Jewish Family Service also helps me pay for trips and other BSC activities.

Besides Brandywine Social Club, my hobbies are needlepoint, reading, swimming and bowling. I also enjoy music, taking pictures, and playing baseball.

Careers Day At U Of D Hillel

Jewish Family Service and the Hillel Association of the University of Delaware sponsored a "Careers Day" on March 24, at the University of Delaware Student Center. The goal of the event was to offer students the opportunity to meet and chat informally with individuals in various career fields, thereby obtaining advice and counsel to assist in their classwork planning and career goals. In all, 64 representatives of various fields attended the event to advise the students. Approximately 60 students were in attendance to obtain

guidance and ask questions relating to the represented fields, which included advertising and public relations, business, science, education, journalism, law, medicine, politics, real estate, and social work. Student and professional enthusiasm was evident, and such events may be repeated in the future as a permanent part of the Jewish Family Service program.

In addition to the Careers Day, Jewish Family Service of Delaware offers a program of professional services which seek to help individuals and families in need. These

services are not only concerned with the traditional helping situations, but extend to special programs, particularly with outreach to groups with specific needs (e.g., handicapped, aged, immigrants, etc.). Such activities include family counseling, services to the aged, Jewish Family Life Education, and the Brandywine Social Club, among others. Although the agency's overall philosophy and the orientation of all services is primarily Jewish, any Delaware resident requesting service will be accommodated.

Dear Rachel

Dear Readers,

The following letters illustrate the variety of options available to singles:

Dear Rachel,

The letter about a single Jewish female in your last column touched a chord for me. I have long felt the need for setting up a Jewish dating service for our singles, especially young career people. When I discuss the idea, everyone seems to have a son, daughter or friend to sign-up. The service I envision would be non-profit, although we would probably have to charge users a small fee.

In order to begin a dating service, we would need volunteers with the following skills:

1. Someone to organize the service, and take responsibility for running it.
2. People with office skills.
3. People with interviewing skills.

I would be glad to share my ideas, and to help anyone willing to perform this important mitzvah.

Yetta Chaiken

Dear Rachel,

In response to the letter from the mother of the SJF: I am really tired of all the whiners (male as well as female) who claim there are no Jewish people out there to marry, so they marry non-Jews. When I came "on the market," I was really "damaged goods." No one wanted to be involved with a woman who was divorced, 31, with two young children. I became angry and bitter; I was unemployed and on public assistance. I tried the

bars, the single parent groups, the whole scene. I was so depressed I considered suicide.

Today I am very happy. I am married and have a new baby. The secret of my success? I have found *Ha-Shem*. I returned to Torah-true Judaism. My new "lifestyle" could not be more different from my former life in Wilmington. My present husband (who I met through religious friends) was not turned-off by my two children, or by my not sleeping with him before marriage. Now that we have each other, we plan to have as many children as God gives us, and raise them all as Torah-true Jews. All of us are happy with our place in the world, and I can't imagine living any other way. Please tell your readers to stop complaining; there are wonderful alternatives that can make them very happy as people and as Jews.

Daughter of the Commandments

Dear Readers,

Please note that JFS and JCC are sponsoring a program called "Single and Jewish in Wilmington," Monday, April 22, 7:30 p.m., at the JCC.



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Chuckles

An assortment of Jewish sayings about health is always educational:

- Too much is unhealthy
- Your health comes first — you can hang yourself later
- What a fat belly costs, I wish I had; what it does, I wish on my enemies.
- When there's a cure, it was only half a disease.
- You may not know it but Sam Goldwyn was quite an authority on the field of psychiatry. Here are some of his observations:
- A psychiatrist is a Jewish doctor who can't stand the sight of blood.
- A psychotic thinks that 2 plus 2 equals 9; a neurotic knows that it really equals 4 — but he just can't stand it.
- A neurotic builds castles in the air; a psychotic thinks he

lives in them; the analyst collects rent from both. The depressed person builds dungeons in the air.

- A hysteric knows the secret of perpetual emotion.
- Anyone who goes to a psychiatrist ought to have his head examined.

A 74-year-old widower told his family, he was going to remarry.

"She's a fine young lady, a good cook, cultured—"

"Young?" Asked his daughter. "How old is young?"

"Nineteen"

"Gotenyu!" exclaimed his son. "Papa, you are 74! Aren't you shamed?"

"Why should I be ashamed? When I married your mother, she was only 18."

Beth Emeth —

(Continued from Page 12)

understanding of holidays or tenets of Judaism.

So far this year there have been four programs, and there will be one last program scheduled on May 21. The first program of the year was a Sukkot story hour which found the children listening to stories, singing songs, and tasting fruit in the Beth Emeth *sukkah*. The next program was a Hanukkah hour, and we were busy lighting candles and making *dreidles* to decorate homes for the holiday.

A Torah trip session gave the little ones a chance to visit the sanctuary and to sit on the *bimah* chairs. They took out the Torahs and held the *yad* and a soft, velvet Torah mantle. Then the children got to take a walk up the "secret staircase" to Rabbi Grumbacher's study. Here they tried on his robe, *kippah* and *tallit* as they looked about his office.

Our recent Pesach program found everyone very busy searching for *chametz*, baking matzah, and chopping *charoset*. They tasted all the items on the seder plate — even the bitter herbs!

The children are a joy to work with, and Rabbi Grumbacher has found the sessions with the parents to be a wonderful opportunity to help parents feel more comfortable with their knowledge of Judaism.

So... if you visit Beth Emeth and see pint-sized figures wearing a rabbinical robe or *tallit*, or see a tiny person on the large *bimah* chair, or if you see little ones in the kitchen, you will know that there is a pre-school program in session. You may even be tempted to join us... It's lots of fun!

COMMUNITY CALENDAR

| APRIL | | | |
|------------|---|--|--|
| DATE | TIME | EVENT/LOCATION | SPONSOR |
| Sat., 4/20 | 8 p.m. | Couples Club Social Annual Concert | CBEM AKSE |
| Sun., 4/21 | 9:30 a.m. 2:30 p.m. | Brothd Breakfst & Prog. Community-wide Yom Hasboah Sculpture Ceremony | CBEM JCC |
| Mon., 4/22 | 9:30 a.m. 12 p.m. 12 p.m. 7:30 p.m. | Sisthd Bd. Mtg. Reg. Mtg. Gr. Bd. Mtg. Gr. Bd. Mtg. | CBSH PW HAD/W HAD/W |
| Tue., 4/23 | 9:15 a.m. | Bowling Mtg. | HAD/BBW BBW |
| Wed., 4/24 | 7:30 p.m. | Sisthd Mtg. | CBEM |
| Thu., 4/25 | 9:15 a.m. 12 p.m. 12 p.m. 8 p.m. | Mtg. Aliyah Luncheon Lunch 'N Learn Bd. Mtg. Study Gr. | NCJW HAD/W CBEM JFD HAD/N |
| Fri., 4/26 | 8 p.m. | Music Season Prog. | CBEM |
| Sat., 4/27 | 8 p.m. | Wine & Cheese | ORT |
| Sun., 4/28 | 9:30 a.m. 9 a.m. 2 p.m. 6:30 p.m. 7:30 p.m. 7:30 p.m. 7:30 p.m. | Brothd Breakfst & Prog. Brothd Breakfst & Prog. Annual Mtg. Dinner Leadership Mtg. Mtg. Mtg. | CBEM AKSE KUTZ ISRAEL BONDS JFD BCC NCJW |
| MAY | | | |
| Wed., 5/1 | 9 a.m.- 4 p.m. All Day 7:30 p.m. 7:30 p.m. | Sisthd Garage Sale Trip to NYC Bd. Mtg. Seminar | CBEM HAD/W HAD/N JCC |
| Thu., 5/2 | 9 a.m.- 4 p.m. | Garage Sale | CBEM |
| | | Reconstr. Youth Kallah Bd. Mtg. 8 p.m. 8 p.m. 8 p.m. | TBEL ORT JFD MONT |
| Sat., 5/4 | 6:30 p.m. | Mtg./at AKSE Hayride & Bonfire | JCC |
| Sun., 5/5 | 8 p.m. 9:30 a.m. 9 a.m. 2:30 p.m. | Adult Social Brothd Breakfst & Prog. Brothd Breakfst & Prog. Yom Ha Atzmaut Community-wide Program | JCC CBEM ASKE |
| | 11 a.m.- 1 p.m. 8 p.m. 8 p.m. | Art Opening Leibowitz Lecture Mtg. & Elections Regional Conference in Baltimore thru 5/7 | JCC/JFD JCC CBEM TBEL |
| Mon., 5/6 | 12 p.m. 7:30 p.m. | Sisthd Donor Luncheon Bd. Mtg. | HAD AKSE JCC |

CBEM - Cong. Beth Emeth, CBEM - Cong. Beth Shalom, TBEL - Temple Beth El, PW - Pioneer Women.

Note: All events will occur at the organization's facilities unless otherwise shown. Submit corrections and additions to the JFD office, 478-6200, as soon as they are scheduled...even months in advance.

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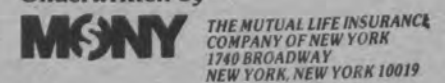
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Women Unite

The feminization of poverty affects all women. Delaware NOW invites all women; Black, Hispanic, Indo, PanAsian, White and Native American, to attend WOMEN UNITE! on Wednesday, April 24, 6:30 p.m., Delaware Center for the Contemporary Arts, 103 E. 16th Street, Wilmington, (near the Waterworks Cafe).

The program will be an in-depth look and frank discussion of the differences separating women and the issues uniting us...choice, housing, child care, lesbian rights, and comparable worth will be included so that we might take action to protect Delaware women and children against the feminization of poverty.

There will be a keynote speaker on civil rights, as well as workshops led by Paulette Benefield, Ana Cauce, Myriam Melgar, Laura O'Toole, Zenaida Otero-Keil, and Margaret Scrivens.

For further information contact Judy Just at 994-7914. Child care and refreshments.

Art Show And Auction

Temple Beth El Sisterhood joins the nationally advertised Fine Arts Gallery of Ardmore, Pa. to present a benefit art show and auction on Saturday, May 11 at Temple Beth El, 301 Possum Park Road, Newark, Del. 19711, starting at 7 p.m.

Featuring original oils, watercolors, sculptures, enamels, etchings, lithographs and other graphics, the auction will begin at 8 p.m. following a one-hour preview of the art. The majority of the art will have opening bids ranging from \$30 to \$75, providing the novice as well as the experienced collector ample opportunity to express their individual tastes. A Collectors' Corner will also be featured and will include works by modern masters such as Salvador Dali, Norman Rockwell, Alexander Calder, Michel Delacroix, Joan Miro and many others.

The \$2.50 admission price includes complimentary wine and cheese during the preview and coffee and cake following the auction.

Information may be obtained by calling 738-3737 or 366-8330.



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Organizations in the News

Beth Emeth To Present Regional Premier Of 'Nishmat Chayim'

Congregation Beth Emeth, under the auspices of the newly established Benjamin and Bertha Ableman Memorial Fund, is pleased to announce that on Friday, April 26, at 8 p.m. during Shabbat evening worship, we shall present "Nishmat Chayim: the Breath of Life," a special musical service written by composer Michael Isaacson.

Nishmat Chayim was commissioned by 16 Reform congregations. Congregation Beth Emeth was selected to premier this musical service in our region. Isaacson, who lives in California, has composed for films and theater as well as the synagogue.

In addition to a woodwind quintet and a women's chorus, David Goldstein, a cantorial student of the School of Sacred Music, Hebrew Union College-Jewish Institute of Religion, will return to Wilmington for this presentation. Cantor Goldstein opened Beth Emeth's Jewish Music Celebration on Shabbat Shirah, Feb. 1 and 2 and has been asked to be soloist for Nishmat Chayim.

As April 26 is also Community Fellowship Shabbat at Beth Emeth, we cordially invite members of the Jewish and general community to join us for a very special Sabbath experience.

Beth Emeth New Member's Party

A wine and cheese party for new and potential congregation Beth Emeth members will be held on Sunday, April 28. It will be from 2 to 5 p.m. at the home of Frank and Yeta Chaiken, 4002 Lakeview Dr., Greenville. This is an opportunity for new members of our Beth Emeth family to informally meet Rabbi Grumbacher, members of the board and members of the congregation. For further information, call Verna Schenker, chairwoman of the membership committee, at 478-6673 or the Beth Emeth office at 764-2393.

Benjamin and Bertha Ableman, of blessed memory, were active in the congregation for decades. Their generosity has enabled us to establish this special fund in their memory primarily for the purpose of promoting Jewish music and Jewish liturgy.

Even The Kitchen Sink...

Who knows, you may be extra lucky this May with all the great merchandise that will be offered for sale at the garage sale planned by the Sisterhood of Congregation Beth Emeth on Wednesday and Thursday, May 1 and 2, 9 a.m.-4 p.m. in the temple auditorium.

You will see many "finds" in clothing for all the family, household appliances, gorgeous costume jewelry, books, toys, games, beautiful fabrics, bric-a-brac, etc., etc.! Lovely pink and red geranium plants will be sold again this year for \$2 per pot. Advance orders are being taken by Mr. Fanelli at the temple office, 764-2393 during the day, and by the plant sale chairwoman, Jo Ann Barnard at 478-0741, evenings.

Mingles Wine & Cheese Party

The Mingles, a social group of Jewish men and women over age 40, invites singles to a wine and cheese party. Snacks, cold drinks, coffee and cake will be served.

The social will be held in the home of Bernice Seeherman, 506 South Lynn Drive, Ridgewood, at 8 p.m. on Sunday, April 28.

Call 764-4625 for information and directions. The cover charge is \$3.50 per person.

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Jewish War Veterans

There will be a regular meeting of the Jewish War Veterans at the Presidential Apartments Social Hall, 2000 Society Drive, Claymont, on Monday April 11 at 8:30 p.m.

The second nomination of officers will be presented at this meeting. It is very important that each member attend so that he can nominate the person he favors.

The department commander will give his report on national happenings. These reports are very informative and will enlighten each member on what takes place in the world.

Any veteran who would like to join the Jewish War Veterans, may get an application from Is. Weiner - by calling 764-2120.

We are now part of the Delaware State Veterans Committee. This organization is working for the betterment

of the Veterans of Delaware. All members who have caps, please wear them to the meeting. Refreshments will be served.

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AKSE Sisterhood Donor Luncheon Cruise

A special treat is planned for the AKSE Sisterhood donor this year. Reserve May 21 for your spring cruise. Yes! The donor event will be a harbor cruise down the Christiana River and Delaware Bay with lunch and entertainment aboard the Lady Christina.

Sisterhood is limiting the

reservations to 50, so don't delay. Call Marilyn Harwick at 762-2473 to make your reservations now.

The event will be held Tuesday, May 21, 11:30 a.m., at 100 S. King St. The cost, \$18, includes salad bar, gratuity, and parking. The cost is \$16 if paid in full by May 1.

BBW Video Supper Dance

B'nai B'rith Women of Delaware will sponsor its first annual video supper dance on Saturday, May 18 at 8 p.m. in the B'nai B'rith House community room, 8000 Society Drive, Claymont. The price of the evening including supper is \$7.50 per person.

A variety of concert videos on a big screen will provide the entertainment throughout the evening. Guests are welcome. Don't miss out on this fun evening.

For reservations call, Lynne Lew 475-6859 or Rhona Berkowitz 475-1728, by May 10.

Organizations in the News

B'nai B'rith Women Hold Conference

B'nai B'rith Women has completed arrangements for a major conference to be held on April 28 and 29, 1985 at Resorts International Hotel in Atlantic City. For the first time, four regions of the organization are combining forces in order for delegates to share ideas and experiences. Regions participating are Keystone, Jersey, Empire, and Queens-Long Island representing B'nai B'rith Women chapters from Pennsylvania, Delaware, New Jersey, New York City, and Long Island. Delegates will include presidents and other officers from over a hundred chapters, members of the Regional Boards, as well as other women in leadership

positions. Over 600 women are expected to attend.

Many distinguished guests will be speaking to the conference. Beverly Davis of Jamaica, New York, International President of B'nai B'rith Women, and Irma Gertler of Milwaukee, Wis., President-Elect, will be addressing the delegates regarding the future of the organization. Several workshops have been scheduled so that the representatives can exchange ideas on issues of special concern to Jewish Women. These include sessions on Working Women, Volunteerism, Working for Change, and Feminization of Judaism.

One of the major purposes

of the conference is to inspire and encourage the community leaders who will be in attendance to return to their local communities and be able to focus upon meeting the needs and interests of their members. B'nai B'rith Women is the largest Jewish women's service organization in the world, with over 900 chapters in North America alone. The group has many philanthropic projects and has increasingly emphasized advocacy for Women's Issues and civil and minority rights.

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Accountant subtracts 30 pounds, 17¼ inches in 6 weeks!

By Sue Hart
Special Writer

When you are 5'8" tall and weigh 172 pounds, people are inclined to overlook your weight problem. You are more likely to be referred to as being "statuesque" than "obese".

And, if you are from a large family of taller than average folks, the phrases "big boned" and "big frame" are commonplace cliches you have heard ever since you were a child.

As an adult, it is easier to cling to those adjectives instead of facing your weight problem.

While Marti Ziegler was not actually able to ignore her weight problem, she found telling herself she was "big boned" was a "great excuse" for not taking immediate action to resolve the problem.

Marti's particular situation was compounded by the fact that people simply did not realize she weighed over 170 pounds because she "always carried her weight well".

And, unlike your typical chubby, Marti is a very active sports enthusiast. At least four nights a week, she is out playing softball, racquet ball or taking judo lessons. So she managed to keep her "big frame" firm.

Five years ago, Marti graduated from college with a B.S. degree in accounting. She weighed approximately 150 pounds at the time, just about ten pounds overweight.

Shortly after graduation, she was hired as an accountant. Within those five years, Marti discovered the meaning of the phrase "secretarial spread". Trapped behind a desk all day and with the temptations of office snacks close at hand, Marti ballooned up to 172 pounds.

Marti, along with other staff members, was forever experimenting with different diets. She was not a successful yo-yo dieter. According to Marti, "Self-discipline is not my number one trait." As any professional dieter realizes, it can require a great deal of dis-



Before starting Nutri/System Program Marti Ziegler found that do-it-yourself calorie counting diets just didn't work.

cipline and diligence to be successful at the losing game.

Marti, at age 26, was just about ready to throw in the towel on dieting. And, why not? Everyone said they thought she looked okay just the way she was. But then she bumped into a friend she hadn't seen in 8 months who had a similar weight problem and hardly recognized her because she dropped 4 sizes. After asking her friend how she did it, Marti found out it was through Nutri/System Weight Loss Medical Centers.

Marti enrolled in the program as she said "cold turkey". She did not even have time to go on a last minute eating binge. But she does not regret

that now.

Marti Ziegler lost 30 pounds in 42 days on the Nutri/System Weight Loss Medical Center's program.

That is right: thirty pounds in forty-two days! While statistics like that are mind-boggling, reports of losing a pound a day or more are not uncommon at the nation-wide Centers.

Within six short weeks, Marti slimmed down from 172 to 142 pounds. She dropped a total of 17¼" off her vital statistics. She went from bulges (37½-33-42) to curves (33½-25½-36½)!

Always convinced she was a big person, because of her height, with broad shoulders, Marti was pleasantly surprised to discover she could toss out her size 16 clothing for size 10 tops and size 12 slacks.

On the Center's program, Marti found a dieter did not have to possess a lot of self-discipline. Between being regularly monitored by a medical staff and having the entire quick weight-loss diet based upon the Center's own specially formulated, nutritionally safe diet food line, a sizable burden of responsibility is lifted from the dieter's shoulders.

The Center's clients lose weight easily and quickly on the diet food plan, called "Nutri System 2000", and there are no drugs, fasting or strenuous exercises. Clients report they actually feel more energetic on the diet. According to Marti, "I feel great!"

The Nutri/System Weight Loss Medical Centers have a two-part attack on the battle of the bulge. First, there is Nutri System 2000 which provides the dieter with satisfying, low carbohydrate, low fat and high protein meals.

Pre-measured and pre-packaged, Nutri System 2000 eliminates the need to count calories, weigh food portions or make any food decisions whatsoever. If you have ever tried to lose weight, you can appreciate the fact that simply deciding what to eat can be one of a dieter's major pitfalls. Marti declared, "I didn't even



After 42 days of Nutri/System 2000 Marti holds the tape measure at her old waist size of 33". Her waist now measures 25½" after losing 30 lbs. Nutri/System 2000 eliminated all the food decisions that had formerly been her downfall.

have to think about what to eat".

Nutri System 2000 took this responsibility off of Marti entirely while providing her with a wide selection of delicious food to offer her an interesting and varied diet.

Marti found Nutri System 2000 to be very convenient for her as a single, professional woman with a lot of outside interests. When she is not out on the athletic field, she is busy studying for a second B.S. degree in computer programming, so Marti definitely has a very hectic schedule.

The real bonus of Nutri System 2000 is the fact it allows the dieter to lose weight easily

and rapidly. Marti said the pounds started rolling off immediately and that sparked her enthusiasm for the diet.

The support and encouragement of the Center's staff was yet another highlight of the program for Marti. According to Marti, the staff was as thrilled with her success as she was.

After losing 30 pounds in 42 days and dropping down to her ideal weight of 142, Marti began the second phase of the Nutri/System Weight Loss Medical Centers' attack on fat.

The Center's philosophy is, getting down to your ideal weight is only half the battle. The other half of the battle is

waged with a maintenance program designed to help the dieter learn how to eat real food without jeopardizing their weight loss.

Coupled with the maintenance program is behavior modification training developed to help the dieter isolate their particular overeating problems and to determine how to change their eating habits for the better. Marti pinpointed between-meal snacks as her biggest problem.

After losing 30 pounds in six weeks, Marti finds old family friends who have not seen her for awhile either do not recognize her or mistake her for her younger sister, who has always been on the slender side.

At another sister's recent wedding, Marti was swamped with people who had to tell her "just how I great I look."

Always relatively conservative about her appearance, Marti at 142 pounds has thrown caution to the wind and had her brown hair cut and permed in the latest, soft, curly style. She does not mind calling attention to herself anymore.

"I really feel good...I feel much better about myself now", Marti declared during a recent interview. She discovered she had "bones" under that 30-pound layer of fat and shopping for new, smaller sized clothing is a real thrill.

Of course, all the people who thought she looked okay at 172 are dumbfounded to discover what a difference losing 30 pounds can make. Marti Ziegler does not have to hide behind the excuse of having a "big frame" anymore!

NOTE: Nutri/System Weight Loss Medical Centers operates twenty-three offices throughout the Greater Delaware Valley. To arrange a no-obligation consultation about individual weight problems, call one of our 3 offices in Delaware: Concord Pike 478-1807; Kirkwood Highway 994-5708; Dover 674-0811.